

EFNEP Technology Survey Draft (For Program Participants)

This survey will ask about various forms of technology and social media and how you may use them in your daily life and for your health. We will use the results of this to help guide us in planning future nutrition education programs in EFNEP.

1. Computer Usage and Access

- a. How frequently do you use a computer?
 - i. Daily, several times per week, weekly, less than weekly, do not use computers
- b. Do you have a computer you can use where you currently live?
 - i. Yes
 - ii. No
- c. Please indicate where you most commonly use a computer:
 - i. At Home
 - ii. Other family members' home
 - iii. Library
 - iv. Friend's home
 - v. School
 - vi. Other: _____ (Explain)

2. Internet Usage and Access

- a. How frequently do you use the Internet?
 - i. Daily, several times per week, weekly, less than weekly, do not use internet
- b. How do you access the Internet? (Check all that apply)
 - i. Computer
 - ii. Smart Phone (such as iPhone or Samsung Galaxy)
 - iii. Cellular Phone
 - iv. Tablet (such as iPad or Kindle Fire)
- c. Do you have access to broadband Internet where you currently live?
 - i. Yes
 - ii. No
 - iii. Not sure?
- d. Please indicate where you most commonly use the Internet:
 - i. Home
 - ii. Library
 - iii. Friend's home
 - iv. School
 - v. Other
- e. Do you currently use the Internet to look up or share any information about topics such as healthy eating, exercise, or recipes? Y/N
 - i. If yes, what type of information are you most likely to look up?

3. Phone Usage and Access

- a. Do you have a landline telephone where you live? Y/N
- b. Do you have access to a cellular phone or smart phone with active service? Y/N
- c. Do you have the ability to send and receive text messages from a cellular or smart phone? Y/N

4. Social Media Accounts

- a. Check which social media sites that you currently have an account with and use at least weekly on the Internet or mobile phone:

- i. Facebook
- ii. Twitter
- iii. Pinterest
- iv. Instagram
- v. YouTube
- vi. Google Plus
- vii. Other: (fill in)

- b. Do you currently use any social media site(s) for social interaction, such as staying in touch with friends or family, or sharing pictures? Y/N

If yes, which sites?

- i. Facebook
- ii. Twitter
- iii. Pinterest
- iv. Instagram
- v. YouTube
- vi. Google Plus
- vii. Other: (fill in)

- c. Do you currently use any social media site(s) for finding or sharing nutrition and fitness information, such as ideas for healthy eating, exercise, or recipes? Y/N

- i. If yes, what social media sites? (list)
- ii. If yes, what types of information? (need to determine list)

5. If you were to receive nutrition education in a method other than a classroom setting (using a form of technology), what format would you like to receive this in? Please select all that apply.

- a. Visiting a website
- b. Facebook posts
- c. Emails
- d. Videos, such as YouTube or Vimeo
- e. Online games

- f. Twitter posts
- g. Text messaging
- h. Phone calls
- i. Group support, such as online group chats or message boards
- j. Online interactive group classes, such as lessons that include video chats

Demographics

- 6. What language(s) do you speak fluently? (Select all that apply)
 - a. English
 - b. Spanish
 - c. French
 - d. ***What other languages should be included??***
- 7. What is your gender? M/F
- 8. What is your age range?
 - a. 18-24
 - b. 25-34
 - c. 35-44
 - d. 45-54
 - e. 55-64
 - f. 65 and older
- 9. What income range does your combined household receive per year?
 - a. \$24,999 or less
 - b. \$25,000 to 49,999
 - c. \$50,000 or higher
- 10. What is your highest level of education attained?
 - a. Less than 8th grade
 - b. 8th grade
 - c. Some high school
 - d. High school diploma or GED
 - e. Some college
 - f. Associate's degree
 - g. Bachelor's degree
 - h. Master's degree and higher

EFNEP Technology Committee: Survey Subgroup

Date of Call: 4/16/14, 2-2:45 p.m. CST

Attendance:

- Beth Peralta, Illinois
- Mira Mehta, Maryland
- Amanda Scott, Texas A&M

- Topics of Discussion:
 - Group reviewed goals of sub-group (to draft survey for both participants and paraprofessional staff in EFNEP about use of technology).
 - Group discussed items that should be included in survey:
 - Access to reliable telephone service.
 - Access to reliable internet service.
 - Languages spoken.
 - Beth has drafted several questions regarding Internet and social media usage which can be shared with group.
 - Shewana McSwain from NC A&T mentioned on last EFNEP call she will check with Lorelei Jones at NC regarding surveys the social media group has completed.
 - Items / Concerns about Technology Access in Population:
 - Urban vs. rural areas across U.S. that may have varying degrees of technology access.
 - Lack of internet literacy could be present among certain segments of our target audience.
 - Lack of reliable technology (phone, internet, computers, etc.) could impact dosage and results of EFNEP programming to some participants.
 - Assignments:
 - Group to begin review of following topics regarding technology:
 - Amanda: phone access statistics and research that may be available regarding low-income audiences.
 - Mira: more specific phone access review, looking at urban vs. rural populations in United States.
 - Beth: internet and computer access statistics that may be available regarding low-income audiences.
 - Group to communicate via email prior to next all-EFNEP group meeting, which is 5/13/14 at 11:00 a.m. CST.

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Technology Usage and Preference for Nutrition Information via Technology in Low Socioeconomic Individuals

Objective: Determine the usage of technology by low socioeconomic status (SES) individuals as it pertains to seeking nutrition information and changing behaviors, and preferences for receiving nutrition information via technology.

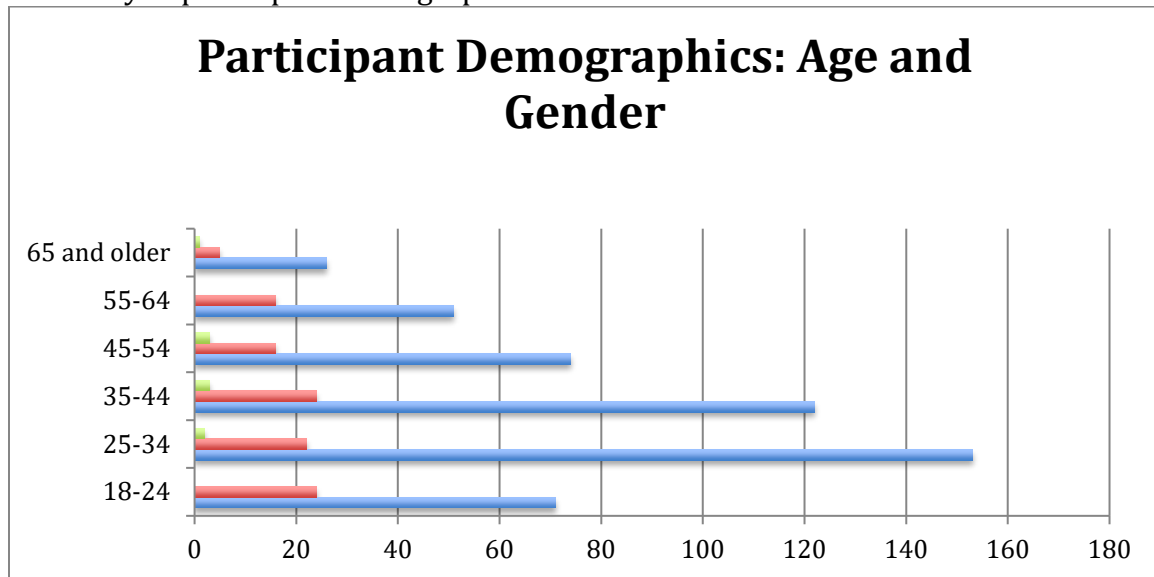
Study Design, Setting, Participants: A cross sectional survey of participants in the Expanded Food and Nutrition Education Program (EFNEP) in six states.

Outcome Measures and Analysis: Frequencies were calculated for survey questions on accessing technology, frequency of use, use of social media, sites used to obtain nutrition information, preferences for obtaining nutrition information, self-reported behavior change, and demographics.

Results: 656 individuals completed the survey, 81% female, 54% between the ages of 25-44, 79% < \$50,000 per year, and 44% living in cities greater than 50,000 people. 88% of respondents used the internet, of which 68% used it daily, 69% accessed it from a mobile phone, and 76% from home. Of those accessing the internet, 65% said they used the internet to obtain information related to nutrition, with the majority accessing recipes (84%) followed by healthy eating tips (49%) and exercise tips (41%). 59% stated that the information changed their health and eating behaviors. Facebook was the most frequently used social media site (89% of respondents). Most would prefer using a website (44%), Facebook (43%), Videos (30%), and texting (29%) for technology based nutrition education.

Conclusions and Implications: Incorporating technology into nutrition education in a variety of formats may be an effective strategy for extending the effectiveness of direct nutrition education and potentially be impactful on nutrition behaviors in this population.

Summary of participant demographics



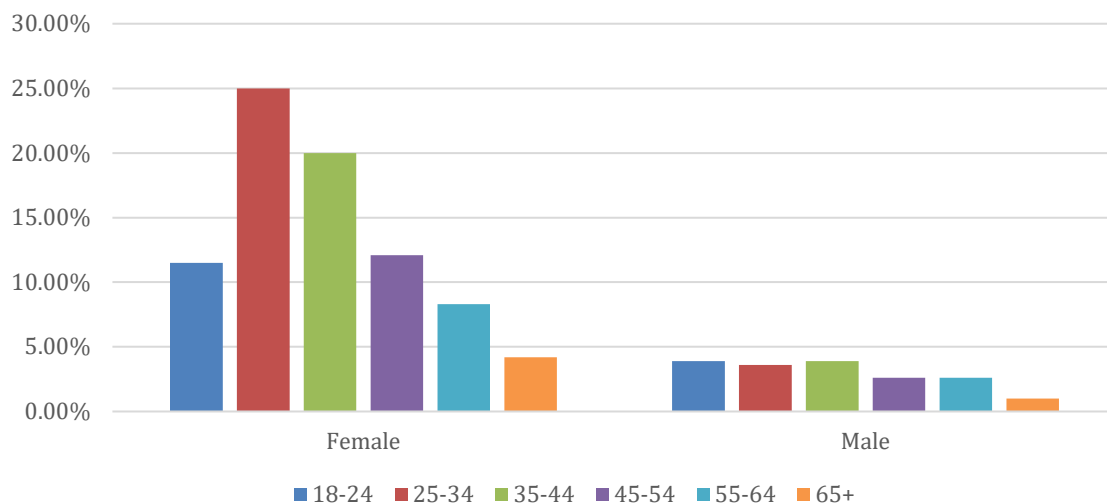
Women made up 81% of the survey population

Age range most represented was 25-34 year olds encompassing 28.9% of the survey population.

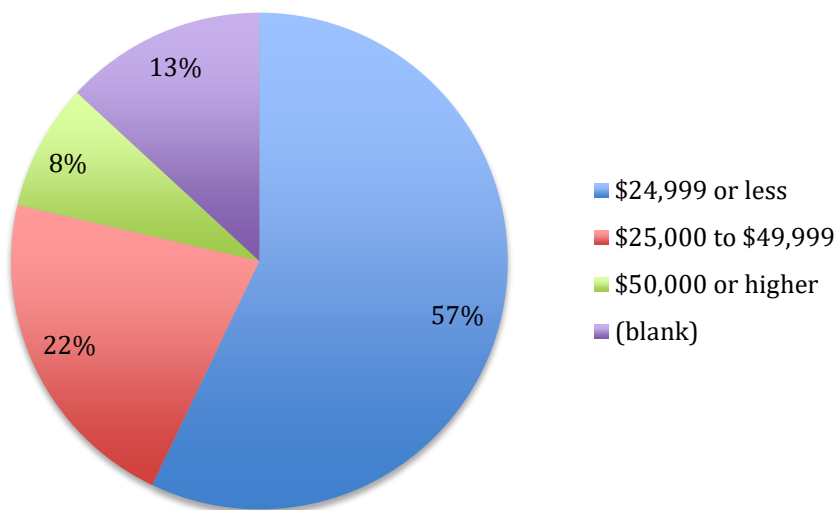
Women 25-34 years olds are the largest gender/age group represented with 25% of the survey population being within those two parameters

Age by Gender of Survey Participants							
	Age Range						
Gender	18-24	25-34	35-44	45-54	55-64	65 +	Grand Total
Female	11.58%	24.96%	19.90%	12.07%	8.32%	4.24%	81.08%
Male	3.92%	3.59%	3.92%	2.61%	2.61%	0.82%	17.46%
(blank)							1.47%
Grand Total	15.50%	28.87%	24.31%	15.17%	10.93%	5.22%	

Participant Demographics: Age and Gender

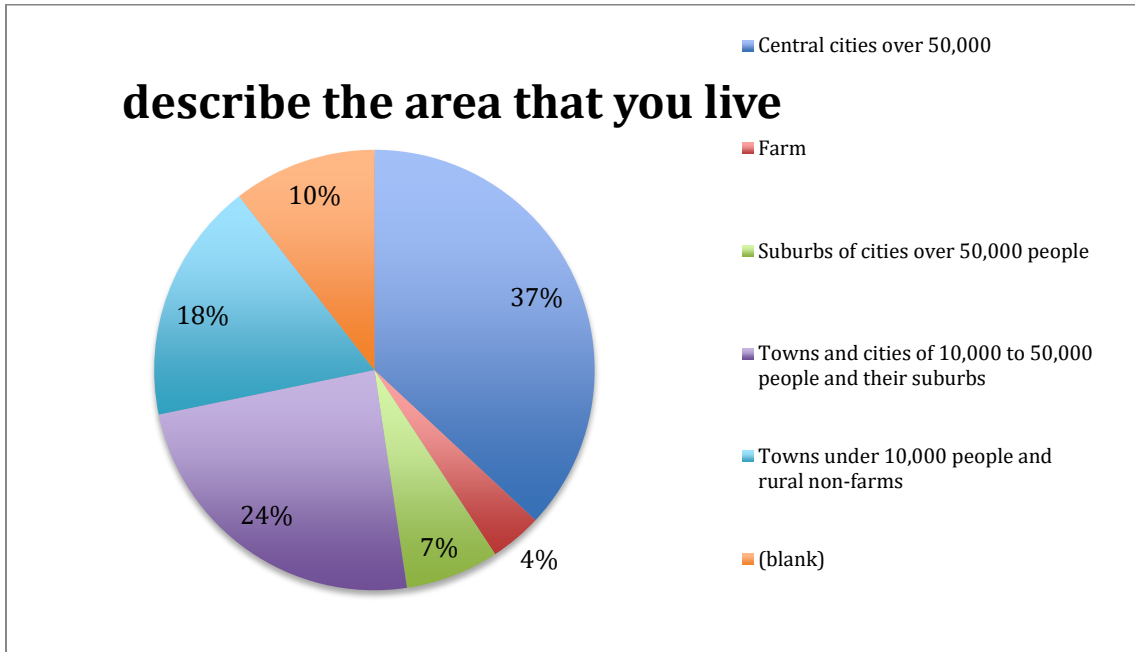


Annual Income per Household

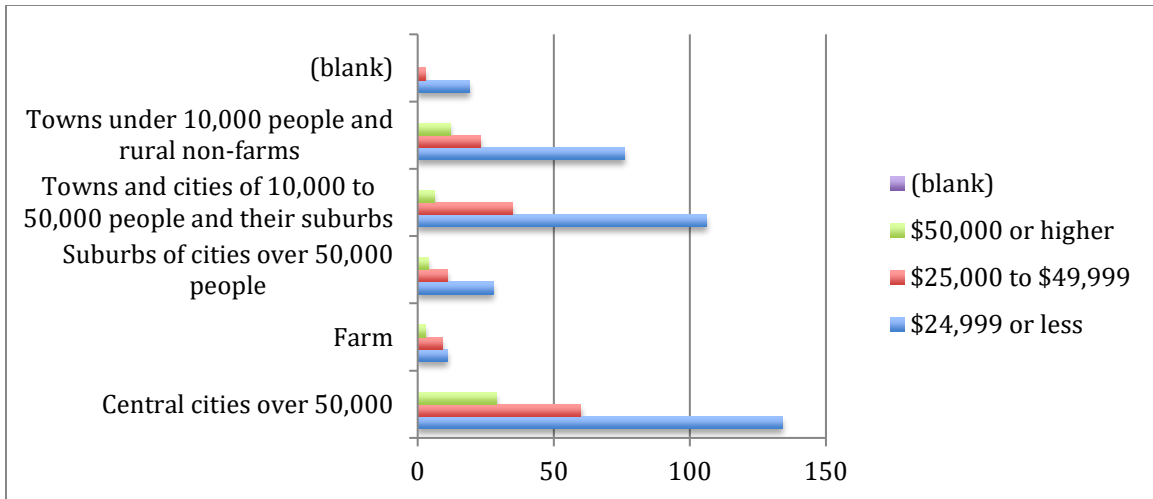


57% of survey population's combined household income is less than \$24,999 or less a year; and 13% of the surveyed did not respond to this question

Annual Income per household	Frequency
\$24,999 or less	57.10%
\$25,000 to \$49,999	21.53%
\$50,000 or higher	8.24%
(blank)	13.13%



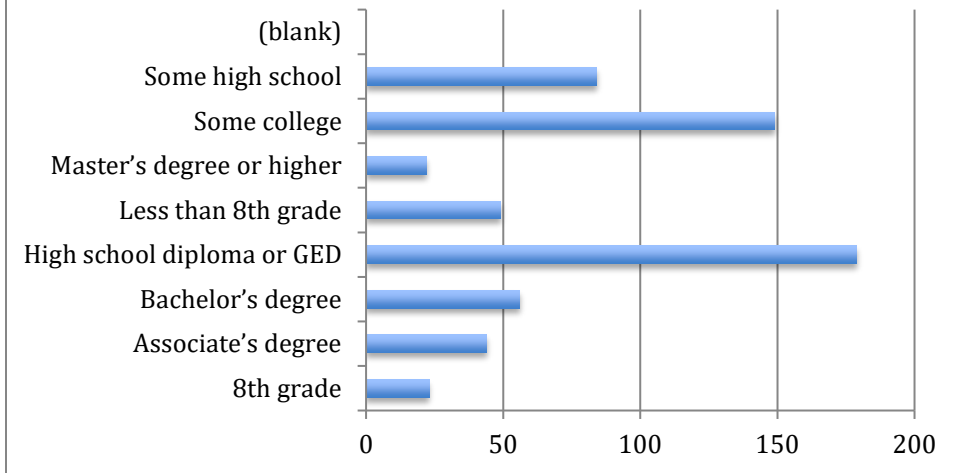
describe the area that you live	Total
Central cities over 50,000	36.95%
Farm	3.82%
Suburbs of cities over 50,000 people	6.87%
Towns and cities of 10,000 to 50,000 people and their suburbs	24.12%
Towns under 10,000 people and rural non-farms	17.71%
(blank)	10.53%



largest group of survey participants , 37% are living in Central cities with over 50,000 people and make have a combined household income of 24,999 a year or less

Count of What income range does your combined household receive per year?	Central cities over 50,000	Farm	Suburbs of cities over 50,000 people	Towns and cities of 10,000 to 50,000 people and their suburbs	Towns under 10,000 people and rural non-farms	(blank)	Grand Total
\$24,999 or less	23.55%	1.93%	4.92%	18.63%	13.36%	3.34%	65.73%
\$25,000 to \$49,999	10.54%	1.58%	1.93%	6.15%	4.04%	0.53%	24.78%
\$50,000 or higher	5.10%	0.53%	0.70%	1.05%	2.11%	0.00%	9.49%
(blank)	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%
Grand Total	39.19%	4.04%	7.56%	25.83%	19.51%	3.87%	569

Educational Attainment

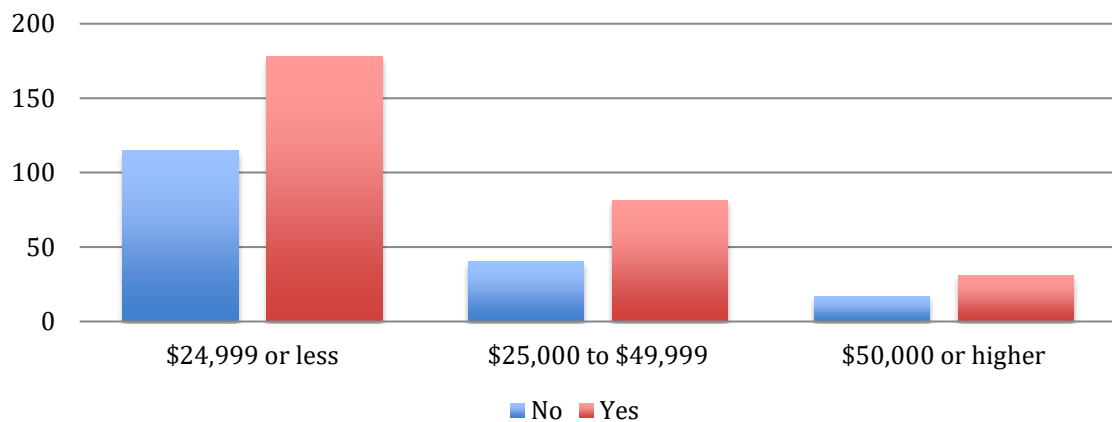


74.2 % of the survey population has a H.S diploma/ GED or high.

8th grade	3.80%
Associate's degree	7.26%
Bachelor's degree	9.24%
High school diploma or GED	29.54%
Less than 8th grade	8.09%
Master's degree or higher	3.63%
Some college	24.59%
Some high school	13.86%

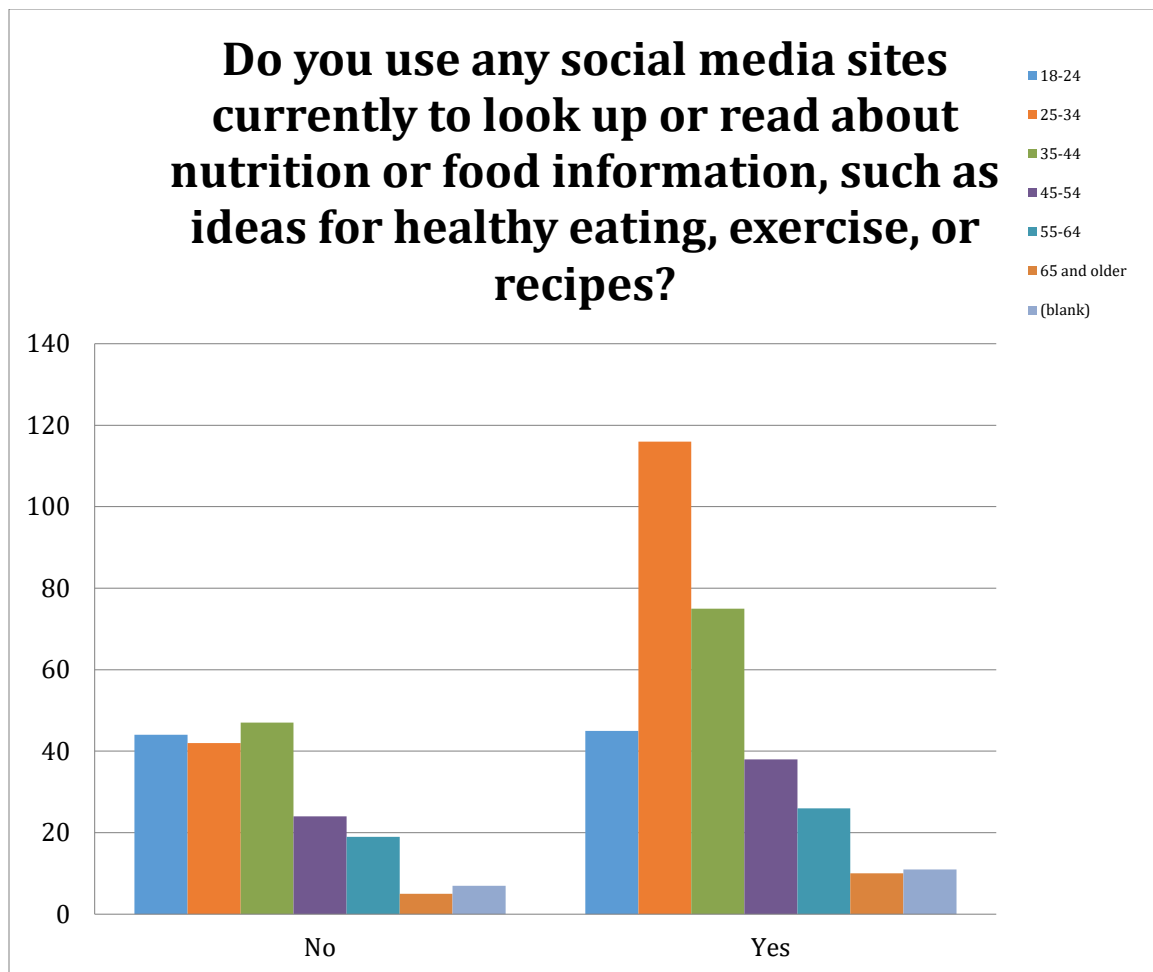
Statistical analysis

Do you use any social media sites currently to look up or read about nutrition or food information, such as ideas for healthy eating, exercise, or recipes?



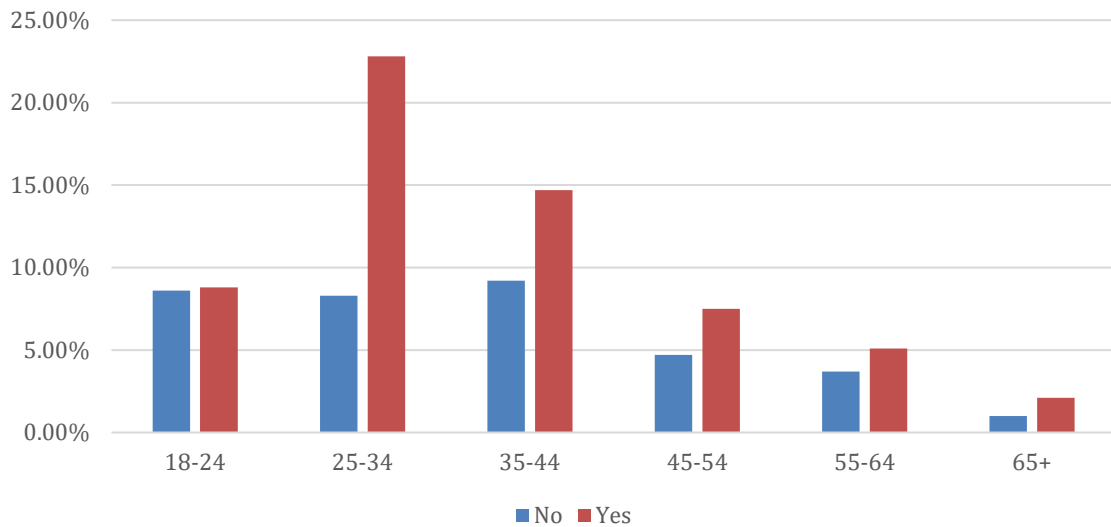
Chi- Squared Statistics give a P Value of 0.477, meaning 47.7% chance that these differences are due to chance, therefore we have to cannot reject the null hypothesis that the difference is due to chance

Count of What income range does your combined household receive per year?	Do you use any social media sites currently to look up or read about nutrition or food information, such as ideas for healthy eating, exercise, or recipes?	
	No	Yes
\$24,999 or less	24.89%	38.53%
\$25,000 to \$49,999	8.66%	17.53%
\$50,000 or higher	3.68%	6.71%
Grand Total	37.23%	62.77%



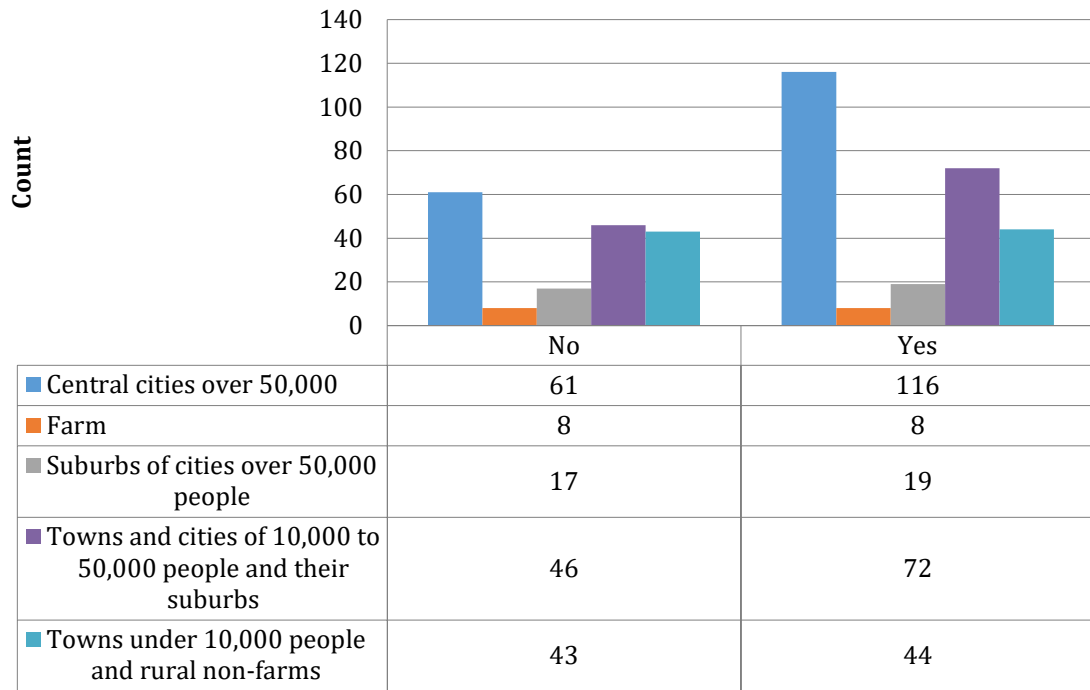
when at the survey population in regards to age and usage of social media we see looking at χ^2 p value of .028, meaning the likelihood that the difference is due to chance is 2.8%, we can reject the null hypothesis in saying that the difference is due to chance

Utilizing Social Media for Nutrition Information by Age



	Do you use any social media sites currently to look up or read about nutrition or food information, such as ideas for healthy eating, exercise, or recipes?	
What is your age range?	No	Yes
18-24	8.64%	8.84%
25-34	8.25%	22.79%
35-44	9.23%	14.73%
45-54	4.72%	7.47%
55-64	3.73%	5.11%
65 and older	0.98%	1.96%
(blank)	1.38%	2.16%
Grand Total	36.94%	63.06%

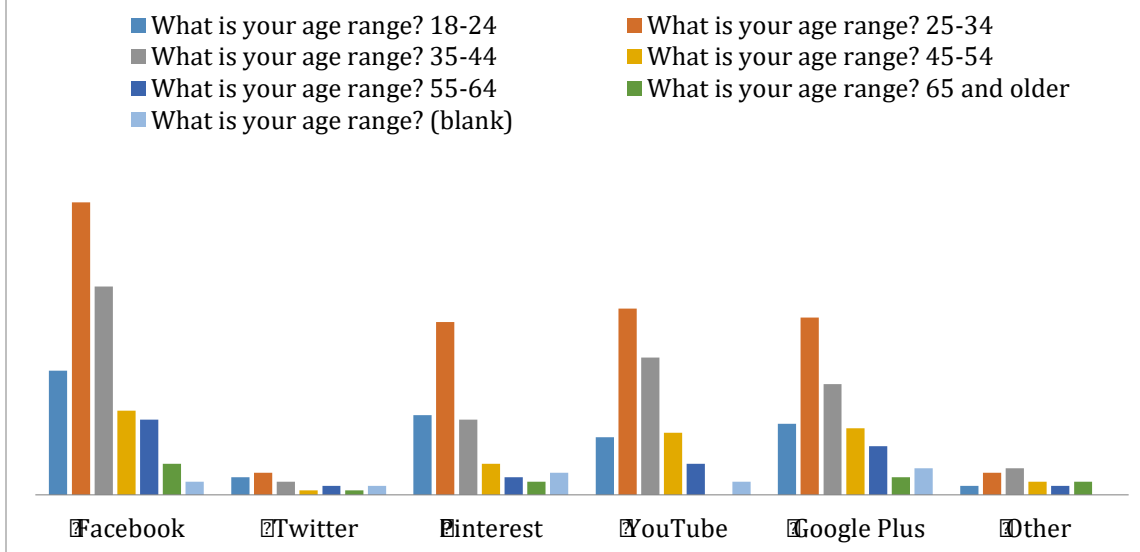
Change Habit due to Social Media



There is a not significant difference in the usage of social media sites currently to look up or read about nutrition or food information, such as ideas for healthy eating, exercise, or recipes in respect to where people live, P value from χ^2 test is 0.13

	Have you made changes to your eating or health habits as a result of the information you found on social media?		
	No	Yes	Grand Total
Central cities over 50,000	14.06%	26.73%	40.78%
Farm	1.84%	1.84%	3.69%
Suburbs of cities over 50,000 people	3.92%	4.38%	8.29%
Towns and cities of 10,000 to 50,000 people and their suburbs	10.60%	16.59%	27.19%
Towns under 10,000 people and rural non-farms	9.91%	10.14%	20.05%
Grand Total	40.32%	59.68%	

Social Media Site Usage for Nutrition and Food Information: By Age

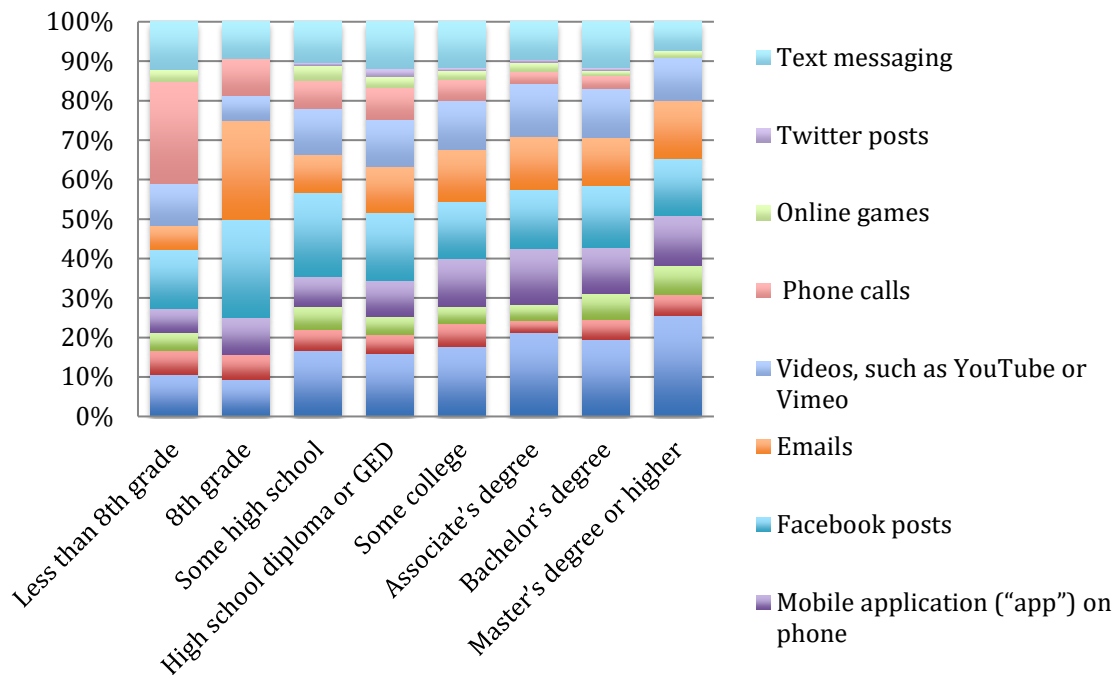


When comparing social media usage for nutritional information by age and site, there is no significant difference, χ^2 P value of 0.51

social media sites currently to look up or read about nutrition or food information, such as ideas for healthy eating, exercise, or recipes?	What is your age range?							
	18-24	25-34	35-44	45-54	55-64	65 and older	(blank)	Grand Total
Facebook	5.13%	12.09%	8.61%	3.48%	3.11%	1.28%	0.55%	34.25%
Twitter	0.73%	0.92%	0.55%	0.18%	0.37%	0.18%	0.37%	3.30%
Pinterest	3.30%	7.14%	3.11%	1.28%	0.73%	0.55%	0.92%	17.03%
YouTube	2.38%	7.69%	5.68%	2.56%	1.28%	0.00%	0.55%	20.15%
Google Plus	2.93%	7.33%	4.58%	2.75%	2.01%	0.73%	1.10%	21.43%

Other	0.37 %	0.92 %	1.10 %	0.55 %	0.37 %	0.55 %	0.00 %	3.85 %
	14.84 %	36.08 %	23.63 %	10.81 %	7.88 %	3.30 %	3.48 %	100.00%

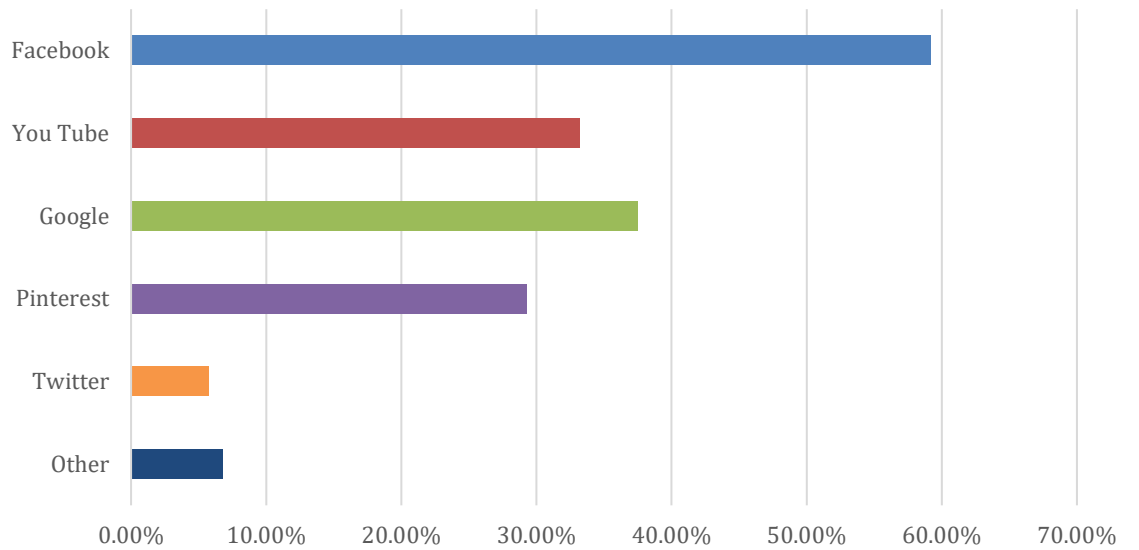
receive nutrition education in a method other than a classroom setting , what format would you like to receive this in?



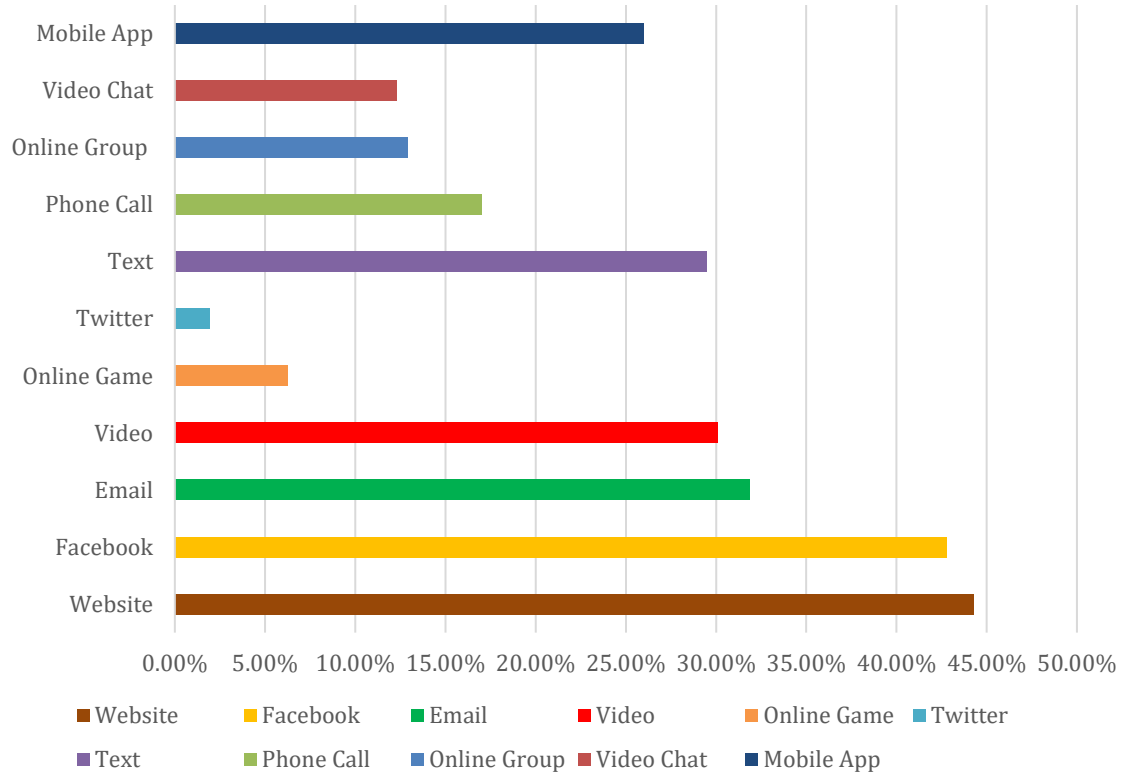
Highest preference for population with less than 8th grade education was a phone call
 For those with 8th grade, some high school, high school diploma/ GED preferred method was text.
 Those with some college- master's degree or higher had higher preference visiting website

receive nutrition education in a method other than a classroom setting , what format would you like to receive this in?											
What is your gender ?	Visit ing a web site	Group suppo rt, such as online group chats or messa ge board	Onlin e inter active group classe s, such as lesso ns that i	Mo bile app lica tion ("a pp") on pho ne	Fac ebo ok post s	E m ail s	Vi de os, su ch as Yo uT ub e or Vi me o	Ph on e cal ls	Onl ine ga me s	Tw itte r pos ts	Text mes sagi ng
Female	14.4 7%	4.12%	3.77%	9.19 %	14.6 1%	10 .2 2 %	9.6 0%	5.2 1%	1.6 5%	0.6 9%	10.1 5%
Male	2.81 %	0.82%	0.62%	0.89 %	1.99 %	1. 71 %	2.2 6%	1.3 7%	0.6 9%	0.2 7%	1.10 %
(blank)	0.14 %	0.14%	0.27%	0.21 %	0.14 %	0. 27 %	0.1 4%	0.2 1%	0.0 7%	0.0 0%	0.21 %
Grand Total	17.4 2%	5.08%	4.66%	10.2 9%	16.7 4%	12 .2 1 %	12. 00 %	6.7 9%	2.4 0%	0.9 6%	11.4 5%

Frequency of Use of Social Media Sites for Nutrition Information

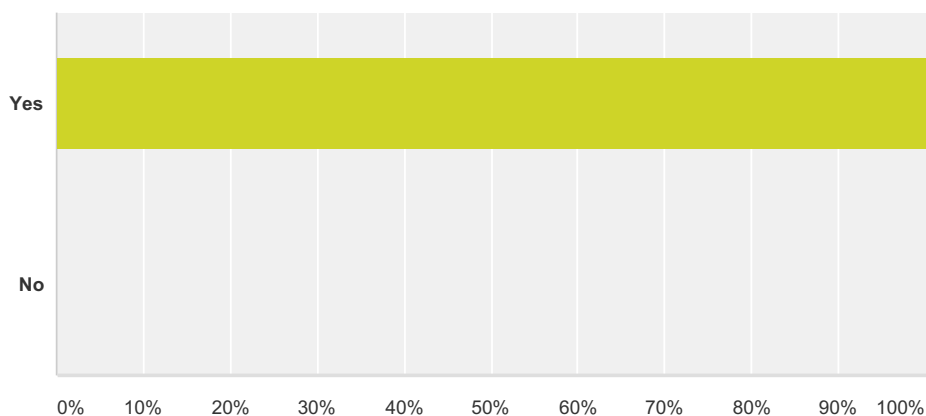


Preferences for Nutrition Education Other Than the Classroom Setting



Q1 Do you want to continue taking the survey?

