

# 2015 NATIONAL COORDINATOR'S CONFERENCE

EXPANDED FOOD AND NUTRITION EDUCATION PROGRAM (EFNEP)



HYATT REGENCY CRYSTAL CITY  
2799 JEFFERSON DAVIS HWY, ARLINGTON, VA  
MARCH 16-19, 2015



## Youth Evaluation – WebNEERS Results

Stephanie M. Blake  
USDA-NIFA  
Program Coordinator

# 2014 EFNEP Youth Outreach

Grade	Number	Percent
K-2 <sup>nd</sup>	148,056	38%
3 <sup>rd</sup> -5 <sup>th</sup>	180,652	46%
6 <sup>th</sup> -8 <sup>th</sup>	43,201	11%
9 <sup>th</sup> -12 <sup>th</sup>	13,713	3%
<b>Total</b>	<b>385,622</b>	

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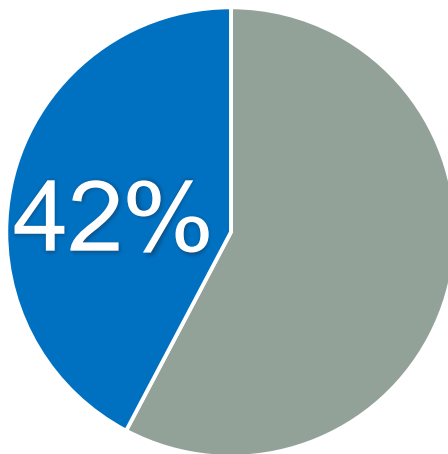
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# All Grades

- **Youth Reached:** 385,622

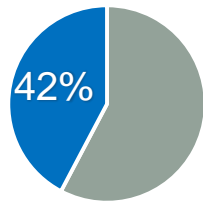
# All Grades

- **Youth Reached:** 385,622
- **Youth Surveyed:** ~163,000



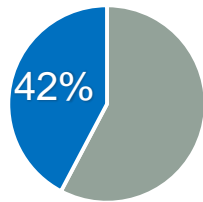
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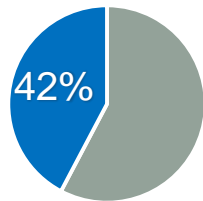


67 of 72 (93%)  
of universities  
reporting



# All Grades

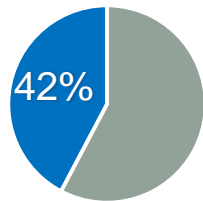
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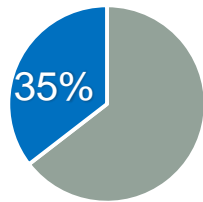
8 universities  
no youth evaluation data;  
3 no youth data

# 2014 EFNEP Youth Outreach

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<b>K-2<sup>nd</sup></b>	<b>148,056</b>	<b>38%</b>
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9 <sup>th</sup> -12 <sup>th</sup>	13,713	3%
Total	385,622	

# Kindergarten – 2nd Grade

- **Youth Reached:** 148,056
- **Youth Surveyed:** ~52,500

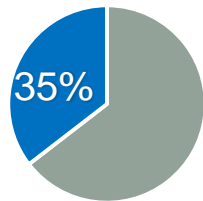


47 of 64 (73%)  
of universities  
reporting

# Kindergarten – 2nd Grade

47 of 64 (73%)  
of universities  
reporting

- **Youth Reached:** 148,056
- **Youth Surveyed:** ~52,500



## Results:

**Diet Quality.....**

89%

**Physical Activity.....**

43%

**Food  
Safety.....**

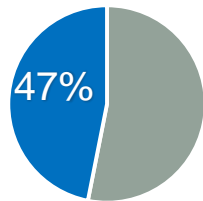
53%

# 2014 EFNEP Youth Outreach

Grade	Number	Percent
K-2 <sup>nd</sup>	148,056	38%
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Total	385,622	

## 3rd – 5th Grade

- **Youth Reached:** 180,652
- **Youth Surveyed:** ~84,700

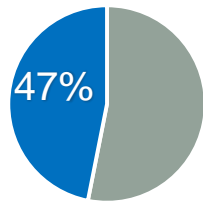


62 of 69 (93%)  
of universities  
reporting

## 3rd – 5th Grade

62 of 69 (93%)  
of universities  
reporting

- **Youth Reached:** 180,652
- **Youth Surveyed:** ~84,700



### Results:

**Diet Quality.....**



**Physical Activity.....**



**Food  
Safety.....**



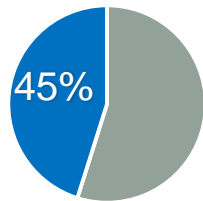


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Total	385,622	

## 6th – 8th Grade

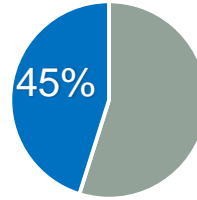
- **Youth Reached:** 43,201
- **Youth Surveyed:** ~19,500



50 of 67 (82%)  
of universities  
reporting

## 6th – 8th Grade

- **Youth Reached:** 43,201
- **Youth Surveyed:** ~19,500



50 of 67 (82%)  
of universities  
reporting

### Results:

**Diet Quality.....**

90%

**Physical Activity.....**

71%

**Food**

62%

**Safety  
Food Resource Mgmt...**

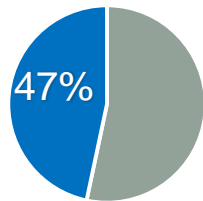
50%

# 2014 EFNEP Youth Outreach

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<b>9<sup>th</sup>-12<sup>th</sup></b>	<b>13,713</b>	<b>3%</b>
Total	385,622	

## 9th – 12th Grade

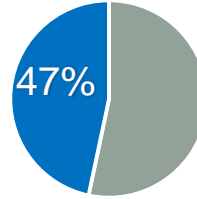
- **Youth Reached:** 13,713
- **Youth Surveyed:** ~6,400



54 of 71 (72%)  
of universities  
reporting

# 9th – 12th Grade

- **Youth Reached:** 13,713
- **Youth Surveyed:** ~6,400



54 of 71 (72%)  
of universities  
reporting

## Results:

**Diet Quality**.....



**Physical Activity**.....



**Food**



**Safety**  
**Food Security**.....

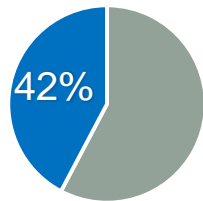


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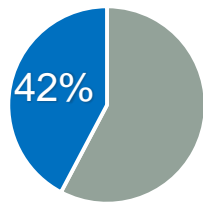
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# All Grades

67 of 72 (93%)  
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reporting

- **Youth Reached:** 385,622
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## Results:

**Diet Quality.....**

86%

**Physical Activity.....**

44%

**Food**

48%

**Safety  
Food Resource Mgmt...**

50%


**Food Security.....**

33%

# All Grades

	K-2 <sup>nd</sup>	3 <sup>rd</sup> -5 <sup>th</sup>	6 <sup>th</sup> -8 <sup>th</sup>	9 <sup>th</sup> -12 <sup>th</sup>	All
Diet Quality	89%	82%	90%	89%	86%
Physical Activity	43%	37%	71%	68%	44%
Food Safety	53%	40%	62%	64%	48%
Food Resource Mgmt.	--	--	50%	--	50%
Food Security	--	--	--	33%	33%

# All Grades

	K-2 <sup>nd</sup>	3 <sup>rd</sup> -5 <sup>th</sup>	6 <sup>th</sup> -8 <sup>th</sup>	9 <sup>th</sup> -12 <sup>th</sup>	All
<b>Diet Quality</b> 	89%	82%	90%	89%	86%
<b>Physical Activity</b>	43%	37%	71%	68%	44%
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<b>Food Resource Mgmt.</b>	--	--	50%	--	50%
<b>Food Security</b>	--	--	--	33%	33%

# All Grades

84%

	K-2 <sup>nd</sup>	3 <sup>rd</sup> -5 <sup>th</sup>	6 <sup>th</sup> -8 <sup>th</sup>	9 <sup>th</sup> -12 <sup>th</sup>	All
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# All Grades

84%

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Food Security	--	--	--	33%	33%

# THOUGHTS? COMMENTS? REACTIONS?



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Stephanie M. Blake  
Program Coordinator  
USDA-NIFA  
[sblake@nifa.usda.gov](mailto:sblake@nifa.usda.gov)

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## How's It Going? – Youth Evaluation Update

Audrey Adler  
Rutgers University  
Sr. Project Administrator

# 2014

- Since the last conference:
  - **Focused on Kindergarten – 2<sup>nd</sup> Grade**
    - Improved some of the biggest implementation problems
    - Made the tool more age friendly, streamlining:
      - Number of questions
      - Pictures
      - Wording
      - Layout



# 2015 +

- **Focus on 3<sup>rd</sup> - 5<sup>th</sup> Grades**
  - Questions that don't give useful information
  - Other topics we should be including
  - Wording that is confusing or can be interpreted in different ways

# Our Plan

- **3 areas of the current survey need to be modified:**
  - **Nutrition**
  - **Physical Activity**
  - **Food Safety**

# What Needs to be Done?

- **Review literature to identify new options**
- **Craft language best suited to 3<sup>rd</sup> through 5<sup>th</sup> graders**
  - Interviews, cognitive testing, discussions (sometimes heated)
- **Test new questions and the revised survey**
  - How long does it take? Are there questions that repeatedly cause students confusion? Is the survey easy to follow? Do we get consistent results?

