EFNEP 50th Anniversary

December: Food Safety Holiday Tips

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Food safety is essential in order to keep your family and friends from getting a foodborne illness!	december1.png
[Image description: 4 females show off fresh cut vegetables arranged into the shape of a holiday tree]	
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Photo Credit: West Virginia University	
It is National Handwashing Awareness Week! Follow these 6 steps on how to properly wash your hands.	december2.png
[image description: 6 steps on properly washing your hands. 1) Wet hands with warm water. 2) Use soap. 3) Scrub hands while counting to 20. 4) Rinse completely. 5) Dry hands with a paper towel. 6) Shut off water with paper towel and put in trash.]	
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Photo Credit:Texas A&M University	