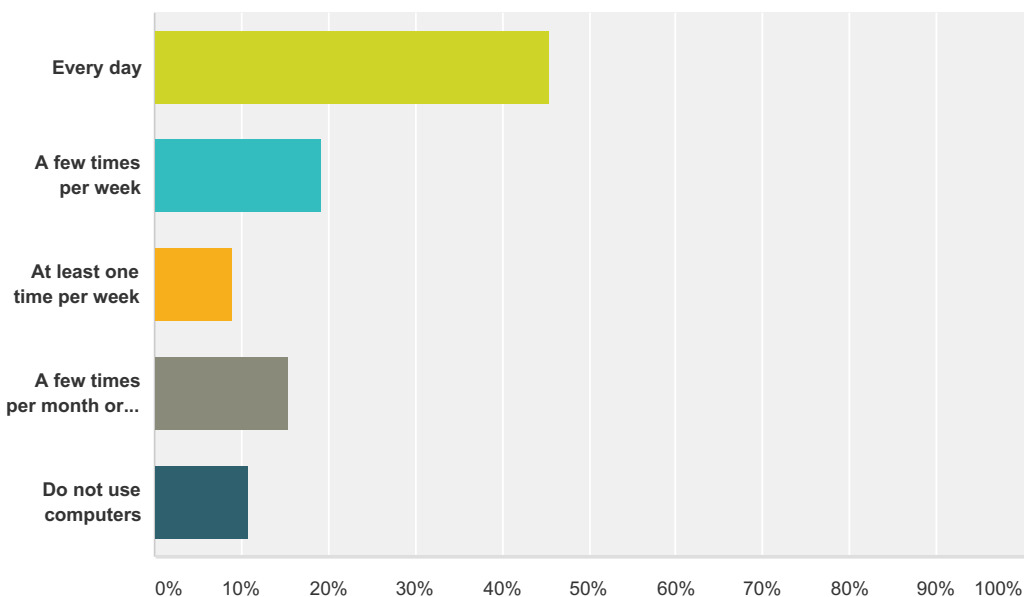
Answered: 157 Skipped: 0



Answer Choices	Responses	
Yes	100.00%	157
No	0.00%	0
Total		157

Q2 How Often Do You Use a Computer (Desktop or Laptop)?

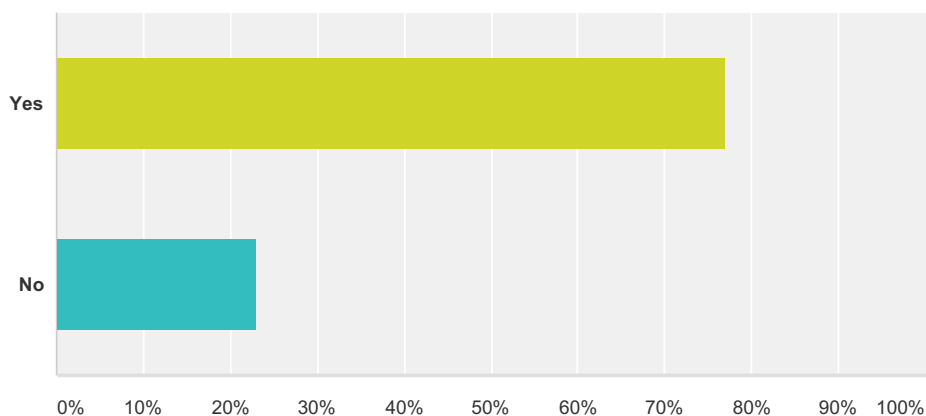
Answered: 156 Skipped: 1



Answer Choices	Responses	
Every day	45.51%	71
A few times per week	19.23%	30
At least one time per week	8.97%	14
A few times per month or less	15.38%	24
Do not use computers	10.90%	17
Total		156

Q3 Do you have a computer that you use where you currently live?

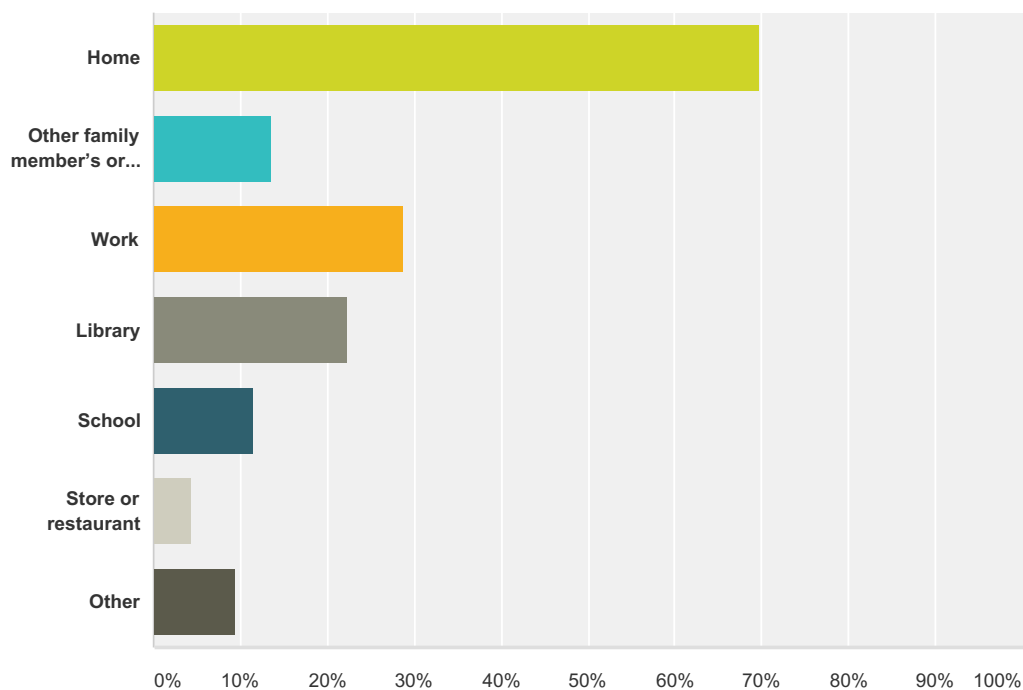
Answered: 139 Skipped: 18



Answer Choices	Responses	
Yes	76.98%	107
No	23.02%	32
Total		139

Q4 Where do you most often use a computer? Please check all that apply.

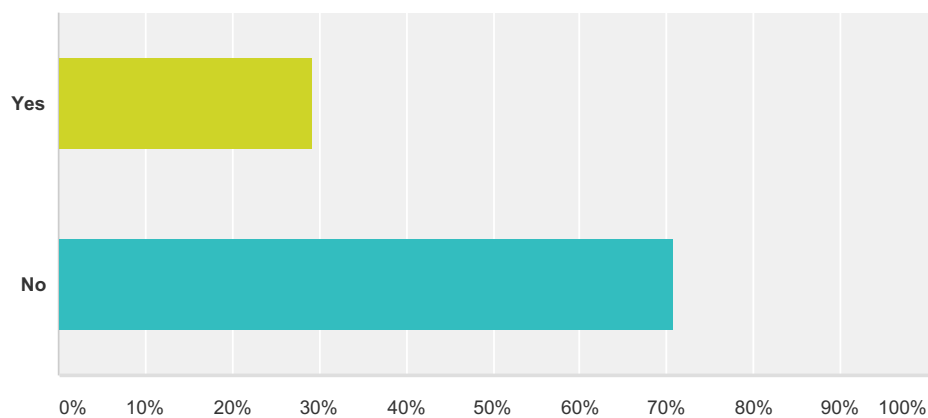
Answered: 139 Skipped: 18



Answer Choices	Responses	
Home	69.78%	97
Other family member's or friend's home	13.67%	19
Work	28.78%	40
Library	22.30%	31
School	11.51%	16
Store or restaurant	4.32%	6
Other	9.35%	13
Total Respondents: 139		

Q5 Do you have a landline telephone where you live?

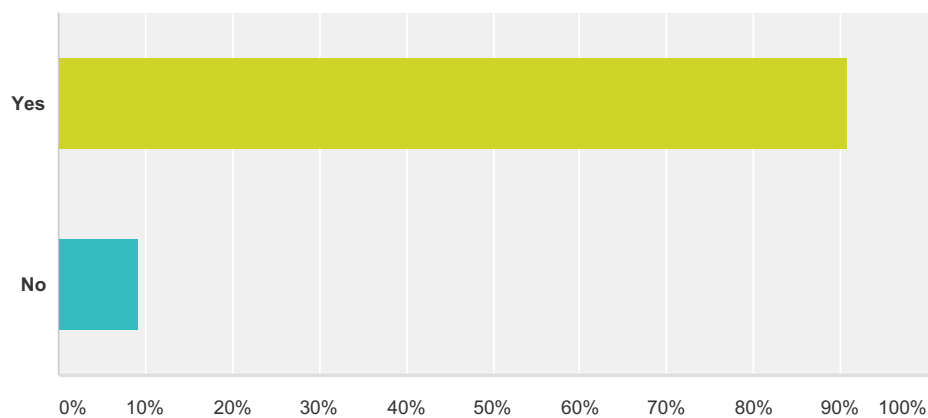
Answered: 154 Skipped: 3



Answer Choices	Responses	
Yes	29.22%	45
No	70.78%	109
Total		154

Q6 Do you have a mobile phone with active service?

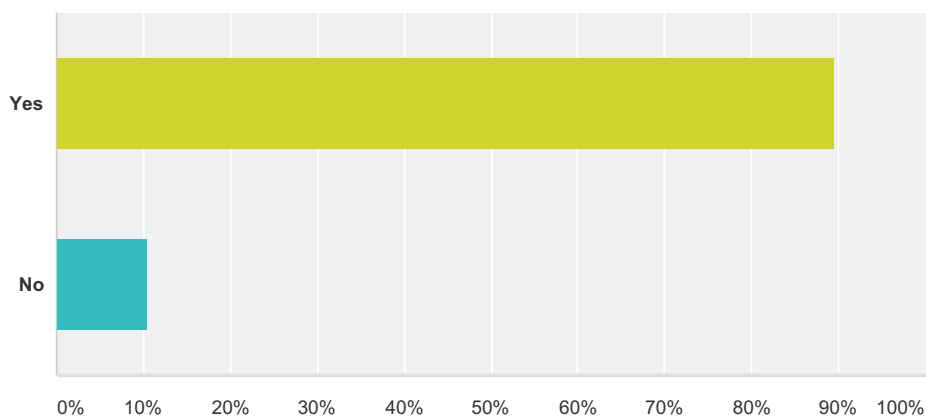
Answered: 152 Skipped: 5



Answer Choices	Responses	
Yes	90.79%	138
No	9.21%	14
Total		152

Q7 Do you send and get text messages from a mobile phone?

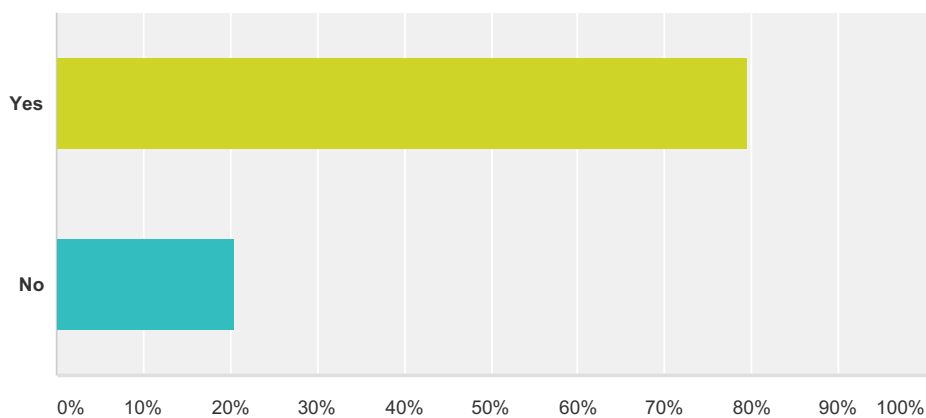
Answered: 153 Skipped: 4



Answer Choices	Responses	
Yes	89.54%	137
No	10.46%	16
Total		153

Q8 Do you have a Smart phone that can download and use applications (“apps”)?

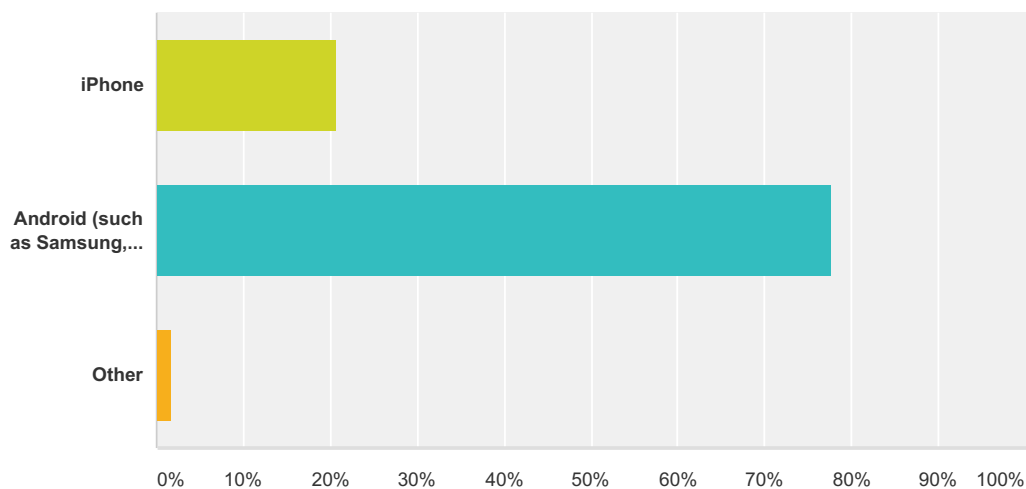
Answered: 152 Skipped: 5



Answer Choices	Responses	
Yes	79.61%	121
No	20.39%	31
Total		152

Q9 What type of Smart Phone do you use?

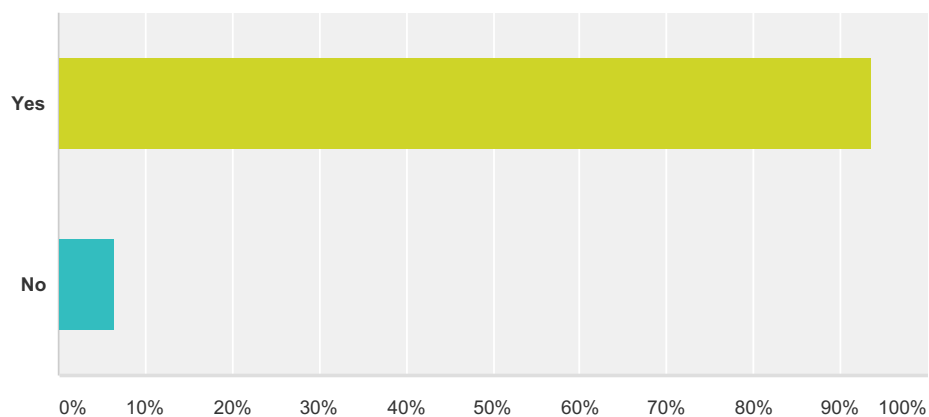
Answered: 121 Skipped: 36



Answer Choices	Responses	
iPhone	20.66%	25
Android (such as Samsung, HTC, LG, Google Nexus, Nokia)	77.69%	94
Other	1.65%	2
Total		121

Q10 Do you use the Internet?

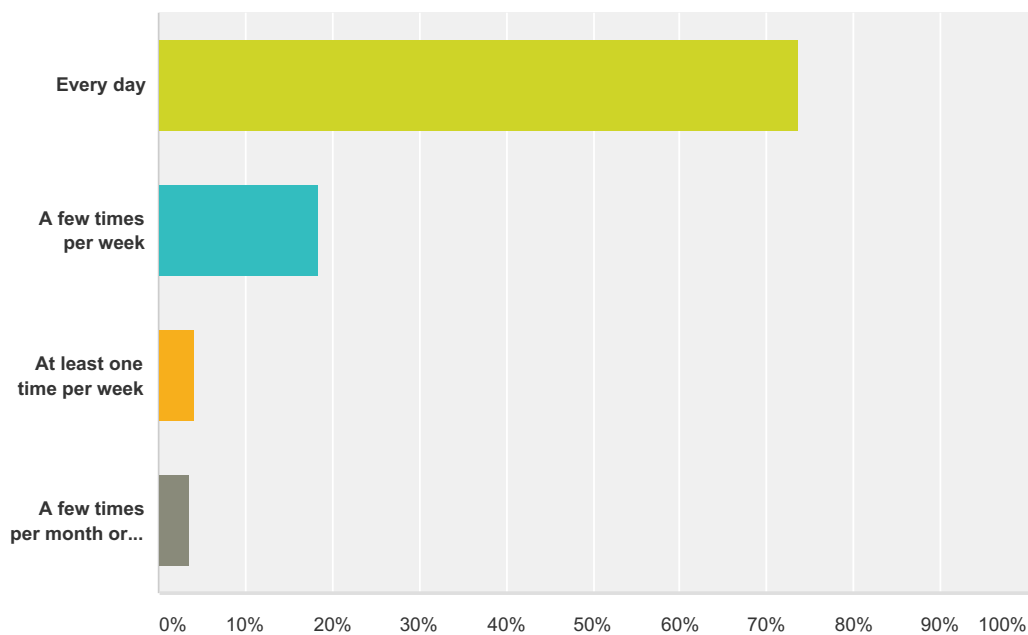
Answered: 153 Skipped: 4



Answer Choices	Responses	
Yes	93.46%	143
No	6.54%	10
Total		153

Q11 How often do you use the Internet?

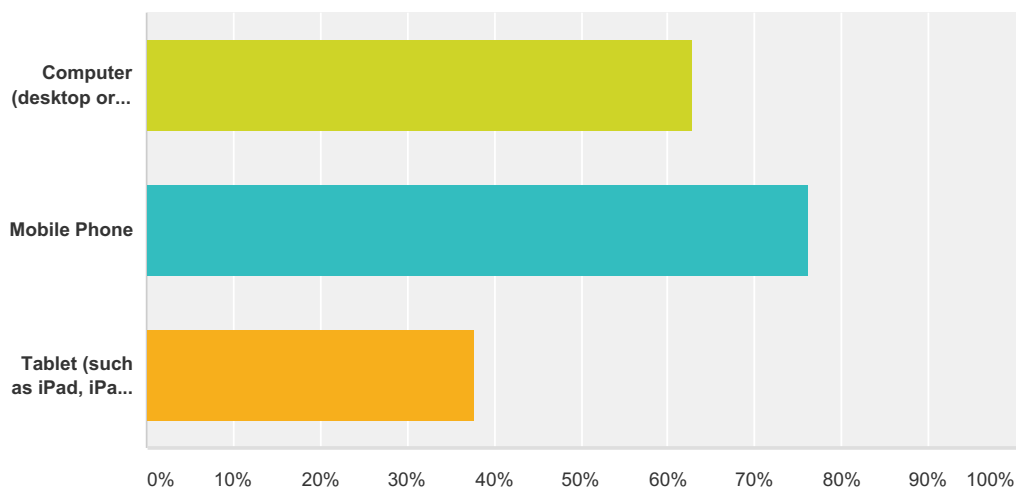
Answered: 141 Skipped: 16



Answer Choices	Responses	
Every day	73.76%	104
A few times per week	18.44%	26
At least one time per week	4.26%	6
A few times per month or less	3.55%	5
Total		141

Q12 What device do you use to access the Internet? Please check all that apply.

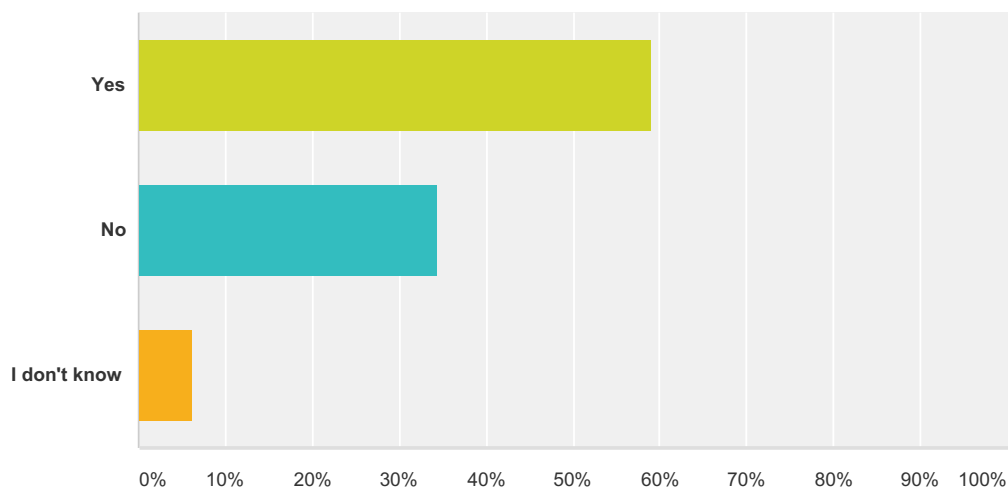
Answered: 143 Skipped: 14



Answer Choices	Responses	
Computer (desktop or laptop)	62.94%	90
Mobile Phone	76.22%	109
Tablet (such as iPad, iPad Mini, Kindle Fire, or Samsung Galaxy)	37.76%	54
Total Respondents: 143		

Q13 Do you use high-speed internet where you live?

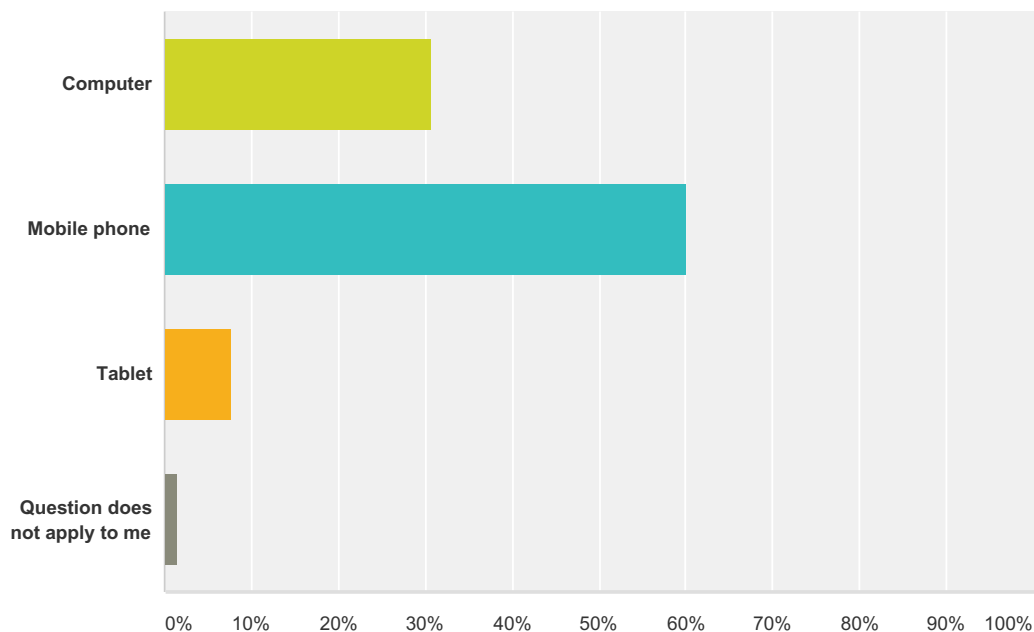
Answered: 142 Skipped: 15



Answer Choices	Responses	
Yes	59.15%	84
No	34.51%	49
I don't know	6.34%	9
Total		142

Q14 If you access the Internet with more than one device, which do you use the most often?

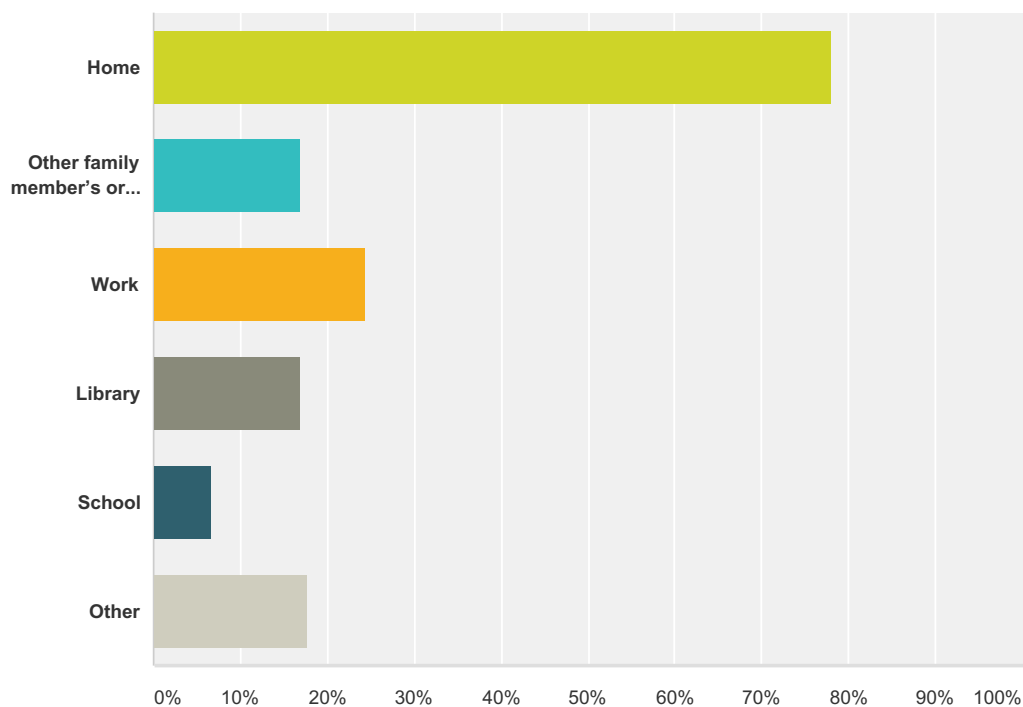
Answered: 143 Skipped: 14



Answer Choices	Responses	
Computer	30.77%	44
Mobile phone	60.14%	86
Tablet	7.69%	11
Question does not apply to me	1.40%	2
Total		143

Q15 Where do you most often use the Internet? Please check all that apply.

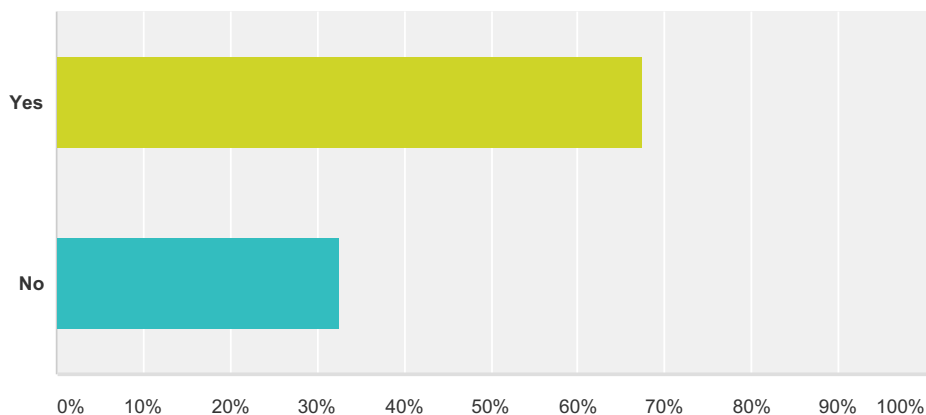
Answered: 119 Skipped: 38



Answer Choices	Responses	
Home	78.15%	93
Other family member's or friend's home	16.81%	20
Work	24.37%	29
Library	16.81%	20
School	6.72%	8
Other	17.65%	21
Total Respondents: 119		

Q16 Do you use the Internet currently to look up or read about nutrition or food information?

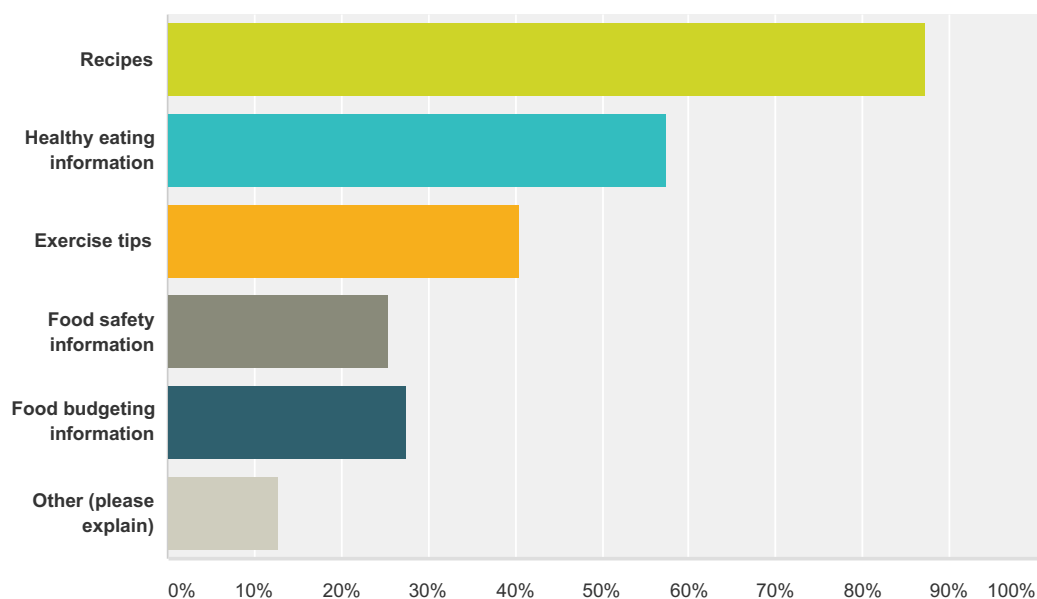
Answered: 144 Skipped: 13



Answer Choices	Responses	
Yes	67.36%	97
No	32.64%	47
Total		144

Q17 Please select what you have used the Internet to learn more about in the past month (select all that apply):

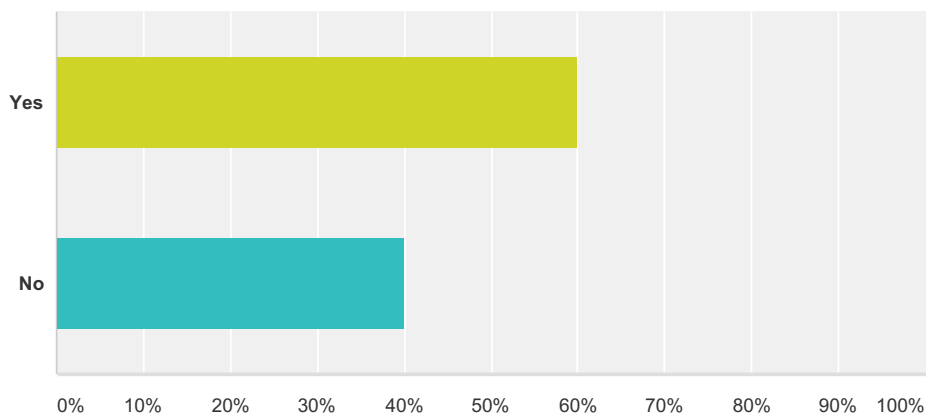
Answered: 94 Skipped: 63



Answer Choices	Responses
Recipes	87.23% 82
Healthy eating information	57.45% 54
Exercise tips	40.43% 38
Food safety information	25.53% 24
Food budgeting information	27.66% 26
Other (please explain)	12.77% 12
Total Respondents: 94	

Q18 Have you made changes to your eating or health habits as a result of the information you found on the internet?

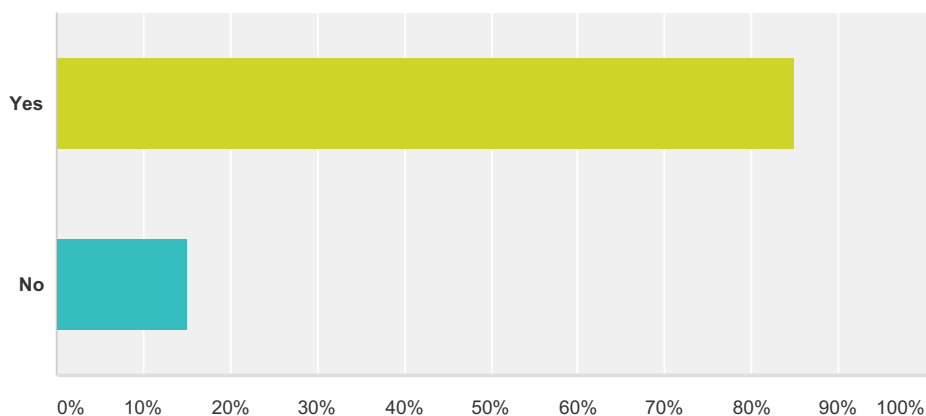
Answered: 137 Skipped: 20



Answer Choices	Responses	
Yes	59.85%	82
No	40.15%	55
Total		137

Q19 Do you use social media sites, such as Facebook, Twitter, Instagram, or Pinterest?

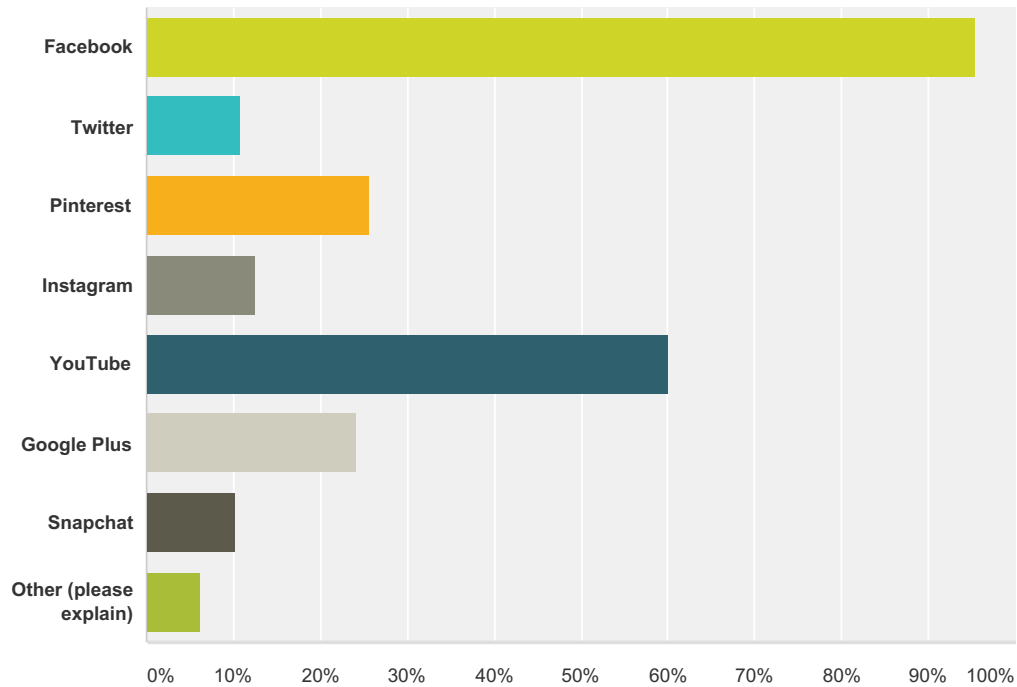
Answered: 153 Skipped: 4



Answer Choices	Responses	
Yes	84.97%	130
No	15.03%	23
Total		153

Q20 Select which social media sites that you use at least weekly (select all that apply):

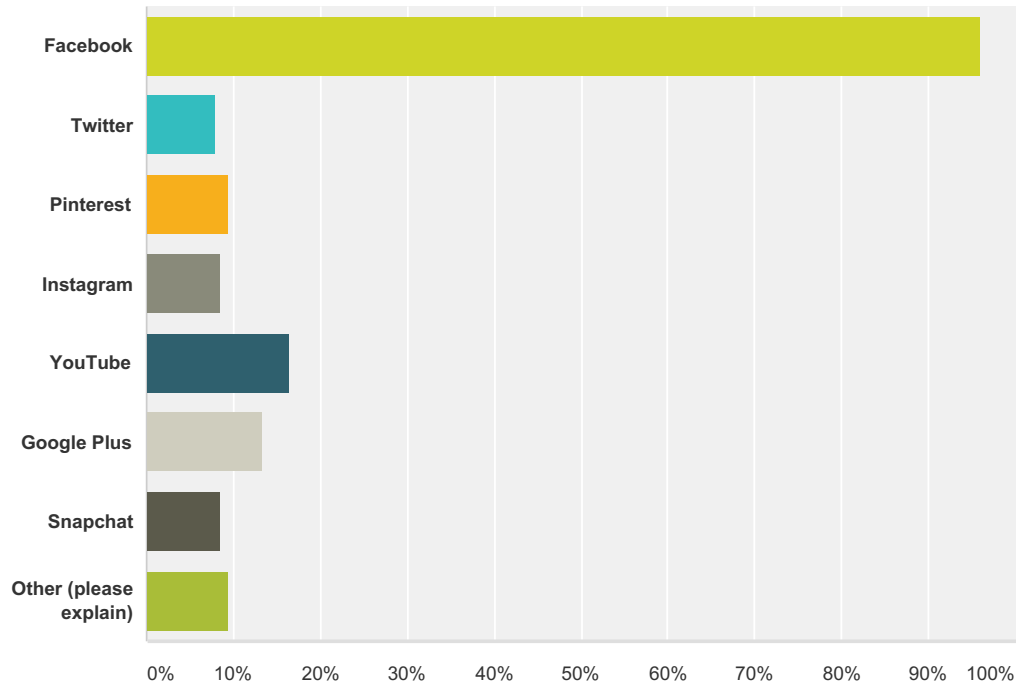
Answered: 128 Skipped: 29



Answer Choices	Responses	
Facebook	95.31%	122
Twitter	10.94%	14
Pinterest	25.78%	33
Instagram	12.50%	16
YouTube	60.16%	77
Google Plus	24.22%	31
Snapchat	10.16%	13
Other (please explain)	6.25%	8
Total Respondents: 128		

Q21 Select which social media sites that you use mostly for social interaction, such as staying in touch with family and friends (select all that apply):

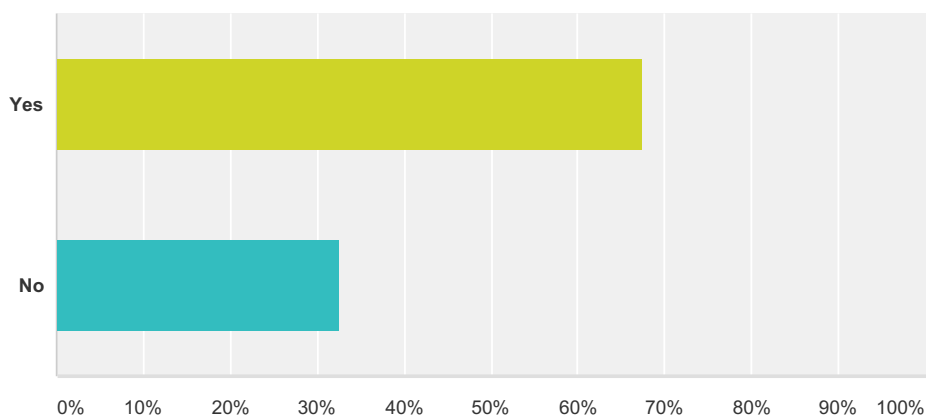
Answered: 127 Skipped: 30



Answer Choices	Responses
Facebook	96.06% 122
Twitter	7.87% 10
Pinterest	9.45% 12
Instagram	8.66% 11
YouTube	16.54% 21
Google Plus	13.39% 17
Snapchat	8.66% 11
Other (please explain)	9.45% 12
Total Respondents: 127	

Q22 Do you use any social media sites currently to look up or read about nutrition or food information, such as ideas for healthy eating, exercise, or recipes?

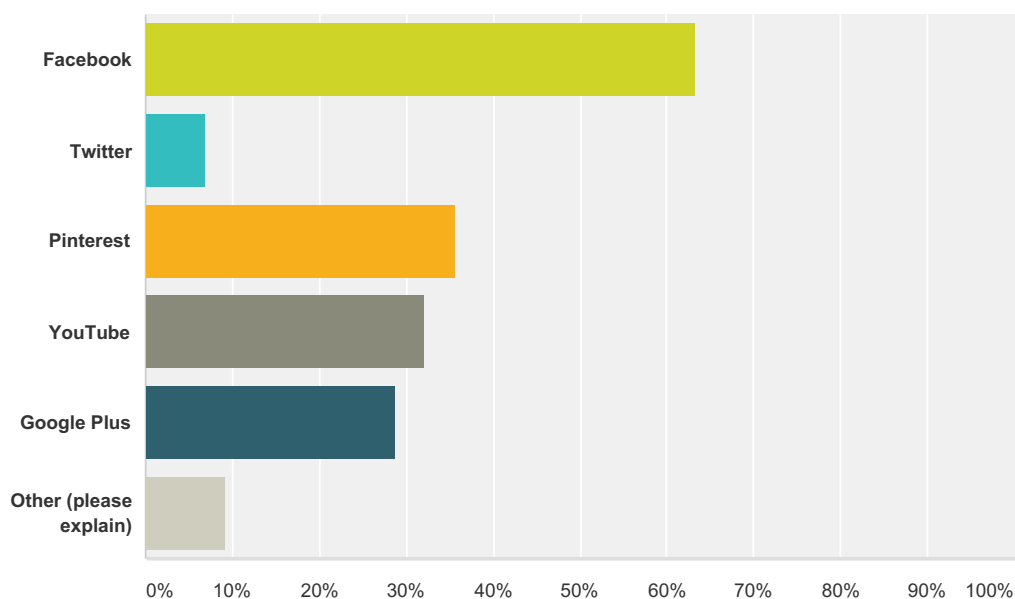
Answered: 129 Skipped: 28



Answer Choices	Responses	
Yes	67.44%	87
No	32.56%	42
Total		129

Q23 Select which social media sites you use to look up or read about nutrition or food information (select all that apply):

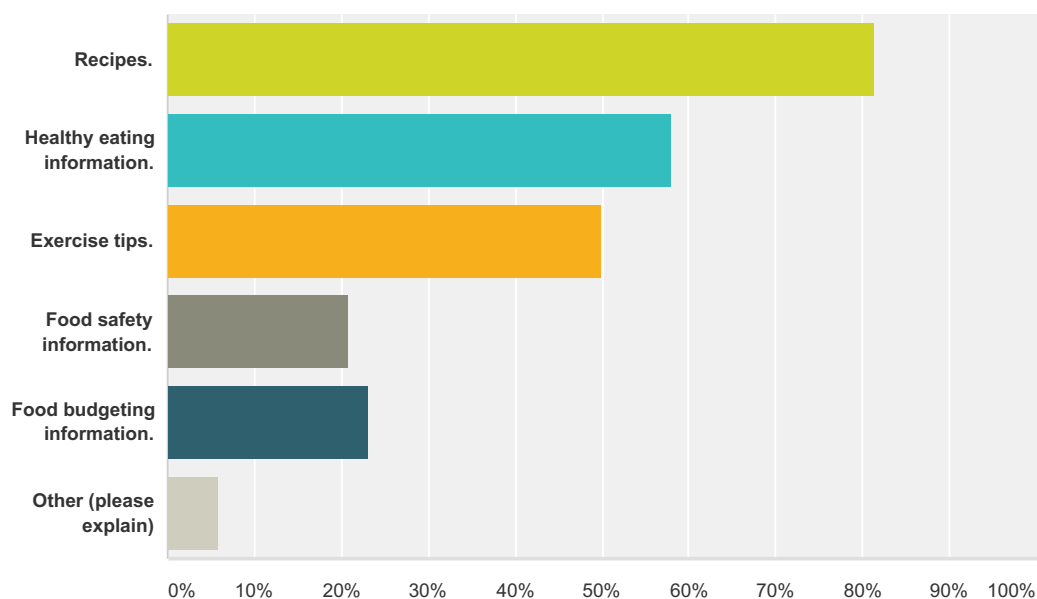
Answered: 87 Skipped: 70



Answer Choices	Responses	
Facebook	63.22%	55
Twitter	6.90%	6
Pinterest	35.63%	31
YouTube	32.18%	28
Google Plus	28.74%	25
Other (please explain)	9.20%	8
Total Respondents: 87		

Q24 Select what you have used social media to learn more about in the past month (select all that apply):

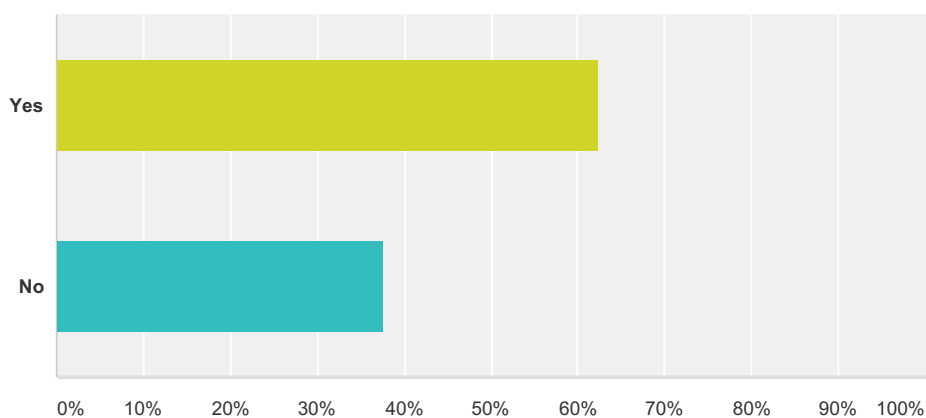
Answered: 86 Skipped: 71



Answer Choices	Responses	
Recipes.	81.40%	70
Healthy eating information.	58.14%	50
Exercise tips.	50.00%	43
Food safety information.	20.93%	18
Food budgeting information.	23.26%	20
Other (please explain)	5.81%	5
Total Respondents: 86		

Q25 Have you made changes to your eating or health habits as a result of the information you found on social media?