# When You Can Help...

- **Physical Activity:**
  - Megan Ness - [megan.l.ness@ndsu.edu](mailto:megan.l.ness@ndsu.edu)
- **Nutrition:**
  - Audrey Adler – [adler@njaes.rutgers.edu](mailto:adler@njaes.rutgers.edu)
- **Food Safety:**
  - Melissa Maulding - [mmaulding@purdue.edu](mailto:mmaulding@purdue.edu)

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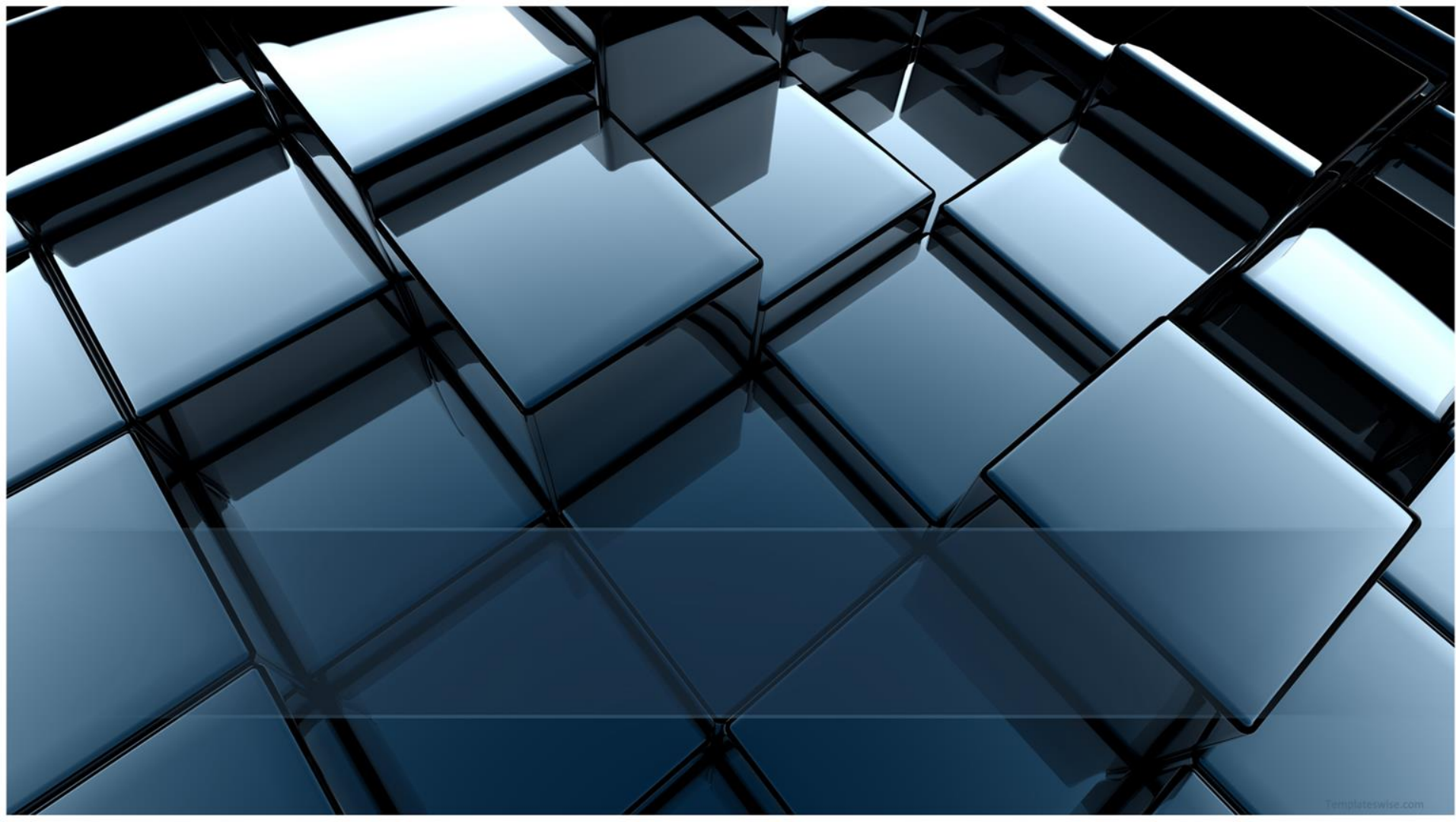
**EFNEP**  
Expanded Food and Nutrition Education

## Implementing EFNEP Youth Evaluation Tool among 3-5<sup>th</sup> and 6-12<sup>th</sup> graders: From Distribution to Data Reporting

**Presenter: Virginie Zoumenou PhD CNS LDN**

**Affiliation: University of Maryland Eastern Shore**

**Title: 1890 EFNEP/ FCS Programs Director**





# INTRODUCTION



# Target Population

- Three counties of Maryland; Somerset, Wicomico, and Worcester
- Summer camps
- Reach approximately 900 children each year
- K-2, 3-5, and 6-12





# Summary of Improvement for All Children and Youth at UMES

- **Diet Quality**
  - **86%** (538 of **623**) Children and youth improve their abilities to choose foods or gain knowledge.  
(**National 86%**)
- **Food Safety**
  - **50%** (314 of **623**) Children and youth use safe food handling practices more often or gain knowledge.  
(**National 48%**)
- **Physical Activity**
  - **48%** (298 of **622**) Children and youth improve their physical activity practices or gain knowledge. (**National 44%**)



# Objectives

- Objective 1: Identify and discuss challenges by grade level
- Objective 2: Discuss suggested strategies for a successful implementation



# Survey Distribution

## ISSUE(S)

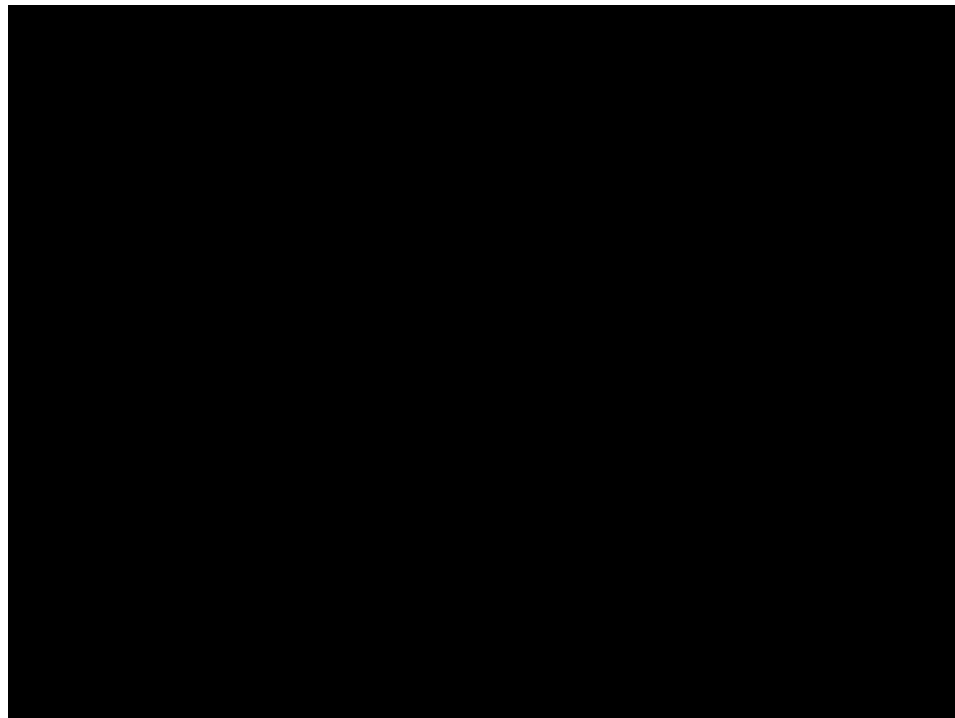
- SUMMER CAMPS
- Mixed Groups
  - Group 1: K-3
  - Group 2: 4-5-6
- NEED TO GIVE TWO DIFFERENT INSTRUCTIONS in a short time
- Volunteers are not always available

