

EFNEP 50th Anniversary

June: Fresh Fruit & Vegetable Month

Post Text/Image Description <i>Copy text below to preferred social media handle.</i>	Image File <i>Click on image file to save.</i>
<p>Try fruits and vegetables!</p> <p>[Image description: children talking about cut fruits with instructor]</p> <p>#EFNEPworks #EFNEP50th #NIFAImpacts 📷Photo Credit: NC A&T</p>	June1.png
<p>Got Fruit?</p> <p>[Image description: graphic with woman holding green grapes]</p> <p>#EFNEPworks #EFNEP50th #NIFAImpacts 📷Photo Credit: NC A&T</p>	June2.png
<p>Our Rainbow of Vegetables Stir Fry is a great way to incorporate a variety of vegetables into a single dish - giving you an array of vitamins and minerals that your body needs. Get the recipe at https://efnep.tamu.edu/recipe/rainbow-of-vegetable-stir-fry/</p> <p>[Image Description: plate of stir-fried vegetables]</p> <p>#EFNEPworks #EFNEP50th #NIFAImpacts 📷Photo Credit: Texas A&M</p>	June3.png

EFNEP 50th Anniversary

June 17th : Eat Your Vegetables Day

Post Text/Image Description <i>Copy text below to preferred social media handle.</i>	Image File <i>Click on image file to save.</i>
<p>University of Florida EFNEP partners with local food bank to provide EFNEP participants with fresh produce in Palm Beach County.</p> <p>[Image Description: Man is placing bag of produce into bag held by woman]</p> <p>#EFNEPworks #EFNEP50th #NIFAimpacts 📷University of Florida, Nicole Owens Duffy NicoleOwens@ufl.edu</p>	<p>June4.png</p>
<p>Young kids enjoy their veggies too!</p> <p>[Image Description: Young girl holding two bunches of kale]</p> <p>#EFNEPworks #EFNEP50th #NIFAimpacts 📷Photo Credit: West Virginia University</p>	<p>June5.png</p>