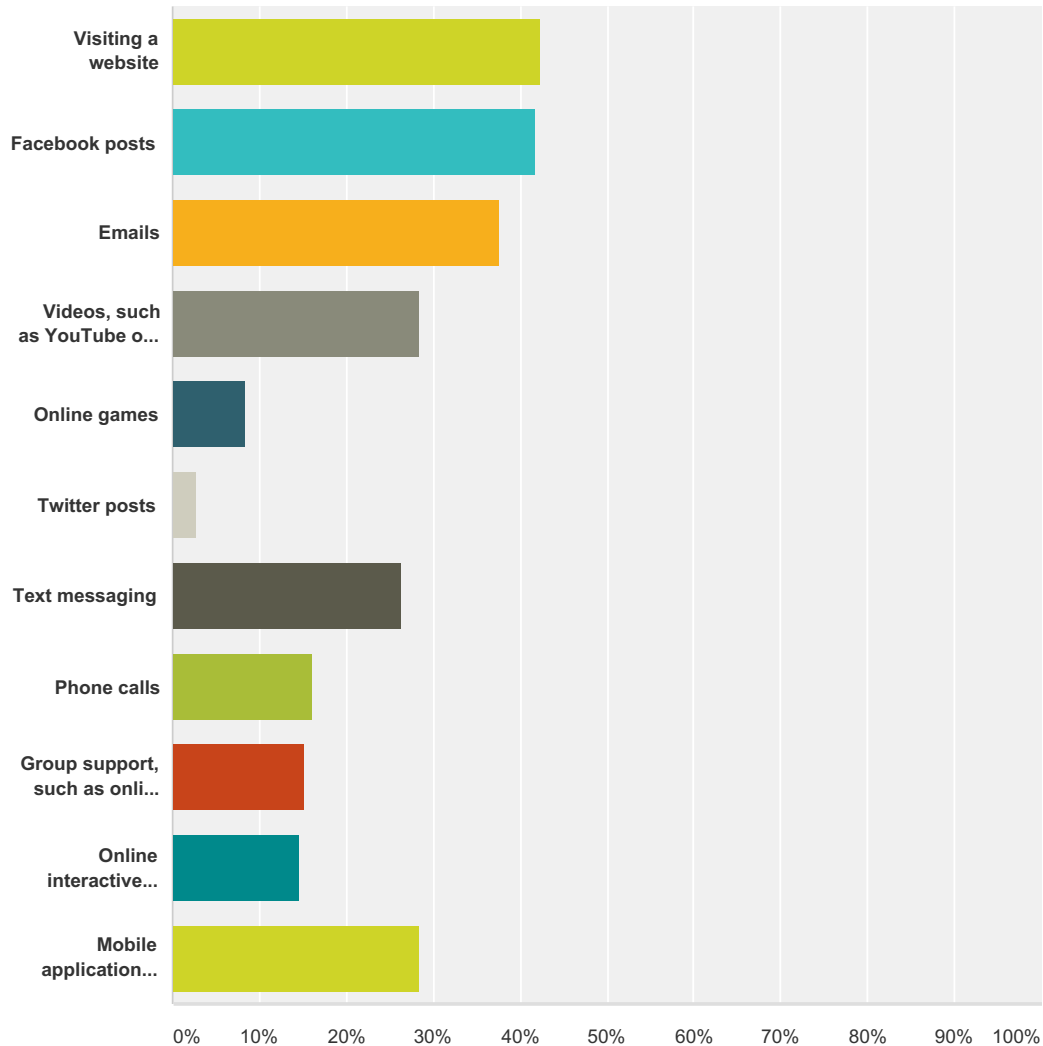
Answered: 128 Skipped: 29



Answer Choices	Responses	
Yes	62.50%	80
No	37.50%	48
Total		128

Q26 If you were to receive nutrition education in a method other than a classroom setting (using a form of technology), what format would you like to receive this in? Please select all that apply.

Answered: 144 Skipped: 13



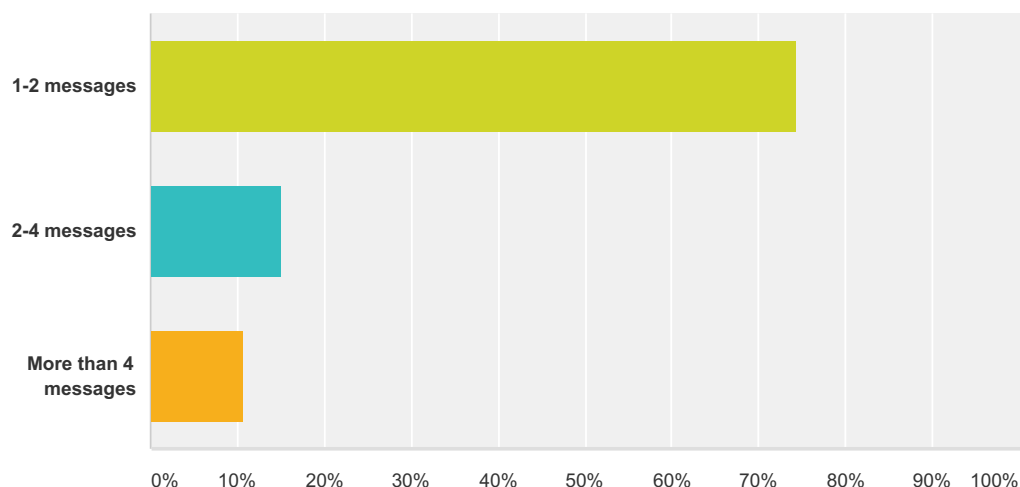
Answer Choices	Responses	
Visiting a website	42.36%	61
Facebook posts	41.67%	60
Emails	37.50%	54
Videos, such as YouTube or Vimeo	28.47%	41
Online games	8.33%	12
Twitter posts	2.78%	4

Expanded Food & Nutrition Education Program Technology Use Survey (Program Participants)

Text messaging	26.39%	38
Phone calls	15.97%	23
Group support, such as online group chats or message boards	15.28%	22
Online interactive group classes, such as lessons that include video chats	14.58%	21
Mobile application ("app") on phone	28.47%	41
Total Respondents: 144		

Q27 If you were to receive nutrition education via email, social media posts, or text messages, how many messages per week would you like to receive?

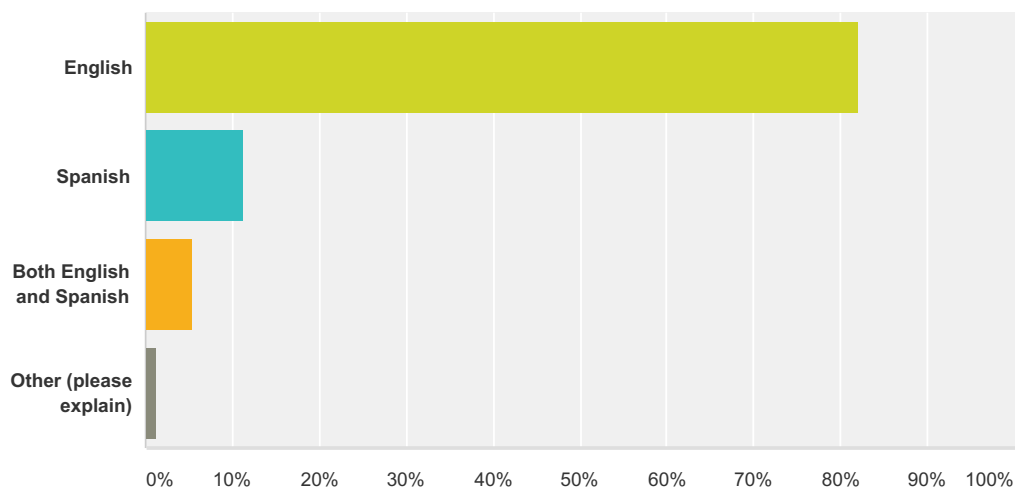
Answered: 140 Skipped: 17



Answer Choices	Responses	
1-2 messages	74.29%	104
2-4 messages	15.00%	21
More than 4 messages	10.71%	15
Total		140

Q28 What is your preferred language?

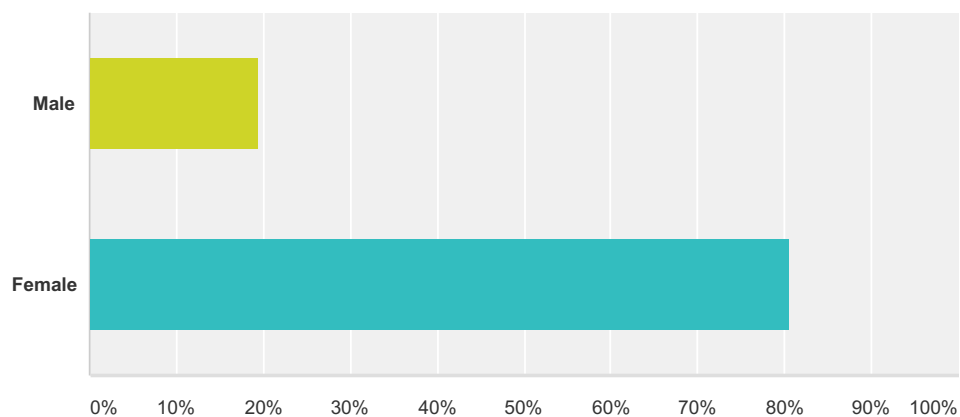
Answered: 150 Skipped: 7



Answer Choices	Responses	
English	82.00%	123
Spanish	11.33%	17
Both English and Spanish	5.33%	8
Other (please explain)	1.33%	2
Total		150

Q29 What is your gender?

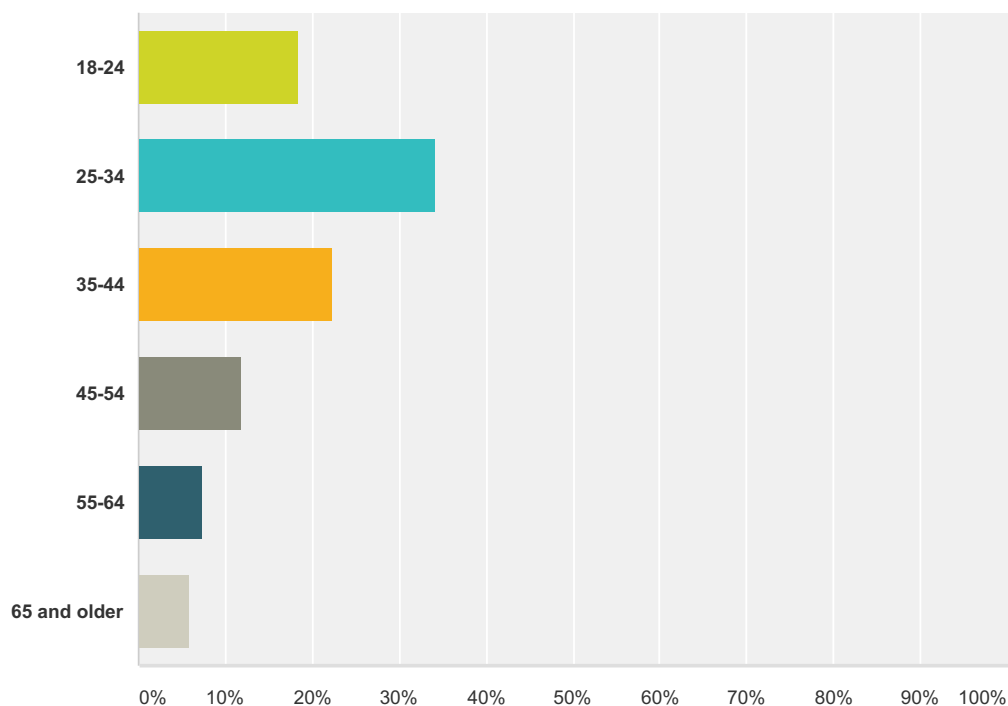
Answered: 150 Skipped: 7



Answer Choices	Responses	
Male	19.33%	29
Female	80.67%	121
Total		150

Q30 What is your age range?

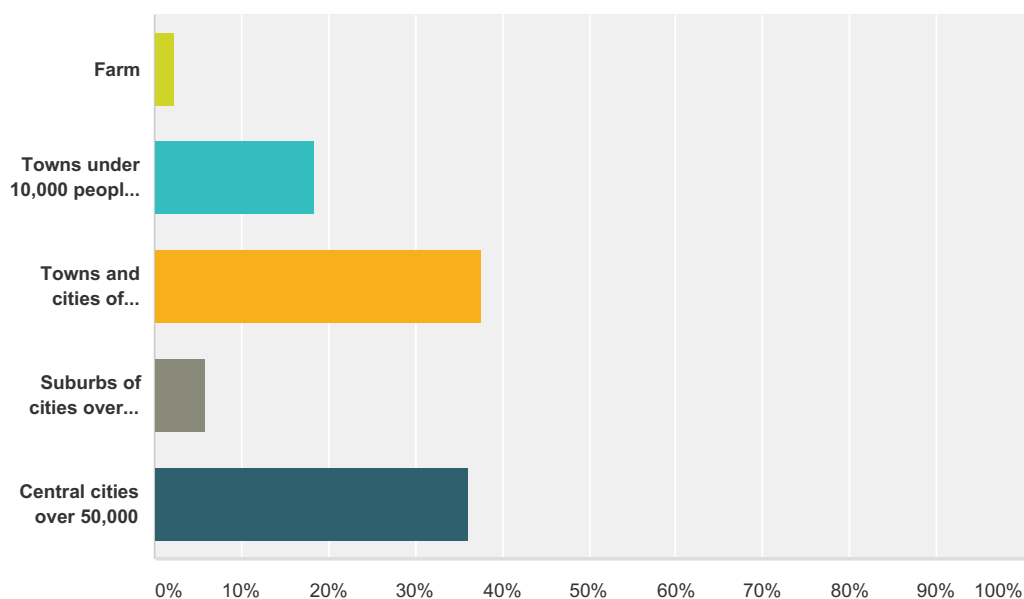
Answered: 152 Skipped: 5



Answer Choices	Responses
18-24	18.42% 28
25-34	34.21% 52
35-44	22.37% 34
45-54	11.84% 18
55-64	7.24% 11
65 and older	5.92% 9
Total	152

Q31 How would you describe the area that you live?

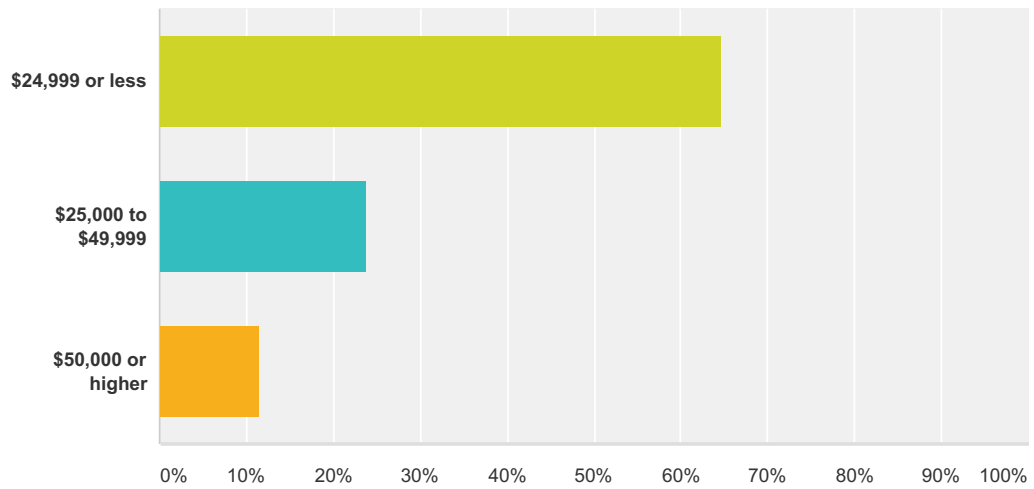
Answered: 136 Skipped: 21



Answer Choices	Responses	
Farm	2.21%	3
Towns under 10,000 people and rural non-farms	18.38%	25
Towns and cities of 10,000 to 50,000 people and their suburbs	37.50%	51
Suburbs of cities over 50,000 people	5.88%	8
Central cities over 50,000	36.03%	49
Total		136

Q32 What income range does your combined household receive per year?

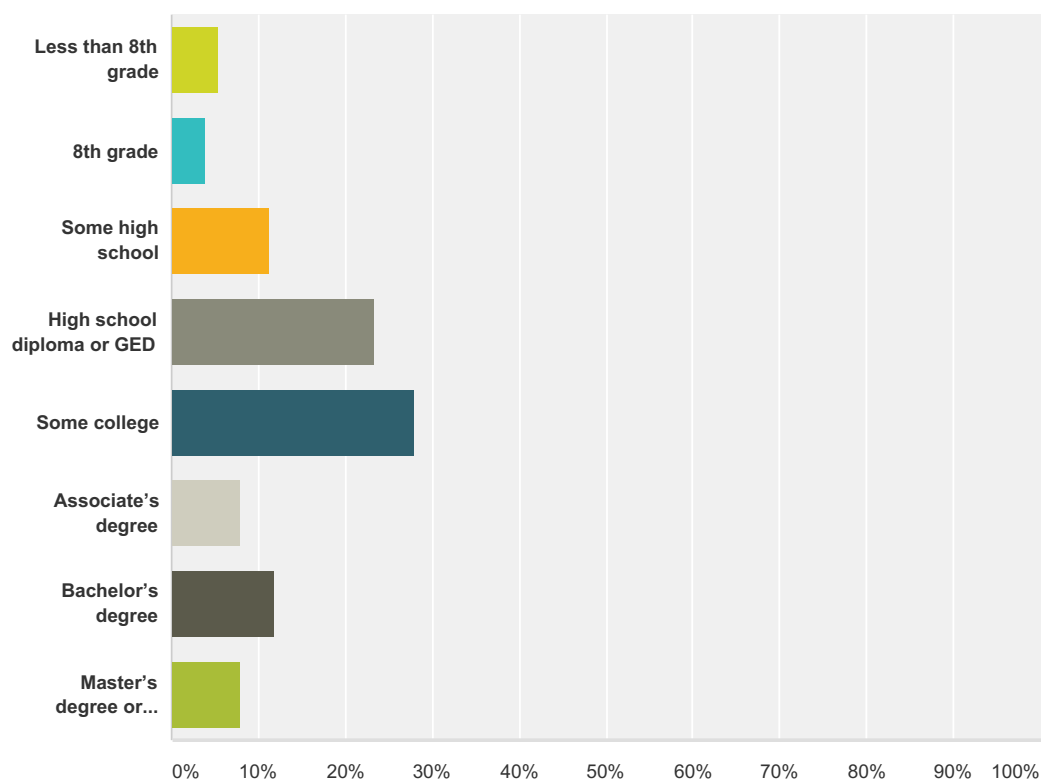
Answered: 139 Skipped: 18



Answer Choices	Responses	
\$24,999 or less	64.75%	90
\$25,000 to \$49,999	23.74%	33
\$50,000 or higher	11.51%	16
Total		139

Q33 What is your highest level of education?

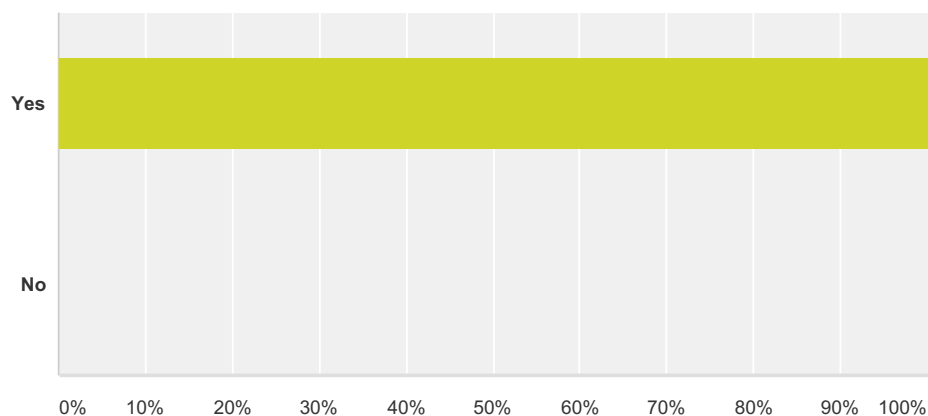
Answered: 150 Skipped: 7



Answer Choices	Responses	
Less than 8th grade	5.33%	8
8th grade	4.00%	6
Some high school	11.33%	17
High school diploma or GED	23.33%	35
Some college	28.00%	42
Associate's degree	8.00%	12
Bachelor's degree	12.00%	18
Master's degree or higher	8.00%	12
Total		150

Q1 Do you want to continue taking the survey?

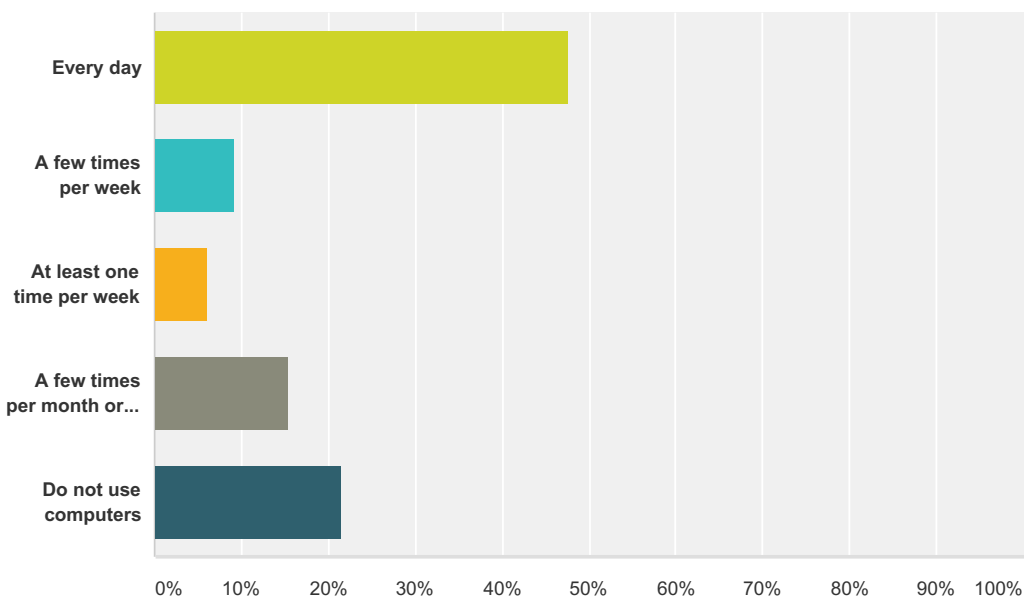
Answered: 66 Skipped: 0



Answer Choices	Responses	
Yes	100.00%	66
No	0.00%	0
Total		66

Q2 How Often Do You Use a Computer (Desktop or Laptop)?

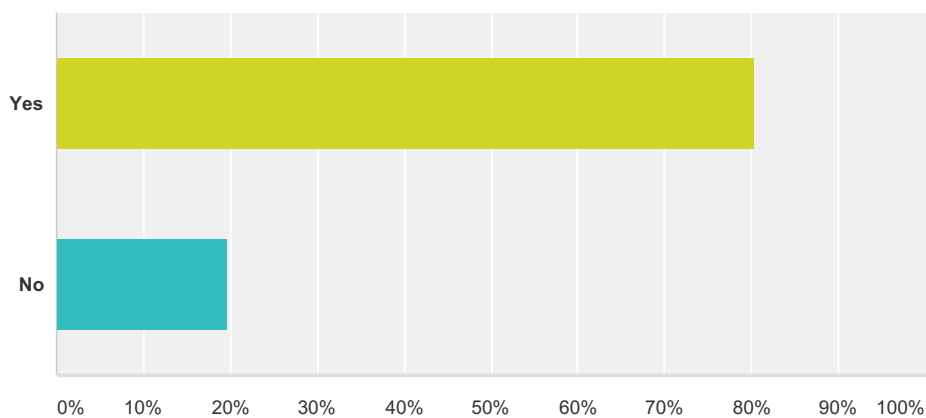
Answered: 65 Skipped: 1



Answer Choices	Responses	
Every day	47.69%	31
A few times per week	9.23%	6
At least one time per week	6.15%	4
A few times per month or less	15.38%	10
Do not use computers	21.54%	14
Total		65

Q3 Do you have a computer that you use where you currently live?

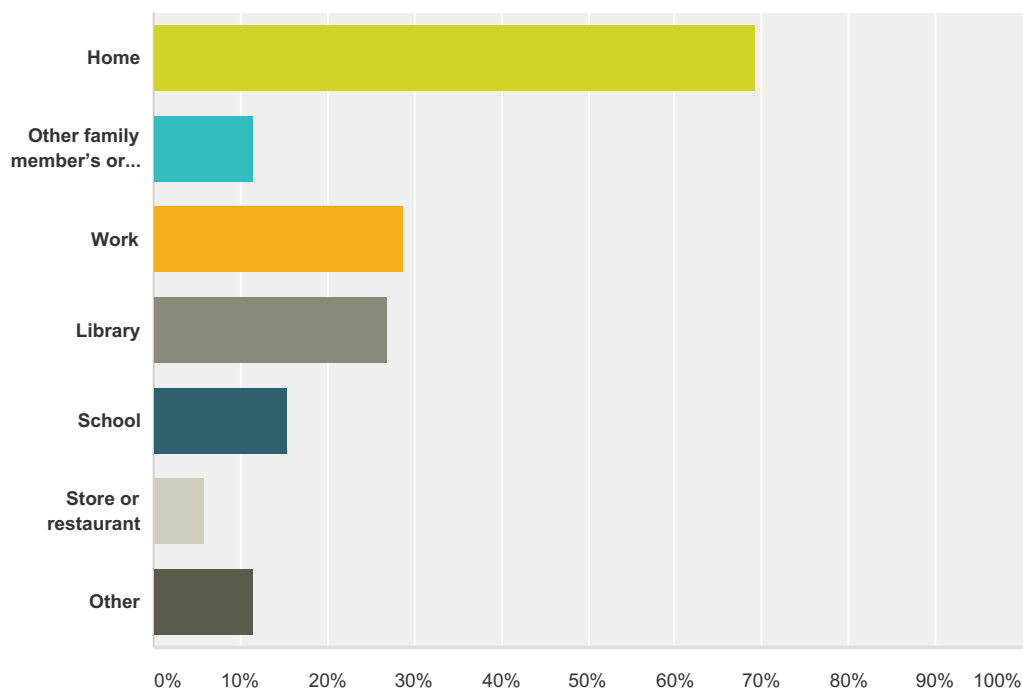
Answered: 51 Skipped: 15



Answer Choices	Responses	
Yes	80.39%	41
No	19.61%	10
Total		51

Q4 Where do you most often use a computer? Please check all that apply.

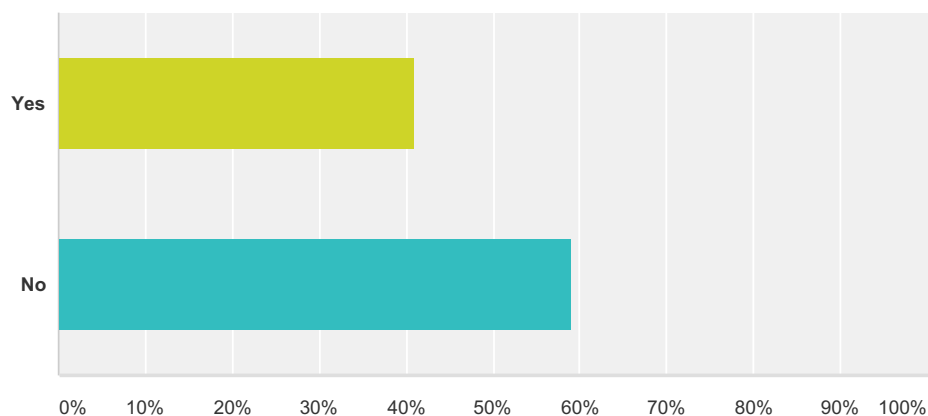
Answered: 52 Skipped: 14



Answer Choices	Responses	
Home	69.23%	36
Other family member's or friend's home	11.54%	6
Work	28.85%	15
Library	26.92%	14
School	15.38%	8
Store or restaurant	5.77%	3
Other	11.54%	6
Total Respondents: 52		

Q5 Do you have a landline telephone where you live?

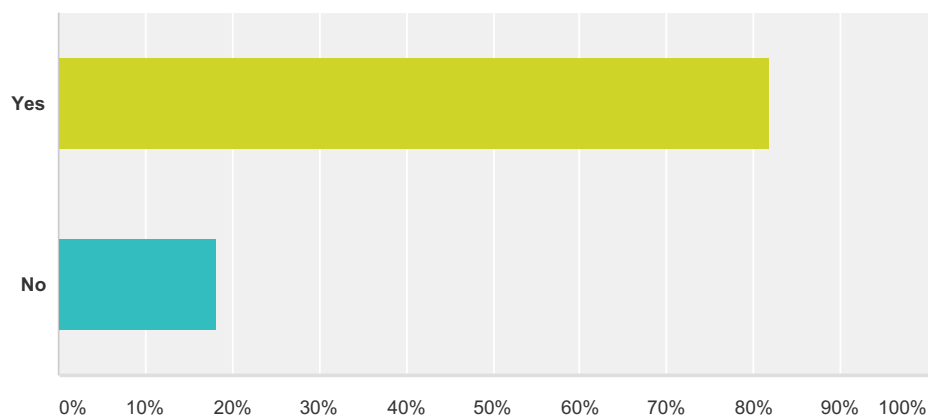
Answered: 66 Skipped: 0



Answer Choices	Responses	
Yes	40.91%	27
No	59.09%	39
Total		66

Q6 Do you have a mobile phone with active service?

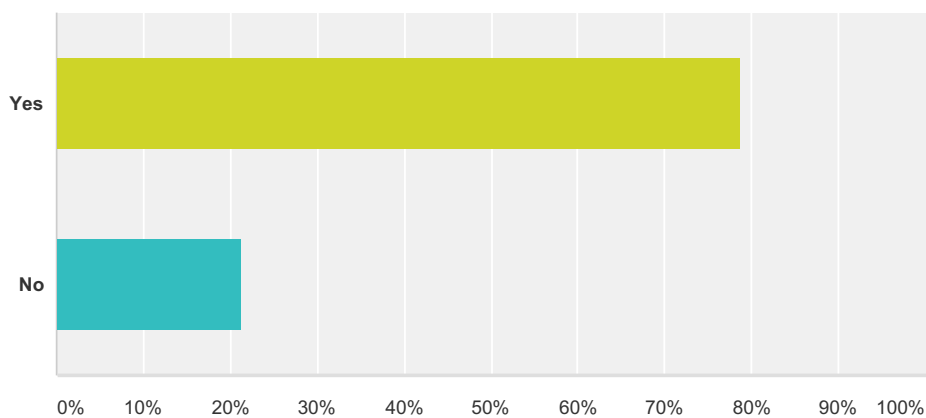
Answered: 66 Skipped: 0



Answer Choices	Responses	
Yes	81.82%	54
No	18.18%	12
Total		66

Q7 Do you send and get text messages from a mobile phone?

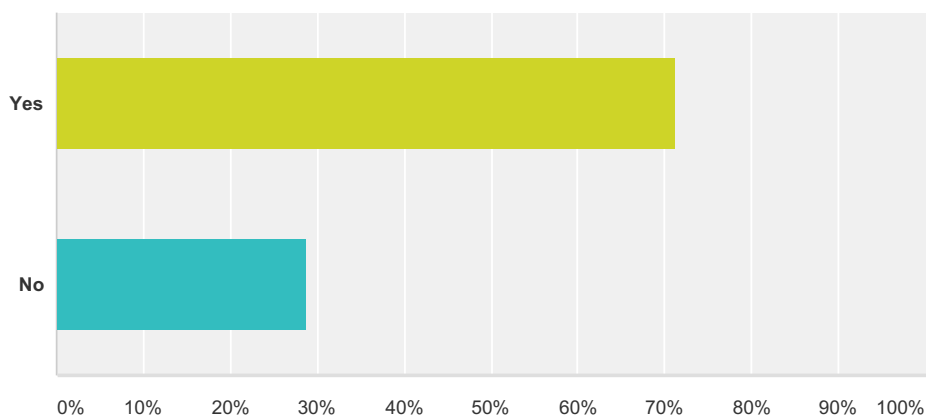
Answered: 66 Skipped: 0



Answer Choices	Responses	
Yes	78.79%	52
No	21.21%	14
Total		66

Q8 Do you have a Smart phone that can download and use applications (“apps”)?

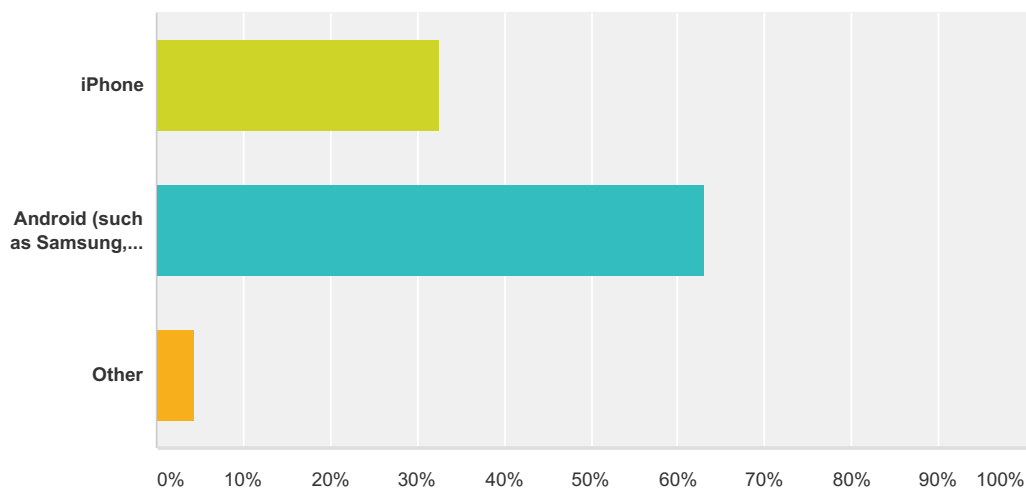
Answered: 66 Skipped: 0



Answer Choices	Responses	
Yes	71.21%	47
No	28.79%	19
Total		66

Q9 What type of Smart Phone do you use?

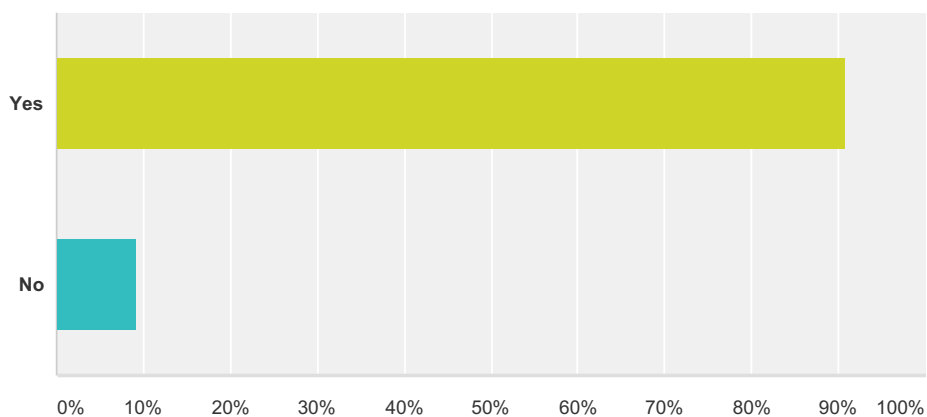
Answered: 46 Skipped: 20



Answer Choices	Responses	
iPhone	32.61%	15
Android (such as Samsung, HTC, LG, Google Nexus, Nokia)	63.04%	29
Other	4.35%	2
Total		46

Q10 Do you use the Internet?

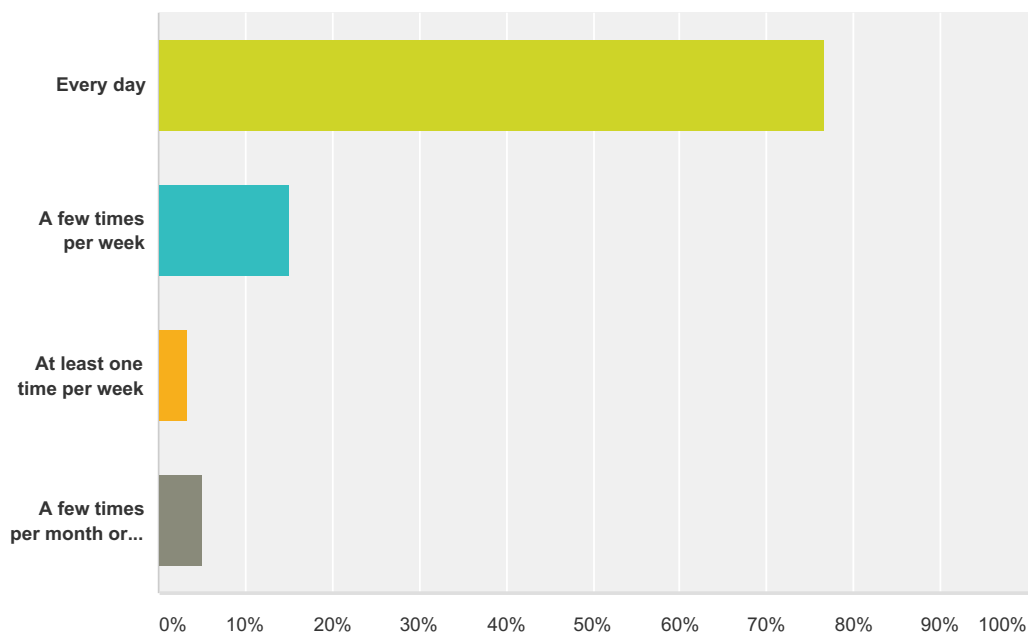
Answered: 66 Skipped: 0



Answer Choices	Responses	
Yes	90.91%	60
No	9.09%	6
Total		66

Q11 How often do you use the Internet?

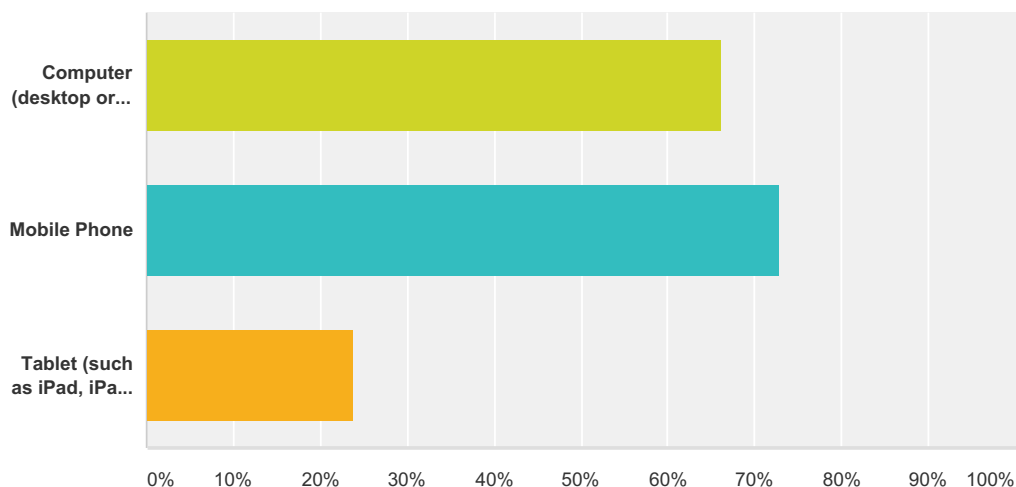
Answered: 60 Skipped: 6



Answer Choices	Responses	
Every day	76.67%	46
A few times per week	15.00%	9
At least one time per week	3.33%	2
A few times per month or less	5.00%	3
Total		60

Q12 What device do you use to access the Internet? Please check all that apply.

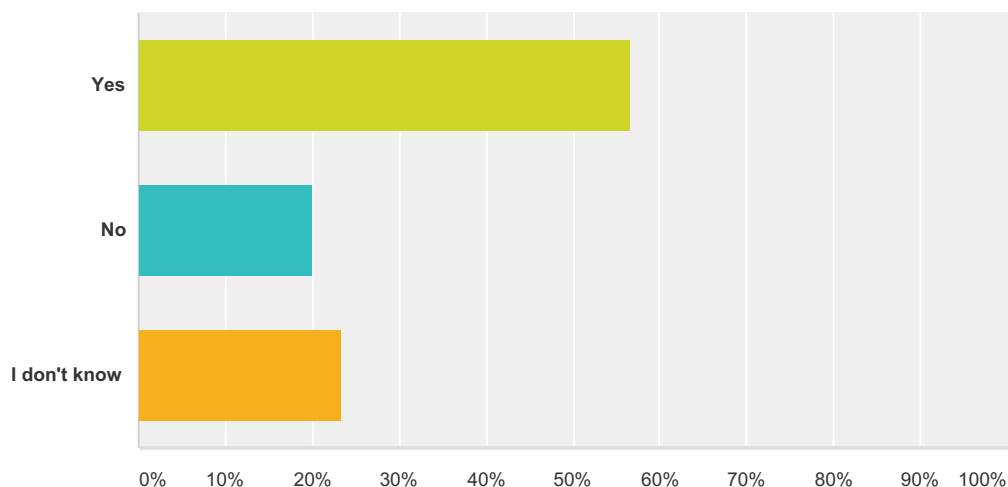
Answered: 59 Skipped: 7



Answer Choices	Responses	
Computer (desktop or laptop)	66.10%	39
Mobile Phone	72.88%	43
Tablet (such as iPad, iPad Mini, Kindle Fire, or Samsung Galaxy)	23.73%	14
Total Respondents: 59		

Q13 Do you use high-speed internet where you live?