## POSSIBLE SOLUTION (S)

Collaborate with the camp coordinators


If POSSIBLE just during the survey time:

- Organize the groups by GRADE or AGE
- Provide helpers/volunteers
  - Help students to follow along correctly.
  - Do not administer the survey.
- **If NO volunteers/helpers, educators need to work in teams**





3-5<sup>th</sup> Graders



# SCORING “3-5 Graders”

## ISSUE(S)

Q 1; Q2; Q3; Q4; Q5; and Q10

**I choose Healthy snacks.....**

- Never or almost never
- Some days
- Most days
- Every day or almost every day

## POSSIBLE SOLUTION (S)

We are suggesting:

**I choose Healthy snacks.....**

- *Never,*
- *Sometimes*
- *Always*

***The children could not differentiate between some of the proposed answers***



# SCORING “3-5 Graders” Cont’d

## ISSUE(S)

- Q6; and Q7
- Being active is fun...
- I do not agree\_\_\_\_
- I am not sure \_\_\_\_
- I agree \_\_\_\_

## POSSIBLE SOLUTION (S)

We are suggesting:

**Being active is fun...**

- *Yes*
- *No*
- *Sometimes*



## SCORING “3-5 Graders” Cont’d

### ISSUE(S)

Q11; Q12; Q13; and Q14

**Will you ask someone in your family to.....**

- Not very sure
- Somewhat sure
- Very sure

### POSSIBLE SOLUTION (S)

We are suggesting:

**Will you ask someone in your family to  
.....?**

- *Yes* \_\_\_\_
- *No* \_\_\_\_\_
- *Maybe* \_\_\_\_\_





# LENGTH and WORDING “3-5 Graders”

## ISSUES

- Length of the question.
- Number of questions
  - **14 questions** too long
- Students rush to complete surveys.
- Data accuracy is affected

## POSSIBLE SOLUTION (S)

We are suggesting to:

- Combine some questions
- Reduce the total number of questions



# LENGTH and WORDING “3-5 Graders”

Question: **Will you ask....**

## **Student reactions:**

- I don't ask.
- I don't want to ask because I don't want to be in trouble

**Educators comments:** Most families don't have unlimited resources, food is given when needed.



# LENGTH and WORDING “3-5 Graders”

## ISSUE(S)

**Q8: A pizza was left out on the counter overnight. What would you do?**

- Eat it? \_\_\_\_
- Throw it away? \_\_\_\_

**Q9: A chicken and rice dish has been in the refrigerator for over a week. What should I do?**

- Eat it? \_\_\_\_
- Throw it away? \_\_\_\_

## POSSIBLE SOLUTION (S)

- We are suggesting to combine both questions into one:
- *Would you eat food that was left out overnight or left in a refrigerator for over a week?*
  - Yes
  - No
  - Maybe



# LENGTH and WORDING “3-5 Graders”

## ISSUE(S)

## POSSIBLE SOLUTION (S)

**Q6: Being active is fun...**

- I do not agree\_\_\_\_
- I am not sure \_\_\_\_
- I agree \_\_\_\_

*We are suggesting to combine both questions into one question:*

- ***Is being active fun and good for me ?***

**Q7: Being active every day is good for me...**

- I do not agree\_\_\_\_
- I am not sure \_\_\_\_
- I agree \_\_\_\_

- Yes
- No
- Maybe



# LENGTH and WORDING “3-5 Graders”

## ISSUE(S)

- **Q11: Will you ask someone in your family to buy your favorite fruit or vegetable?**
- **Q12: Will you ask someone in your family to buy low-fat milk instead of regular whole milk?**
- Not very sure \_\_\_\_ Somewhat sure \_\_\_\_ Very sure \_\_\_\_

## POSSIBLE SOLUTION (S)

We are suggesting to change the wording and combine both questions into one question:

*Would you like someone in your family to buy healthy food and/ or drink such as fruit and vegetable or low fat milk?*

- Yes \_\_\_\_
- No \_\_\_\_
- Maybe \_\_\_\_

- (desire ??? or action???)



# LENGTH and WORDING “3-5 Graders”

## ISSUE(S)

- **Q13: Will you ask someone in your family to have fruits and fruit juices in a place (refrigerator or bowl) out where you can reach them?**
- **Q14: Will you ask someone in your family to have vegetables cut up and in a place (refrigerator or bowl) where you can reach them?**
- Not very sure \_\_\_\_ Somewhat sure \_\_\_\_ Very sure \_\_\_\_

## POSSIBLE SOLUTION (S)

We are suggesting to combine both questions into one:

- *Would you like to have fruits and vegetable in a place where you can reach them?*
  - Yes
  - No
  - (desire ??? or action???)



# LENGTH and WORDING “3-5 Graders”

- By combining all these questions we will have a total of 10 questions instead of 14
- Add pictures to some questions as a reminder (questions 1-4)



Questions





6-12<sup>th</sup> Graders



# SCORING “6-12<sup>th</sup> Graders”

ISSUE(S)

POSSIBLE SOLUTION (S)

Q5

**How often do you eat whole grains.....**

- Never \_\_
- Almost never \_\_
- In Between \_\_
- Almost always \_\_
- Always \_\_

- We are suggesting:
- **How often do you eat whole grains.....**

- *Never*
- *Sometimes*
- *Always*



# SCORING “6-12<sup>th</sup> Graders” Cont’d

## ISSUE(S)

Q10, Q11, and Q12;

How often do you wash fruit.....

- Never \_\_
- Once in a while \_\_
- Sometimes \_\_
- Often \_\_
- Almost always\_\_

## POSSIBLE SOLUTION (S)

We are suggesting:

How often do you wash fruit.....

- *Never*
- *Sometimes*
- *Always*



# SCORING “6-12<sup>th</sup> Graders” Cont’d

ISSUE(S)

POSSIBLE SOLUTION (S)

Q10, Q11, and Q12;

We are suggesting:

How often do you wash fruit.....

How often do you wash fruit.....

- Never \_\_
- Once in a while \_\_
- Sometimes \_\_
- Often \_\_
- Almost always\_\_

- *Never*
- *Sometimes*
- *Always*



# SCORING “6-12<sup>th</sup> Graders” Cont’d

## ISSUE(S)

**13-How confident are you with using measuring cups and spoons?**

- Not confident \_\_
- Somewhat confident \_\_
- Confident \_\_
- Totally confident \_\_

## POSSIBLE SOLUTION (S)

We are suggesting

- *Do you know how to use measuring cups?*
- *Yes*
- *No*



# LENGTH and WORDING “6-12<sup>th</sup> Graders”

ISSUE(S)

POSSIBLE SOLUTION (S)

- Q7: **During the last 7 days**, how often were you so active that your heart beat fast and you breathed hard most of the time?
- **Educators' comments**
- **Not easy to remember activities during the last 7 days**



# LENGTH and WORDING “6-12<sup>th</sup> Graders

## ISSUE(S)

## POSSIBLE SOLUTION (S)

**Q7 : During the past 7 days, how many days were you physically active for at least 1 hour?**

*How often are you very active?*

- *A lot*
- *A little bit*
- *Not at all*

**Q8 :How many days are you very active?**

**Q9: During the last 7 days, how often were you so active that your heart beat fast and you breathed hard most of the time?**



# LENGTH and WORDING “6-12<sup>th</sup> Graders”

## ISSUE(S)

**Q13:-How confident** are you with using measuring cups and spoons?

**Q14: How confident** are you with following directions in a recipe?

- Not confident \_\_
- Somewhat confident \_\_
- Confident \_\_
- Totally confident \_\_

## POSSIBLE SOLUTION (S)

We are suggesting to combine both questions into one question:

*Do you know how to use measuring cups and recipes?*

- Yes
- No





# LENGTH and WORDING “6-12<sup>th</sup> Gr”

## ISSUE(S)

Q1: Yesterday, how **many times** did you eat vegetables, **not counting french fries** (Include things like cooked vegetables, raw vegetables canned vegetables, and salads.) If you ate **two different vegetables** in a meal or snack, count them twice.

Q2-Yesterday, how many times did you eat fruit, **not counting juice**? (Include fresh, frozen, canned and dried fruits.) If you ate two different fruits in a meal or snack count them as two.

