Adult Curricula:

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| **Name** | **Author/Distributor** | **Contact** |
| Eating Smart, Being Active | Colorado State University and University of California at Davis | <http://www.ext.colostate.edu/esba/> |
| Loving your Family, Feeding Their Future | USDA | <http://snap.nal.usda.gov>  |
| Eating Smart and Moving More | North Carolina State University | <http://www.eatsmartmovemorenc.com/EFNEPFamilies/EFNEPFamilies.html> |
| Eating Right is Basic | MSU Extension | <http://msue.anr.msu.edu/program/info/eating_right_is_basic_erib> |
| Money for Food | University of Wisconsin Extension | <http://www.uwex.edu/ces/wnep/teach/mff/index.cfm> |
| Eating Right for Life | University of Florida | <http://fycs.ifas.ufl.edu/efnep/units/State.html> |
| Small Steps to Health | Purdue | <https://mdc.itap.purdue.edu/item.asp?item_number=CFS-749> |
| Teen Parents – Nutrition Curriculum for Pregnant and Parenting Teens | University of Missouri Extension | <http://extension.missouri.edu/p/N715> |
| Cent$ible Nutrition | University of Wyoming Extension | <http://uwadmnweb.uwyo.edu/centsible/> |
| Smart Choices for Adults | Louisiana State University | <http://www.lsuagcenter.com/en/food_health/education_resources/> |
| Eat Smart, Live Strong | USDA | [http://snap.nal.usda.gov](http://snap.nal.usda.gov/) |
| Choices: Steps Toward Health | UMass Extension | [http://extension.umass.edu/nutrition/index.php/publications/nutrition-](http://extension.umass.edu/nutrition/index.php/publications/nutrition-education/educator-materials)[education/educator-materials](http://extension.umass.edu/nutrition/index.php/publications/nutrition-education/educator-materials) |
| Simply Good Eating | University of Minnesota Extension | <http://www.extension.umn.edu/distribution/nutrition/DJ8020.html> |
| University of Minnesota Extension | Colorado State UniversityExtension | <http://www.csuextstore.com/store/pc/viewPrd.asp?idproduct=454> |
| Sisters in Health | Cornell University | <http://ecommons.cornell.edu/handle/1813/3901> |