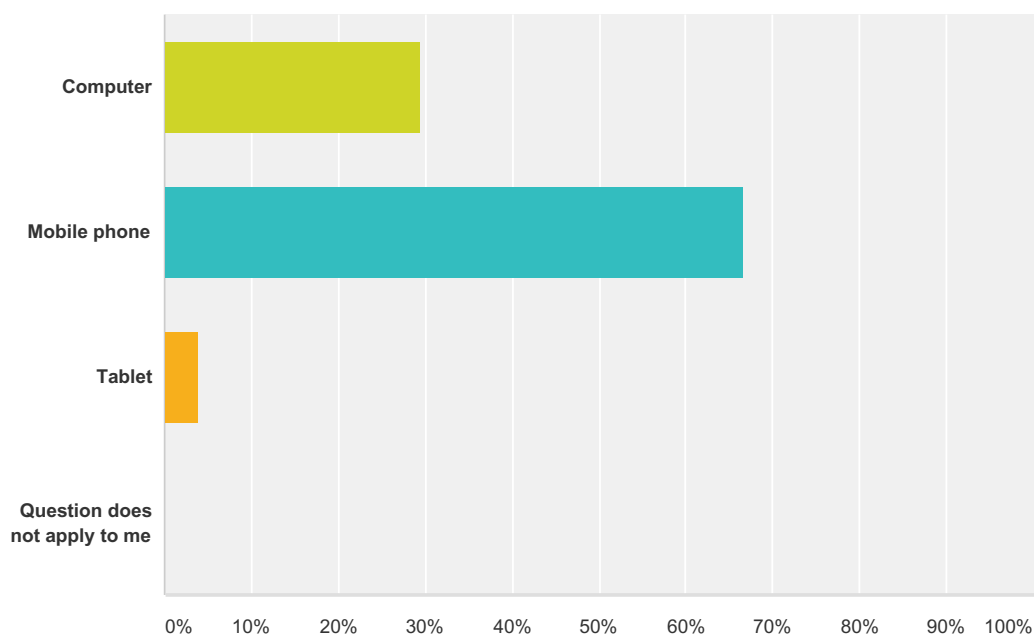
Answered: 60 Skipped: 6



Answer Choices	Responses	
Yes	56.67%	34
No	20.00%	12
I don't know	23.33%	14
Total		60

Q14 If you access the Internet with more than one device, which do you use the most often?

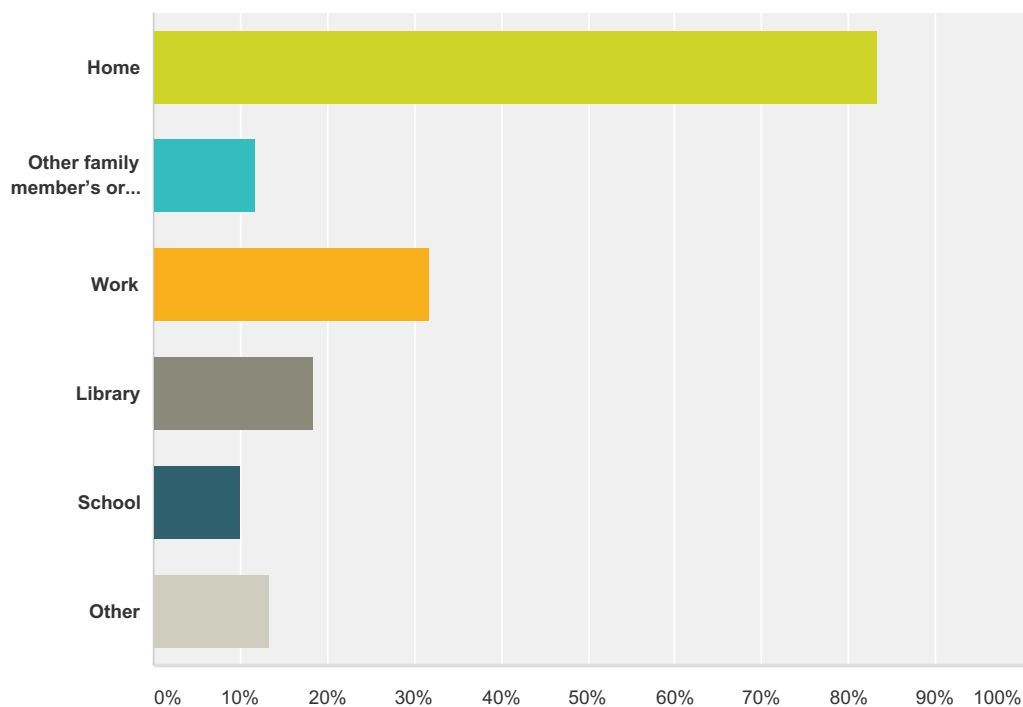
Answered: 51 Skipped: 15



Answer Choices	Responses	
Computer	29.41%	15
Mobile phone	66.67%	34
Tablet	3.92%	2
Question does not apply to me	0.00%	0
Total		51

Q15 Where do you most often use the Internet? Please check all that apply.

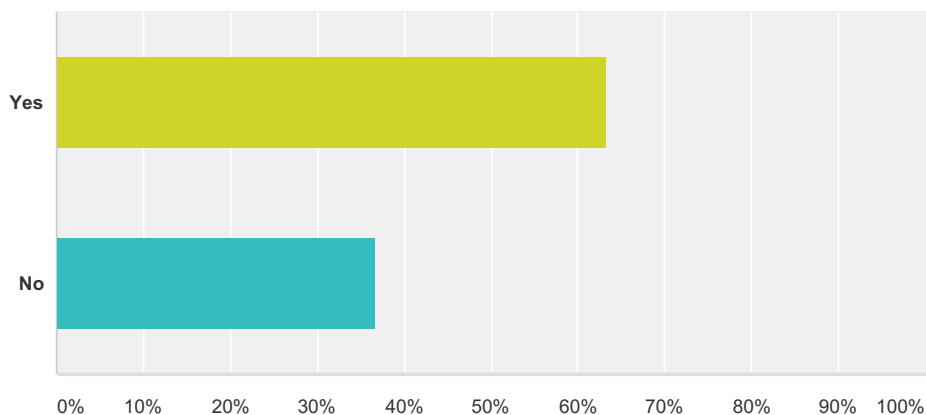
Answered: 60 Skipped: 6



Answer Choices	Responses	
Home	83.33%	50
Other family member's or friend's home	11.67%	7
Work	31.67%	19
Library	18.33%	11
School	10.00%	6
Other	13.33%	8
Total Respondents: 60		

Q16 Do you use the Internet currently to look up or read about nutrition or food information?

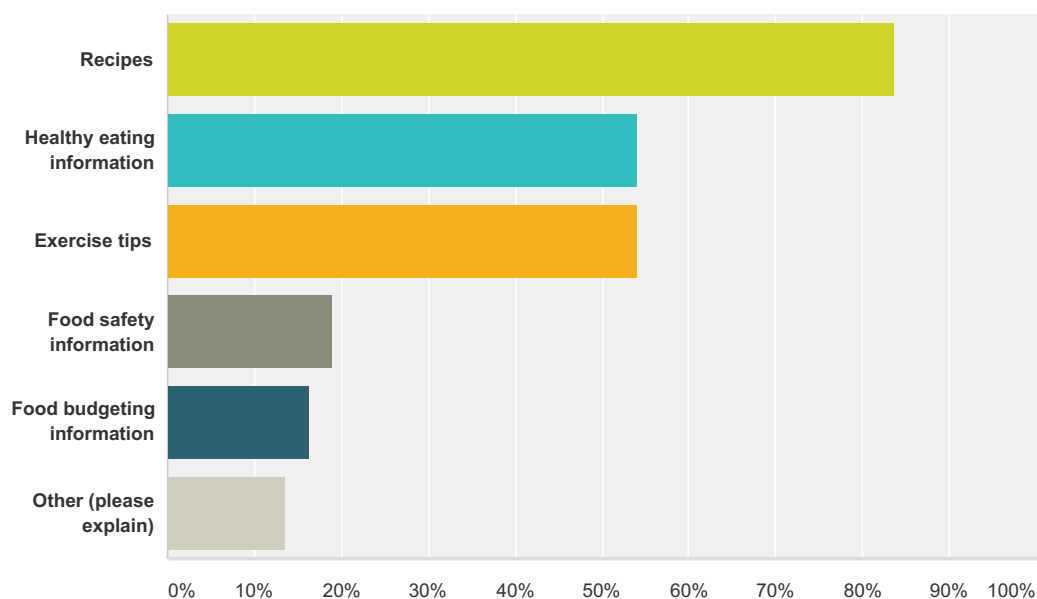
Answered: 60 Skipped: 6



Answer Choices	Responses	
Yes	63.33%	38
No	36.67%	22
Total		60

Q17 Please select what you have used the Internet to learn more about in the past month (select all that apply):

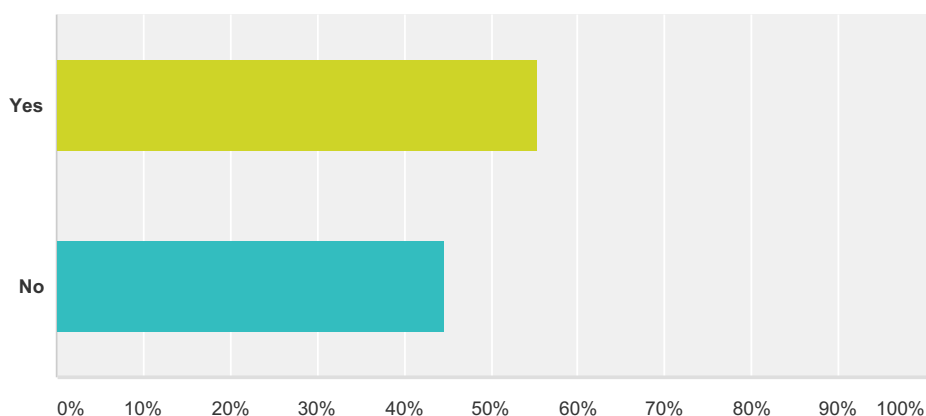
Answered: 37 Skipped: 29



Answer Choices	Responses	
Recipes	83.78%	31
Healthy eating information	54.05%	20
Exercise tips	54.05%	20
Food safety information	18.92%	7
Food budgeting information	16.22%	6
Other (please explain)	13.51%	5
Total Respondents: 37		

Q18 Have you made changes to your eating or health habits as a result of the information you found on the internet?

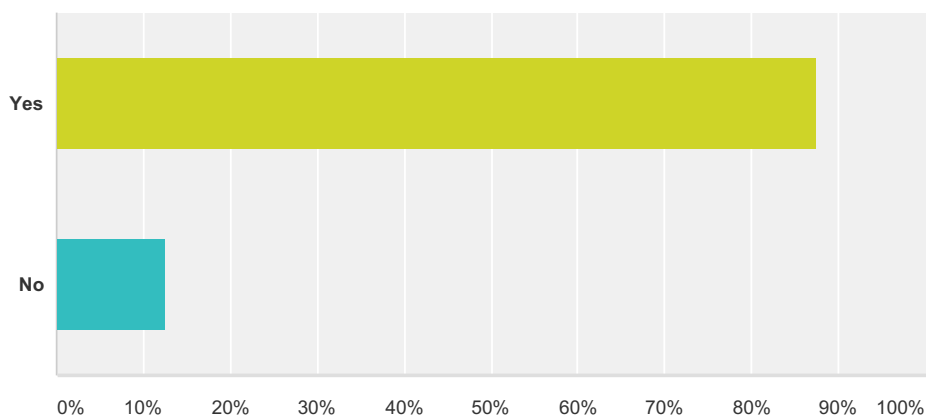
Answered: 56 Skipped: 10



Answer Choices	Responses	
Yes	55.36%	31
No	44.64%	25
Total		56

Q19 Do you use social media sites, such as Facebook, Twitter, Instagram, or Pinterest?

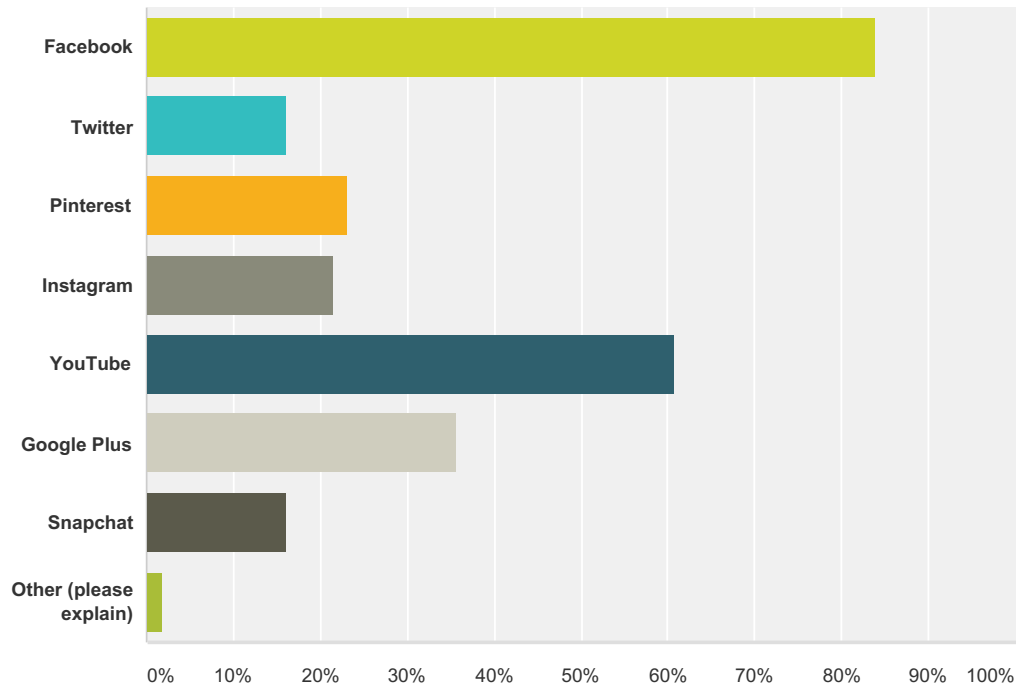
Answered: 64 Skipped: 2



Answer Choices	Responses	
Yes	87.50%	56
No	12.50%	8
Total		64

Q20 Select which social media sites that you use at least weekly (select all that apply):

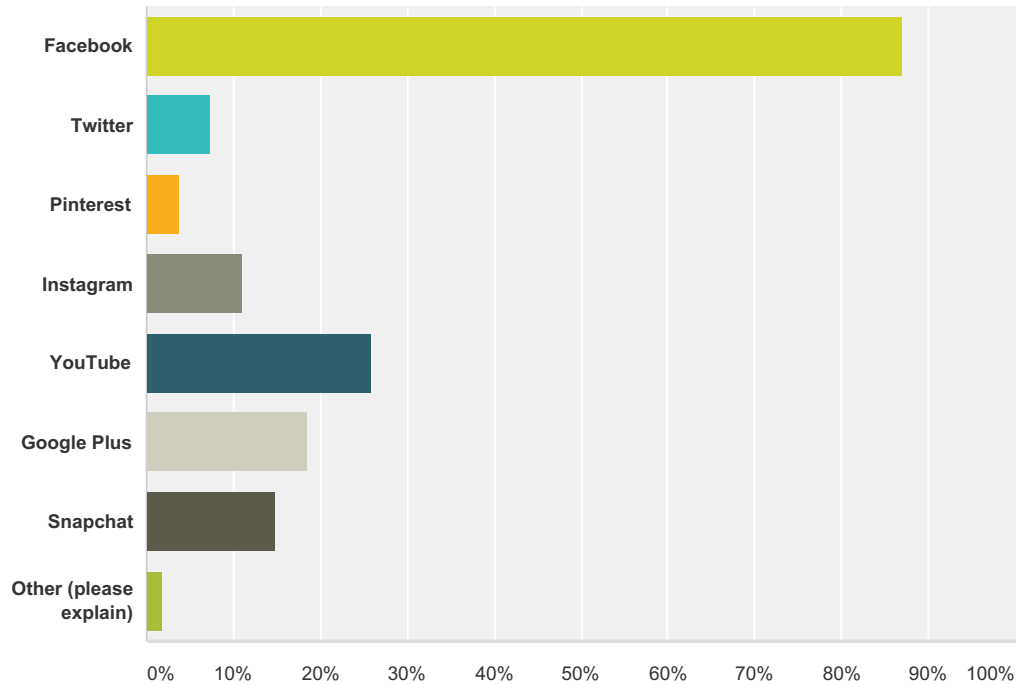
Answered: 56 Skipped: 10



Answer Choices	Responses	
Facebook	83.93%	47
Twitter	16.07%	9
Pinterest	23.21%	13
Instagram	21.43%	12
YouTube	60.71%	34
Google Plus	35.71%	20
Snapchat	16.07%	9
Other (please explain)	1.79%	1
Total Respondents: 56		

Q21 Select which social media sites that you use mostly for social interaction, such as staying in touch with family and friends (select all that apply):

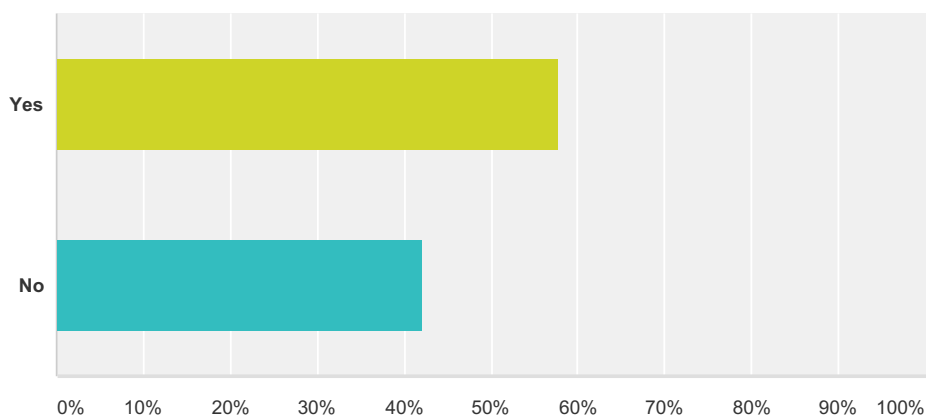
Answered: 54 Skipped: 12



Answer Choices	Responses
Facebook	87.04% 47
Twitter	7.41% 4
Pinterest	3.70% 2
Instagram	11.11% 6
YouTube	25.93% 14
Google Plus	18.52% 10
Snapchat	14.81% 8
Other (please explain)	1.85% 1
Total Respondents: 54	

Q22 Do you use any social media sites currently to look up or read about nutrition or food information, such as ideas for healthy eating, exercise, or recipes?

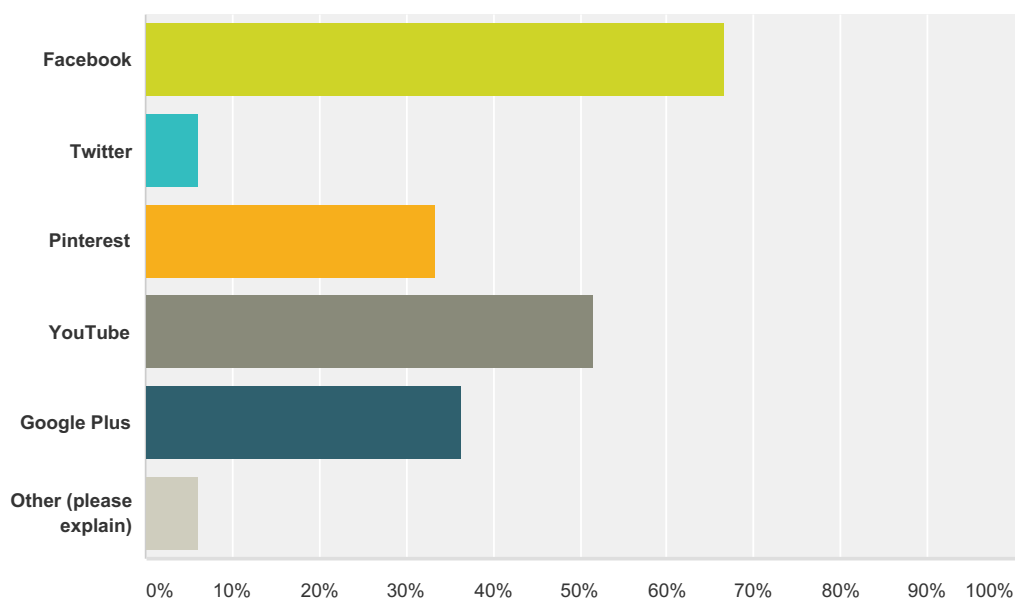
Answered: 57 Skipped: 9



Answer Choices	Responses	
Yes	57.89%	33
No	42.11%	24
Total		57

Q23 Select which social media sites you use to look up or read about nutrition or food information (select all that apply):

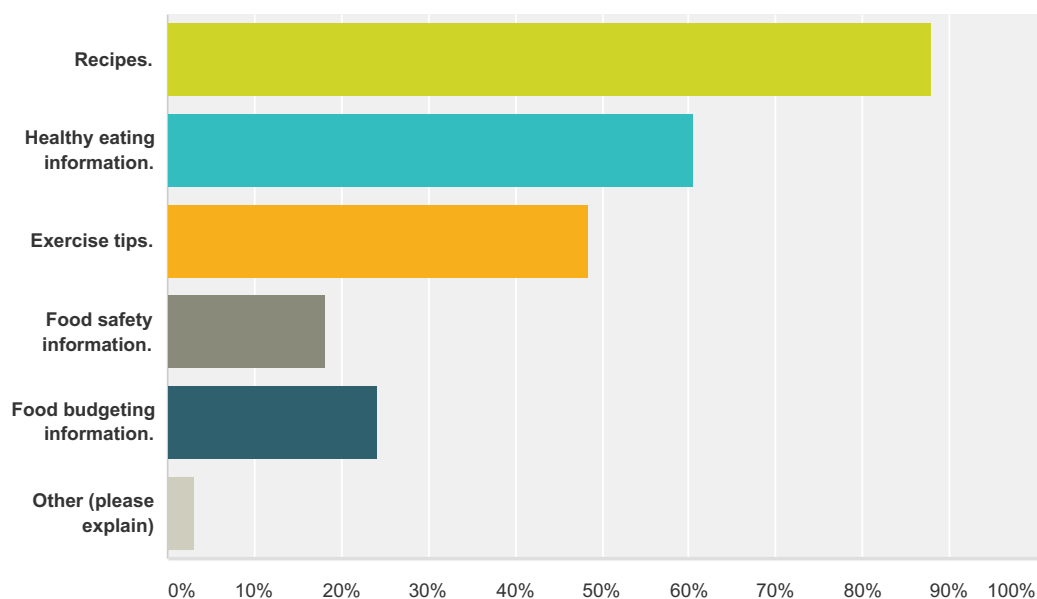
Answered: 33 Skipped: 33



Answer Choices	Responses	
Facebook	66.67%	22
Twitter	6.06%	2
Pinterest	33.33%	11
YouTube	51.52%	17
Google Plus	36.36%	12
Other (please explain)	6.06%	2
Total Respondents: 33		

Q24 Select what you have used social media to learn more about in the past month (select all that apply):

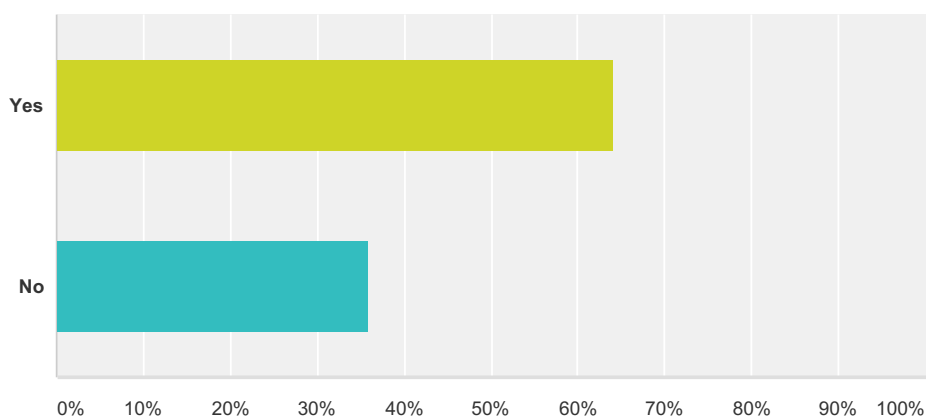
Answered: 33 Skipped: 33



Answer Choices	Responses	
Recipes.	87.88%	29
Healthy eating information.	60.61%	20
Exercise tips.	48.48%	16
Food safety information.	18.18%	6
Food budgeting information.	24.24%	8
Other (please explain)	3.03%	1
Total Respondents: 33		

Q25 Have you made changes to your eating or health habits as a result of the information you found on social media?

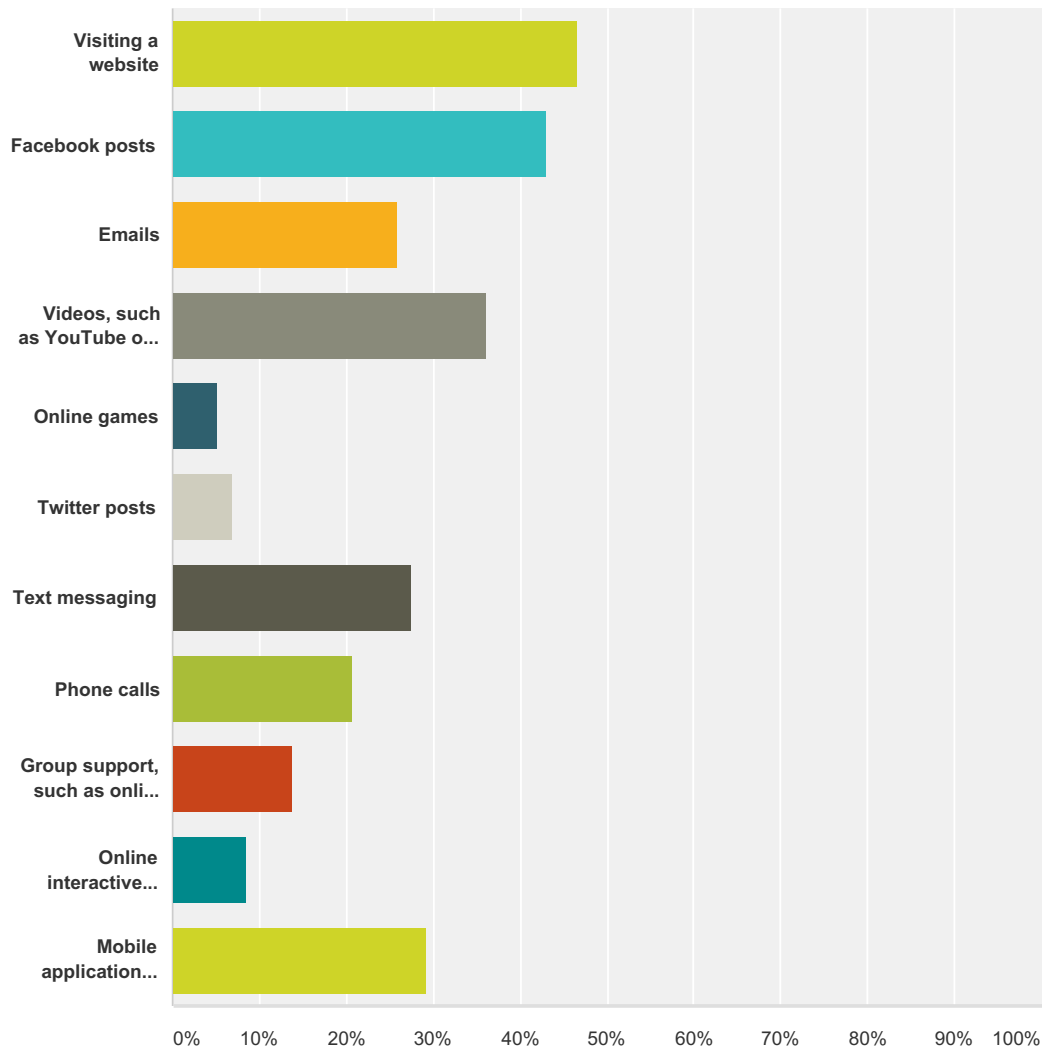
Answered: 50 Skipped: 16



Answer Choices	Responses	
Yes	64.00%	32
No	36.00%	18
Total		50

Q26 If you were to receive nutrition education in a method other than a classroom setting (using a form of technology), what format would you like to receive this in? Please select all that apply.

Answered: 58 Skipped: 8



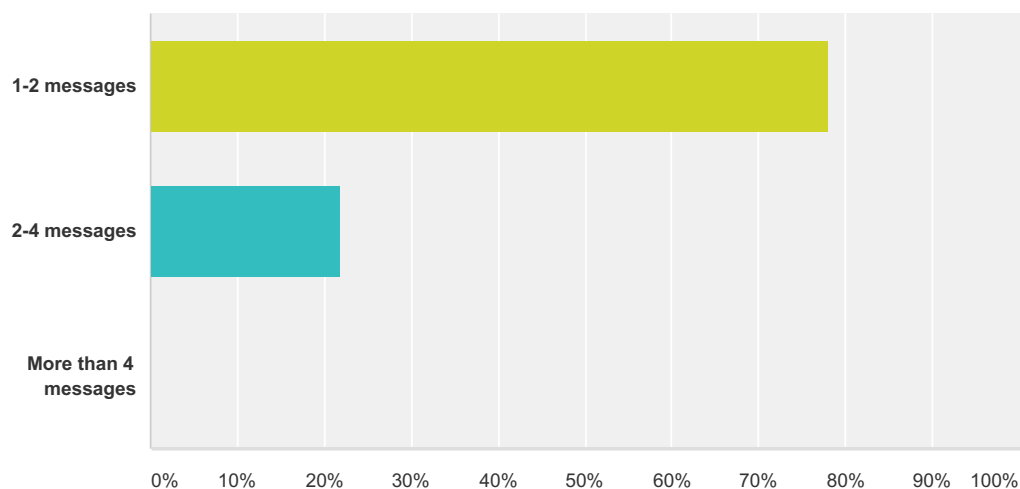
Answer Choices	Responses	
Visiting a website	46.55%	27
Facebook posts	43.10%	25
Emails	25.86%	15
Videos, such as YouTube or Vimeo	36.21%	21
Online games	5.17%	3
Twitter posts	6.90%	4

Expanded Food & Nutrition Education Program Technology Use Survey (Program Participants)

Text messaging	27.59%	16
Phone calls	20.69%	12
Group support, such as online group chats or message boards	13.79%	8
Online interactive group classes, such as lessons that include video chats	8.62%	5
Mobile application ("app") on phone	29.31%	17
Total Respondents: 58		

Q27 If you were to receive nutrition education via email, social media posts, or text messages, how many messages per week would you like to receive?

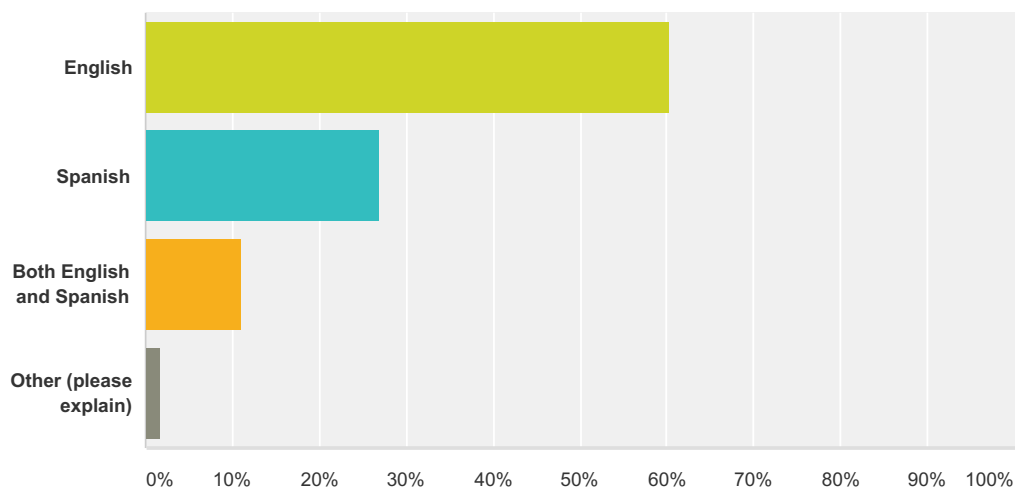
Answered: 55 Skipped: 11



Answer Choices	Responses	
1-2 messages	78.18%	43
2-4 messages	21.82%	12
More than 4 messages	0.00%	0
Total		55

Q28 What is your preferred language?

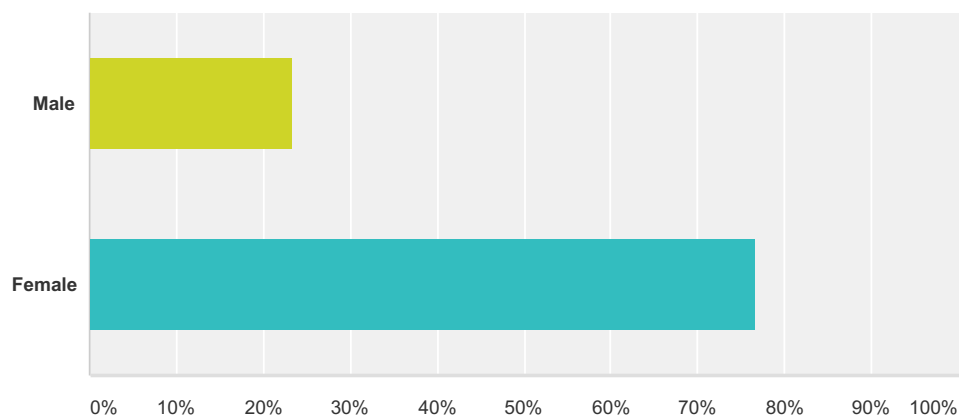
Answered: 63 Skipped: 3



Answer Choices	Responses	
English	60.32%	38
Spanish	26.98%	17
Both English and Spanish	11.11%	7
Other (please explain)	1.59%	1
Total		63

Q29 What is your gender?

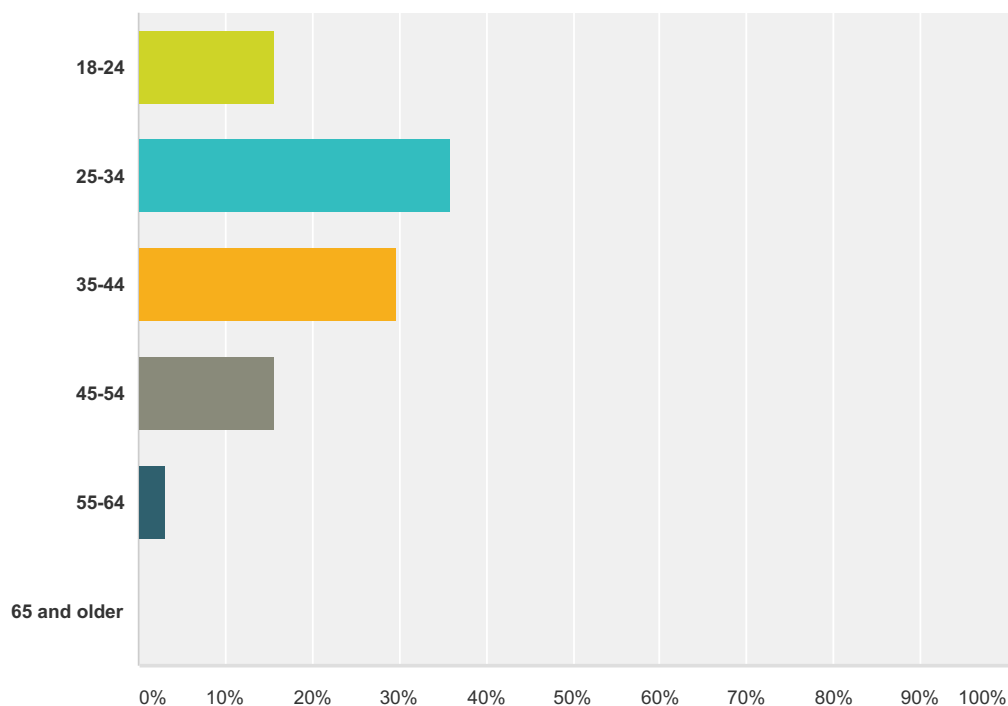
Answered: 64 Skipped: 2



Answer Choices	Responses	
Male	23.44%	15
Female	76.56%	49
Total		64

Q30 What is your age range?

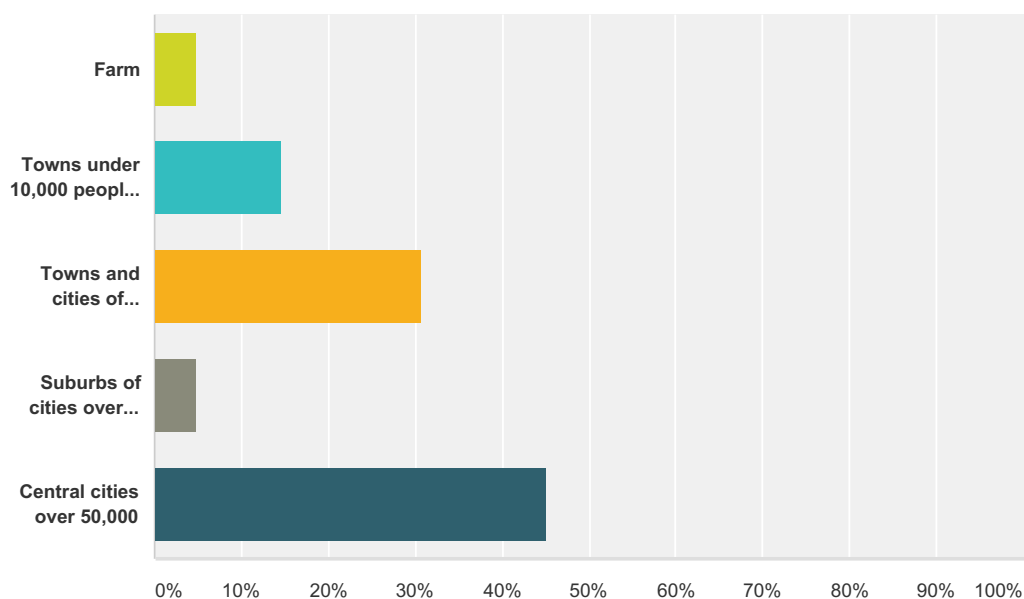
Answered: 64 Skipped: 2



Answer Choices	Responses
18-24	15.63% 10
25-34	35.94% 23
35-44	29.69% 19
45-54	15.63% 10
55-64	3.13% 2
65 and older	0.00% 0
Total	64

Q31 How would you describe the area that you live?

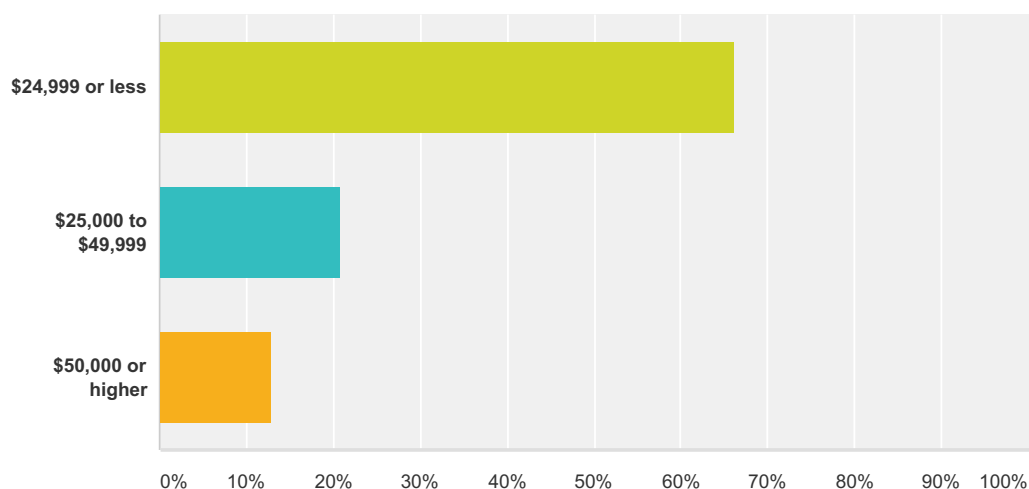
Answered: 62 Skipped: 4



Answer Choices	Responses	
Farm	4.84%	3
Towns under 10,000 people and rural non-farms	14.52%	9
Towns and cities of 10,000 to 50,000 people and their suburbs	30.65%	19
Suburbs of cities over 50,000 people	4.84%	3
Central cities over 50,000	45.16%	28
Total		62

Q32 What income range does your combined household receive per year?

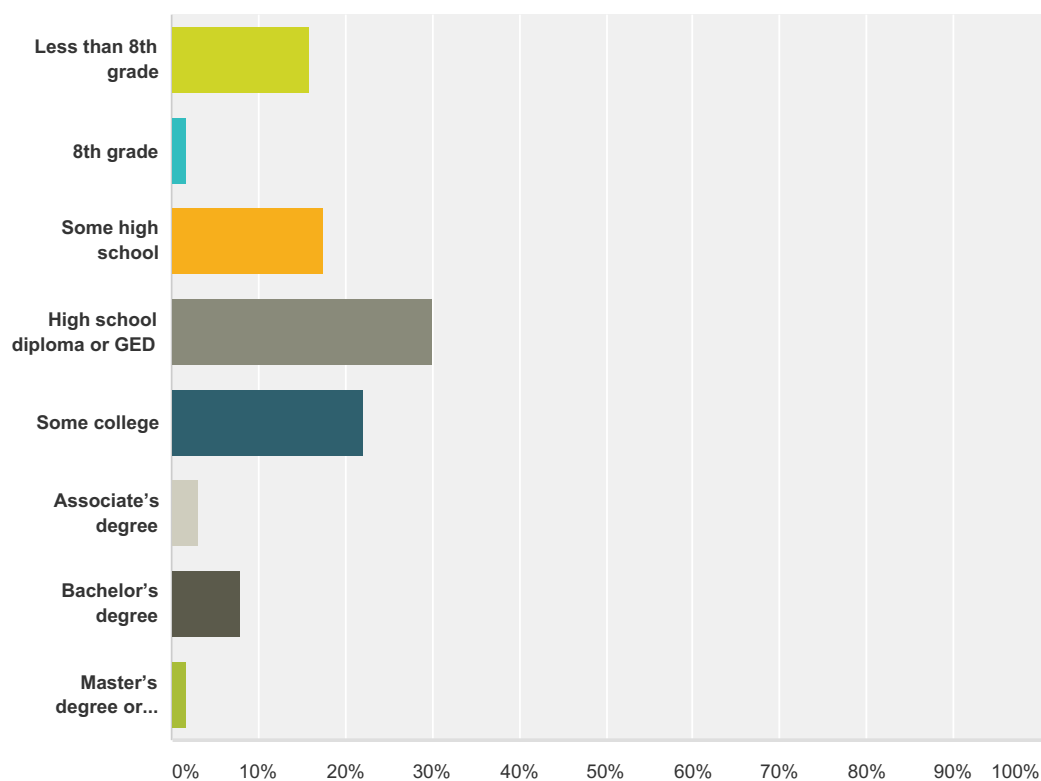
Answered: 62 Skipped: 4



Answer Choices	Responses	
\$24,999 or less	66.13%	41
\$25,000 to \$49,999	20.97%	13
\$50,000 or higher	12.90%	8
Total		62

Q33 What is your highest level of education?

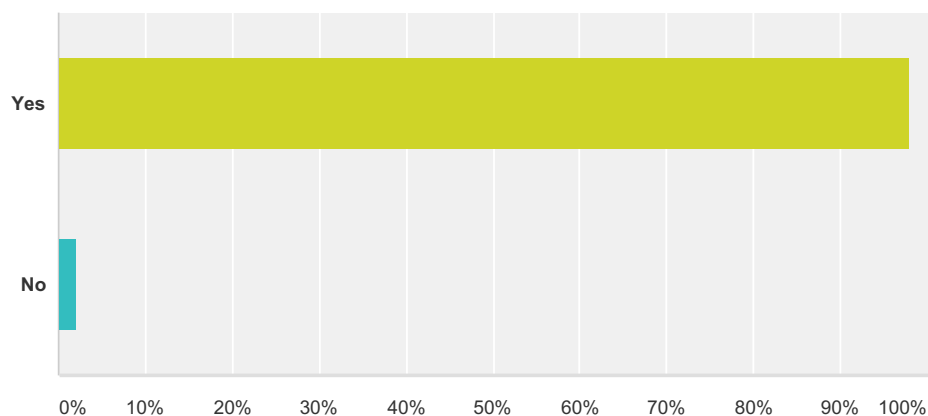
Answered: 63 Skipped: 3



Answer Choices	Responses
Less than 8th grade	15.87% 10
8th grade	1.59% 1
Some high school	17.46% 11
High school diploma or GED	30.16% 19
Some college	22.22% 14
Associate's degree	3.17% 2
Bachelor's degree	7.94% 5
Master's degree or higher	1.59% 1
Total	63

Q1 Do you want to continue taking the survey?