**Educator: Curriculum includes: 1 cup of 100% juice = one serving of fruit**

- None \_\_ One \_\_ Two \_\_ Three \_\_ Four \_\_

## POSSIBLE SOLUTION (S)

- Yesterday how many vegetables did you eat?
- None \_\_ One \_\_ Two \_\_ Three \_\_ Four
- Yesterday, how many fruits did you eat?
- None \_\_ One \_\_ Two \_\_ Three \_\_ Four
- **To Discuss (How many times or How many)?????**



# LENGTH and WORDING “6-12<sup>th</sup> Graders”

## ISSUE(S)

Q3-Yesterday, **how many times** did you drink nonfat or 1% low-fat milk, or drinks made with low-fat milk or yogurt, like smoothies? (Include low-fat chocolate and other flavored-milk and low-fat milk on cereal.)

Q4---Yesterday, **how many times** did you drink sweetened drinks? Include fruit drinks, sports drinks, energy drinks and vitamin water. Do not include 100% fruit juice.

- None \_\_ One \_\_ Two \_\_ Three \_\_

## POSSIBLE SOLUTION (S)

- Yesterday, how many cups of milk or a drink made with milk did you have? None \_\_ One \_\_ Two \_\_ Three \_\_ Four \_\_
- Yesterday, how many cups of sweetened drinks did you have?
- One \_\_ Two \_\_ Three \_\_ Four \_\_
-



# LENGTH and WORDING “6-12<sup>th</sup> Graders”

## ISSUE(S)

Q5: How often do you eat whole grains, like brown rice instead of white rice, whole grain bread instead of white bread, and whole grain cereals?

- Never \_\_\_\_
- Almost never \_\_\_\_
- In Between \_\_\_\_
- Almost always \_\_\_\_
- Always \_\_\_\_

## POSSIBLE SOLUTION (S)

- *Which one of these foods would you choose?*

1. ***whole grain bread***\_\_\_\_\_
2. ***white bread***\_\_\_\_\_

(Food choices or frequency  
????)



# LENGTH and WORDING “6-12<sup>th</sup> Graders”

## ISSUE(S)

- **When you eat out at a restaurant or fast food place, how often do you make healthy choices when deciding **what to eat?****
- Never \_\_\_
- Once in a while \_\_\_
- Sometimes \_\_\_
- Often \_\_\_
- Almost always\_\_\_
- **Educator: Eat and drink**

## POSSIBLE SOLUTION (S)

- The last time you went to a restaurant or a fast food place how often do you make healthy choices?
- **Food**
  - Never
  - sometimes
  - always
- **Drink**
  - never
  - sometimes
  - always



## LENGTH and WORDING “6-12<sup>th</sup> Graders

- By combining all these questions we will have a total of 9 questions instead of 14



# REPORTING CHALLENGES

- SUMMER CAMPS**

	Number	Percent
Males	347	50%
Females	345	50%
Total	692	100%

- PRE and POST TESTS
- Difficult to complete the post test



# REPORTING

- Summer camp organization:
  - Weekly basis
  - Kids registered just few days and were not present for the post survey
  - Attendance is not mandatory so students missed sessions. The exit survey does not show any change.
- Data does not reflect an accurate case load (900-692)



# REPORTING

## SUCCESSES

- Entering Data
  - The current version of the survey on WebNeers is easy to use compared to the first version.
- Participants Improvement
  - Very good to see the improvement of each youth compared to group reporting





# Discussion/ Questions???

Thank you

Virginie Zoumenou PhD CNS LDN  
1890 EFNEP/FCS Programs Leader

3-17-15

[vmzoumenou@umes.edu](mailto:vmzoumenou@umes.edu)

# 2015 NATIONAL COORDINATOR'S CONFERENCE

EXPANDED FOOD AND NUTRITION EDUCATION PROGRAM (EFNEP)



HYATT REGENCY CRYSTAL CITY  
2799 JEFFERSON DAVIS HWY, ARLINGTON, VA  
MARCH 16-19, 2015



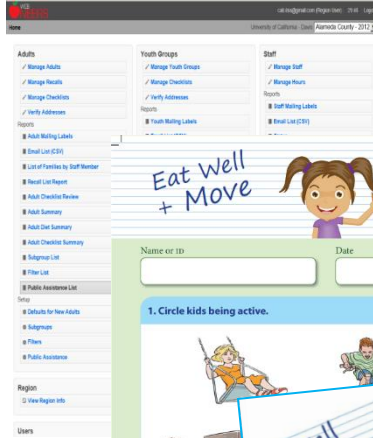
## Training slides for K-2 Evaluation

Marilyn Townsend  
Nutrition Specialist  
UC Davis

# Content

1 overall slideset containing 3 minis for K-2 tool:

1. administer
2. score
3. enter




## Purpose of slides

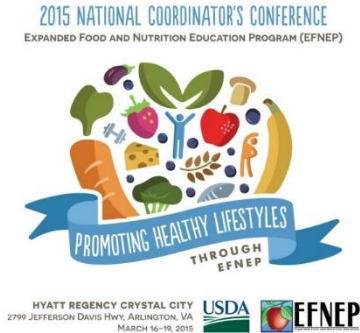
- ◆ Review with educator or data entry staff
- ◆ New educator training

## How use slides

- ◆ Adopt/revise/ edit to your state's needs

## 1 overall slideset containing 3 minis:

- 
1. administer
  2. score
  3. enter



## Purpose of slides

- ◆ Review with educator or data entry staff
- ◆ New educator training

In this guide,  
educator scripts  
are in the blue  
boxes.

Q3

Pre-test (entry) script

Today I need your help. We are going to complete a survey. There are six questions about food and exercise. I will read a question and you will mark your answers.

Post-test (exit) script

You may remember doing this survey. (Hold up a sample of *Eat Well + Move*.) You will be answering this survey again. Your answers this time may be different from the first time. There are six questions about food and exercise. I will read a question and you will mark your answers.

Question 3 is about vegetables. Can you find question 3?.... (Point to each food picture.) There are pictures of broccoli,.... grapes,.... an apple,.... and any pictures that you

on 4?.... (Point to each k,.... cheese,.... and tures that you think

(Point to each food ... an orange.... and that you think are fruit.

... Question 6 is ting. Can you find ures of a girl brushing shoe,.... and a girl hands before eating.' should wash your

ill collect your papers.

e student's name and

Q1

Wait for students to write the date.

Question 1 is about being active and moving your body. Can you find question 1?.... (Point to each picture.) There are pictures of a girl swinging,.... a boy riding his bike,.... a girl watching TV,.... and a girl playing on her computer. .... 'Circle the pictures that show kids being active.' Circle as many pictures that you think are kids being active and moving their bodies.

Q2

Wait for students to finish.

Now open your booklet and look for question 2. Question 2 is about healthy snacks. Can you find question 2?.... (Point to each food picture.) Look at the snack pictures. There are pictures of french fries,.... small tomatoes,.... bananas,.... and yogurt. .... Now 'Circle the healthy snacks.' Circle as many pictures that you think are healthy snacks.

Wait for students to finish.



2 scripts in  
Instruction  
Guide

♦Educator

♦Volunteer

Why use script?  
Administration  
consistency  
across sites  
matters.

## 2<sup>nd</sup> script

Q2

Now open your booklet and look for question 2. Question 2 is about healthy snacks. Can you find question 2?... (Point to each food picture.) Look at the snack pictures. There are pictures of french fries,... small tomatoes,... bananas, and yogurt. Now find the healthy snack picture.

### Teacher/Volunteer Script

*Thank you* for being part of youth nutrition education! Each student needs to complete a pre-test and post-test using the Eat Well + Move survey. Below you will find a script of what to say as you take students through Eat Well + Move. Please read the survey questions as written. If you have questions please contact me, your Nutrition Educator at \_\_\_\_\_.



#### PRE-TEST (ENTRY) SCRIPT

Today I need your help. We are going to complete a survey. There are six questions about food and exercise. I will read a question and you will mark your answer.

#### POST-TEST (EXIT) SCRIPT

You may remember doing this survey. (Hold up a sample of Eat Well + Move) You will be answering this survey again. Your answers this time may be different from the first time. There are six questions about food and exercise. I will read a question and you will mark your answer.

v4

# Storing?....pre+post tests

- Student names on tool.
- Store locked cabinet in Extension office.
- Suggest 1 file folder per class with *About My Class*
- Match pre with post
- Prep ID numbers using protocol p.7-8 Instruction Guide
- Enter pre & post for each child at same time in WebNEERS.

The image shows two forms from the University of California Cooperative Extension. The top form is titled 'About My Class' and is for teachers or volunteers. It includes fields for Name, Contact Information, Phone Number, Email Address, and a commitment to teach a minimum of 6 (six) lessons. The bottom form is a 'Students' data table with columns for Race, Total by Race, Not Hispanic/Latino, and Hispanic/Latino. It also includes a section for Grade Level (Kindergarten to 12th) and Gender (Male, Female).

