

Red boxes contain answer choice codes for keyed entry into WebNEERS



3rd-5th Grade EFNEP Pre-Post Survey

Youth ID _____ Grade _____ Date _____

Pre Post




1. In the past week, I drank fruit-flavored drinks or sports drinks ...

1 Never
 2 1-3 days
 3 4-6 days
 4 About once a day
 5 2 or more times a day

No response/
left blank


-
N/R



2. In the past week, I drank soda or pop ...

1 Never
 2 1-3 days
 3 4-6 days
 4 About once a day
 5 2 or more times a day

-
N/R



3. In the past week, I ate vegetables ...

1 Never
 2 1-3 days
 3 4-6 days
 4 About once a day
 5 2 or more times a day

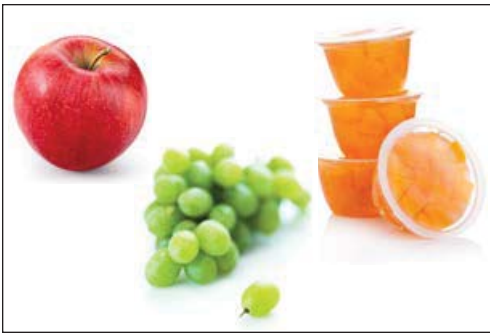
-
N/R



4. In the past week, I ate vegetables as a snack ...

1 Never
 2 1-3 days
 3 4-6 days
 4 About once a day
 5 2 or more times a day

-
N/R



5. In the past week, I ate fruit as a snack ...

- 1 Never
- 2 1-3 days
- 3 4-6 days
- 4 About once a day
- 5 2 or more times a day

-

N/R

○



6. In the past week, I ate vegetables at lunch ...

- 1 Never
- 2 1-3 days
- 3 4-6 days
- 4 Every day

-

N/R

○



7. When I am offered a new food, I will try it ...

- 1 Never or almost never
- 2 Sometimes
- 3 Most of the time
- 4 Always or almost always

-

N/R

○



8. I read Nutrition Facts labels ...

- 1 Never or almost never
- 2 Sometimes
- 3 Most of the time
- 4 Always or almost always

-

N/R

○



9. I wash fruits and vegetables before I eat them ...

- 1 Never or almost never
- 2 Sometimes
- 3 Most of the time
- 4 Always or almost always
- + Someone else does this for me

NOTE: This question differs slightly from the others. If the last response shown here is chosen, it should be keyed in as a plus sign (+) to indicate it does not apply. On the WebNEERS entry screen, this option will appear next to 'N/R' rather than in the '5' spot.

-

N/R

○



10. When I make myself something to eat, I put cold foods back in the refrigerator right away ...

- 1 Never or almost never
- 2 Sometimes
- 3 Most of the time
- 4 Always or almost always
- + Someone else does this for me

NOTE: This question differs slightly from the others. If the last response shown here is chosen, it should be keyed in as a plus sign (+) to indicate it does not apply. On the WebNEERS entry screen, this option will appear next to 'N/R' rather than in the '5' spot.

-
N/R
○



11. Before I eat or touch food, I wash my hands with warm water and soap for at least 20 seconds ...

- 1 Never or almost never
- 2 Sometimes
- 3 Most of the time
- 4 Always or almost always

-
N/R
○



12. In the past week, I did physical activities ...

- 1 Not at all
- 2 1-2 days
- 3 3-4 days (or some days)
- 4 5-6 days (or most days)
- 5 7 days (every day)

-
N/R
○



13. In the past week, for how long did you usually do physical activities?

- 1 Less than 15 minutes a day
- 2 About 15 minutes a day
- 3 About 30 minutes a day
- 4 About an hour a day
- 5 More than an hour a day

-
N/R
○



14. In the past week, when I was not doing homework, I used a computer, TV, smartphone, tablet or played video games ...

- 1 Less than 1 hour a day
- 2 1-2 hours a day
- 3 3-4 hours a day
- 4 5-6 hours a day
- 5 7 or more hours a day

-
N/R
○

Youth ID _____

Pre

Post