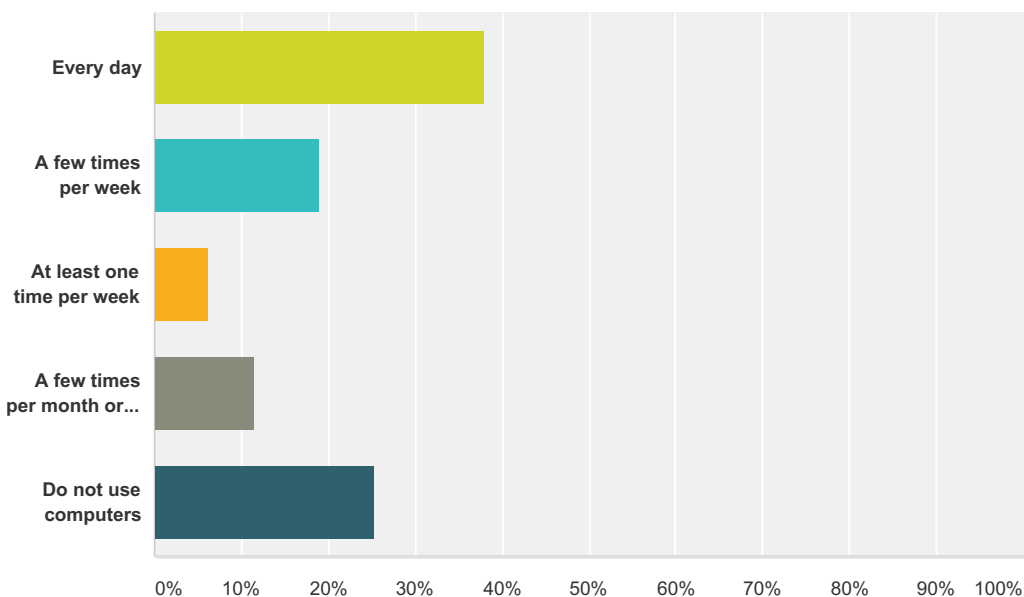
Answered: 98 Skipped: 0



Answer Choices	Responses	
Yes	97.96%	96
No	2.04%	2
Total		98

Q2 How Often Do You Use a Computer (Desktop or Laptop)?

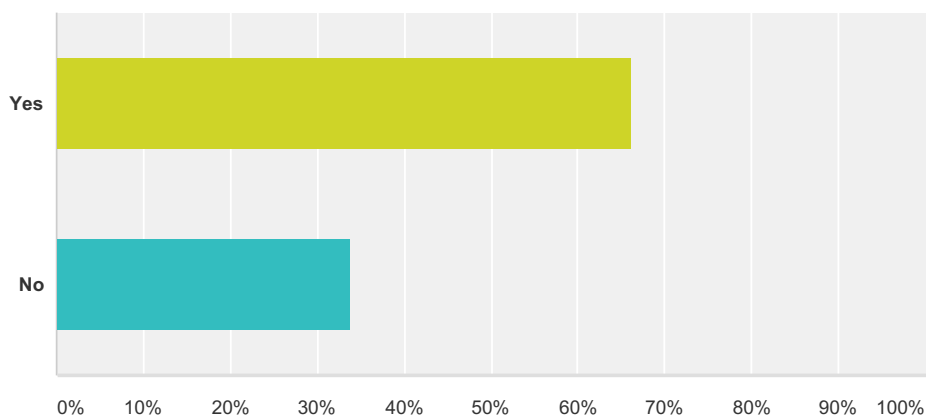
Answered: 95 Skipped: 3



Answer Choices	Responses	
Every day	37.89%	36
A few times per week	18.95%	18
At least one time per week	6.32%	6
A few times per month or less	11.58%	11
Do not use computers	25.26%	24
Total		95

Q3 Do you have a computer that you use where you currently live?

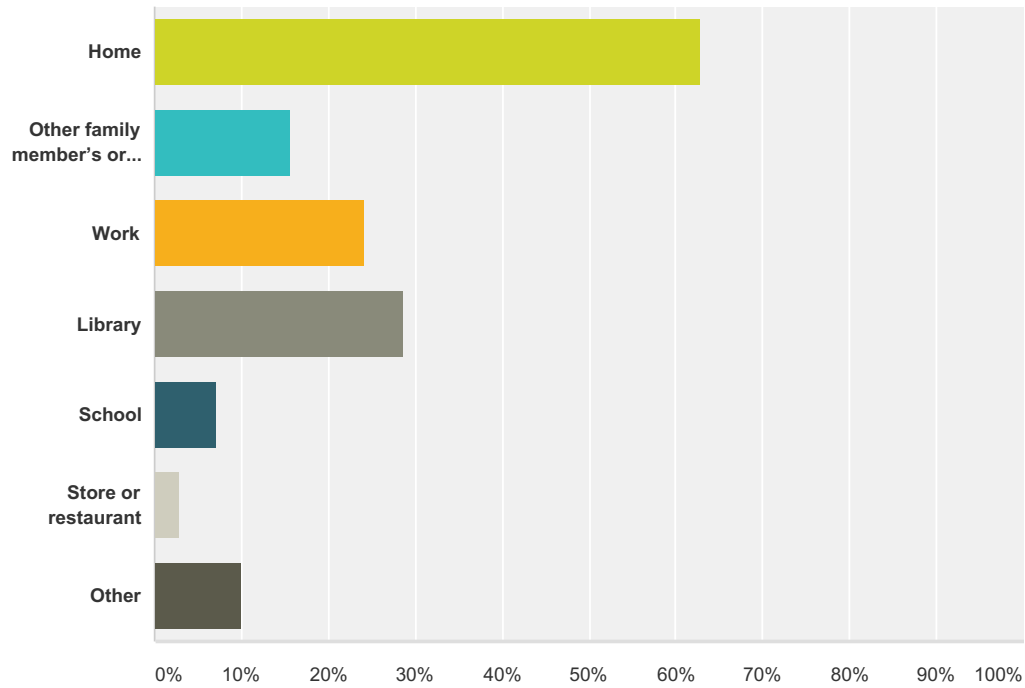
Answered: 71 Skipped: 27



Answer Choices	Responses	
Yes	66.20%	47
No	33.80%	24
Total		71

Q4 Where do you most often use a computer? Please check all that apply.

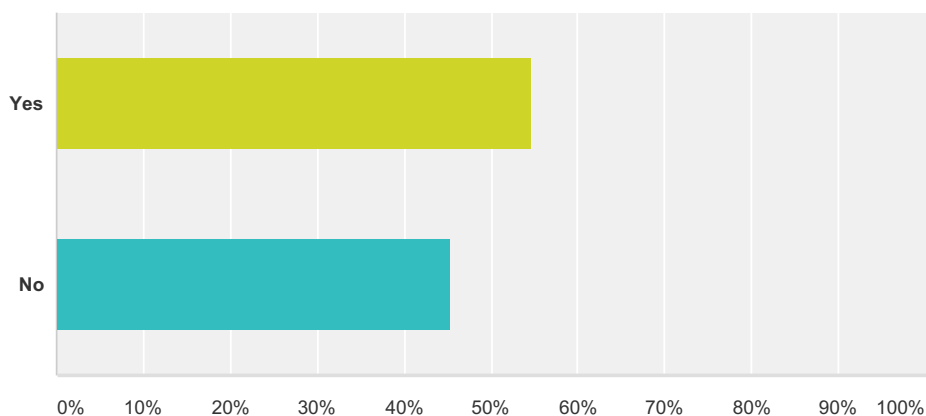
Answered: 70 Skipped: 28



Answer Choices	Responses	
Home	62.86%	44
Other family member's or friend's home	15.71%	11
Work	24.29%	17
Library	28.57%	20
School	7.14%	5
Store or restaurant	2.86%	2
Other	10.00%	7
Total Respondents: 70		

Q5 Do you have a landline telephone where you live?

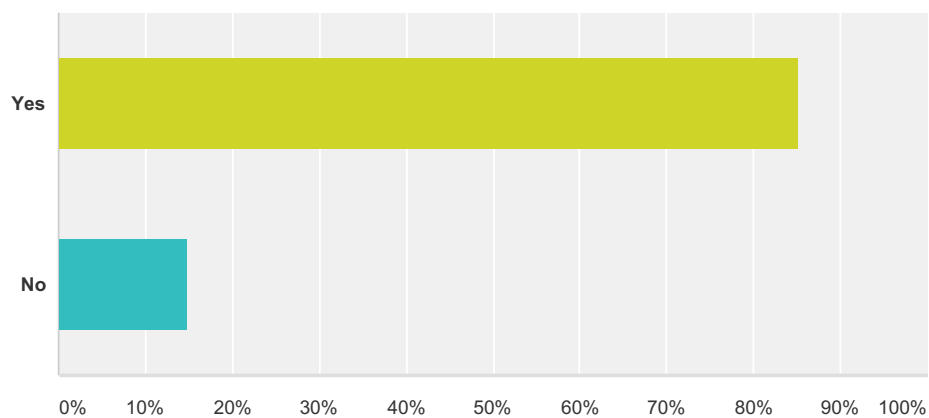
Answered: 95 Skipped: 3



Answer Choices	Responses	
Yes	54.74%	52
No	45.26%	43
Total		95

Q6 Do you have a mobile phone with active service?

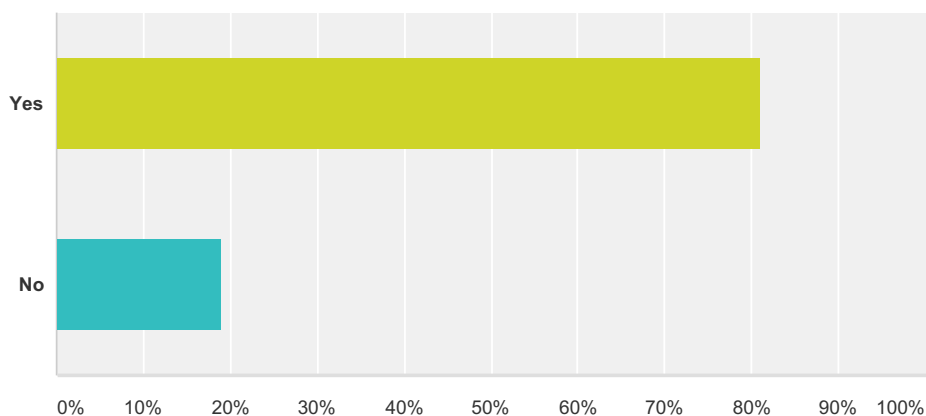
Answered: 95 Skipped: 3



Answer Choices	Responses	
Yes	85.26%	81
No	14.74%	14
Total		95

Q7 Do you send and get text messages from a mobile phone?

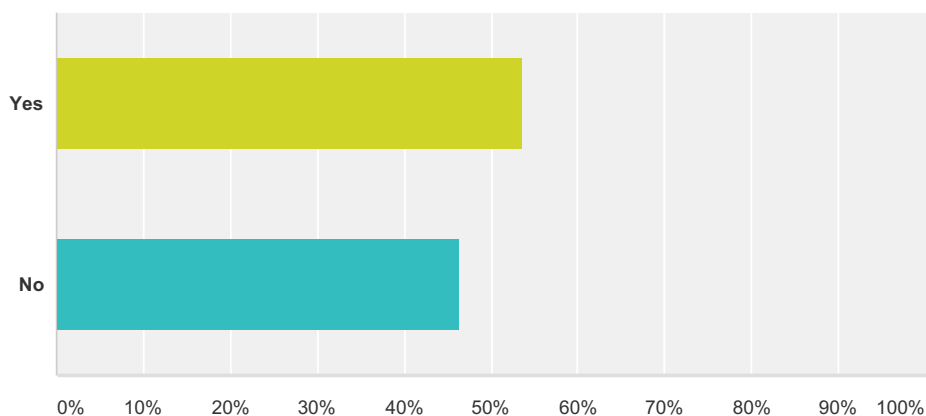
Answered: 95 Skipped: 3



Answer Choices	Responses	
Yes	81.05%	77
No	18.95%	18
Total		95

Q8 Do you have a Smart phone that can download and use applications (“apps”)?

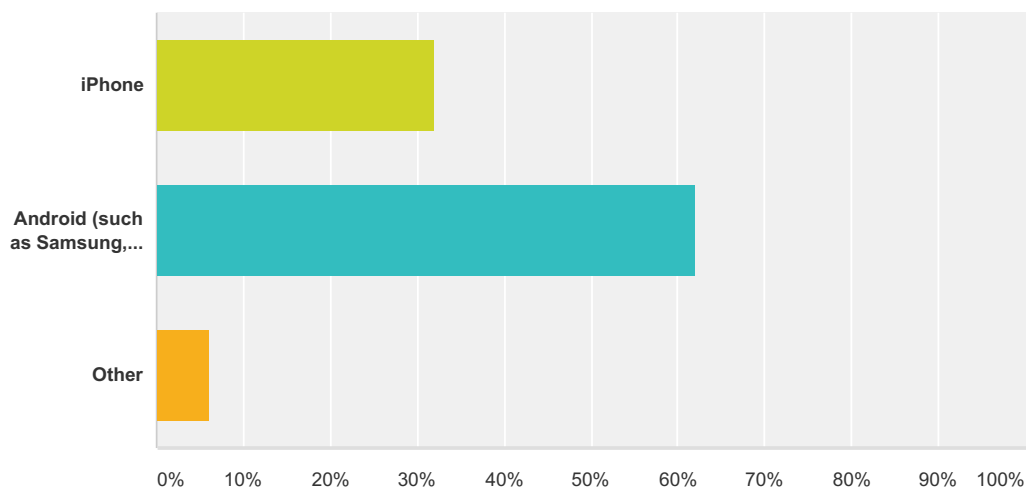
Answered: 95 Skipped: 3



Answer Choices	Responses	
Yes	53.68%	51
No	46.32%	44
Total		95

Q9 What type of Smart Phone do you use?

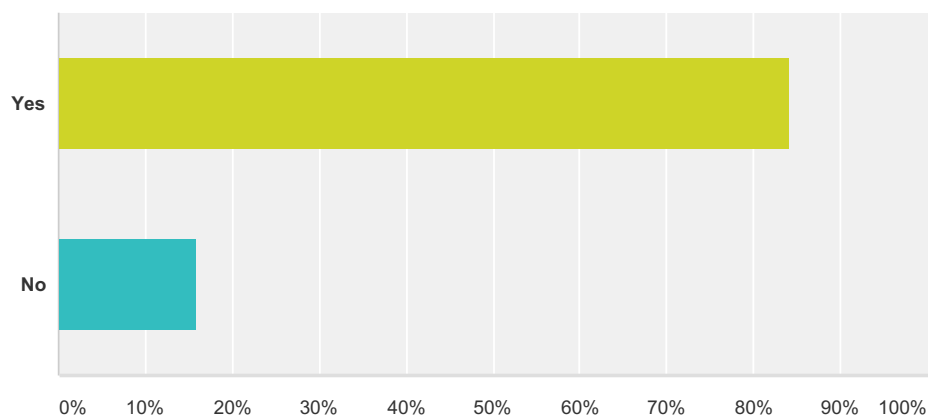
Answered: 50 Skipped: 48



Answer Choices	Responses	
iPhone	32.00%	16
Android (such as Samsung, HTC, LG, Google Nexus, Nokia)	62.00%	31
Other	6.00%	3
Total		50

Q10 Do you use the Internet?

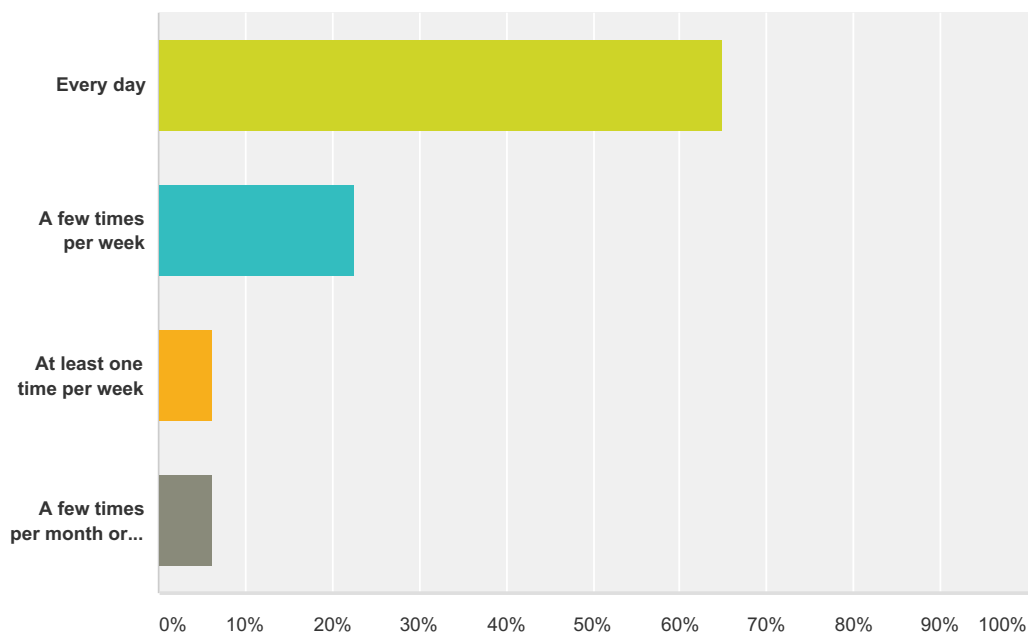
Answered: 95 Skipped: 3



Answer Choices	Responses	
Yes	84.21%	80
No	15.79%	15
Total		95

Q11 How often do you use the Internet?

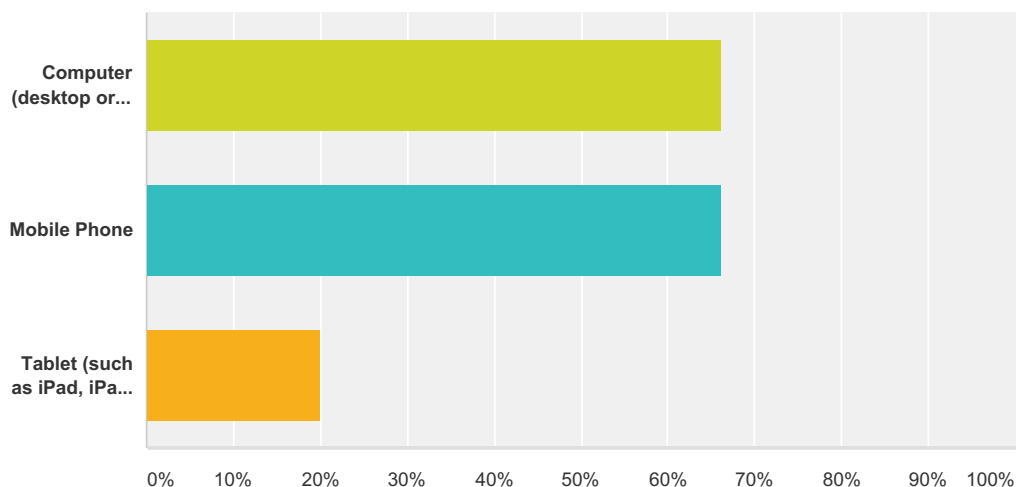
Answered: 80 Skipped: 18



Answer Choices	Responses	
Every day	65.00%	52
A few times per week	22.50%	18
At least one time per week	6.25%	5
A few times per month or less	6.25%	5
Total		80

Q12 What device do you use to access the Internet? Please check all that apply.

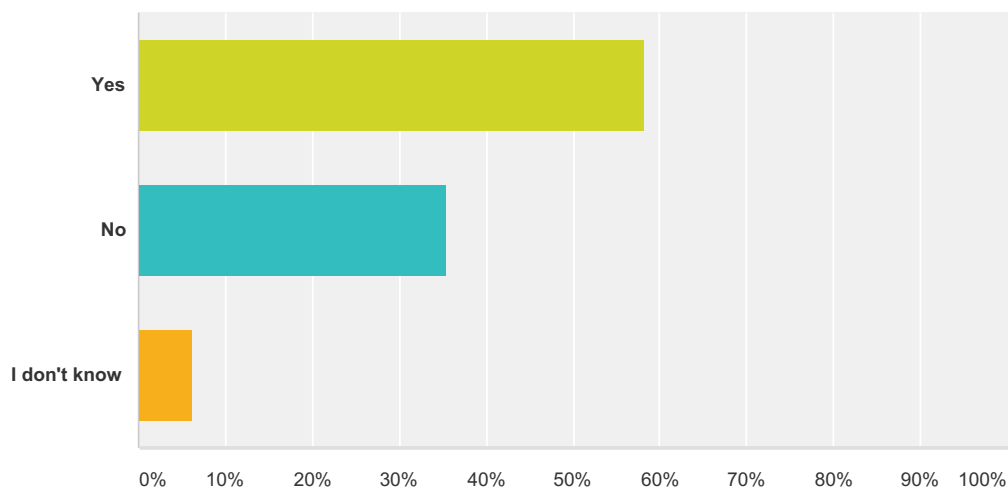
Answered: 80 Skipped: 18



Answer Choices	Responses	
Computer (desktop or laptop)	66.25%	53
Mobile Phone	66.25%	53
Tablet (such as iPad, iPad Mini, Kindle Fire, or Samsung Galaxy)	20.00%	16
Total Respondents: 80		

Q13 Do you use high-speed internet where you live?

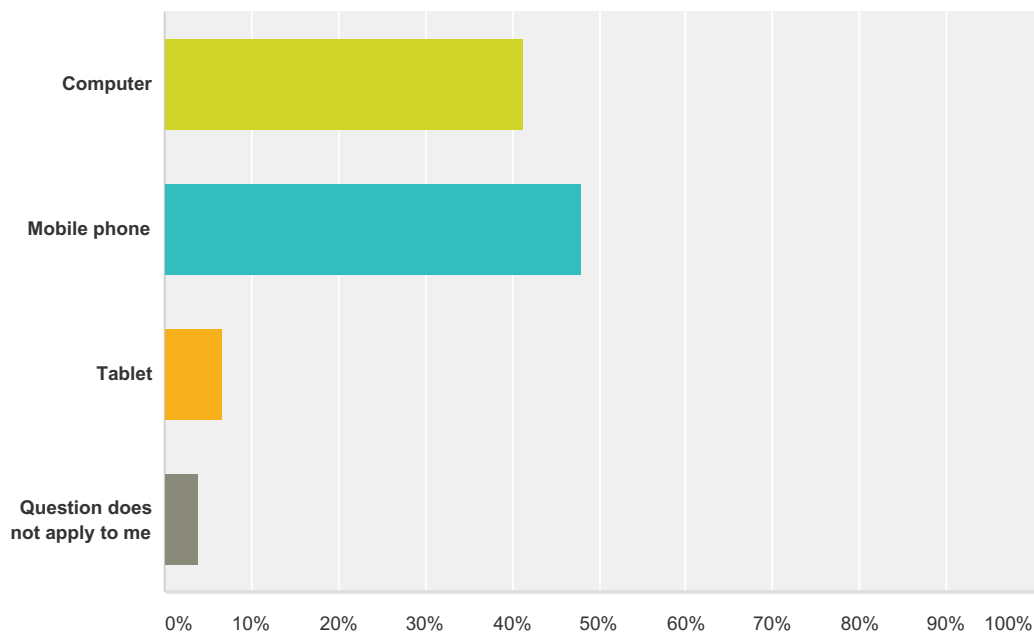
Answered: 79 Skipped: 19



Answer Choices	Responses	
Yes	58.23%	46
No	35.44%	28
I don't know	6.33%	5
Total		79

Q14 If you access the Internet with more than one device, which do you use the most often?

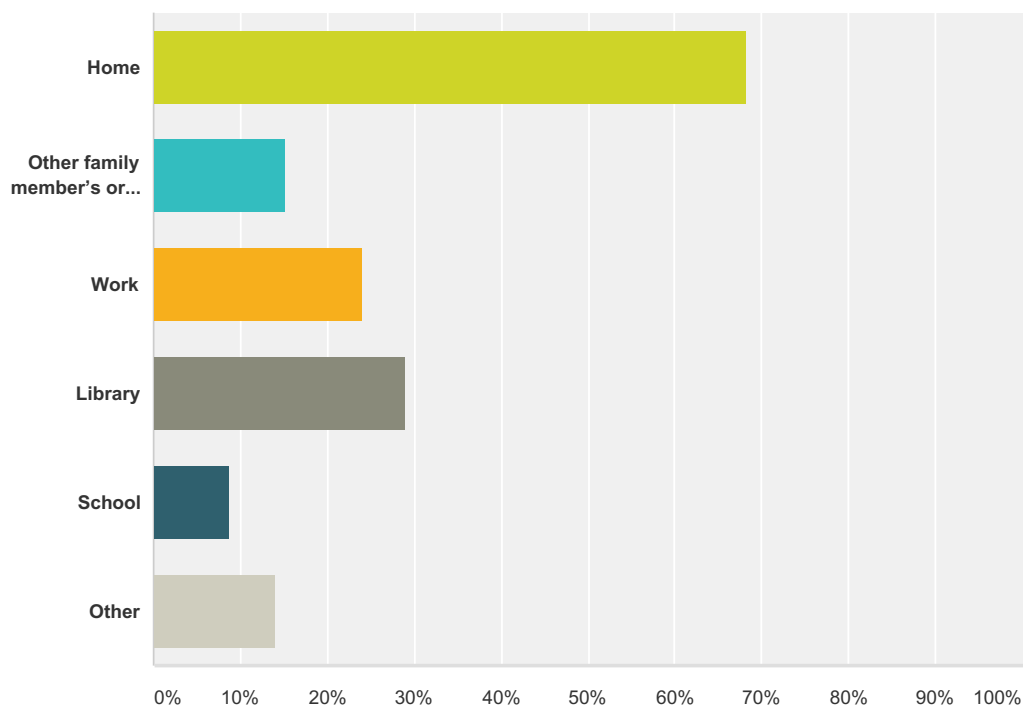
Answered: 75 Skipped: 23



Answer Choices	Responses	
Computer	41.33%	31
Mobile phone	48.00%	36
Tablet	6.67%	5
Question does not apply to me	4.00%	3
Total		75

Q15 Where do you most often use the Internet? Please check all that apply.

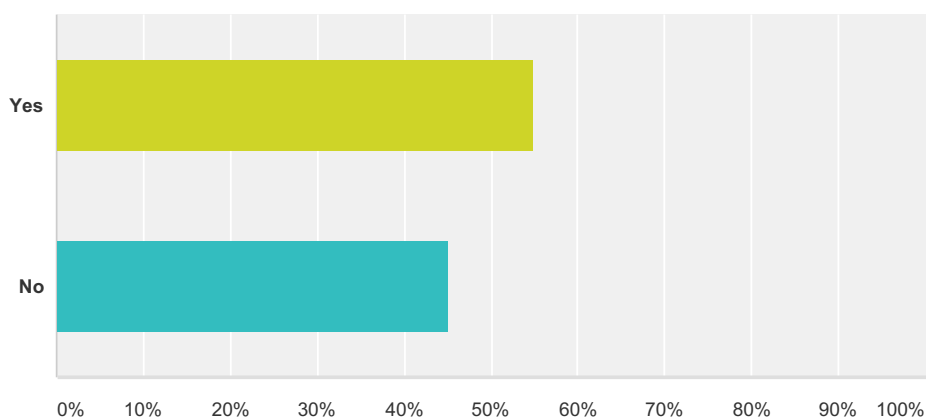
Answered: 79 Skipped: 19



Answer Choices	Responses	
Home	68.35%	54
Other family member's or friend's home	15.19%	12
Work	24.05%	19
Library	29.11%	23
School	8.86%	7
Other	13.92%	11
Total Respondents: 79		

Q16 Do you use the Internet currently to look up or read about nutrition or food information?

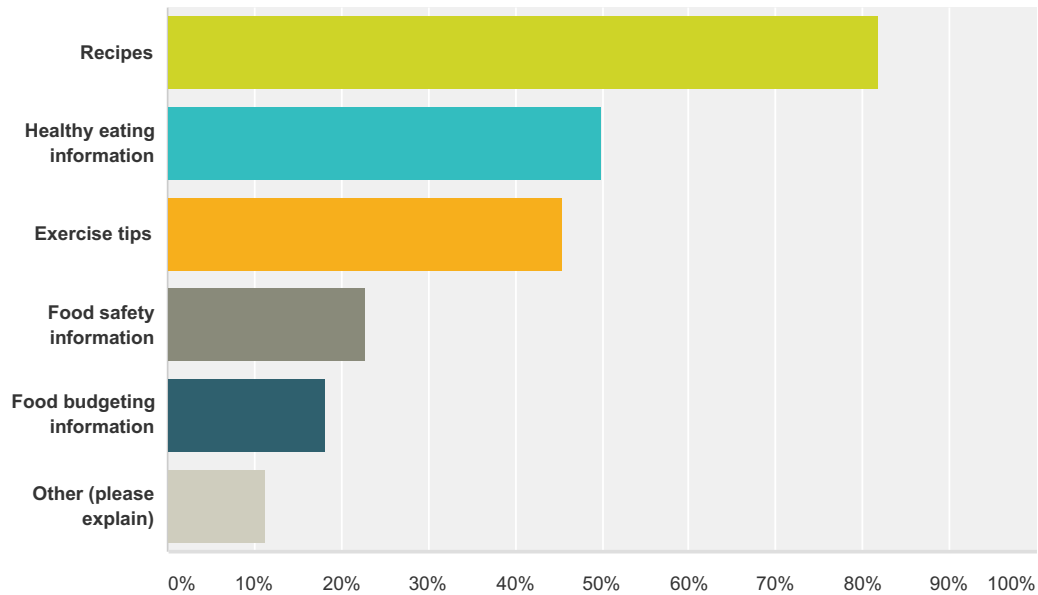
Answered: 80 Skipped: 18



Answer Choices	Responses	
Yes	55.00%	44
No	45.00%	36
Total		80

Q17 Please select what you have used the Internet to learn more about in the past month (select all that apply):

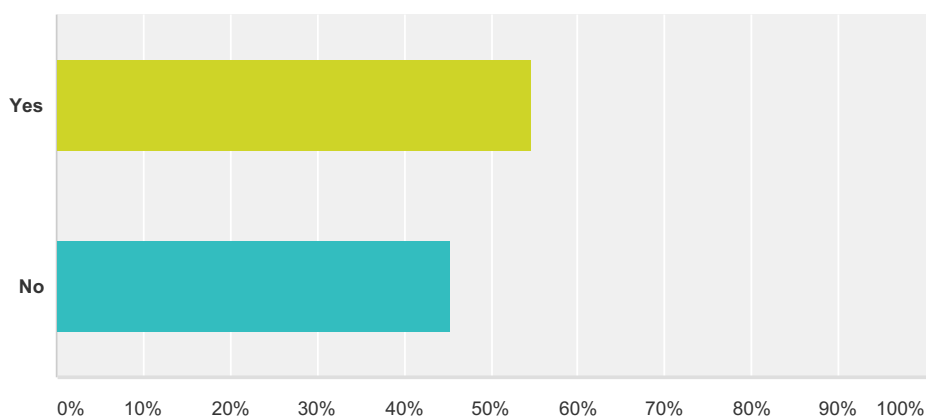
Answered: 44 Skipped: 54



Answer Choices	Responses	
Recipes	81.82%	36
Healthy eating information	50.00%	22
Exercise tips	45.45%	20
Food safety information	22.73%	10
Food budgeting information	18.18%	8
Other (please explain)	11.36%	5
Total Respondents: 44		

Q18 Have you made changes to your eating or health habits as a result of the information you found on the internet?

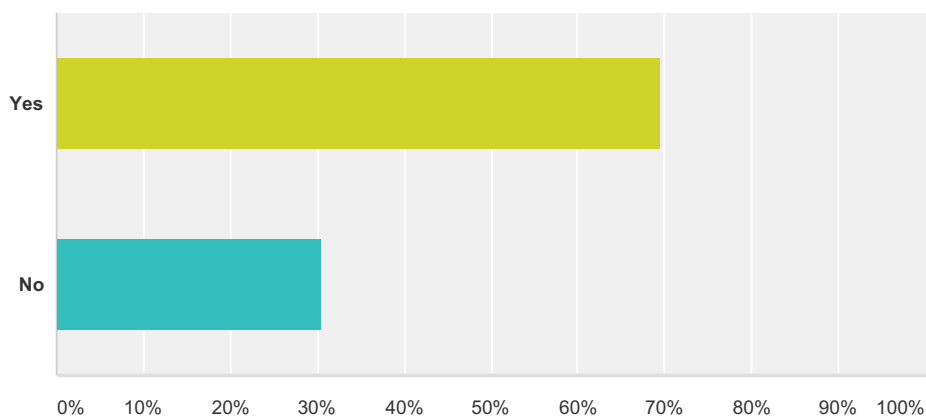
Answered: 75 Skipped: 23



Answer Choices	Responses	
Yes	54.67%	41
No	45.33%	34
Total		75

Q19 Do you use social media sites, such as Facebook, Twitter, Instagram, or Pinterest?

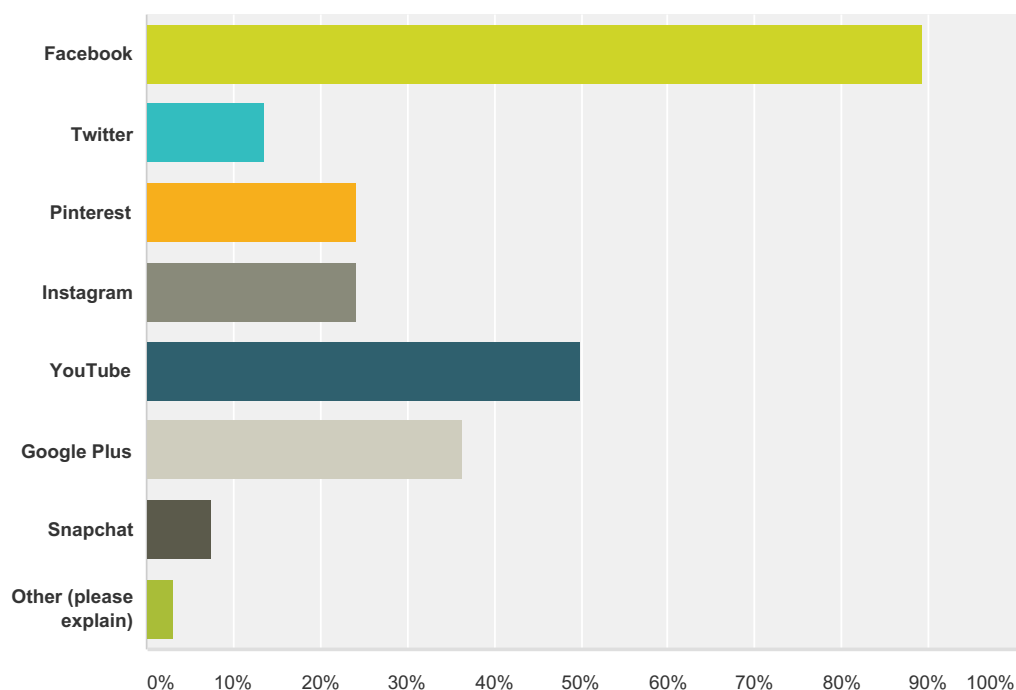
Answered: 95 Skipped: 3



Answer Choices	Responses	
Yes	69.47%	66
No	30.53%	29
Total		95

Q20 Select which social media sites that you use at least weekly (select all that apply):

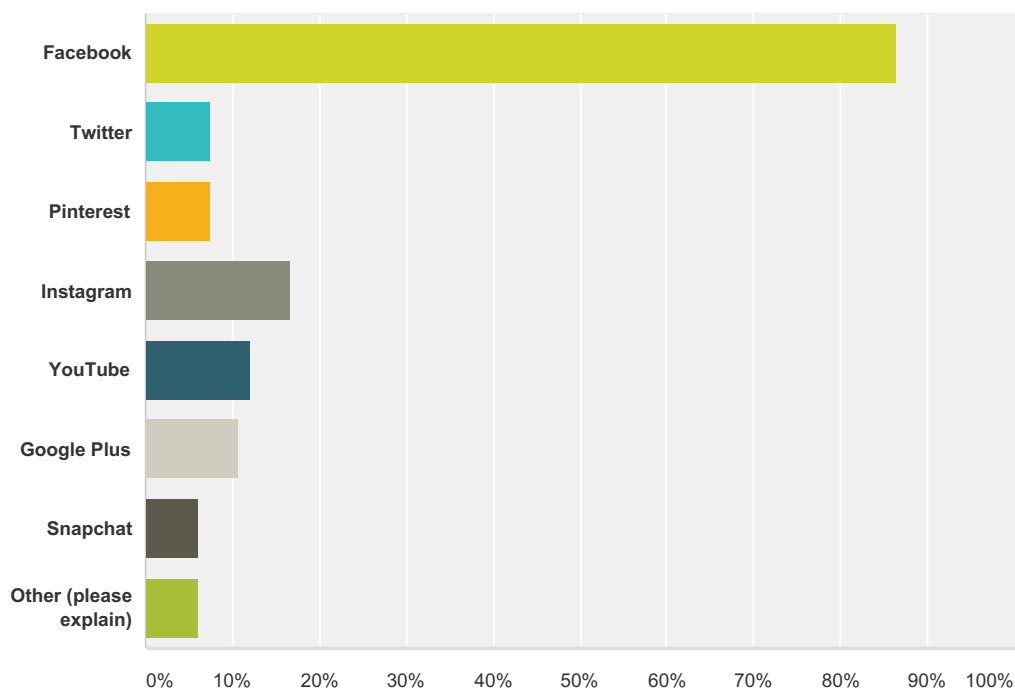
Answered: 66 Skipped: 32



Answer Choices	Responses	
Facebook	89.39%	59
Twitter	13.64%	9
Pinterest	24.24%	16
Instagram	24.24%	16
YouTube	50.00%	33
Google Plus	36.36%	24
Snapchat	7.58%	5
Other (please explain)	3.03%	2
Total Respondents: 66		

Q21 Select which social media sites that you use mostly for social interaction, such as staying in touch with family and friends (select all that apply):

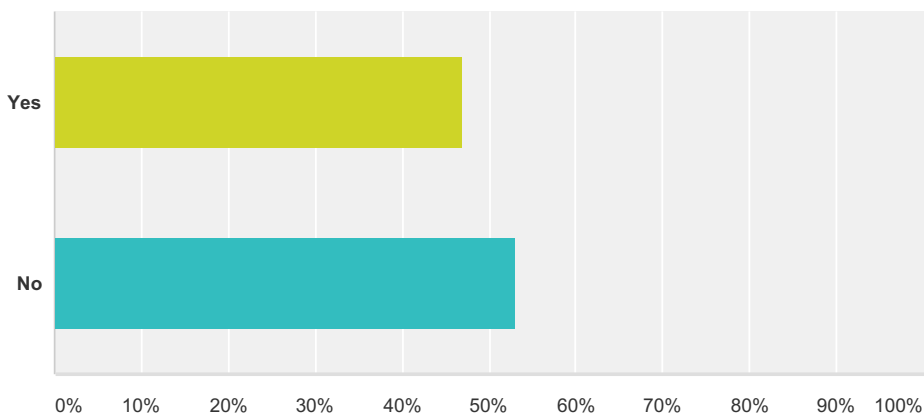
Answered: 66 Skipped: 32



Answer Choices	Responses	
Facebook	86.36%	57
Twitter	7.58%	5
Pinterest	7.58%	5
Instagram	16.67%	11
YouTube	12.12%	8
Google Plus	10.61%	7
Snapchat	6.06%	4
Other (please explain)	6.06%	4
Total Respondents: 66		

Q22 Do you use any social media sites currently to look up or read about nutrition or food information, such as ideas for healthy eating, exercise, or recipes?

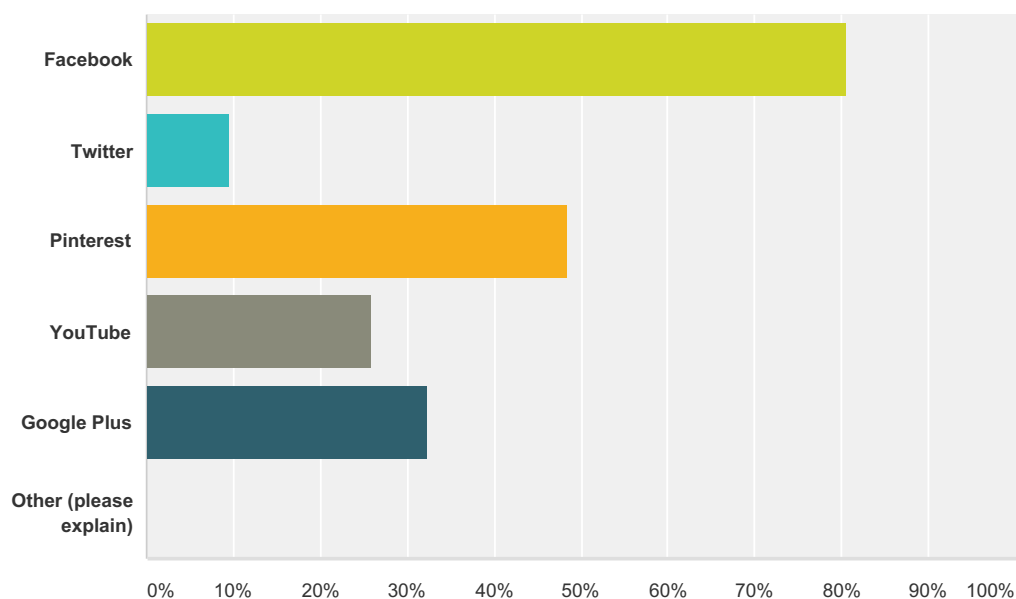
Answered: 66 Skipped: 32



Answer Choices	Responses	
Yes	46.97%	31
No	53.03%	35
Total		66

Q23 Select which social media sites you use to look up or read about nutrition or food information (select all that apply):

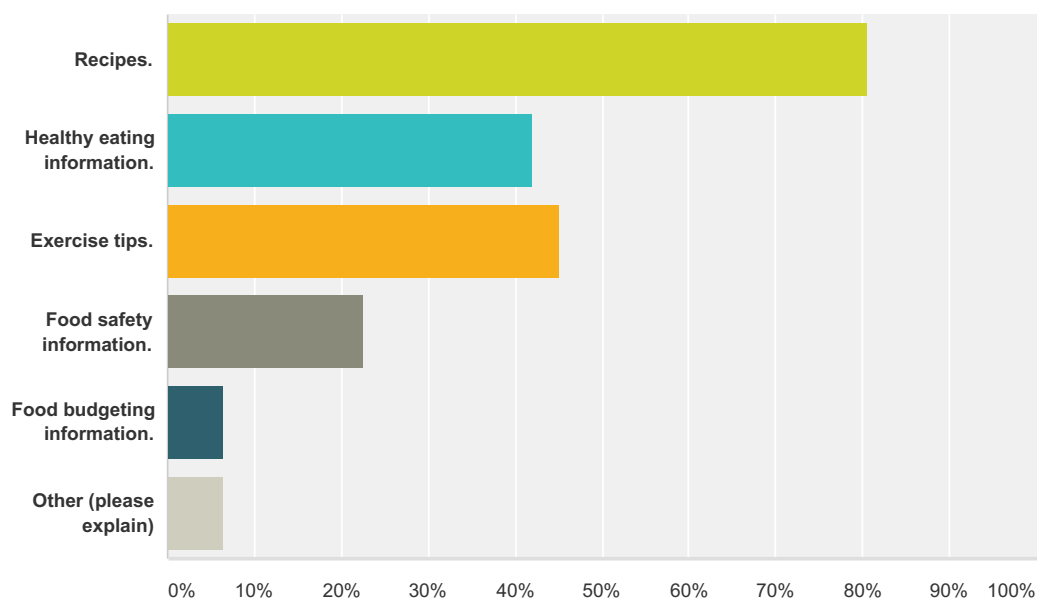
Answered: 31 Skipped: 67



Answer Choices	Responses	
Facebook	80.65%	25
Twitter	9.68%	3
Pinterest	48.39%	15
YouTube	25.81%	8
Google Plus	32.26%	10
Other (please explain)	0.00%	0
Total Respondents: 31		

Q24 Select what you have used social media to learn more about in the past month (select all that apply):

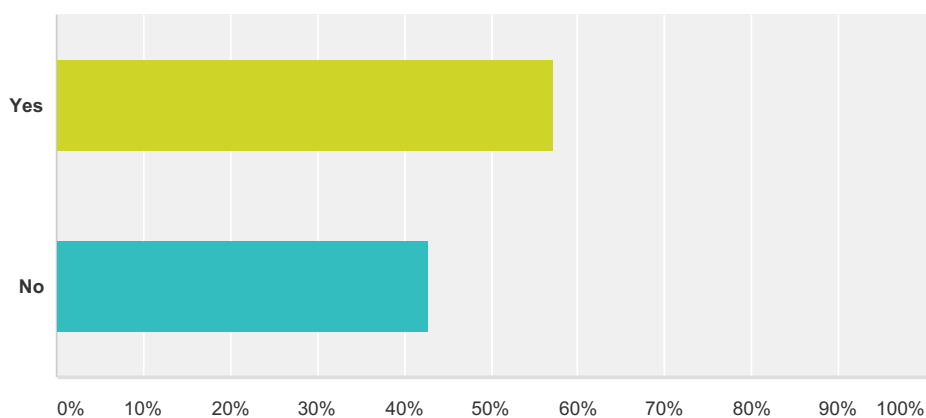
Answered: 31 Skipped: 67



Answer Choices	Responses	
Recipes.	80.65%	25
Healthy eating information.	41.94%	13
Exercise tips.	45.16%	14
Food safety information.	22.58%	7
Food budgeting information.	6.45%	2
Other (please explain)	6.45%	2
Total Respondents: 31		

Q25 Have you made changes to your eating or health habits as a result of the information you found on social media?