Race		Total by Race	Not Hispanic/Latino	Hispanic/Latino
Native American				
Asian				
Black or African American				
Pacific Islander				
White				
Multiple Races Reported				

Grade Level		Gender	Number
Kindergarten	1st	Male	
2nd	3rd	Female	
4th	5th		
6th	7th		
8th	9th		
10th	11th		
12th			

## 1 overall slideset containing 4 minis:

1. administer
2. score [by hand]
3. enter [WebNEERS]



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## Purpose of slides

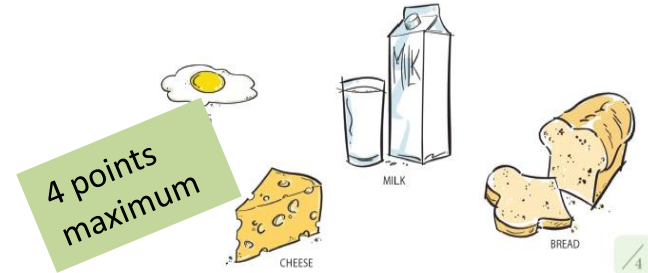
- ◆ Educator review  
adopt/revise/ edit to your  
state's needs
- ◆ New educator training



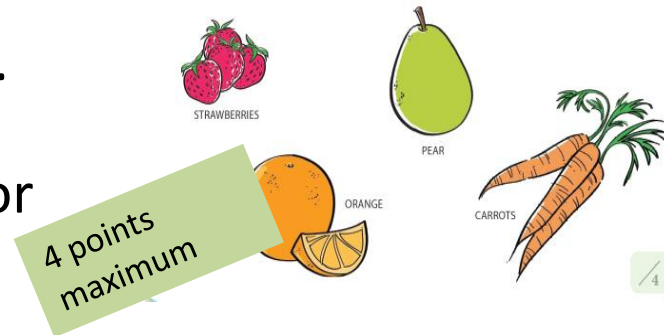
# Scoring Basics

- Each picture on the tool is considered a separate question.
- Each picture is worth 1 point.
- Each question has a maximum point value of 4.
- Each picture needs to be hand scored and totaled for each question.
- 3 examples follow.

## 4. Circle dairy foods.



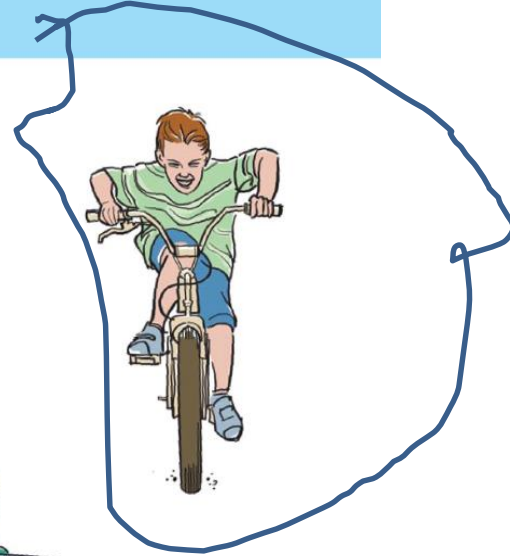
## 5. Circle fruits.



## Example 1

*How many points did Jenny earn for Q1*

1. Circle kids being active.



## Example 1

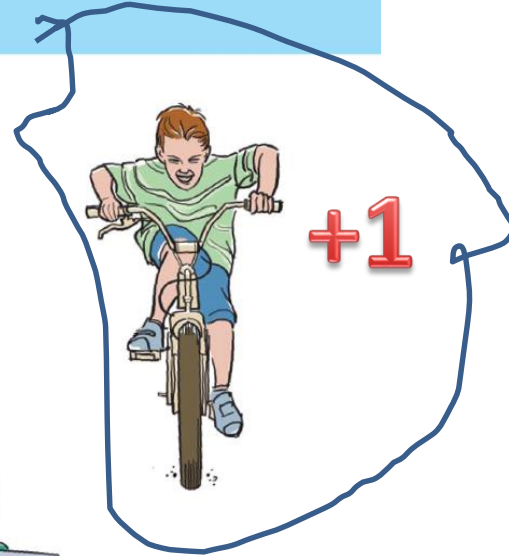
*How many points did Jenny earn for Q1*

1. Circle kids being active.

+1



+1



+1



+1



/4

## Example 1

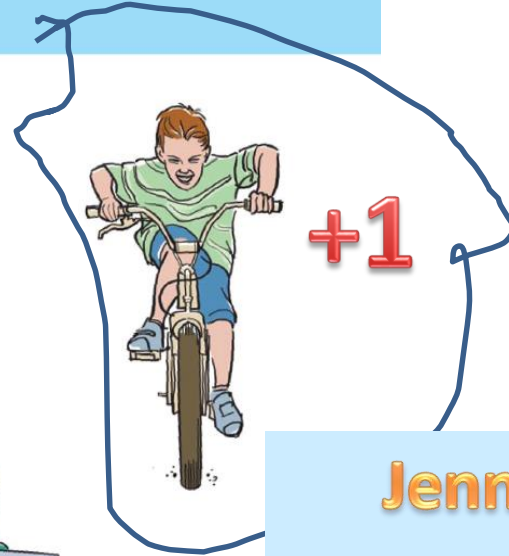
*How many points did Jenny earn for Q1*

1. Circle kids being active.

+1



+1



+1



+1

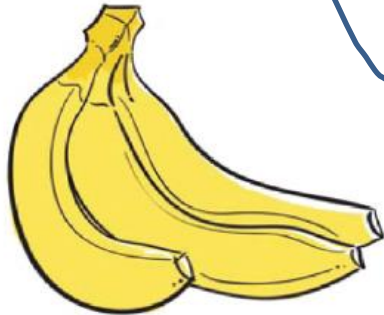


Jenny  
earned 4  
out of 4  
points

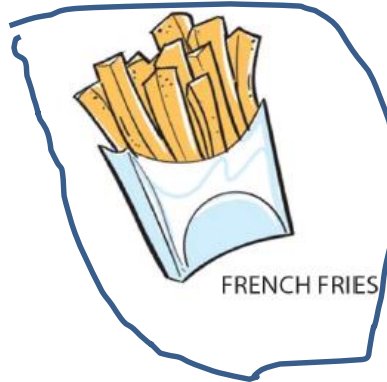
## Example 2

How many points did Alberto earn for Q2?

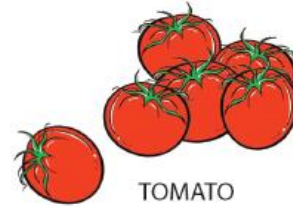
2. Circle healthy snacks.



BANANAS



FRENCH FRIES



TOMATO



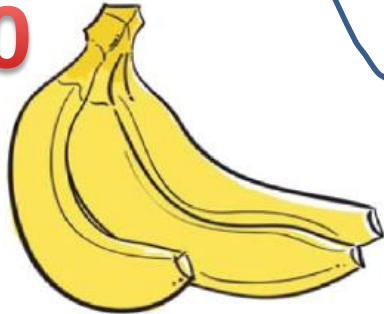
YOGURT

## Example 2

How many points did Alberto earn for Q2?

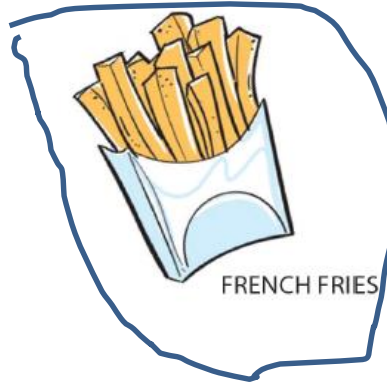
2. Circle healthy snacks.

