

Eat Well + Move



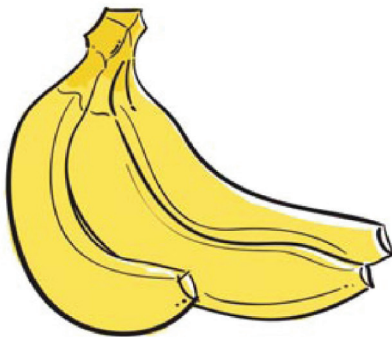
Name or ID

Date

1. Circle kids being active.



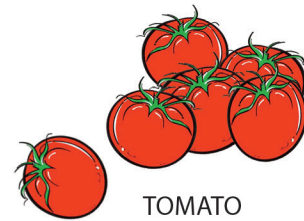
2. Circle healthy snacks.



BANANAS



FRENCH FRIES



TOMATO



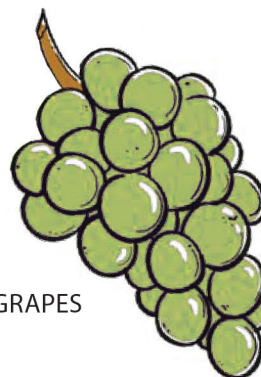
YOGURT

/ 4

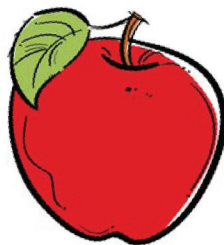
3. Circle vegetables.



BROCCOLI



GRAPES



APPLE



GREEN BEANS

/ 4

4. Circle dairy foods.



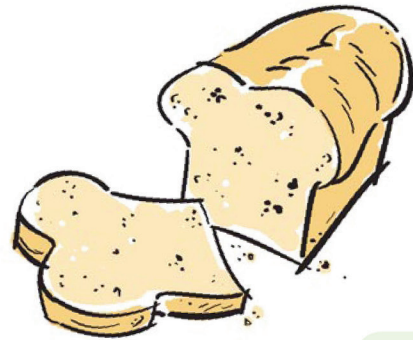
EGG



MILK



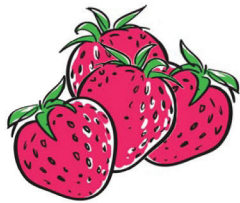
CHEESE



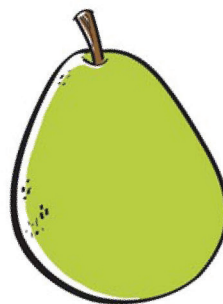
BREAD

4

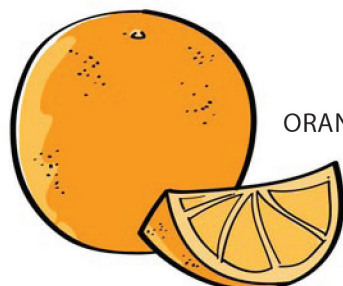
5. Circle fruits.



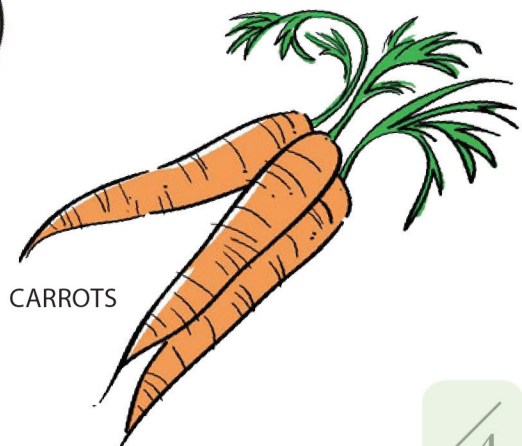
STRAWBERRIES



PEAR



ORANGE



CARROTS

4

6. Circle kids who should wash their hands before eating.



4

For Staff

This tool is for students in kindergarten, 1st or 2nd grade.

Curriculum

Grade

School

Teacher



Extension

This work is/was supported by the U.S. Department of Agriculture (USDA), National Institute of Food and Agriculture, the Expanded Food and Nutrition Education Program. Any opinions, findings, conclusions or recommendations expressed in this publication are those of the author(s) and do not necessarily reflect the view of the USDA.

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