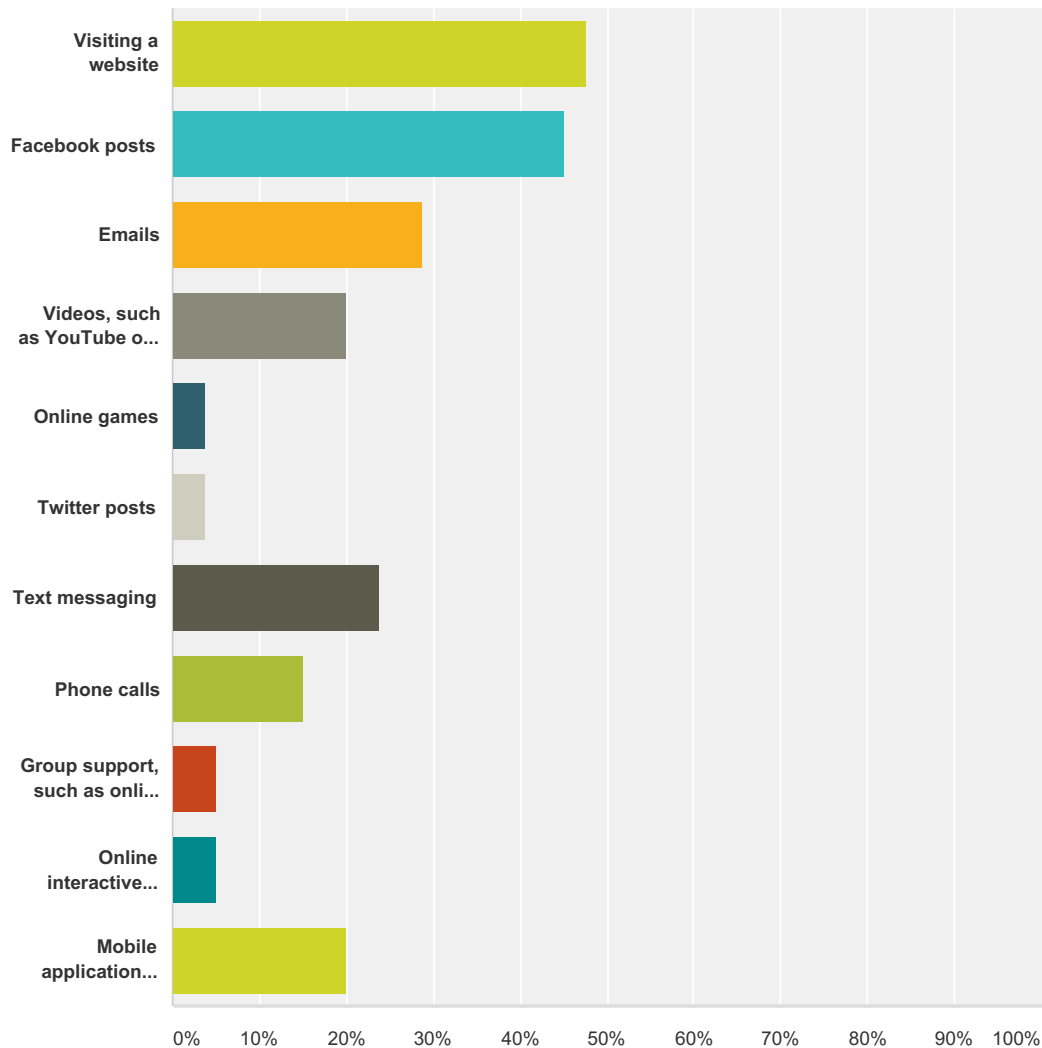
Answered: 56 Skipped: 42



Answer Choices	Responses	
Yes	57.14%	32
No	42.86%	24
Total		56

Q26 If you were to receive nutrition education in a method other than a classroom setting (using a form of technology), what format would you like to receive this in? Please select all that apply.

Answered: 80 Skipped: 18



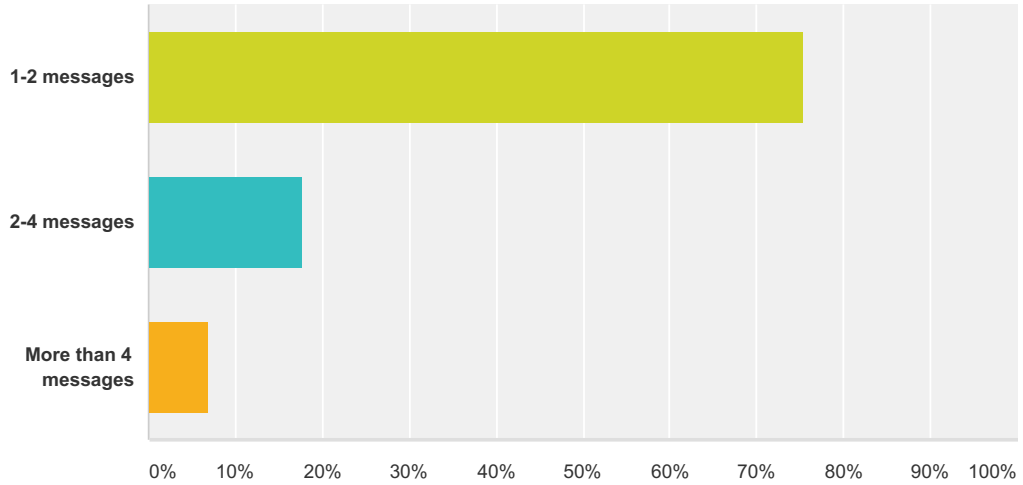
Answer Choices	Responses	
Visiting a website	47.50%	38
Facebook posts	45.00%	36
Emails	28.75%	23
Videos, such as YouTube or Vimeo	20.00%	16
Online games	3.75%	3
Twitter posts	3.75%	3

Expanded Food & Nutrition Education Program Technology Use Survey (Program Participants)

Text messaging	23.75%	19
Phone calls	15.00%	12
Group support, such as online group chats or message boards	5.00%	4
Online interactive group classes, such as lessons that include video chats	5.00%	4
Mobile application ("app") on phone	20.00%	16
Total Respondents: 80		

Q27 If you were to receive nutrition education via email, social media posts, or text messages, how many messages per week would you like to receive?

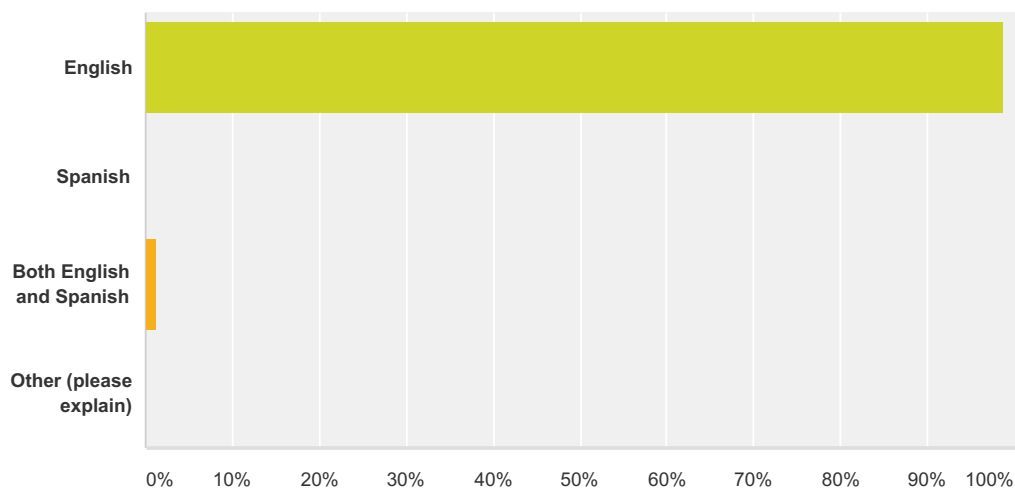
Answered: 73 Skipped: 25



Answer Choices	Responses	
1-2 messages	75.34%	55
2-4 messages	17.81%	13
More than 4 messages	6.85%	5
Total		73

Q28 What is your preferred language?

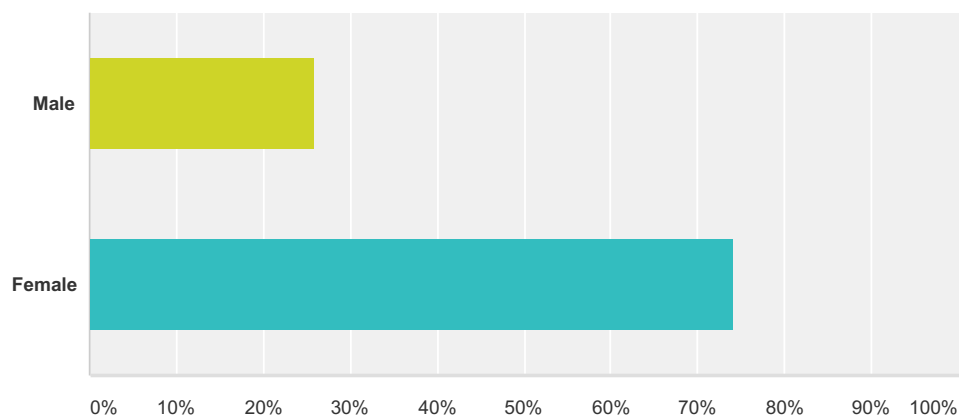
Answered: 87 Skipped: 11



Answer Choices	Responses	
English	98.85%	86
Spanish	0.00%	0
Both English and Spanish	1.15%	1
Other (please explain)	0.00%	0
Total		87

Q29 What is your gender?

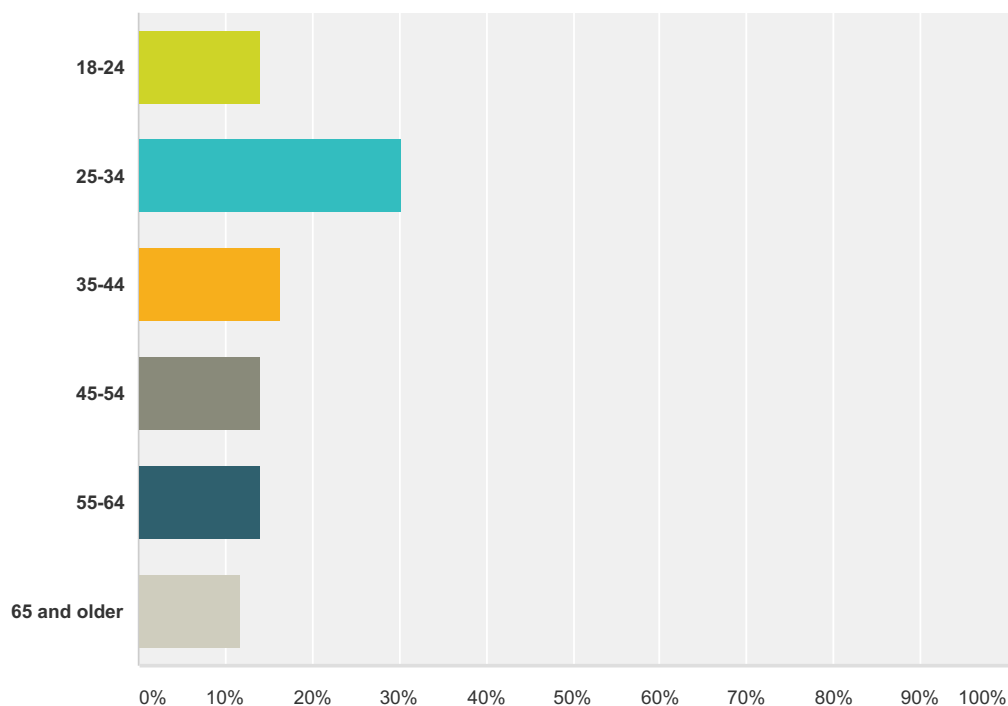
Answered: 89 Skipped: 9



Answer Choices	Responses	
Male	25.84%	23
Female	74.16%	66
Total		89

Q30 What is your age range?

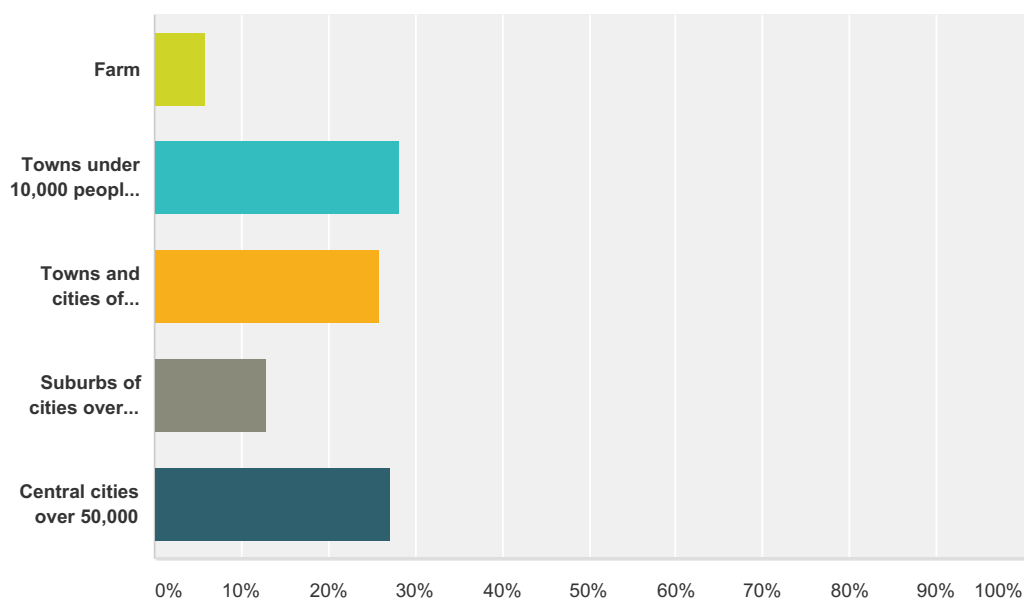
Answered: 86 Skipped: 12



Answer Choices	Responses
18-24	13.95% 12
25-34	30.23% 26
35-44	16.28% 14
45-54	13.95% 12
55-64	13.95% 12
65 and older	11.63% 10
Total	86

Q31 How would you describe the area that you live?

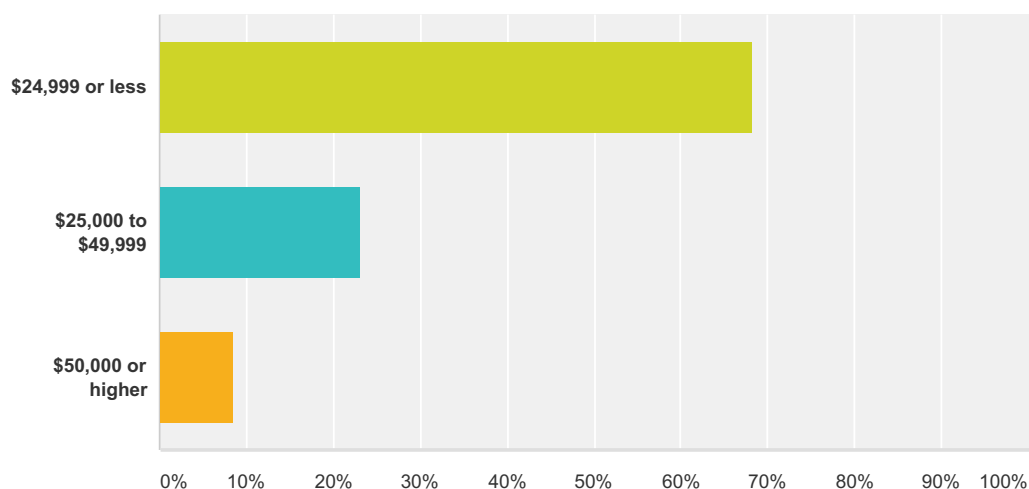
Answered: 85 Skipped: 13



Answer Choices	Responses	
Farm	5.88%	5
Towns under 10,000 people and rural non-farms	28.24%	24
Towns and cities of 10,000 to 50,000 people and their suburbs	25.88%	22
Suburbs of cities over 50,000 people	12.94%	11
Central cities over 50,000	27.06%	23
Total		85

Q32 What income range does your combined household receive per year?

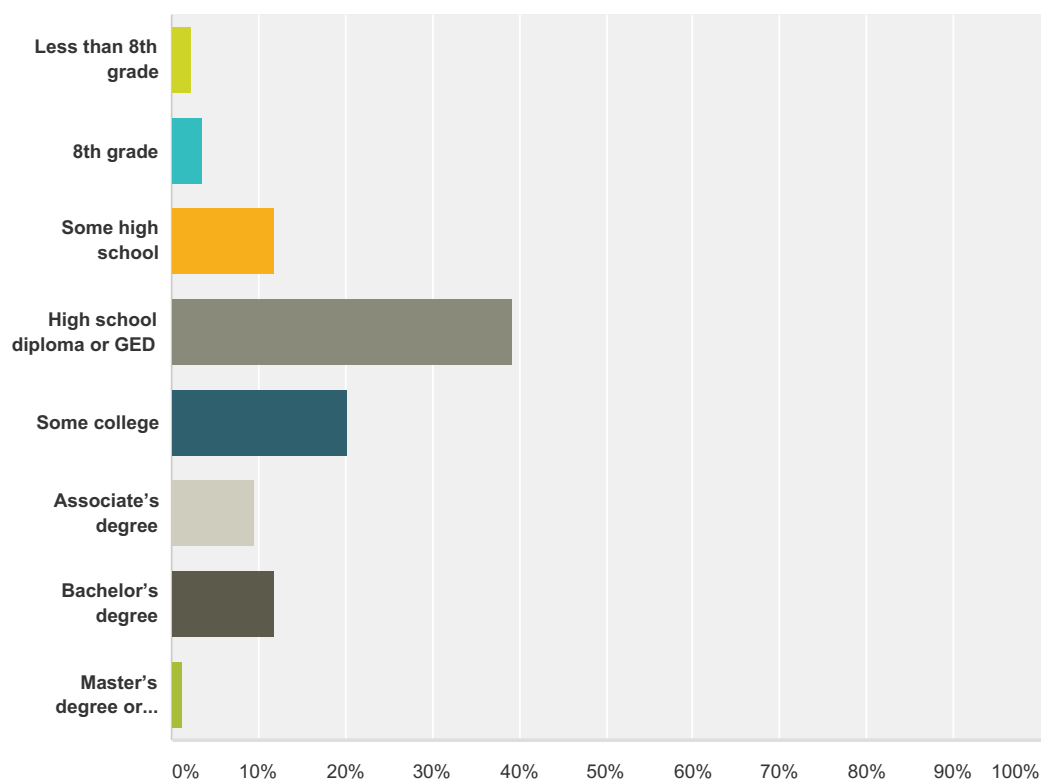
Answered: 82 Skipped: 16



Answer Choices	Responses	
\$24,999 or less	68.29%	56
\$25,000 to \$49,999	23.17%	19
\$50,000 or higher	8.54%	7
Total		82

Q33 What is your highest level of education?

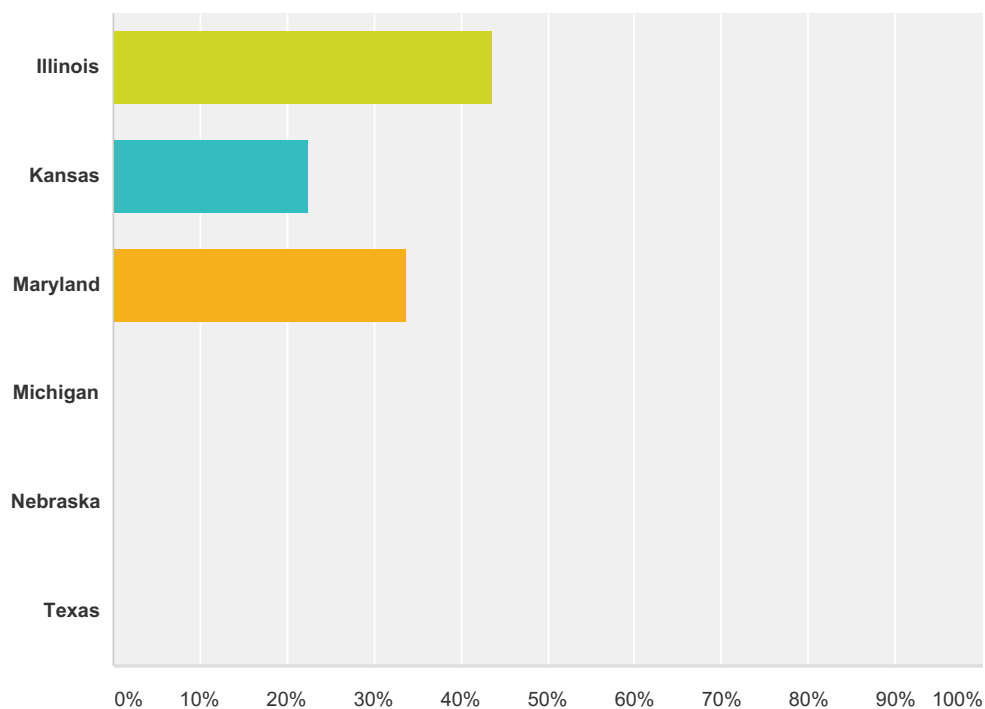
Answered: 84 Skipped: 14



Answer Choices	Responses	
Less than 8th grade	2.38%	2
8th grade	3.57%	3
Some high school	11.90%	10
High school diploma or GED	39.29%	33
Some college	20.24%	17
Associate's degree	9.52%	8
Bachelor's degree	11.90%	10
Master's degree or higher	1.19%	1
Total		84

Q1 In which state do you provide EFNEP educational programs?

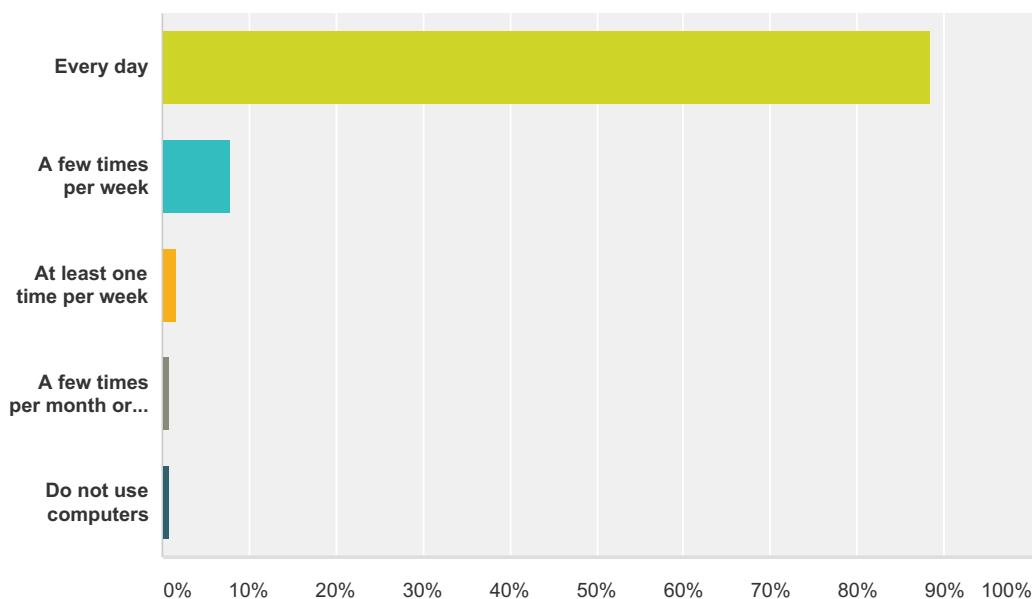
Answered: 62 Skipped: 52



Answer Choices	Responses	
Illinois	43.55%	27
Kansas	22.58%	14
Maryland	33.87%	21
Michigan	0.00%	0
Nebraska	0.00%	0
Texas	0.00%	0
Total		62

Q2 How Often Do You Use a Computer (Desktop or Laptop)?

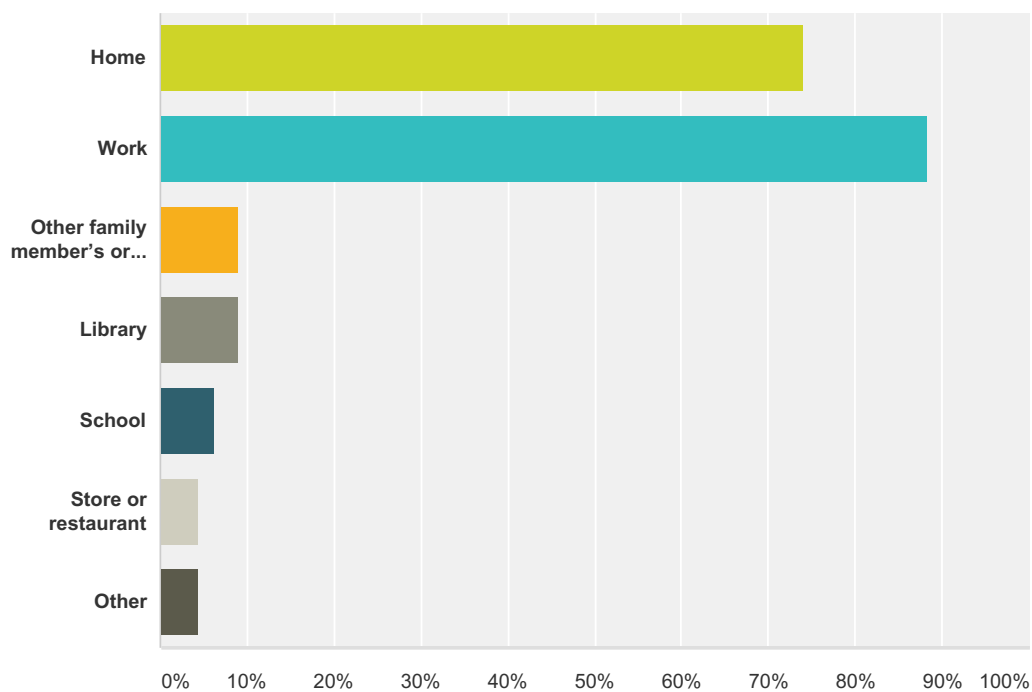
Answered: 113 Skipped: 1



Answer Choices	Responses	
Every day	88.50%	100
A few times per week	7.96%	9
At least one time per week	1.77%	2
A few times per month or less	0.88%	1
Do not use computers	0.88%	1
Total		113

Q3 Where do you most often use a computer? Please check all that apply.

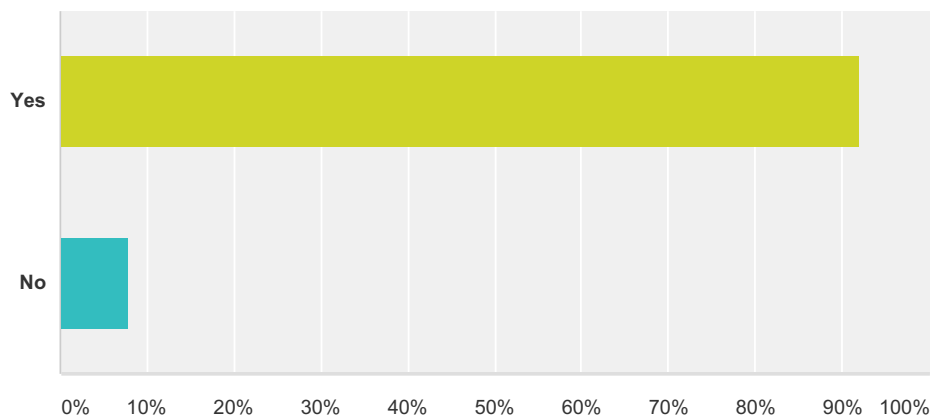
Answered: 112 Skipped: 2



Answer Choices	Responses	
Home	74.11%	83
Work	88.39%	99
Other family member's or friend's home	8.93%	10
Library	8.93%	10
School	6.25%	7
Store or restaurant	4.46%	5
Other	4.46%	5
Total Respondents: 112		

Q4 Do you send and receive text messages from a mobile phone?

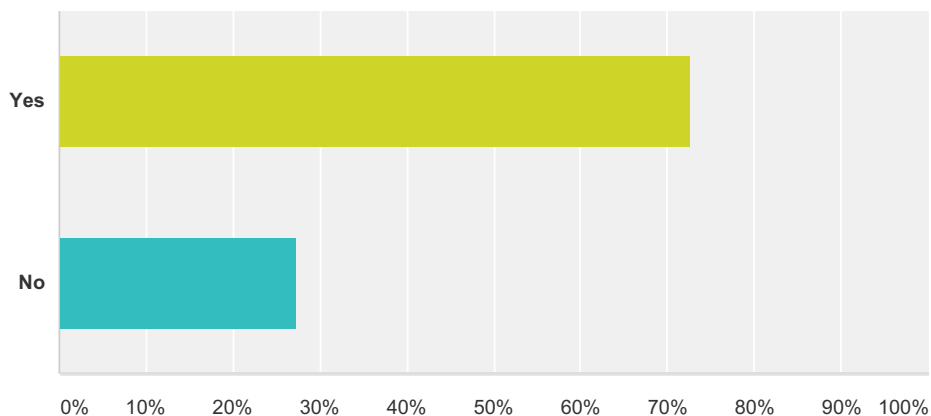
Answered: 113 Skipped: 1



Answer Choices	Responses	
Yes	92.04%	104
No	7.96%	9
Total		113

Q5 Do you use a Smart phone that can download and use applications (“apps”)?

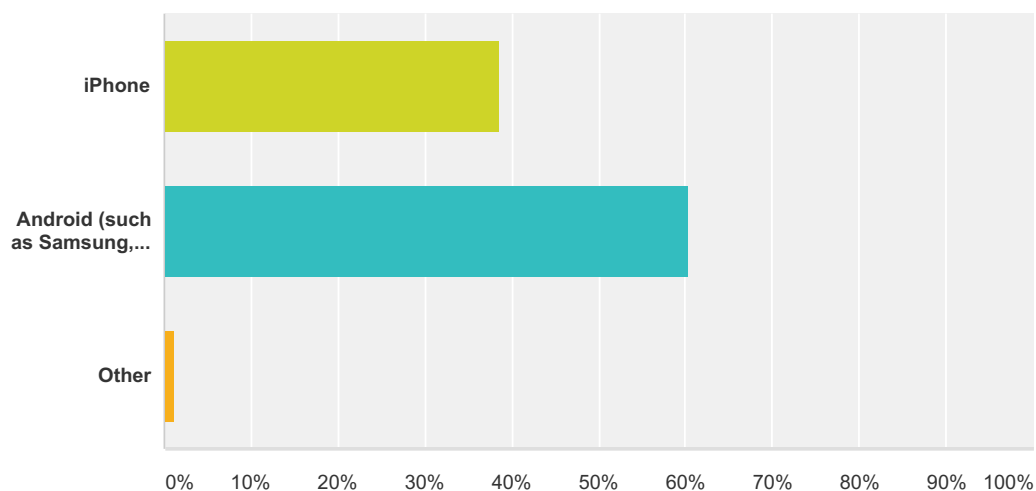
Answered: 113 Skipped: 1



Answer Choices	Responses	
Yes	72.57%	82
No	27.43%	31
Total		113

Q6 What type of Smart Phone do you use?

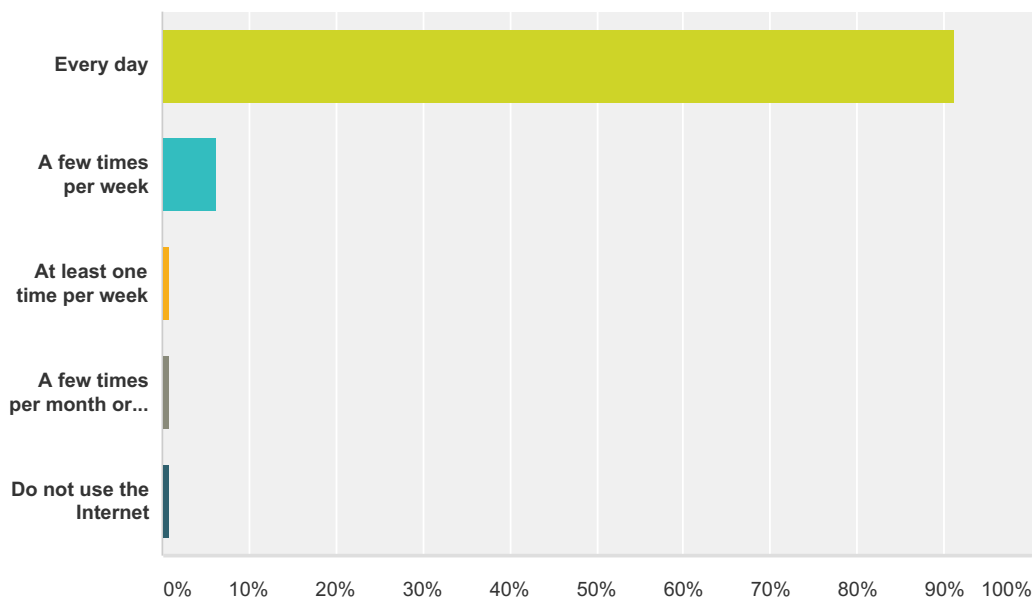
Answered: 83 Skipped: 31



Answer Choices	Responses	
iPhone	38.55%	32
Android (such as Samsung, HTC, LG, Google Nexus, Nokia)	60.24%	50
Other	1.20%	1
Total		83

Q7 How often do you use the Internet?

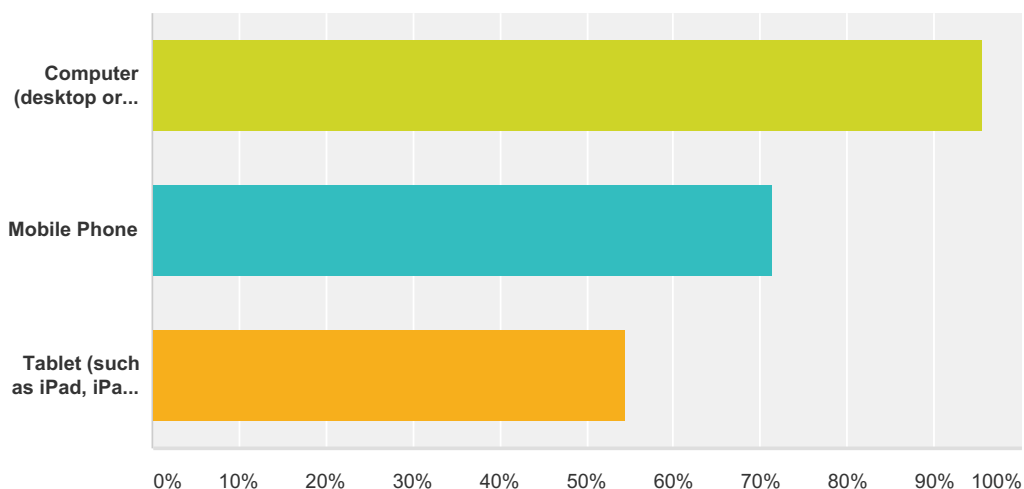
Answered: 113 Skipped: 1



Answer Choices	Responses	
Every day	91.15%	103
A few times per week	6.19%	7
At least one time per week	0.88%	1
A few times per month or less	0.88%	1
Do not use the Internet	0.88%	1
Total		113

Q8 What device do you use to access the Internet? Please check all that apply.

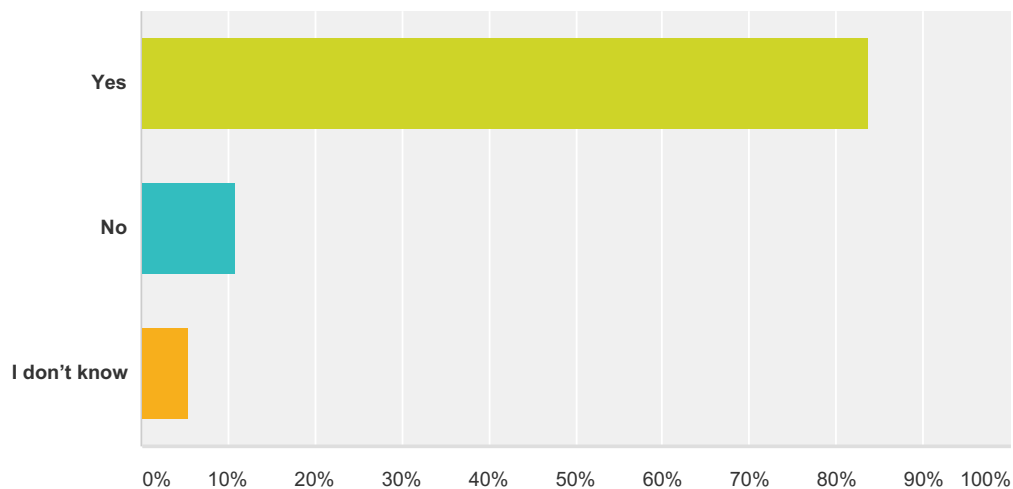
Answered: 112 Skipped: 2



Answer Choices	Responses	
Computer (desktop or laptop)	95.54%	107
Mobile Phone	71.43%	80
Tablet (such as iPad, iPad Mini, Kindle Fire, or Samsung Galaxy)	54.46%	61
Total Respondents: 112		

Q9 Do you use high-speed internet where you live?

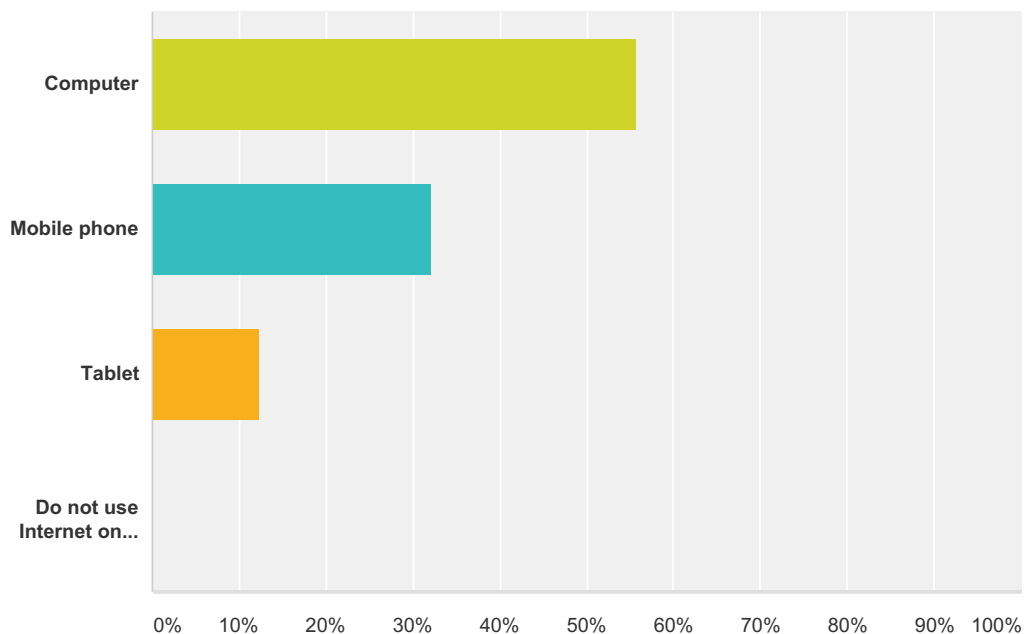
Answered: 111 Skipped: 3



Answer Choices	Responses	
Yes	83.78%	93
No	10.81%	12
I don't know	5.41%	6
Total		111

Q10 If you access the Internet with more than one device, which do you use the most often?

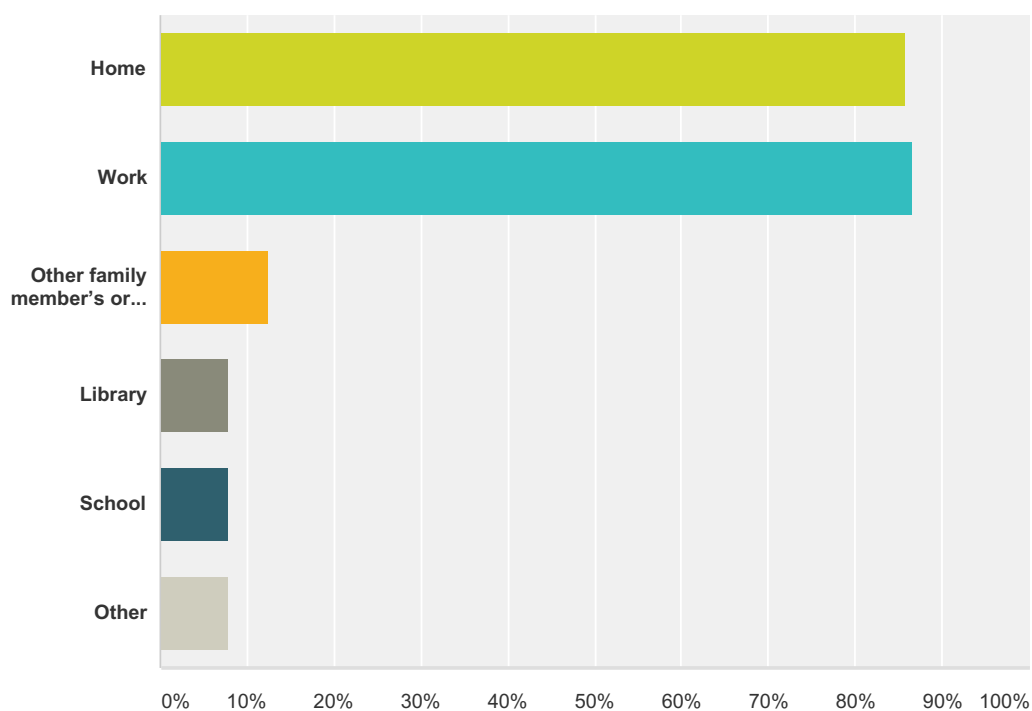
Answered: 106 Skipped: 8



Answer Choices	Responses	
Computer	55.66%	59
Mobile phone	32.08%	34
Tablet	12.26%	13
Do not use Internet on more than 1 device	0.00%	0
Total		106

Q11 Where do you most often use the Internet? Please check all that apply.