+0



BANANAS

+0



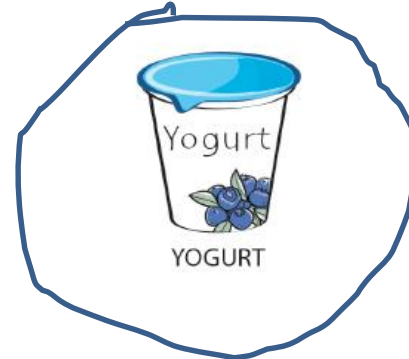
FRENCH FRIES

+0



TOMATO

+1



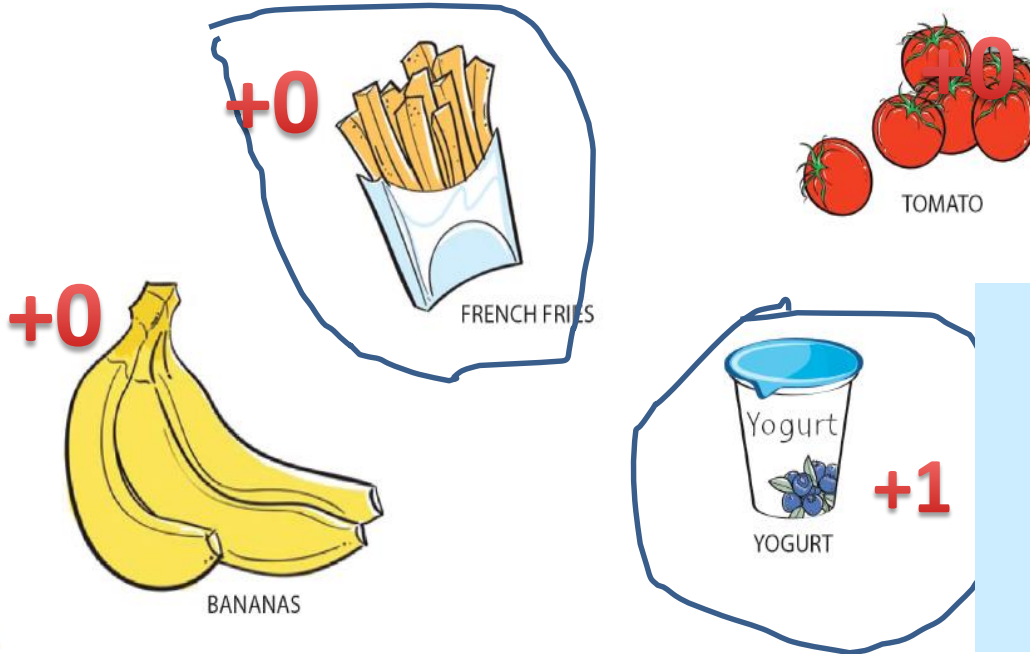
Yogurt

YOGURT

## Example 2

How many points did Alberto earn for Q2?

2. Circle healthy snacks.



Alberto  
earned 1  
out of 4  
points

## Example 3

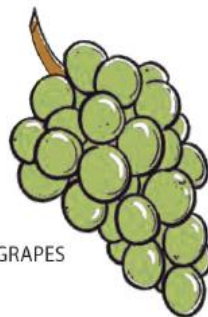
### Potential scoring issue

What if  
Alberto  
skips Q5?  
Would  
that be  
scored 0?

3. Circle vegetables.



BROCCOLI



GRAPES



APPLE



GREEN BEANS

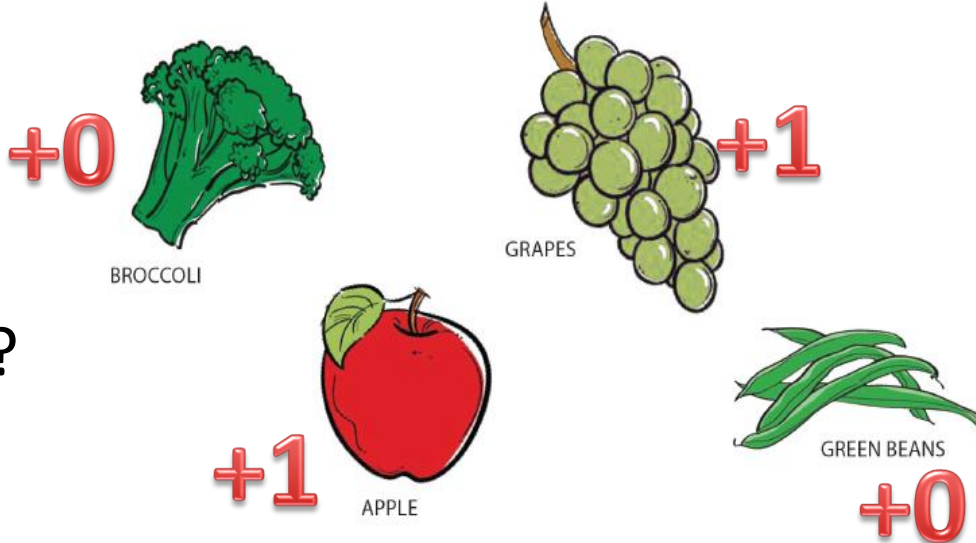


# Example 3

## Potential scoring issue

What if  
Alberto  
skips Q5?  
Would  
that be  
scored 0?

3. Circle vegetables.

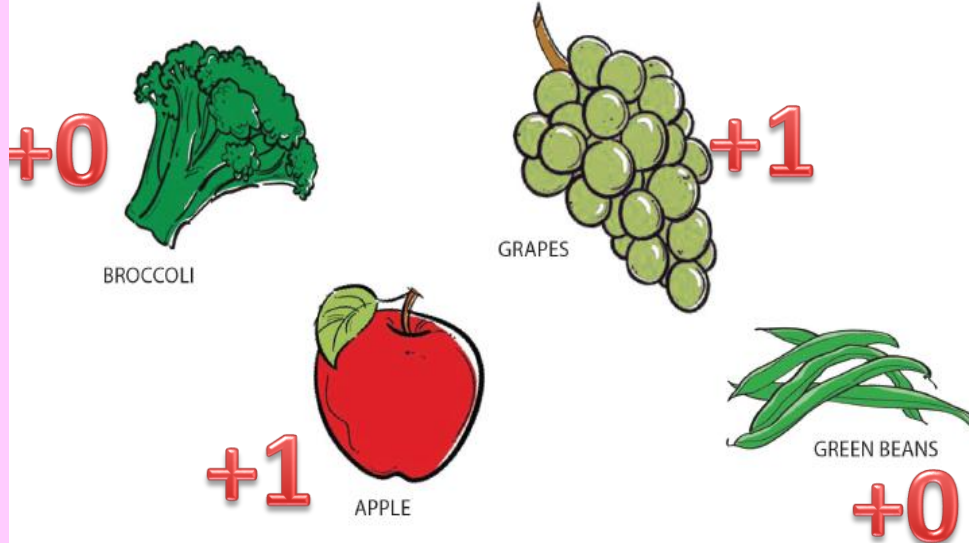


# Example 3

## Potential scoring issue

Alberto gets +2 points out of possible 4. He does not get 0.

3. Circle vegetables.



# Training examples from Instruction Guide

## TRAINING EXAMPLES

### Example 1

*For example, if a student circled pictures 1,2, and 3 for Question 1, the student's score for Question 1 would be 3 as shown in the example below.*

1. Circle kids being active.



Correct response	Yes	Yes	No	No
Student's response	Yes	Yes	Yes	No
Number of points for correct responses by student	1	1	0	1
Total correct responses entered into WebNEERS				3

# Training examples from Instruction Guide

## Example 2

If all responses are incorrect, enter 0 into WebNEERS.

*For example, if a student circled picture 1 for Question 2, the students score for Question 2 would be 0 as shown in the example below.*

2. Circle healthy snacks.



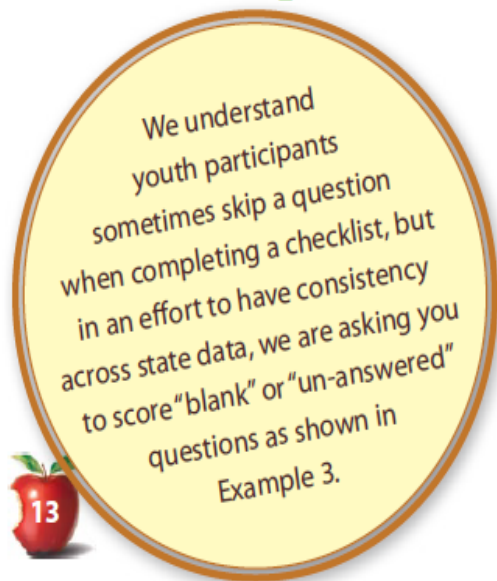
Correct response	No	Yes	Yes	Yes
Student's response	Yes	No	No	No
Number of points for correct responses by student	0	0	0	0
Total correct responses entered into WebNEERS				0

# Training examples from Instruction Guide

## Example 3

Questions without pictures circled are not considered a non-response.

*For example, if a student circled no pictures for Question 3, the student's score for Question 3 would be 2 as shown in the example below.*



3. Circle vegetables.



Correct response	Yes	No	No	Yes
Student's response	No	No	No	No
Number of points for correct responses by student	0	1	1	0
Total correct responses entered into WebNEERS				2

## Answer keys in 3 formats

◆as shown

◆Appendix B, 1 pg

◆Appendix B, 4-pg tool

**Table 1.** Correct responses for EFNEP youth evaluation survey *Eat Well + Move* for grades K-2

1. Circle kids being active.				
				
Circled	Yes	Yes	No	No
2. Circle healthy snacks.				
				
Circled	No	Yes	Yes	Yes
3. Circle vegetables.				
				
