

Current EFNEP Model

Learning Goals

- Basic Nutrition for Families
- Food Budgeting
- Food Safety

Program Delivery

- Peer Educator
- Interactive/Hands On
 - Lecturettes
 - Videos
 - Worksheets/Activities
 - Discussion
 - Cooking
 - Grocery store tours
- 10-12 Lessons

Benefits

- Behavior Change/Positive Outcome
- Longevity of Program/Cost Effective
- Relationship: Educator/Client
- Learner Focused:
 - Diversity
 - Reading Level
 - Relevant to daily living
 - Sensitivity--poverty

Barriers

- Client Barriers
 - Time
 - Transportation
 - Childcare
 - Engagement/Motivation
 - Learning Disabilities
 - Stress-Poverty
- Program Limitations
 - Labor Costs
 - Time
 - Travel
 - Supplies costs