

Eat Well + Move



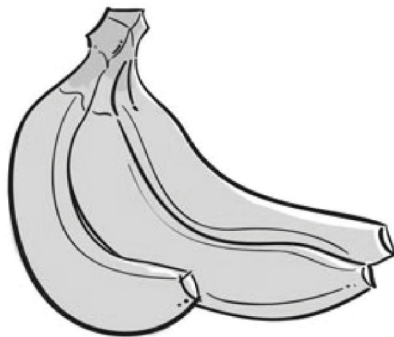
Name or ID

Date

1. Circle kids being active.



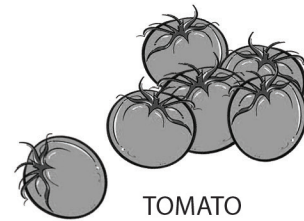
2. Circle healthy snacks.



BANANAS



FRENCH FRIES



TOMATO



YOGURT

4

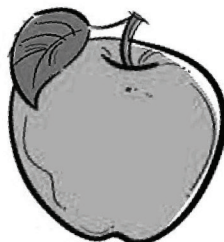
3. Circle vegetables.



BROCCOLI



GRAPES



APPLE



GREEN BEANS

4

4. Circle dairy foods.



EGG



MILK



CHEESE



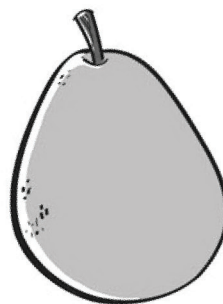
BREAD

4

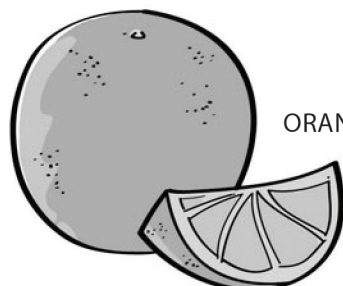
5. Circle fruits.



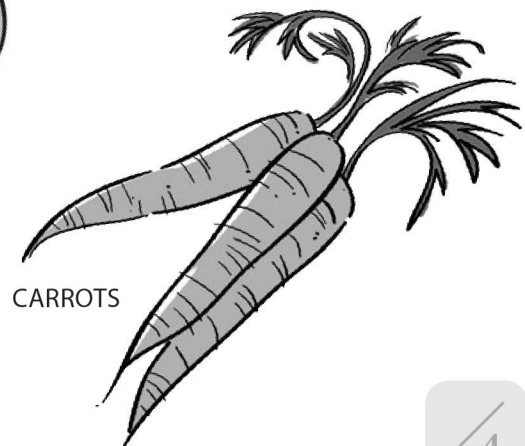
STRAWBERRIES



PEAR



ORANGE



CARROTS

4

6. Circle kids who should wash their hands before eating.



4

For Staff

This tool is for students in kindergarten, 1st or 2nd grade.

Curriculum

Grade

School

Teacher



Extension

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