Circled	Yes	No	No	Yes
4. Circle dairy foods.				
				
Circled	No	Yes	Yes	No
5. Circle fruits.				
				
Circled	Yes	Yes	Yes	No
6. Circle kids who should wash their hands before eating.				
				
Circled	Yes	Yes	Yes	Yes

# Appendix B

## Scoring Sheets

For a full size version, print the four pages after Appendix B or download the scoring sheet by clicking here.

**Well Move**

**Scoring Questions WebNEERS**

Each picture is worth 1 point.

Give 1 point for the correct circled answer, e.g., girl swinging circled as being active, +1 point.

Give 1 point for the correct un-circled answer, e.g., girl watching TV not circled as being active, +1 point.

Give zero points for an incorrect answer, e.g., girl swinging not circled as being active or girl watching TV circled as being active, +0 points.

1. Circle kids being active.

+1

+1

+1

+1

2. Circle healthy snacks.

+1

+1

+1

+1

3. Circle vegetables.

+1

+1

+1

+1

4. Circle dairy foods.

+1

+1

+1

+1

5. Circle fruits.

+1

+1

+1

+1

6. Circle kids who should wash their hands before eating.

+1

+1

+1

+1

For each correct answer, write the number of points.

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

6. \_\_\_\_\_

Total \_\_\_\_\_

# Eat Well + Move



## Scoring Questions WebNEERS

Each picture is worth 1 point.

Give 1 point for the correct circled answer, e.g., girl swinging circled as being active, +1 point.

Give 1 point for the correct un-circled answer, e.g., girl watching TV not circled as being active, +1 point.

Give zero points for an incorrect answer, e.g., girl swinging not circled as being active or girl watching TV circled as being active, +0 points.

Circle kids being active.



4

## 1 overall slideset containing 4 minis:

1. administer
2. score [by hand]
3. enter [WebNEERS]



## Purpose of slides

- ◆Educator review  
adopt/revise/ edit to your  
state's needs
- ◆New educator training

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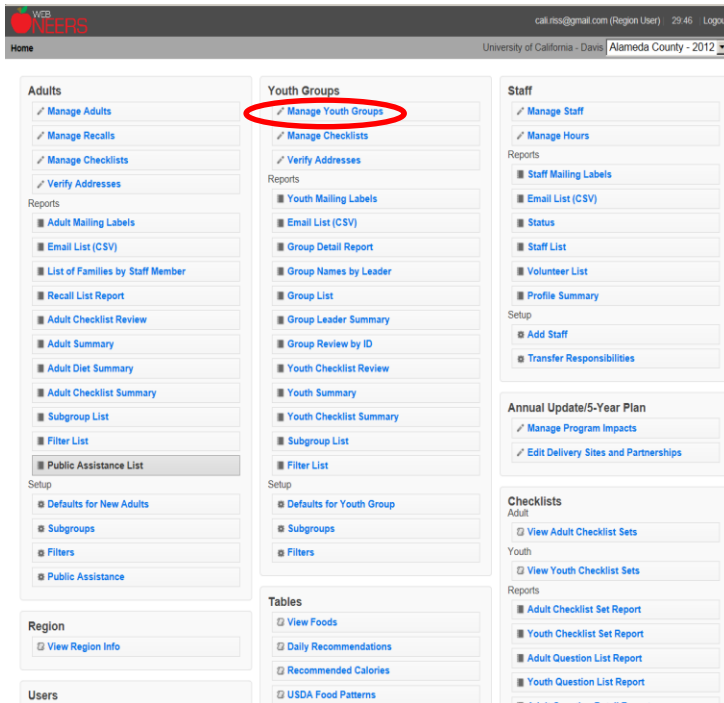


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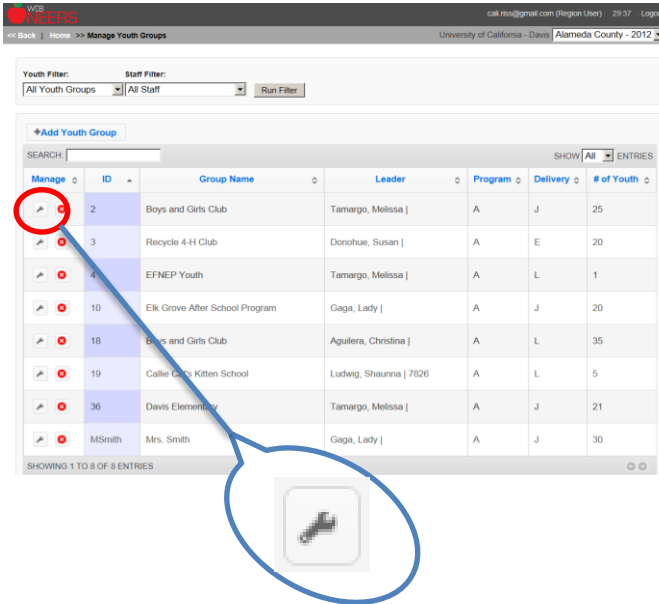


# Select “*Youth Group*” in WebNEERS



- Choose “Manage Youth Groups” from the Youth Groups section.

# Select *Youth Group*











WCS INEERS  
csl.res@gmail.com (Admin User) 29/37 Logout  
University of California - Davis Alameda County - 2012

Youth Filter: All Youth Groups Staff Filter: All Staff Run Filter

+Add Youth Group

SEARCH: [ ] SHOW: All ENTRIES

Manage	ID	Group Name	Leader	Program	Delivery	# of Youth
	2	Boys and Girls Club	Tamargo, Melissa	A	J	25
	3	Recycle 4-H Club	Donohue, Susan	A	E	20
	4	EFNEP Youth	Tamargo, Melissa	A	L	1
	10	Elk Grove After School Program	Gaga, Lady	A	J	20
	18	Boys and Girls Club	Aguilera, Christina	A	L	35
	19	Callie Crook Kitten School	Ludwig, Shaunna   7826	A	L	5
	36	Davis Elementary	Tamargo, Melissa	A	J	21
	MSmith	Mrs. Smith	Gaga, Lady	A	J	30

SHOWING 1 TO 8 OF 8 ENTRIES

- So you are now ready to enter K-2 entry and exit scores.
- From the “Manage Youth Groups” screen, click on the “wrench”.

# Select *Youth Checklist*

The screenshot shows the WGS NEERS web application interface. At the top, the header includes the WGS NEERS logo, a user login bar with 'call.nrs@gmail.com (Region User)' and '29:51 Logout', and a breadcrumb trail: '<< Back | Home >> Manage Youth Groups >> Edit Youth Group: Boys and Girls Club'. Below the header, the page title is '2: Boys and Girls Club'. A red circle highlights the 'YOUTH CHECKLIST' tab in the navigation bar. The main content area contains several form sections: 'CONTACT INFORMATION' with fields for Name (filled with 'Boys and Girls Club'), Mailing Name, Address, City (filled with 'Davis'), State (filled with 'CA'), Zip, and Plus 4; 'Address Verification' with fields for County, FIPS, Congressional ID, CBSA, Longitude, and Latitude; and 'Phone Number' and 'Email' fields. At the bottom, there are 'Cancel' and 'Save' buttons.

From the “Edit Youth Group” screen, click on the “Youth Checklist” tab.

# Select K-2 Checklist

WCD NEEDS

calross@gmail.com (Region User) 29.49 Logout

<< Back | Home >> Manage Youth Groups >> Edit Youth Group: Boys and Girls Club University of California - Davis Alameda County - 2012

2: Boys and Girls Club Remarks

CONTACT INFORMATION LEADERS ENTRY & EXIT DATA DEMOGRAPHICS YOUTH CHECKLIST

Checklists

Number of Youth: 25

Number of Checklists: 0

+ Add Checklists

K-2nd  
External Checklist  
K-2nd  
3rd-5th  
6th-8th  
9th-12th

Manage Has Exit Entry Date Exit Date

Cancel Save

- From the “Edit Youth Group” screen, select “Federal Checklist” drop down menu.
- Choose “K-2<sup>nd</sup> [Original, 10 items] or K-2 [Revised, 6 items]”.

# Select Add Checklist

WEB NEERS

call.riss@gmail.com (Region User) 28.03 Logout

<< Back Home >> Manage Youth Groups >> Edit Youth Group: Boys and Girls Club University of California - Davis Alameda County - 2012

2 : Boys and Girls Club [Remarks](#)

CONTACT INFORMATION LEADERS ENTRY & EXIT DATA DEMOGRAPHICS YOUTH CHECKLIST

**Checklists**

Number of Youth: 25  
Number of Checklists: 0

+ Add Checklist K-2nd

Manage	Youth Identifier	Has Exit	Entry Date	Exit Date
--------	------------------	----------	------------	-----------

Cancel Save

From the “Edit Youth Group” screen, select “Add Checklist”.