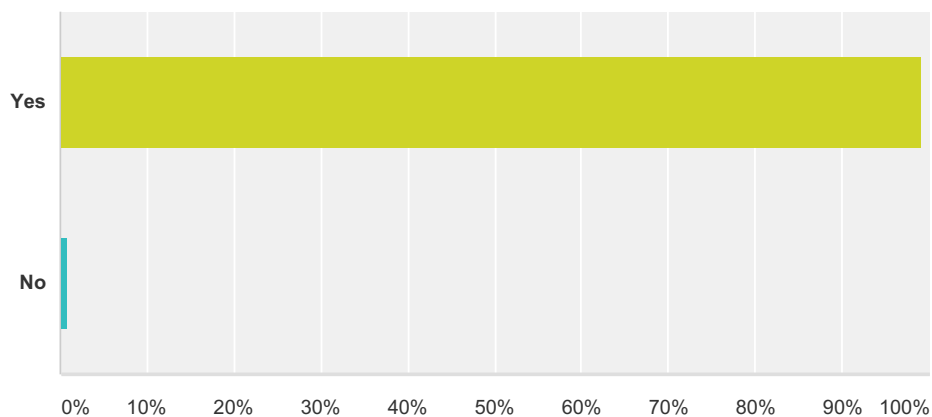
Answered: 112 Skipped: 2



Answer Choices	Responses	
Home	85.71%	96
Work	86.61%	97
Other family member's or friend's home	12.50%	14
Library	8.04%	9
School	8.04%	9
Other	8.04%	9
Total Respondents: 112		

Q12 Do you use the Internet currently to look up or read about nutrition or food information?

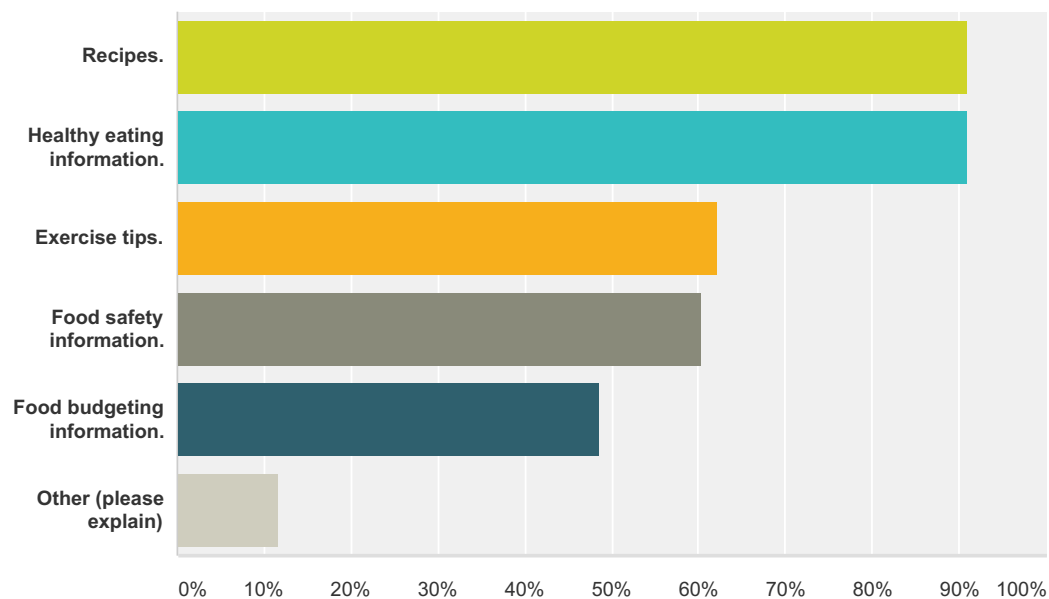
Answered: 111 Skipped: 3



Answer Choices	Responses	
Yes	99.10%	110
No	0.90%	1
Total		111

Q13 Please select what you have used the Internet to learn more about in the past month (select all that apply):

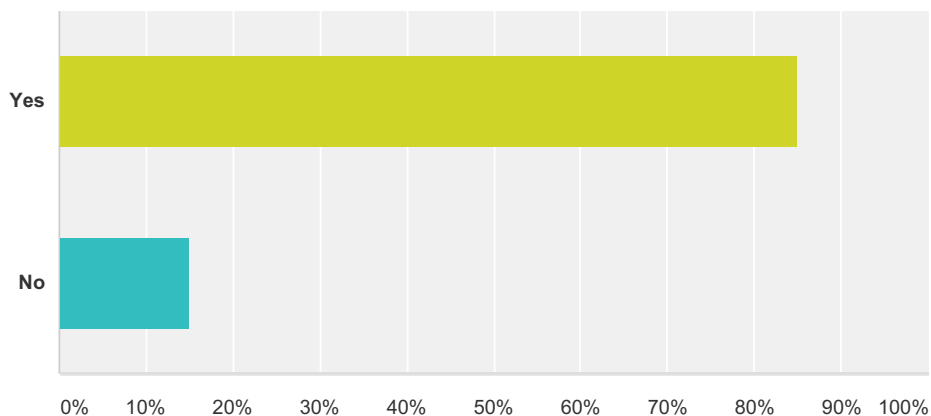
Answered: 111 Skipped: 3



Answer Choices	Responses
Recipes.	90.99% 101
Healthy eating information.	90.99% 101
Exercise tips.	62.16% 69
Food safety information.	60.36% 67
Food budgeting information.	48.65% 54
Other (please explain)	11.71% 13
Total Respondents: 111	

Q14 Do you use social media sites, such as Facebook, Twitter, Instagram, or Pinterest?

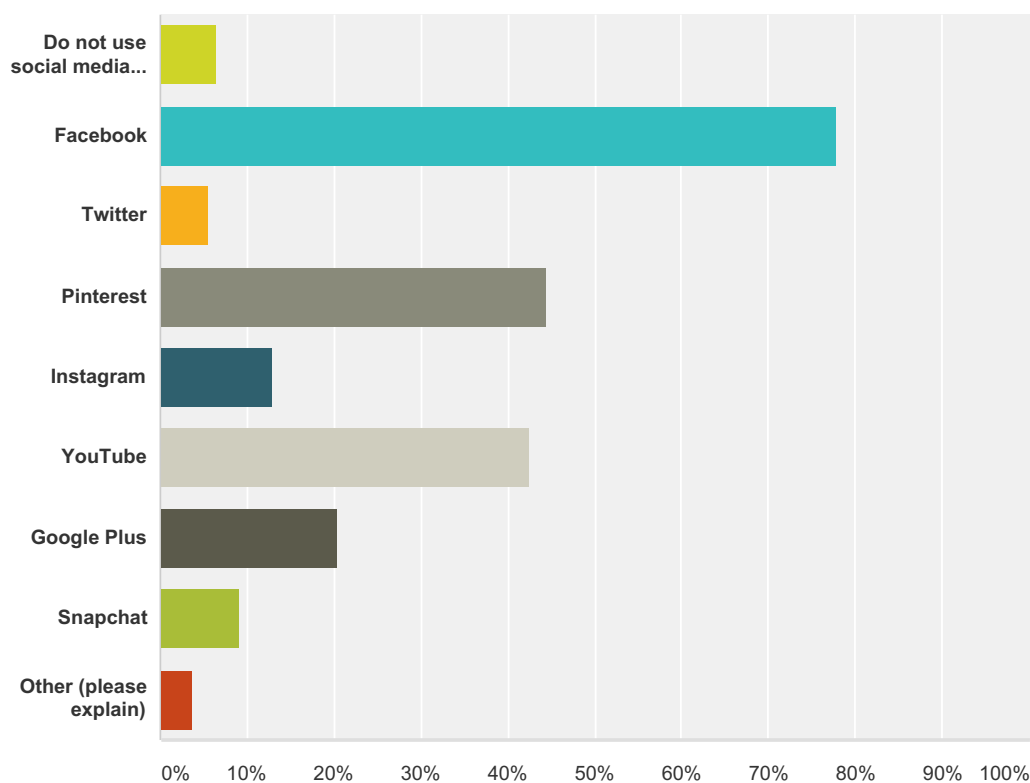
Answered: 113 Skipped: 1



Answer Choices	Responses	
Yes	84.96%	96
No	15.04%	17
Total		113

Q15 Select which social media sites that you use at least weekly (select all that apply):

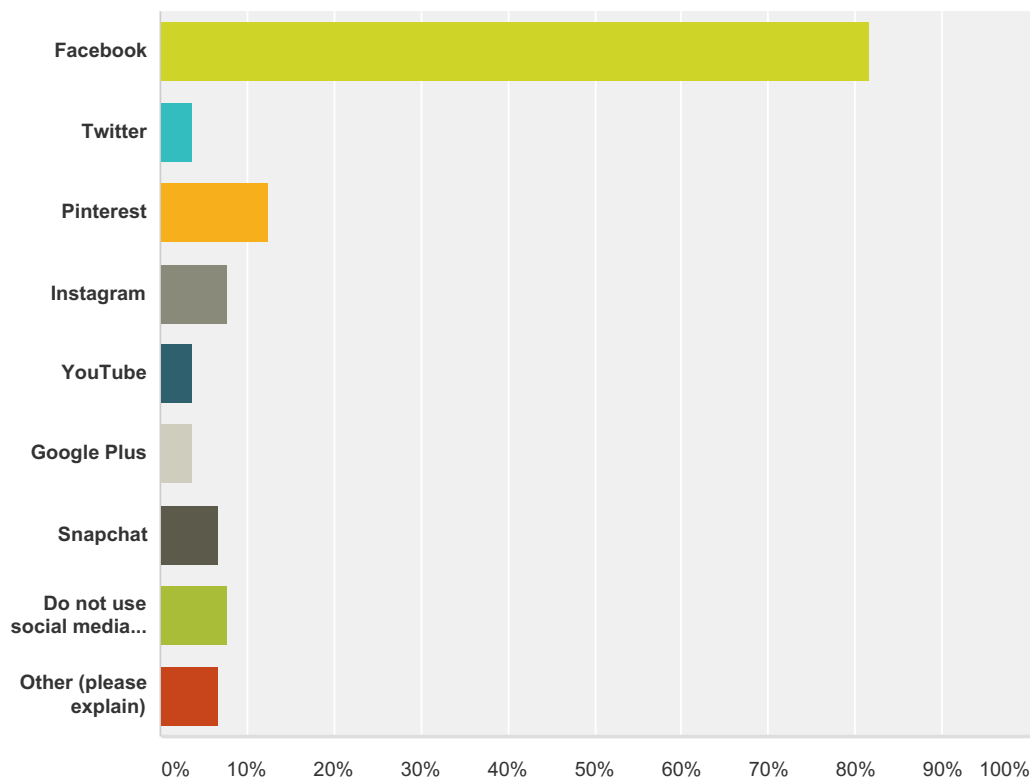
Answered: 108 Skipped: 6



Answer Choices	Responses
Do not use social media sites	6.48% 7
Facebook	77.78% 84
Twitter	5.56% 6
Pinterest	44.44% 48
Instagram	12.96% 14
YouTube	42.59% 46
Google Plus	20.37% 22
Snapchat	9.26% 10
Other (please explain)	3.70% 4
Total Respondents: 108	

Q16 Select which social media sites that you use mostly for social interaction, such as staying in touch with family and friends (select all that apply):

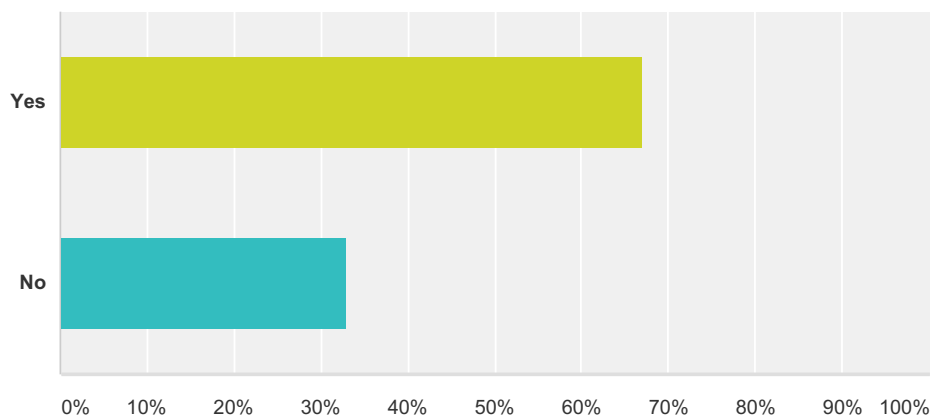
Answered: 104 Skipped: 10



Answer Choices	Responses
Facebook	81.73% 85
Twitter	3.85% 4
Pinterest	12.50% 13
Instagram	7.69% 8
YouTube	3.85% 4
Google Plus	3.85% 4
Snapchat	6.73% 7
Do not use social media sites	7.69% 8
Other (please explain)	6.73% 7
Total Respondents: 104	

Q17 Do you use any social media sites currently to look up or read about nutrition or food information

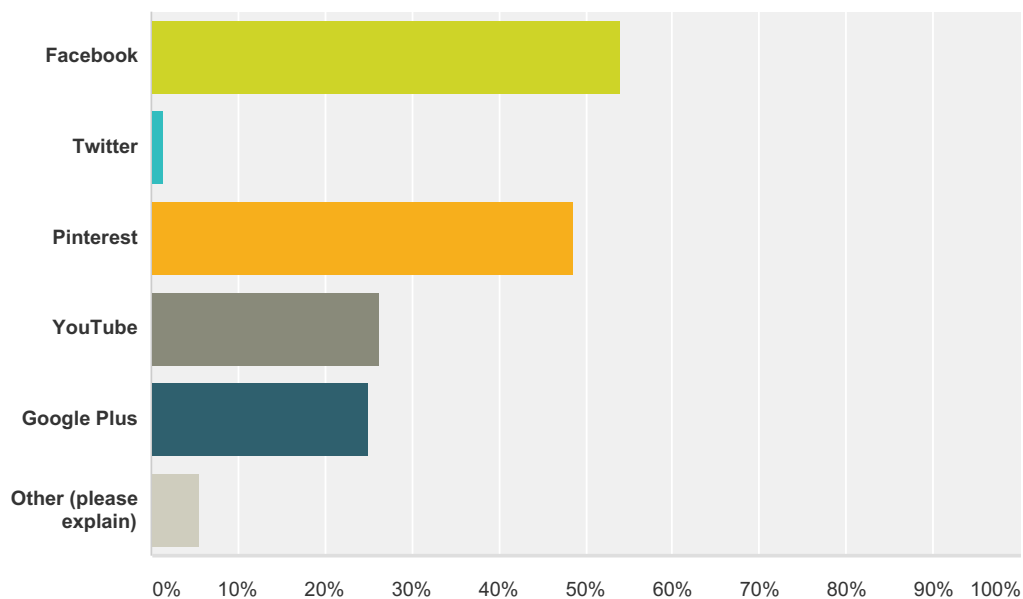
Answered: 112 Skipped: 2



Answer Choices	Responses	
Yes	66.96%	75
No	33.04%	37
Total		112

Q18 Select which social media sites that you use to look up or read about nutrition or food information (select all that apply):

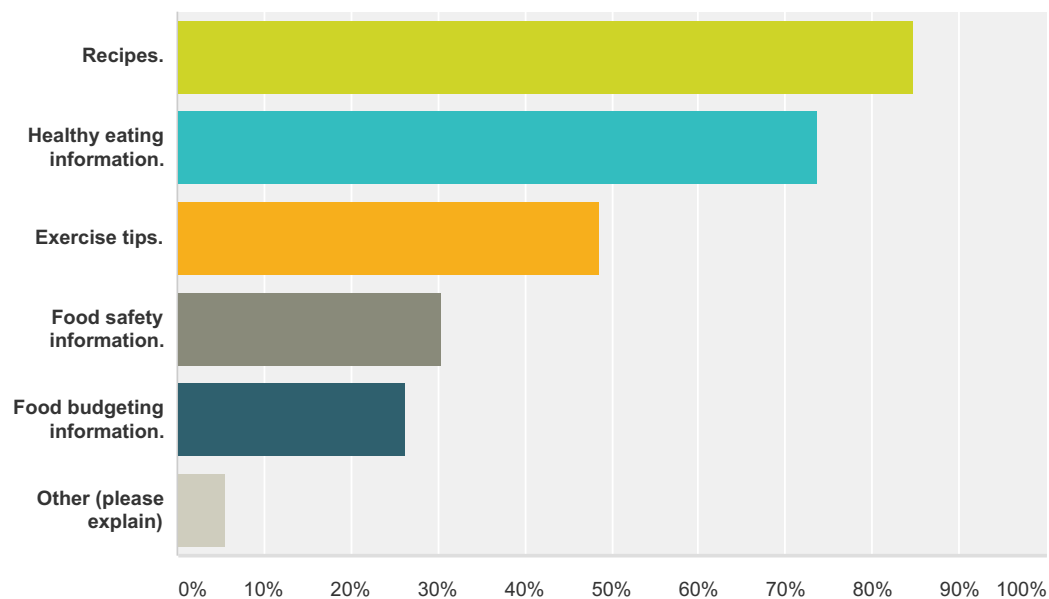
Answered: 72 Skipped: 42



Answer Choices	Responses	
Facebook	54.17%	39
Twitter	1.39%	1
Pinterest	48.61%	35
YouTube	26.39%	19
Google Plus	25.00%	18
Other (please explain)	5.56%	4
Total Respondents: 72		

Q19 Please select what you have used social media to learn more about in the past month (select all that apply):

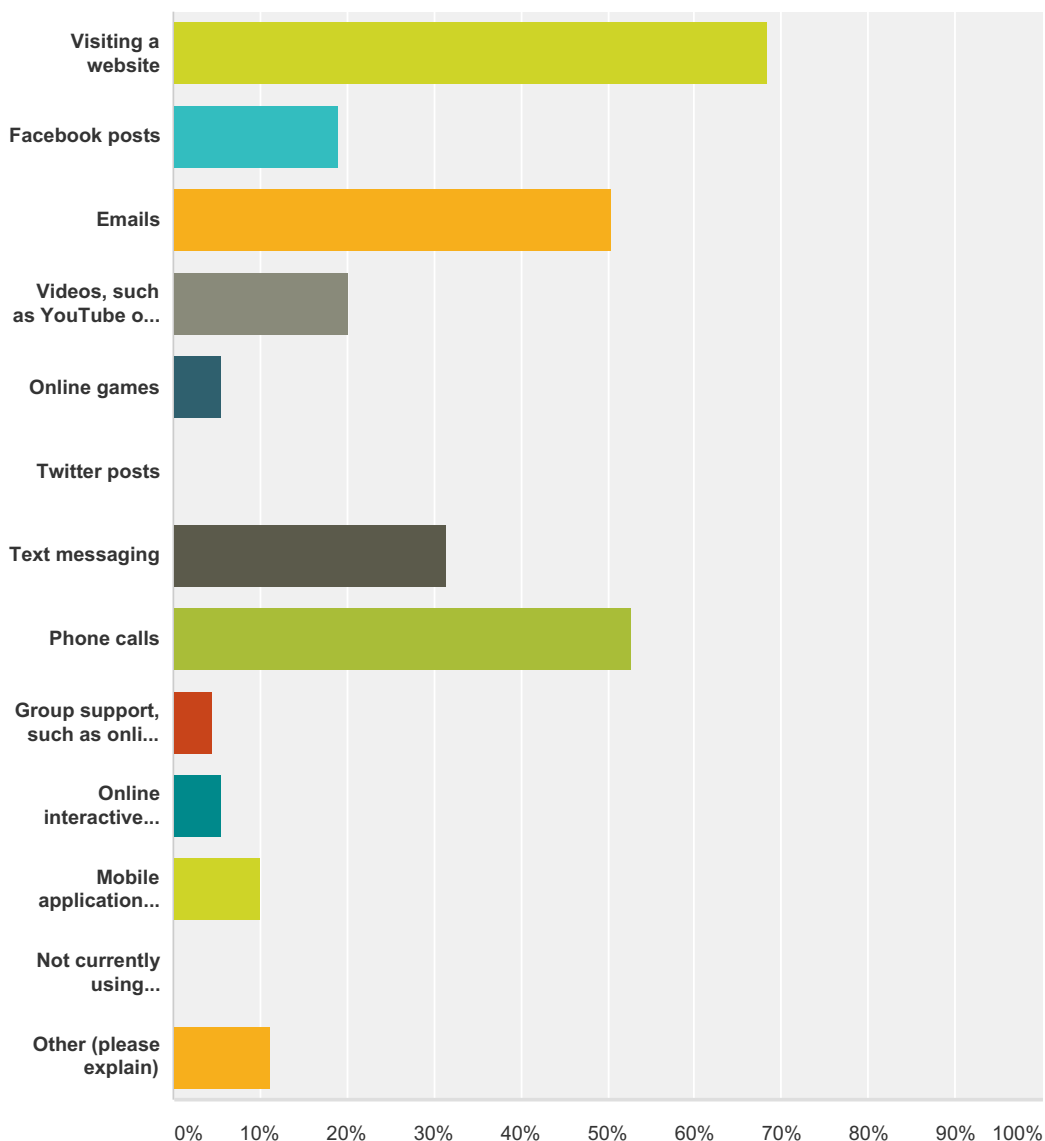
Answered: 72 Skipped: 42



Answer Choices	Responses	
Recipes.	84.72%	61
Healthy eating information.	73.61%	53
Exercise tips.	48.61%	35
Food safety information.	30.56%	22
Food budgeting information.	26.39%	19
Other (please explain)	5.56%	4
Total Respondents: 72		

Q20 How are you currently using technology in your EFNEP programming or classes? Please select all that apply.

Answered: 89 Skipped: 25



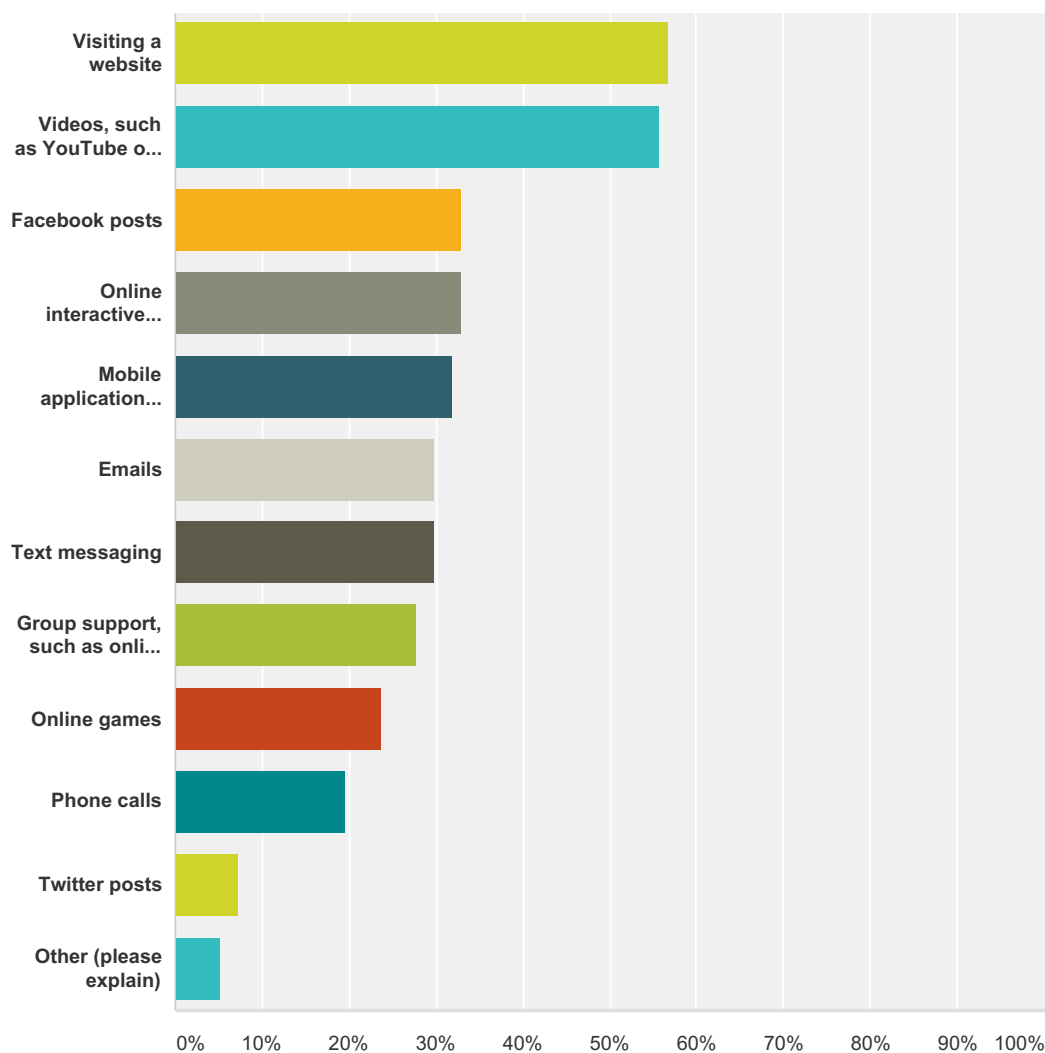
Answer Choices	Responses	
Visiting a website	68.54%	61
Facebook posts	19.10%	17
Emails	50.56%	45
Videos, such as YouTube or Vimeo	20.22%	18
Online games	5.62%	5
Twitter posts	0.00%	0

Expanded Food & Nutrition Education Program Technology Use Survey (Peer Educator Staff)

Text messaging	31.46%	28
Phone calls	52.81%	47
Group support, such as online group chats or message boards	4.49%	4
Online interactive group classes, such as lessons that include video chats	5.62%	5
Mobile application ("app") on phone	10.11%	9
Not currently using technology in class	0.00%	0
Other (please explain)	11.24%	10
Total Respondents: 89		

Q21 Which forms of technology do you think would be helpful to add to your EFNEP programming in the future? Please select all that apply.

Answered: 97 Skipped: 17



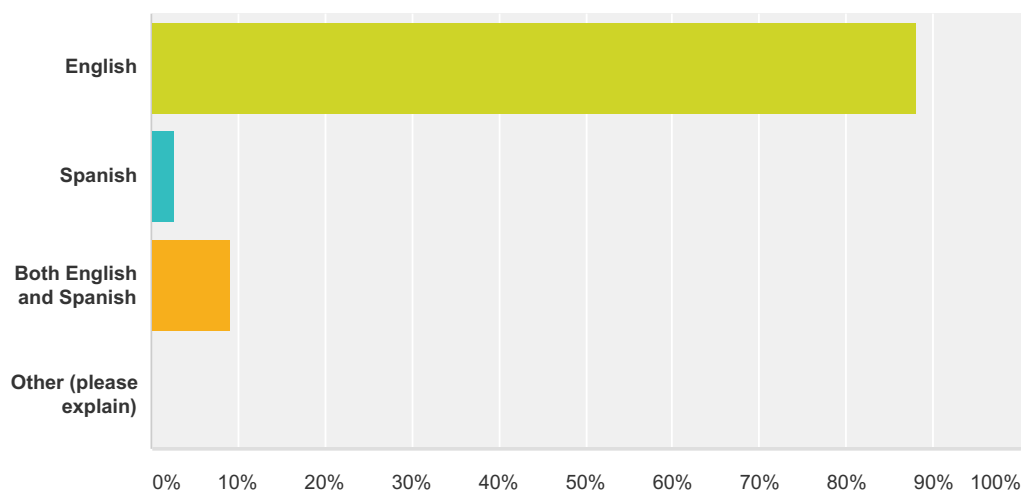
Answer Choices	Responses	
Visiting a website	56.70%	55
Videos, such as YouTube or Vimeo	55.67%	54
Facebook posts	32.99%	32
Online interactive group classes, such as lessons that include video chats	32.99%	32
Mobile application ("app") on phone	31.96%	31
Emails	29.90%	29

Expanded Food & Nutrition Education Program Technology Use Survey (Peer Educator Staff)

Text messaging	29.90%	29
Group support, such as online group chats or message boards	27.84%	27
Online games	23.71%	23
Phone calls	19.59%	19
Twitter posts	7.22%	7
Other (please explain)	5.15%	5
Total Respondents: 97		

Q22 What is your preferred language?

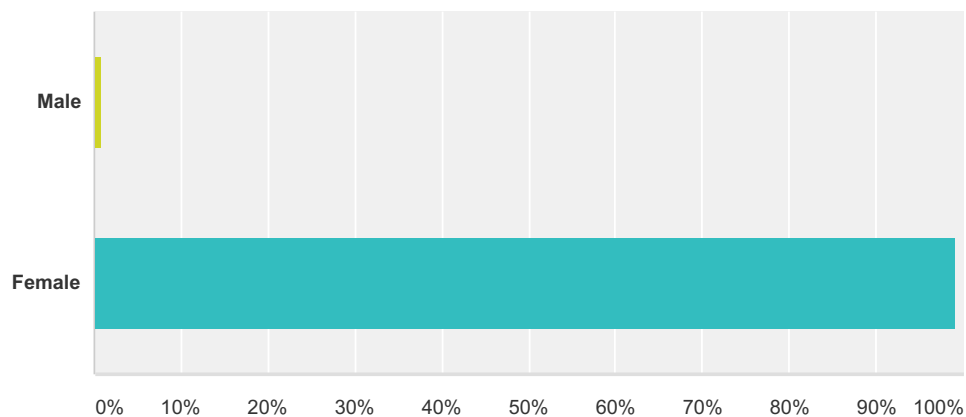
Answered: 110 Skipped: 4



Answer Choices	Responses	
English	88.18%	97
Spanish	2.73%	3
Both English and Spanish	9.09%	10
Other (please explain)	0.00%	0
Total		110

Q23 What is your gender?

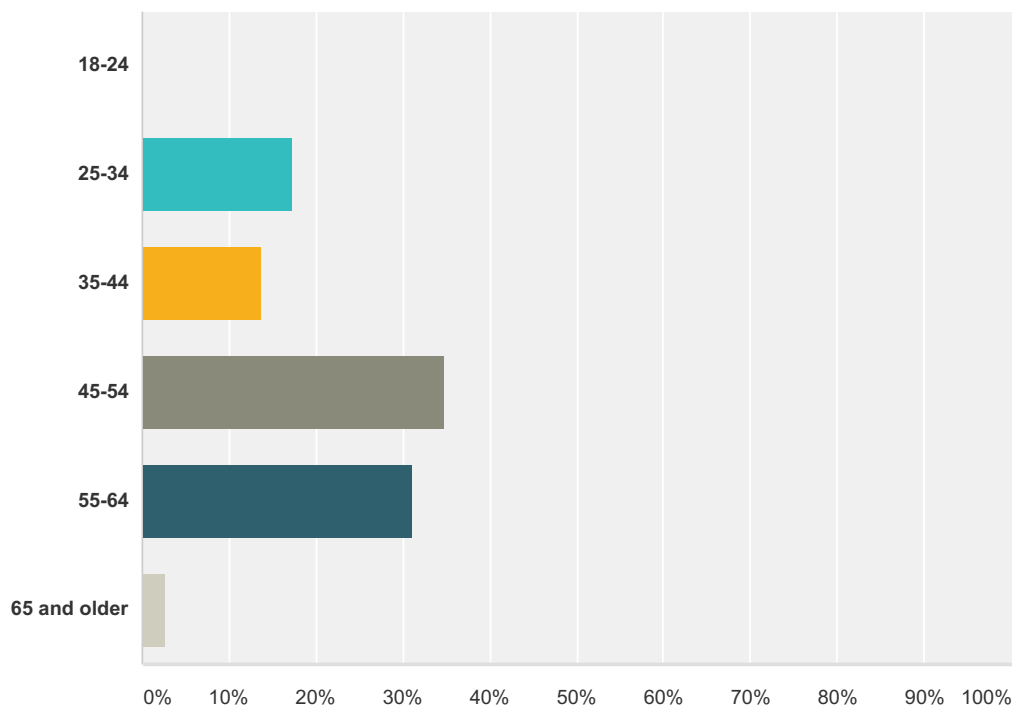
Answered: 108 Skipped: 6



Answer Choices	Responses	
Male	0.93%	1
Female	99.07%	107
Total		108

Q24 What is your age range?

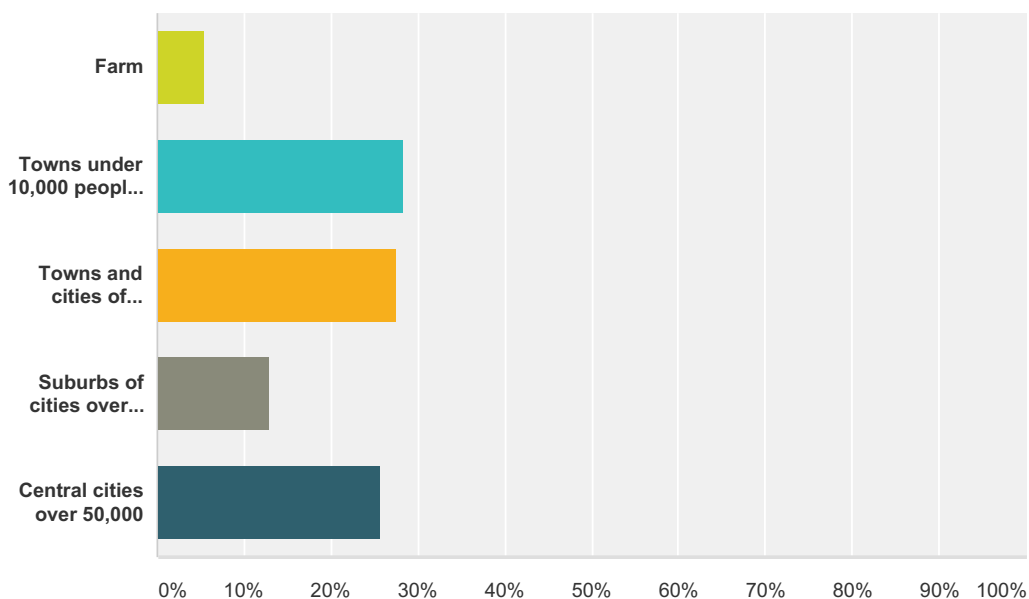
Answered: 109 Skipped: 5



Answer Choices	Responses
18-24	0.00% 0
25-34	17.43% 19
35-44	13.76% 15
45-54	34.86% 38
55-64	31.19% 34
65 and older	2.75% 3
Total	109

Q25 How would you describe the area that you live?

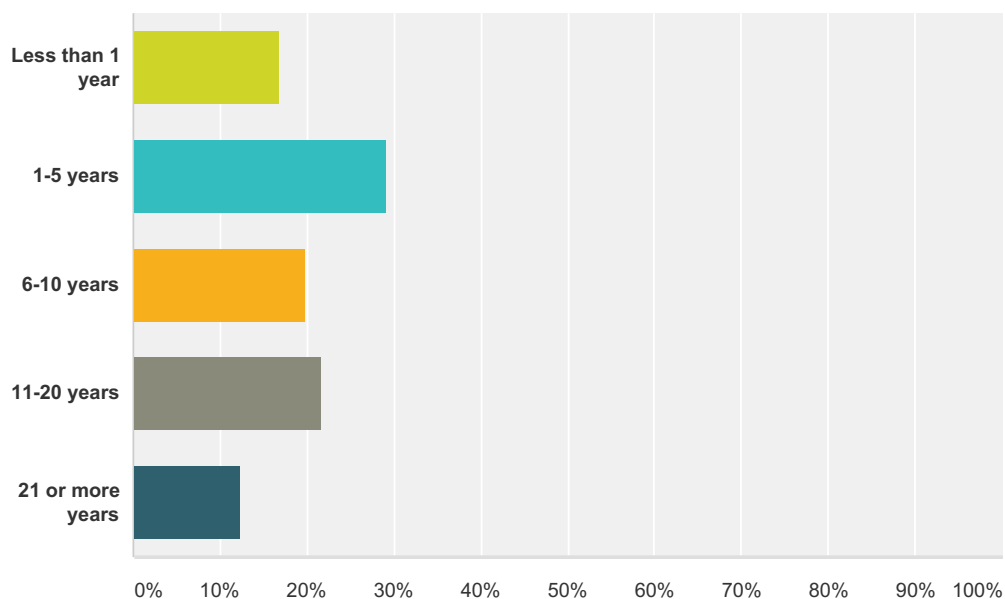
Answered: 109 Skipped: 5



Answer Choices	Responses	
Farm	5.50%	6
Towns under 10,000 people and rural non-farms	28.44%	31
Towns and cities of 10,000 to 50,000 people and their suburbs	27.52%	30
Suburbs of cities over 50,000 people	12.84%	14
Central cities over 50,000	25.69%	28
Total		109

Q26 How long have you worked with EFNEP?

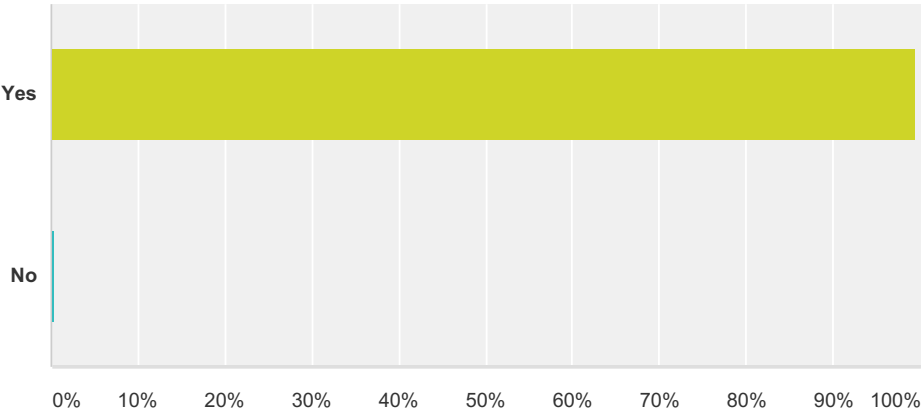
Answered: 106 Skipped: 8



Answer Choices	Responses	
Less than 1 year	16.98%	18
1-5 years	29.25%	31
6-10 years	19.81%	21
11-20 years	21.70%	23
21 or more years	12.26%	13
Total		106

Q1 Do you want to continue taking the survey?

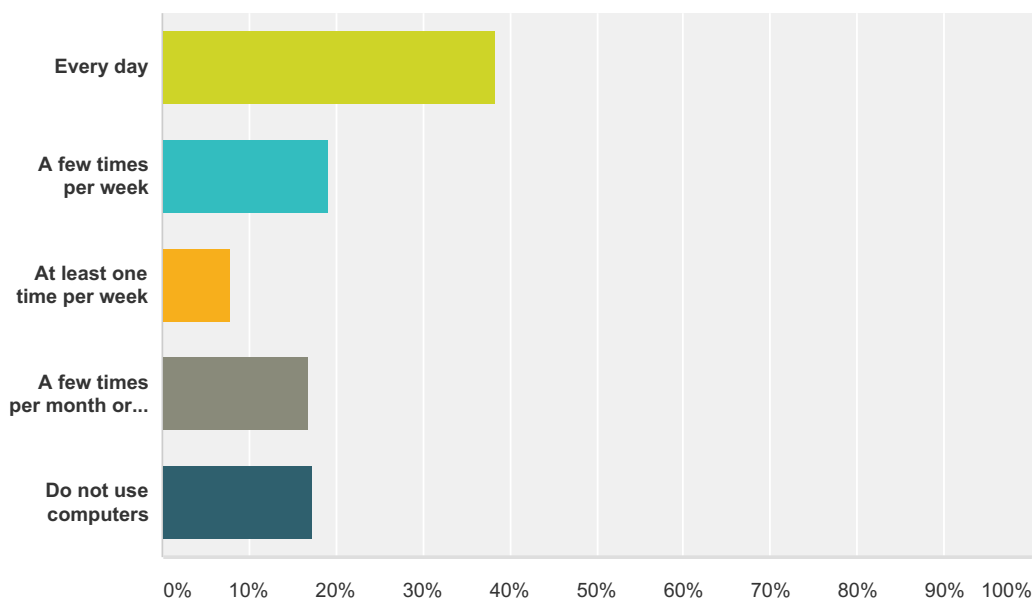
Answered: 589 Skipped: 0



Answer Choices	Responses	
Yes	99.66%	587
No	0.34%	2
Total		589

Q2 How Often Do You Use a Computer (Desktop or Laptop)?

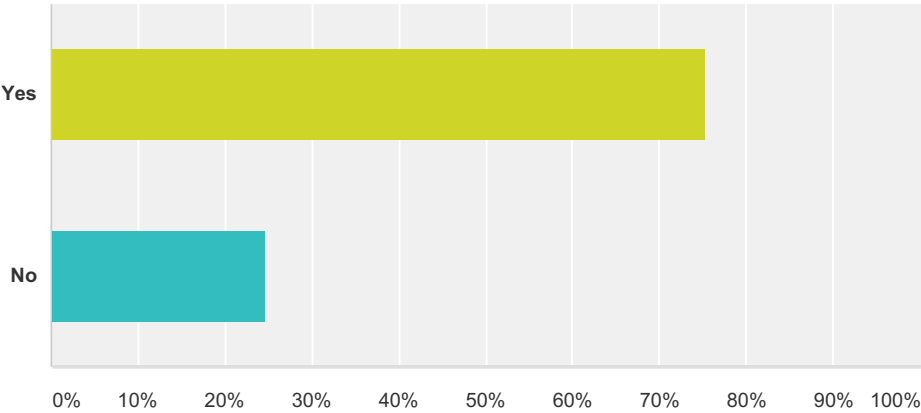
Answered: 582 Skipped: 7



Answer Choices	Responses	
Every day	38.49%	224
A few times per week	19.24%	112
At least one time per week	7.90%	46
A few times per month or less	17.01%	99
Do not use computers	17.35%	101
Total		582

Q3 Do you have a computer that you use where you currently live?

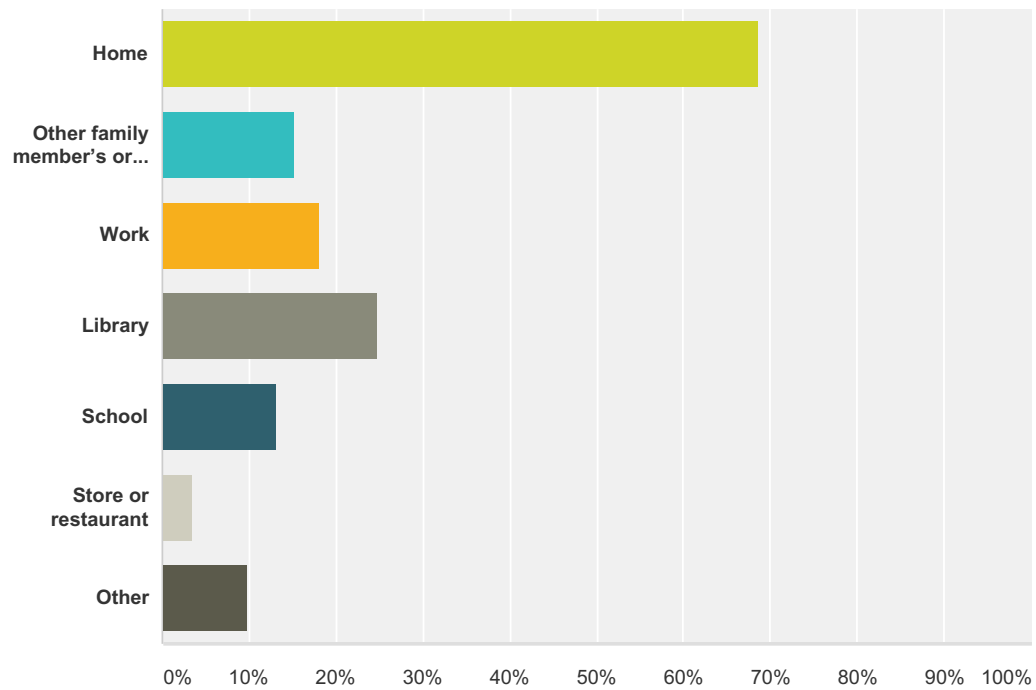
Answered: 481 Skipped: 108



Answer Choices	Responses	
Yes	75.47%	363
No	24.53%	118
Total		481

Q4 Where do you most often use a computer? Please check all that apply.

