Youth Curricula

|  |  |  |  |
| --- | --- | --- | --- |
| **Name**  | **Author/Distributor**  | **Grade/Age**  | **Web Site / Contact**  |
| Grazin’ with Marty Moose  | University of Wyoming  | Grades 2-3  | <http://www.uwyo.edu/centsible/store-front.html>  |
| WIN Kids  | University of Idaho, Montana State University, and University of Wyoming  | Ages 10-13  | <http://www.uwyo.edu/WINTHEROCKIES_EDUR/edmaterials.asp>  |
| On the Move to Better Health  | North Dakota State University  | Grade 5  | [www.ag.ndsu.edu/food](https://exchange.uconn.edu/owa/redir.aspx?C=IPd8gxrccE6kDKVPjvairD1MiQdC79AIWb8UvFcVnC6iNgh4rNRtu9h8jj1Uz8jAlM0b7a4EfuQ.&URL=http%3a%2f%2fwww.ag.ndsu.edu%2ffood) |
| Youth Curriculum sourcebook  | University of Wisconsin Extension  | Ages 6-11  | At this time, there is no way to obtain copies.  |
| Kids Quest | South Dakota State University | Grades 5&6 | [http://igrow.org/healthy-families/health-and-wellness](https://exchange.uconn.edu/owa/redir.aspx?C=IPd8gxrccE6kDKVPjvairD1MiQdC79AIWb8UvFcVnC6iNgh4rNRtu9h8jj1Uz8jAlM0b7a4EfuQ.&URL=http%3a%2f%2figrow.org%2fhealthy-families%2fhealth-and-wellness)/ |
| Jumping Into Food & Fitness  | Michigan State University  | Ages 8-11, Grades 3-5  | <http://4h.msue.msu.edu/4h/resources/jiff_4_staff_vols>  |
| Kids in the Kitchen  | University of Missouri Extension  | Ages 6-15  | <http://extension.missouri.edu/p/N800>  |
| Happy Healthy Me  | University of California Davis  | Ages 4-6  | <http://cebutte.ucdavis.edu/Youth_FSNEP/Happy_Healthy_Me/>  |
| Media Smart Youth: Eat, Think and Be Active  | National Institute of Child Health and Human Development  | Ages 11-13  | <http://www.nichd.nih.gov/msy/index.htm>  |
| OrganWise Guys | Wellness, Inc. |  | <http://www.organwiseguys.com/index.php> |
| Show Me Nutrition  | University of Missouri Extension  | Pre-school to Junior High  | <http://extension.missouri.edu/p/SMN100>  |
| Up For the Challenge: Lifetime Fitness, Healthy Decisions | Maryland Cooperative Extension |  | <http://www.4-hmilitarypartnerships.org/p.aspx?tabid=77>  |
| EatFit | Regents of the University of California | Adolescents  | <https://eatfit.net/teachers.htm>  |
| Smart Choices for Youth  | Louisiana State University  |  | <http://www.lsuagcenter.com/en/food_health/education_resources/>  |
| Healthy Georgia Kids | University of Georgia |  | <http://www.ugaefnep.org> |
| Choose Health: Food, Fun and Fitness | Cornell University |  | [https://fnec.cornell.edu/Our\_Initiatives/Youth.cfm](https://exchange.uconn.edu/owa/redir.aspx?C=IPd8gxrccE6kDKVPjvairD1MiQdC79AIWb8UvFcVnC6iNgh4rNRtu9h8jj1Uz8jAlM0b7a4EfuQ.&URL=https%3a%2f%2ffnec.cornell.edu%2fOur_Initiatives%2fYouth.cfm) |
|  |  |  |  |

2/18/2014