# Enter Checklist Info

WCB NEERS  
call.rss@gmail.com (Region User) 25:15 Logout  
<< Back | Home >> Manage Youth Groups >> Edit Youth Group Boys and Girls Club >> Add Checklist University of California - Davis Alameda County - 2012

Youth Identifier \* This field is required.

Checklist Entry Date  
10/01/2012

Checklist Exit Date  
00/00/0000

K-2nd - Entry

Question	Response	0	1	2	3	4	5	6	7
1. Circle snacks that are best	<input type="text"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Circle washing hands	<input type="text"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Circle the Physical Activities	<input type="text"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Circle the Vegetables	<input type="text"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Circle the Fruits	<input type="text"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

- Enter Checklist information: **Youth Identifier, Checklist Entry Date, & Checklist Exit Date** (if applicable).
- **Youth Identifier LLBT01**
  - Educator initials-LL
  - Child initials-BT
  - Starting with one-01

# Enter Scored K-2 Information

K-2nd - Entry

Question	Response	0	1	2	3	4	5	6	7
1.Circle snacks that are best	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2.Circle washing hands	<input type="text"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3.Circle the Physical Activities	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4.Circle the Vegetables	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5.Circle the Fruits	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6.Circle the Grains	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7.Circle the Dairy (milk)	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8.Circle the Proteins (meats and beans)	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9.Vegetables to eat?	<input type="text"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10.Fruits to eat?	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

K-2nd - Exit

Question	Response	0	1	2	3	4	5	6	7
1.Circle snacks that are best	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2.Circle washing hands	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3.Circle the Physical Activities	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4.Circle the Vegetables	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5.Circle the Fruits	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6.Circle the Grains	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7.Circle the Dairy (milk)	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8.Circle the Proteins (meats and beans)	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9.Vegetables to eat?	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10.Fruits to eat?	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

- Enter Checklist Question scored information by typing in the response box or clicking the appropriate radio button.
- Click “Save” or “Save and Add New” to move onto the next checklist.

# Summary Screen

2 : Boys and Girls Club

CONTACT INFORMATION LEADERS ENTRY & EXIT DATA DEMOGRAPHICS YOUTH CHECKLIST

Checklists

Number of Youth: 25  
Number of Checklists: 1

+ Add Checklist K-2nd

Manage	Youth Identifier	Has Exit	Entry Date	Exit Date
	125	No	2012-10-01	0000-00-00

Cancel Save

2 : Boys and Girls Club

CONTACT INFORMATION LEADERS ENTRY & EXIT DATA DEMOGRAPHICS YOUTH CHECKLIST

Checklists

Number of Youth: 25  
Number of Checklists: 1

+ Add Checklist K-2nd

Manage	Youth Identifier	Has Exit	Entry Date	Exit Date
	125	Yes	2012-10-01	0000-00-00

Cancel Save

- Once you have saved, a summary screen of Youth Checklists will appear.
  - Students without an Exit checklist will be noted in red.
  - Notice the Number of Youth in the Youth Group and Number of Checklists are listed.



# How?....enter data into WebNEERS

- Youth Educator will generate a unique ID for each child to use in WebNeers. See p.7-8 Instruction Guide.
- Enter the score/total points you calculated for each question

Youth Identifier		
Checklist Entry Date		
10/04/2012		
Checklist Exit Date		
04/05/2012		

**K-2nd - Entry**

Question	Response	0	1	2	3	4	5	6	7
1.Circle snacks that are best		C							
2.Circle washing hands			C						
3.Circle the Physical Activities			C						
4.Circle the Vegetables			C						
5.Circle the Fruits			C						
6.Circle the Grains			C						
7.Circle the Dairy (milk)			C						
8.Circle the Proteins (meats and beans)			C						
9.Vegetables to eat?				C					
10.Fruits to eat?				C					

**K-2nd - Exit**

Question	Response	0	1	2	3	4	5	6	7
1.Circle snacks that are best		C							
2.Circle washing hands			C						
3.Circle the Physical Activities			C						
4.Circle the Vegetables			C						
5.Circle the Fruits			C						
6.Circle the Grains			C						
7.Circle the Dairy (milk)			C						
8.Circle the Proteins (meats and beans)			C						
9.Vegetables to eat?				C					
10.Fruits to eat?				C					

# How?....enter data into WebNEERS

- Youth Educator will generate a unique ID for each child to use in WebNeers
- Enter the score you calculated for each question

Youth Identifier  
 Checklist Entry Date  
 10/04/2012  
 Checklist Exit Date  
 00/00/0000

K-2nd - Entry

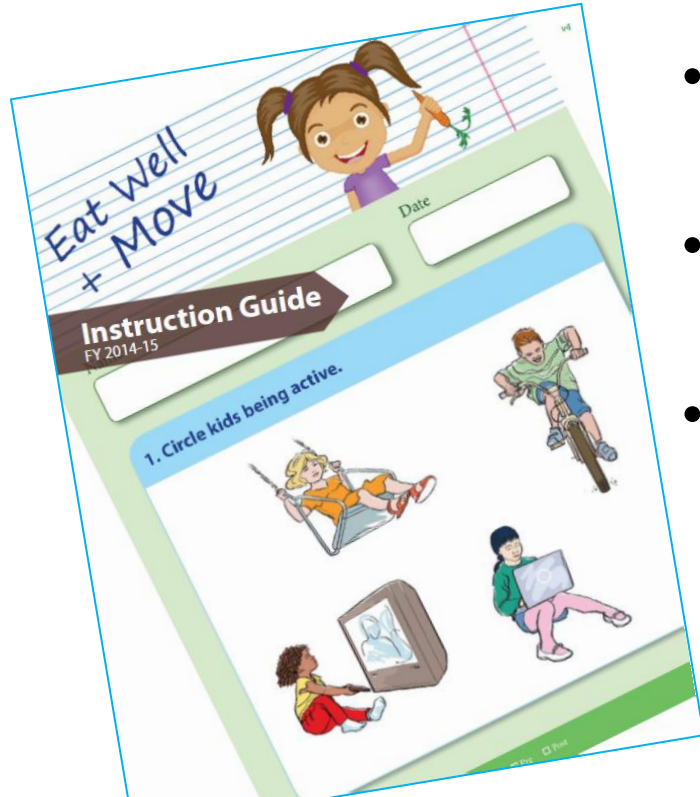
[illegible]

K-2nd - Exit

[illegible]

# *Eat Well + Move*

## Instruction Guide



- Promotes consistency of data collection and entry
- Assists with training of new hires
- Includes content covered in today's slides plus additional content

# How is K-2 different?

K-2	3 <sup>rd</sup> -5 <sup>th</sup> , 6 <sup>th</sup> -8 <sup>th</sup> , 9 <sup>th</sup> -12 <sup>th</sup>
<b>Administer</b> Educator or volunteer uses script	<b>Administer</b> Educator or volunteer uses script
<b>Score</b> By hand	<b>Score</b> n/a
<b>Enter</b> Enter hand scoring results into WebNEERS	<b>Enter</b> Enter child's answers into WebNEERS. Computer scores.

# How is K-2 different?

K-2	3 <sup>rd</sup> -5 <sup>th</sup> , 6 <sup>th</sup> -8 <sup>th</sup> , 9 <sup>th</sup> -12 <sup>th</sup>
<b>Administer</b> Educator or volunteer uses script	<b>Administer</b> Educator or volunteer uses script
<b>Score</b> By hand	<b>Score</b> n/a
<b>Enter</b> Enter hand scored results into WebNEERS	<b>Enter</b> Enter child's answers into WebNEERS. Computer scores.

# Enter Checklist Info:

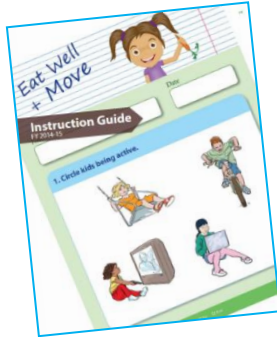
## Differences youth & adult ID's

WebNEERS ID	Youth	Adult
WebNEERS generated or Custom	Youth Group	Adult Participant
Custom <u>only</u>	Youth Participant	None

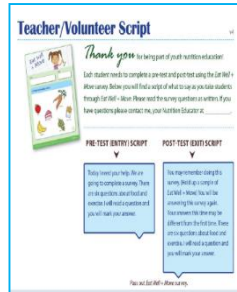
# Resources K-2

These *Eat Well +Move* materials are available to you:

- Instruction Guide



- Evaluation tool color print ready & BW print ready.



- Teacher/volunteer 1-pg handout (PDF)

- Answer Keys (PDF)
- Staff training slides