Youth Curricula

|  |  |  |  |
| --- | --- | --- | --- |
| **Name** | **Author/Distributor** | **Grade/Age** | **Web Site / Contact** |
| Grazin’ with Marty Moose | University of Wyoming | Grades 2-3 | <http://www.uwyo.edu/centsible/store-front.html> |
| WIN Kids | University of Idaho, Montana State University, and University of Wyoming | Ages 10-13 | <http://www.uwyo.edu/WINTHEROCKIES_EDUR/edmaterials.asp> |
| On the Move to Better Health | North Dakota State University | Grade 5 | [www.ag.ndsu.edu/food](https://exchange.uconn.edu/owa/redir.aspx?C=IPd8gxrccE6kDKVPjvairD1MiQdC79AIWb8UvFcVnC6iNgh4rNRtu9h8jj1Uz8jAlM0b7a4EfuQ.&URL=http%3a%2f%2fwww.ag.ndsu.edu%2ffood) |
| Youth Curriculum sourcebook | University of Wisconsin Extension | Ages 6-11 | At this time, there is no way to obtain copies. |
| Kids Quest | South Dakota State University | Grades 5&6 | [http://igrow.org/healthy-families/health-and-wellness](https://exchange.uconn.edu/owa/redir.aspx?C=IPd8gxrccE6kDKVPjvairD1MiQdC79AIWb8UvFcVnC6iNgh4rNRtu9h8jj1Uz8jAlM0b7a4EfuQ.&URL=http%3a%2f%2figrow.org%2fhealthy-families%2fhealth-and-wellness)/ |
| Jumping Into Food & Fitness | Michigan State University | Ages 8-11,  Grades 3-5 | <http://4h.msue.msu.edu/4h/resources/jiff_4_staff_vols> |
| Kids in the Kitchen | University of Missouri Extension | Ages 6-15 | <http://extension.missouri.edu/p/N800> |
| Happy Healthy Me | University of California Davis | Ages 4-6 | <http://cebutte.ucdavis.edu/Youth_FSNEP/Happy_Healthy_Me/> |
| Media Smart Youth: Eat, Think and Be Active | National Institute of Child Health and Human Development | Ages 11-13 | <http://www.nichd.nih.gov/msy/index.htm> |
| OrganWise Guys | Wellness, Inc. |  | <http://www.organwiseguys.com/index.php> |
| Show Me Nutrition | University of Missouri Extension | Pre-school to Junior High | <http://extension.missouri.edu/p/SMN100> |
| Up For the Challenge: Lifetime Fitness, Healthy Decisions | Maryland Cooperative Extension |  | <http://www.4-hmilitarypartnerships.org/p.aspx?tabid=77> |
| EatFit | Regents of the University of California | Adolescents | <https://eatfit.net/teachers.htm> |
| Smart Choices for Youth | Louisiana State University |  | <http://www.lsuagcenter.com/en/food_health/education_resources/> |
| Healthy Georgia Kids | University of Georgia |  | <http://www.ugaefnep.org> |
| Choose Health: Food, Fun and Fitness | Cornell University |  | [https://fnec.cornell.edu/Our\_Initiatives/Youth.cfm](https://exchange.uconn.edu/owa/redir.aspx?C=IPd8gxrccE6kDKVPjvairD1MiQdC79AIWb8UvFcVnC6iNgh4rNRtu9h8jj1Uz8jAlM0b7a4EfuQ.&URL=https%3a%2f%2ffnec.cornell.edu%2fOur_Initiatives%2fYouth.cfm) |
|  |  |  |  |

2/18/2014