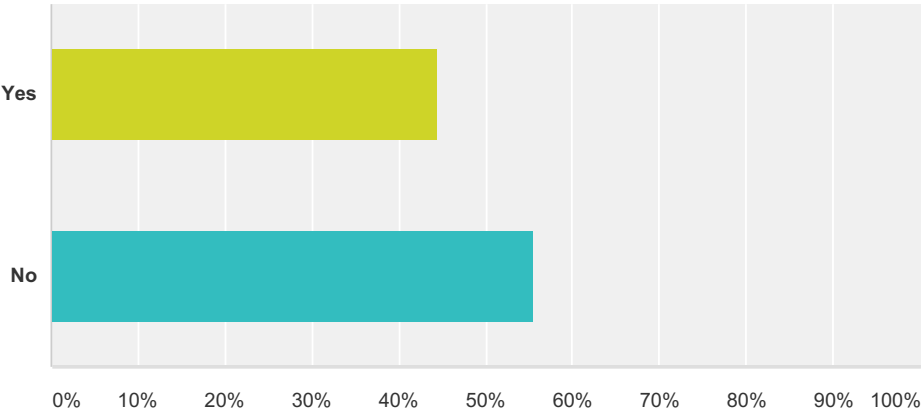
Answered: 479 Skipped: 110



Answer Choices	Responses	
Home	68.68%	329
Other family member's or friend's home	15.24%	73
Work	18.16%	87
Library	24.84%	119
School	13.15%	63
Store or restaurant	3.55%	17
Other	9.81%	47
Total Respondents: 479		

Q5 Do you have a landline telephone where you live?

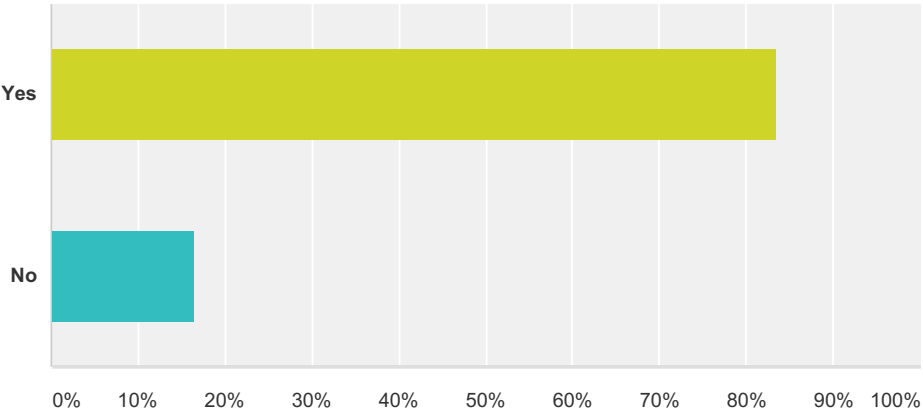
Answered: 577 Skipped: 12



Answer Choices	Responses	
Yes	44.54%	257
No	55.46%	320
Total		577

Q6 Do you have a mobile phone with active service?

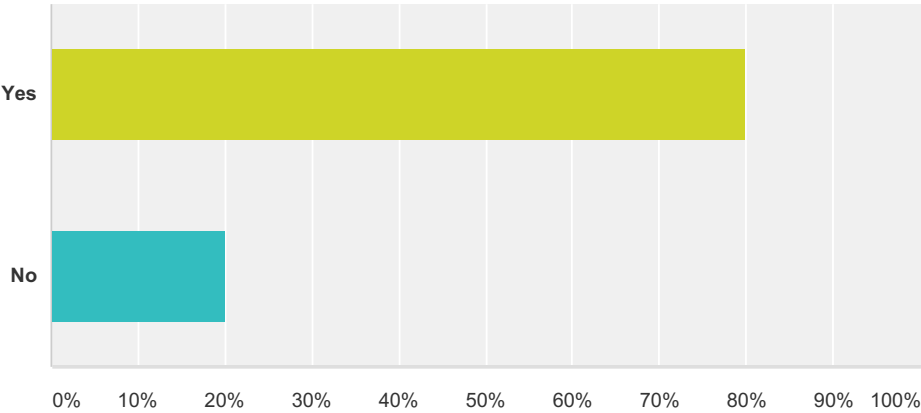
Answered: 578 Skipped: 11



Answer Choices	Responses	
Yes	83.56%	483
No	16.44%	95
Total		578

Q7 Do you send and get text messages from a mobile phone?

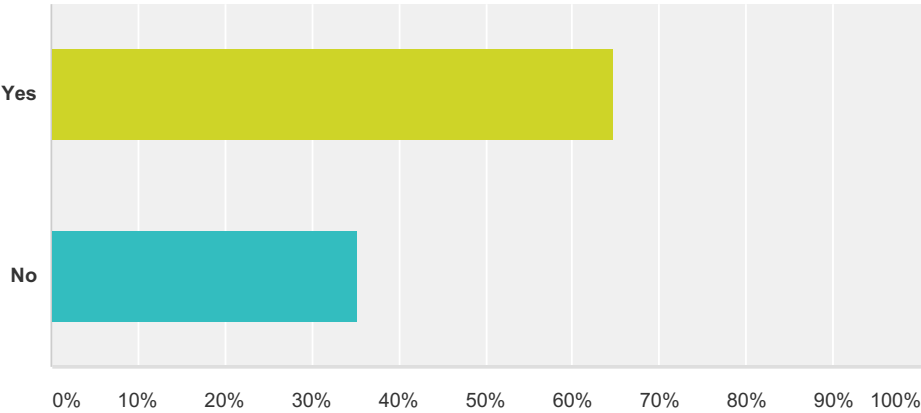
Answered: 581 Skipped: 8



Answer Choices	Responses	
Yes	80.03%	465
No	19.97%	116
Total		581

Q8 Do you have a Smart phone that can download and use applications (“apps”)?

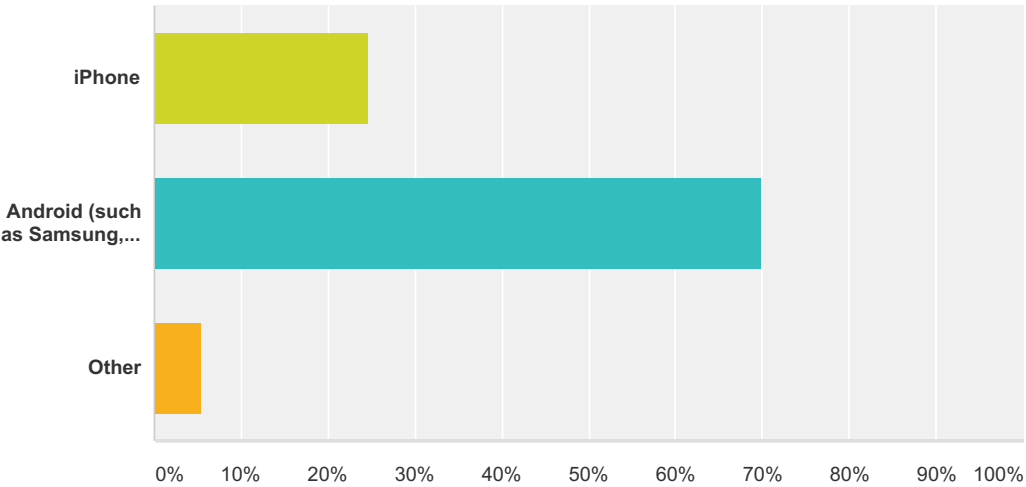
Answered: 571 Skipped: 18



Answer Choices	Responses	
Yes	64.62%	369
No	35.38%	202
Total		571

Q9 What type of Smart Phone do you use?

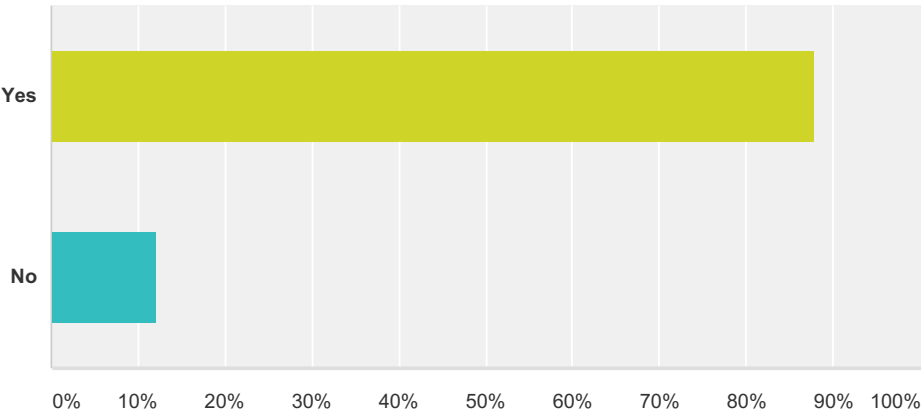
Answered: 369 Skipped: 220



Answer Choices	Responses	
iPhone	24.66%	91
Android (such as Samsung, HTC, LG, Google Nexus, Nokia)	69.92%	258
Other	5.42%	20
Total		369

Q10 Do you use the Internet?

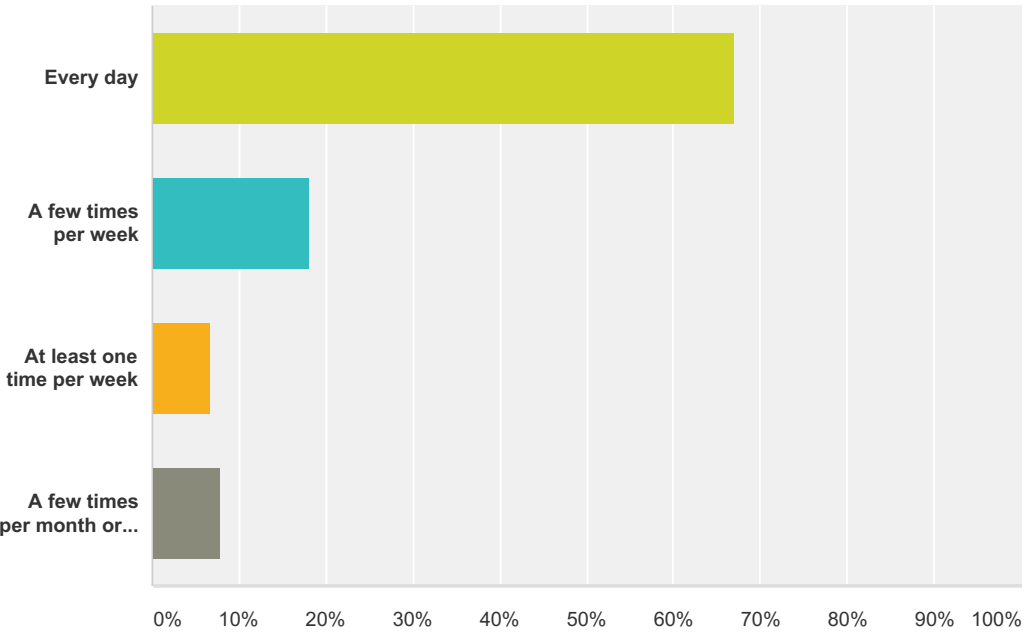
Answered: 575 Skipped: 14



Answer Choices	Responses	
Yes	87.83%	505
No	12.17%	70
Total		575

Q11 How often do you use the Internet?

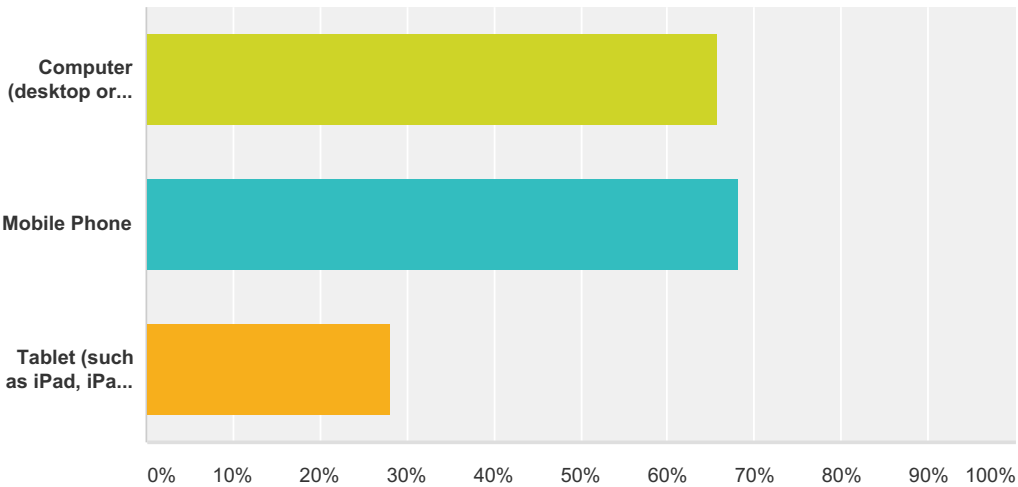
Answered: 489 Skipped: 100



Answer Choices	Responses	
Every day	67.08%	328
A few times per week	18.20%	89
At least one time per week	6.75%	33
A few times per month or less	7.98%	39
Total		489

Q12 What device do you use to access the Internet? Please check all that apply.

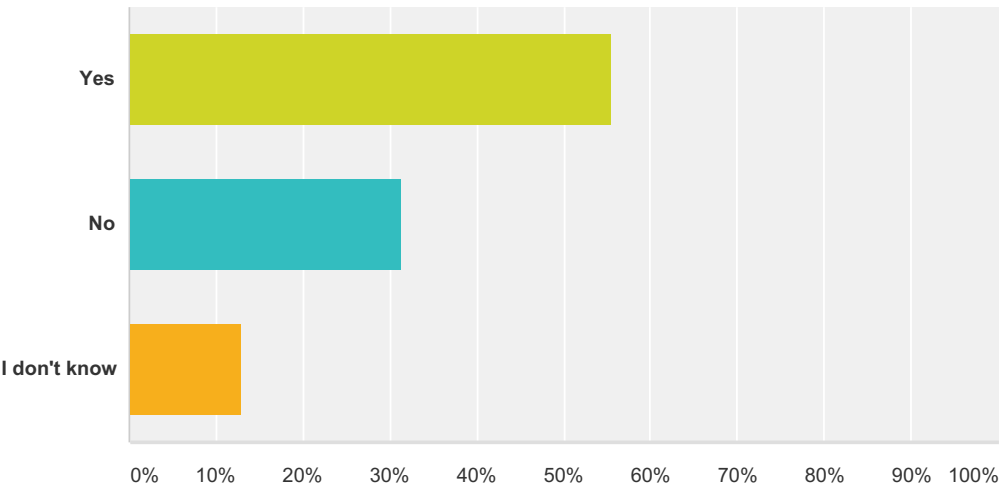
Answered: 495 Skipped: 94



Answer Choices	Responses	
Computer (desktop or laptop)	65.86%	326
Mobile Phone	68.28%	338
Tablet (such as iPad, iPad Mini, Kindle Fire, or Samsung Galaxy)	28.08%	139
Total Respondents: 495		

Q13 Do you use high-speed internet where you live?

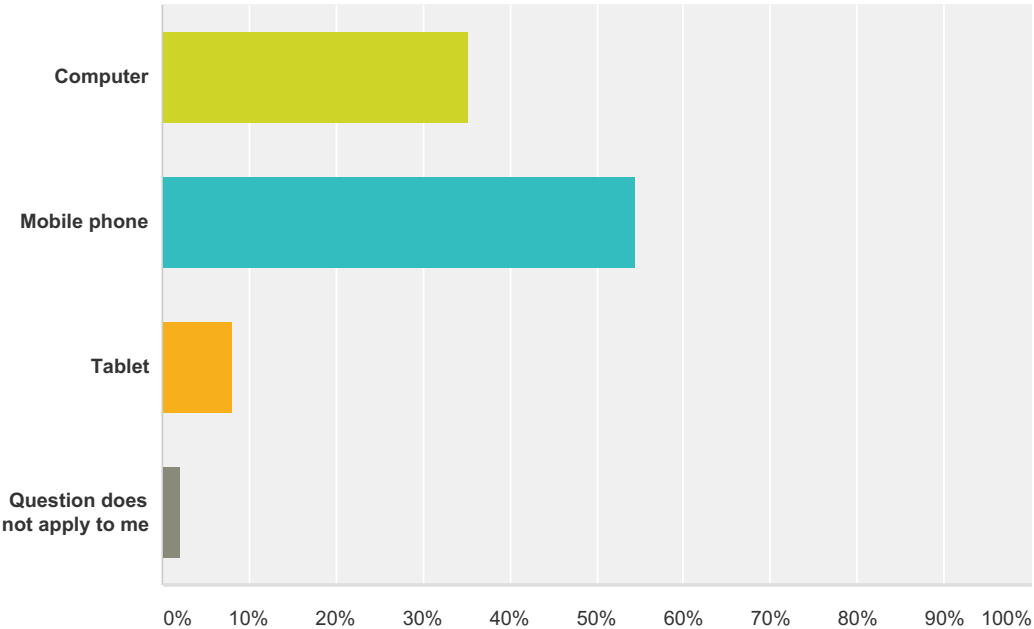
Answered: 500 Skipped: 89



Answer Choices	Responses	
Yes	55.60%	278
No	31.40%	157
I don't know	13.00%	65
Total		500

Q14 If you access the Internet with more than one device, which do you use the most often?

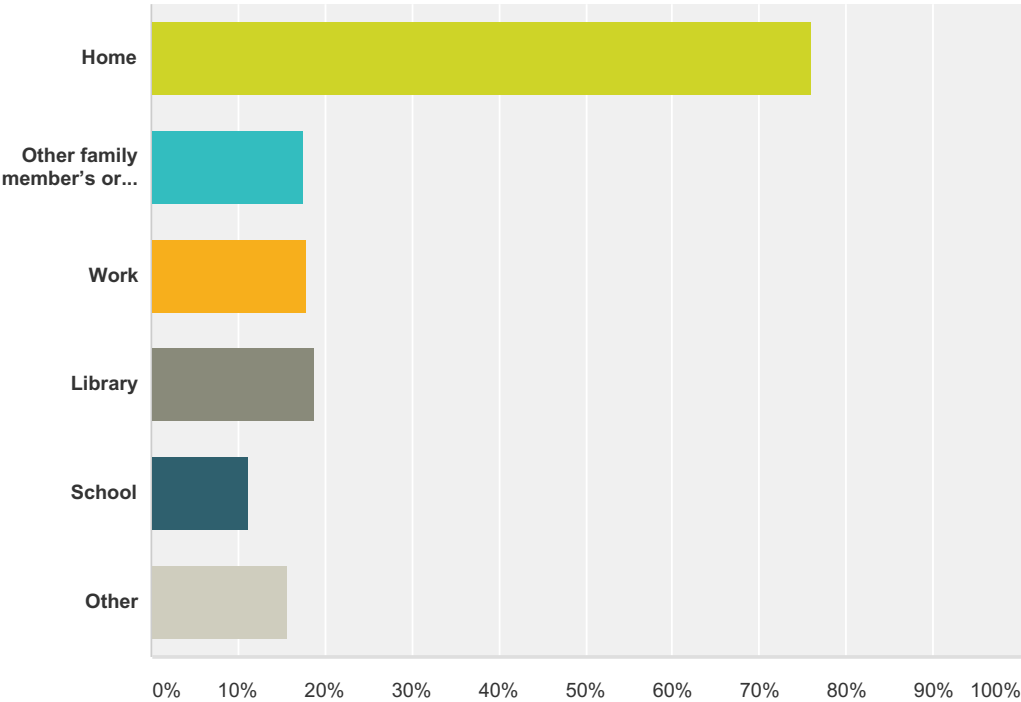
Answered: 467 Skipped: 122



Answer Choices	Responses	
Computer	35.33%	165
Mobile phone	54.39%	254
Tablet	8.14%	38
Question does not apply to me	2.14%	10
Total		467

Q15 Where do you most often use the Internet? Please check all that apply.

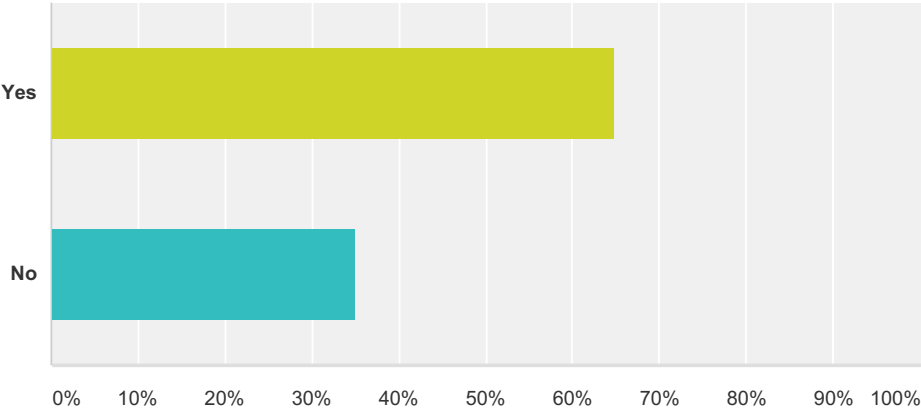
Answered: 475 Skipped: 114



Answer Choices	Responses	
Home	76.00%	361
Other family member's or friend's home	17.47%	83
Work	17.89%	85
Library	18.74%	89
School	11.37%	54
Other	15.58%	74
Total Respondents: 475		

Q16 Do you use the Internet currently to look up or read about nutrition or food information?

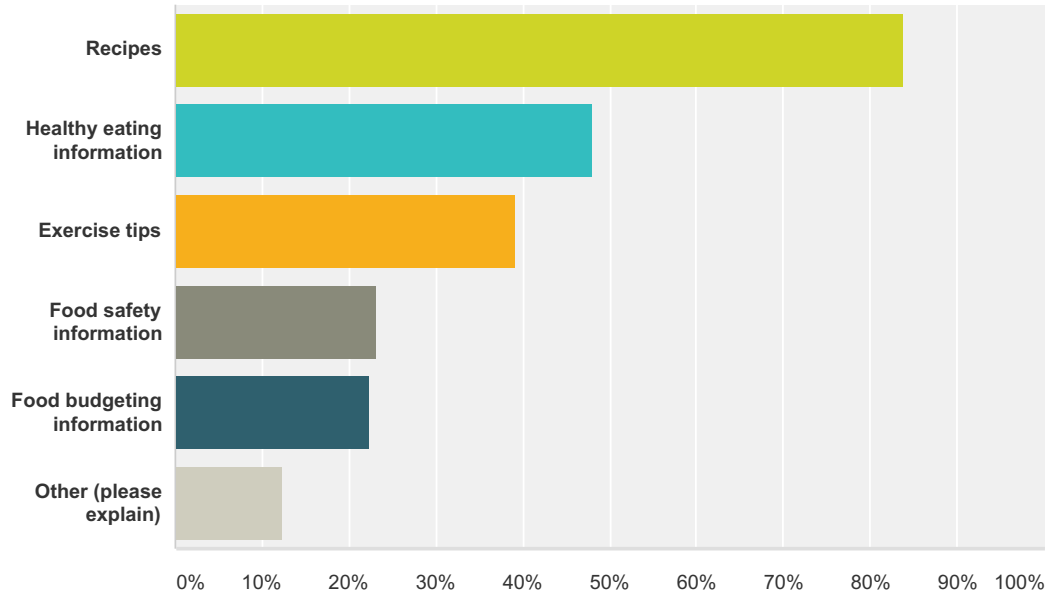
Answered: 506 Skipped: 83



Answer Choices	Responses	
Yes	65.02%	329
No	34.98%	177
Total		506

Q17 Please select what you have used the Internet to learn more about in the past month (select all that apply):

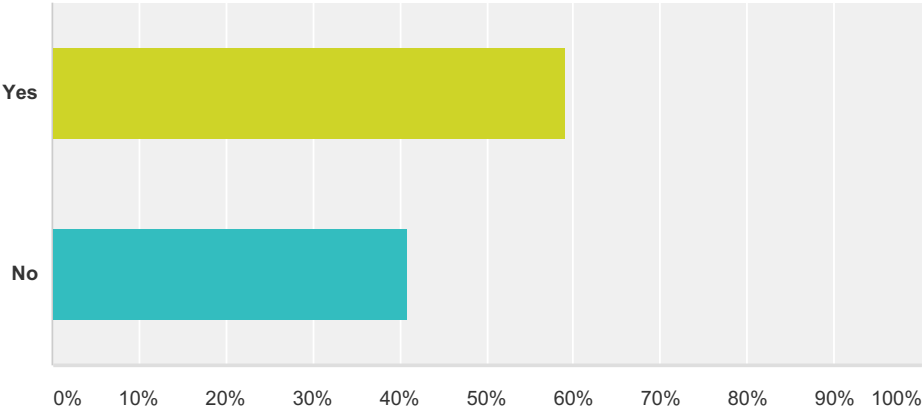
Answered: 323 Skipped: 266



Answer Choices	Responses
Recipes	83.90% 271
Healthy eating information	47.99% 155
Exercise tips	39.32% 127
Food safety information	23.22% 75
Food budgeting information	22.29% 72
Other (please explain)	12.38% 40
Total Respondents: 323	

Q18 Have you made changes to your eating or health habits as a result of the information you found on the internet?

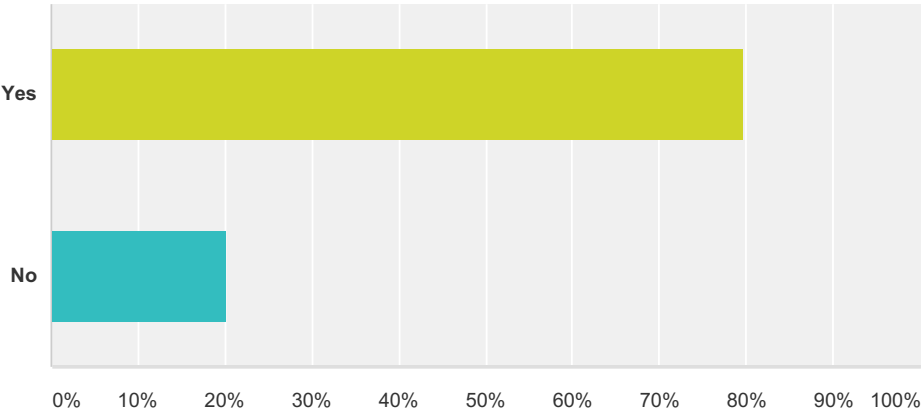
Answered: 480 Skipped: 109



Answer Choices	Responses	
Yes	59.17%	284
No	40.83%	196
Total		480

Q19 Do you use social media sites, such as Facebook, Twitter, Instagram, or Pinterest?

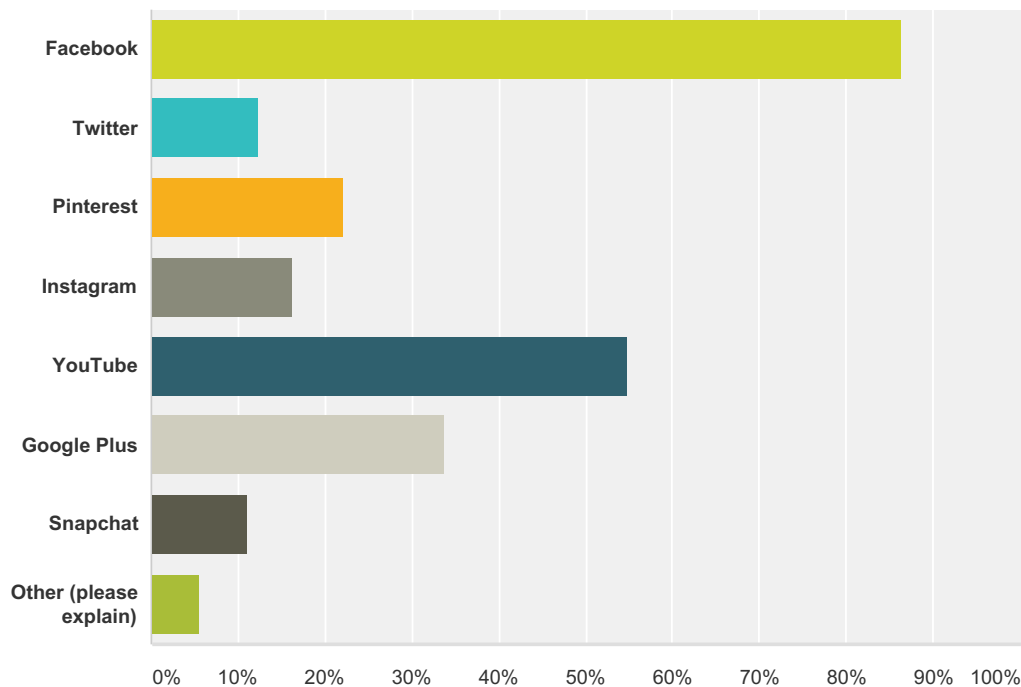
Answered: 574 Skipped: 15



Answer Choices	Responses	
Yes	79.79%	458
No	20.21%	116
Total		574

Q20 Select which social media sites that you use at least weekly (select all that apply):

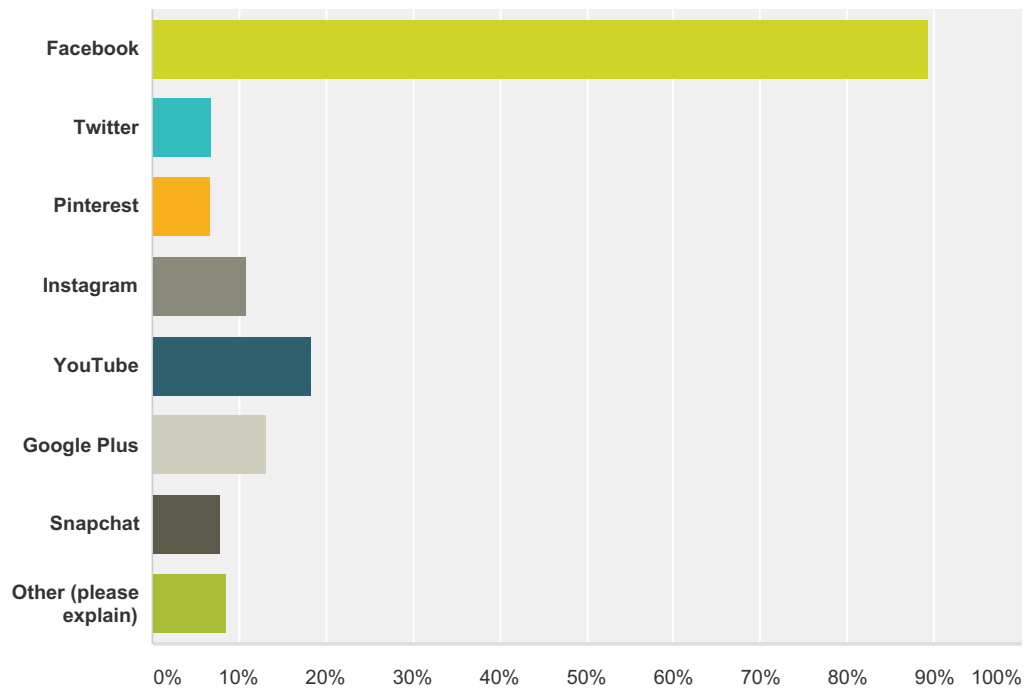
Answered: 444 Skipped: 145



Answer Choices	Responses
Facebook	86.49% 384
Twitter	12.39% 55
Pinterest	22.07% 98
Instagram	16.22% 72
YouTube	54.95% 244
Google Plus	33.78% 150
Snapchat	11.04% 49
Other (please explain)	5.63% 25
Total Respondents: 444	

Q21 Select which social media sites that you use mostly for social interaction, such as staying in touch with family and friends (select all that apply):

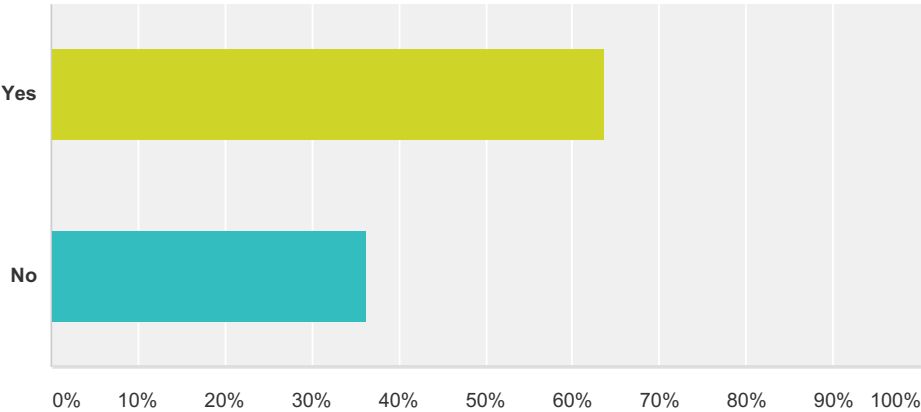
Answered: 432 Skipped: 157



Answer Choices	Responses
Facebook	89.35% 386
Twitter	6.94% 30
Pinterest	6.71% 29
Instagram	10.88% 47
YouTube	18.29% 79
Google Plus	13.19% 57
Snapchat	7.87% 34
Other (please explain)	8.56% 37
Total Respondents: 432	

Q22 Do you use any social media sites currently to look up or read about nutrition or food information, such as ideas for healthy eating, exercise, or recipes?

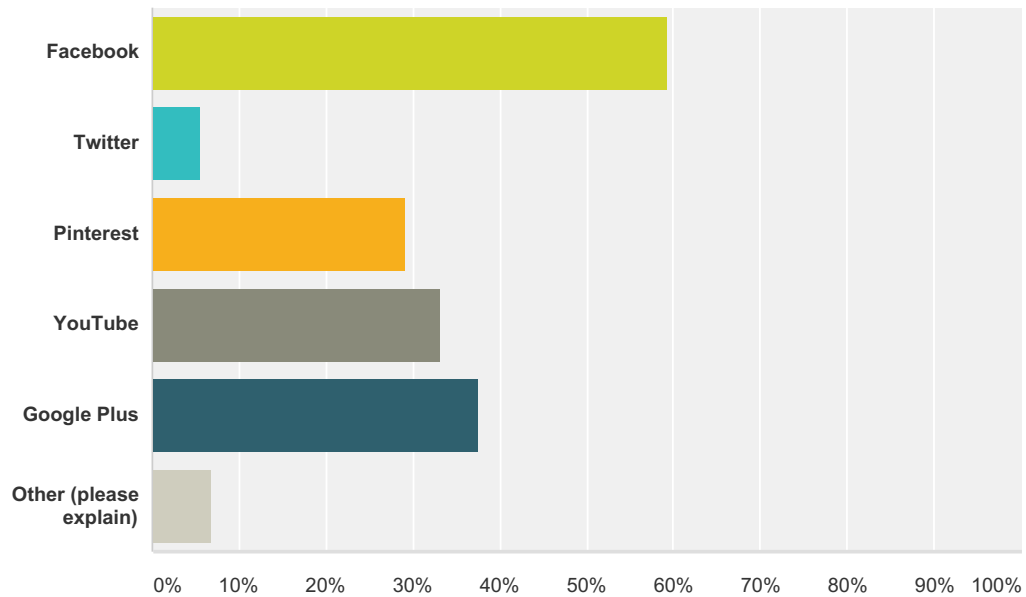
Answered: 452 Skipped: 137



Answer Choices	Responses
Yes	63.72%288
No	36.28%164
Total	452

Q23 Select which social media sites you use to look up or read about nutrition or food information (select all that apply):

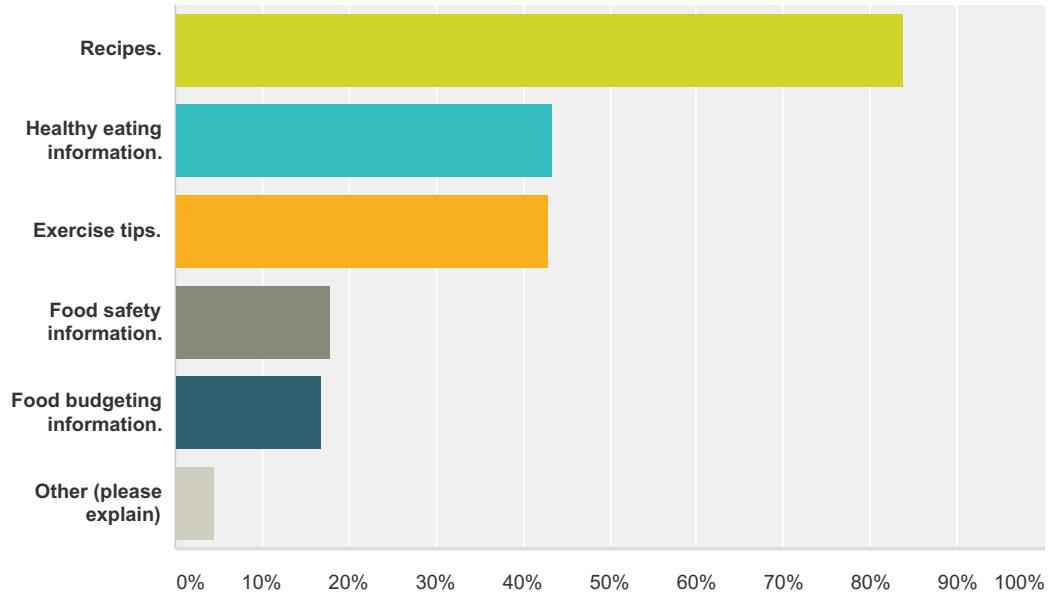
Answered: 280 Skipped: 309



Answer Choices	Responses	
Facebook	59.29%	166
Twitter	5.71%	16
Pinterest	29.29%	82
YouTube	33.21%	93
Google Plus	37.50%	105
Other (please explain)	6.79%	19
Total Respondents: 280		

Q24 Select what you have used social media to learn more about in the past month (select all that apply):

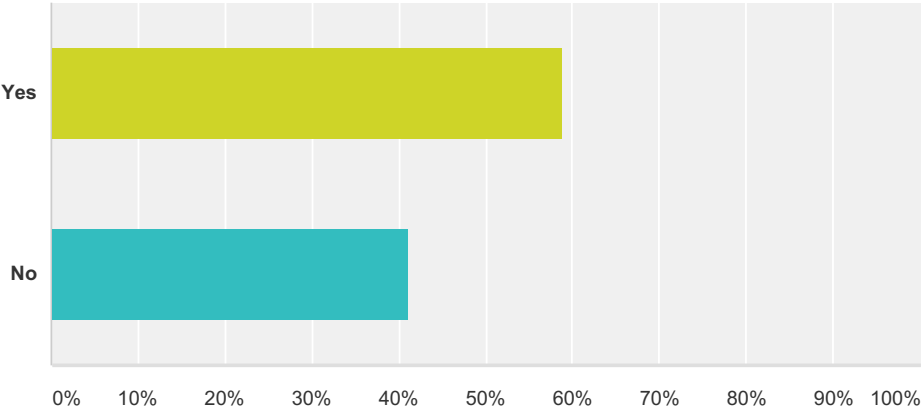
Answered: 279 Skipped: 310



Answer Choices	Responses	
Recipes.	83.87%	234
Healthy eating information.	43.37%	121
Exercise tips.	43.01%	120
Food safety information.	17.92%	50
Food budgeting information.	16.85%	47
Other (please explain)	4.66%	13
Total Respondents: 279		

**Q25 Have you made changes to your eating
or health habits as a result of the
information you found on social media?**

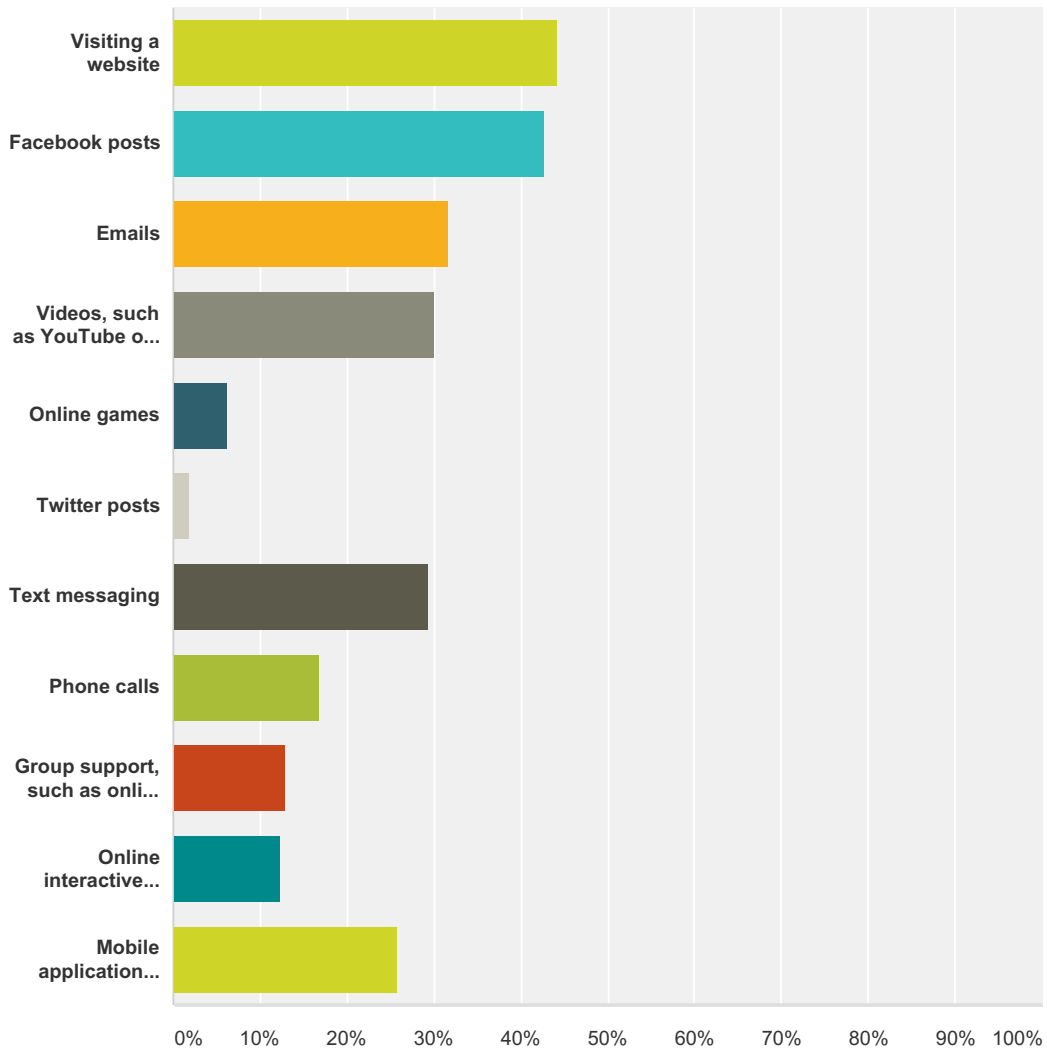
Answered: 424 Skipped: 165



Answer Choices	Responses	
Yes	58.96%	250
No	41.04%	174
Total		424

Q26 If you were to receive nutrition education in a method other than a classroom setting (using a form of technology), what format would you like to receive this in? Please select all that apply.

Answered: 512 Skipped: 77



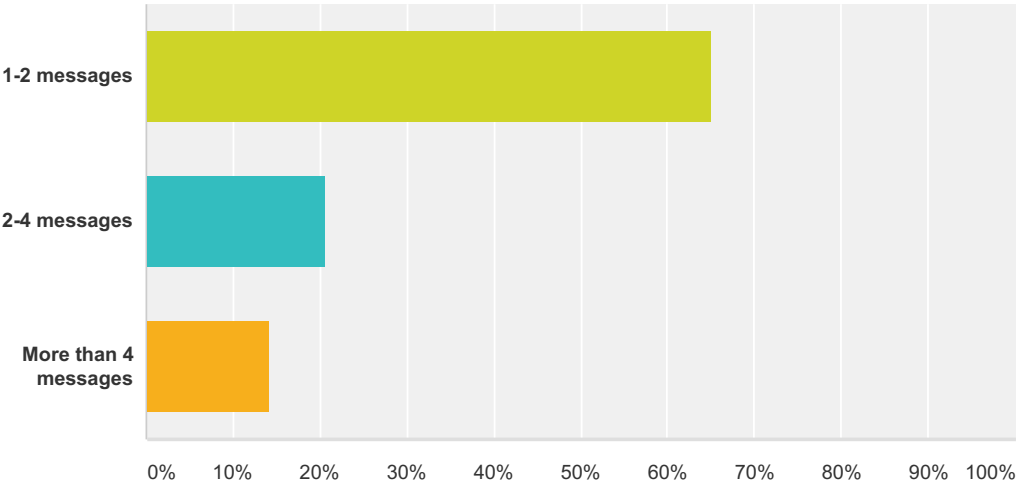
Answer Choices	Responses	
Visiting a website	44.34%	227
Facebook posts	42.77%	219
Emails	31.84%	163
Videos, such as YouTube or Vimeo	30.08%	154
Online games	6.25%	32
Twitter posts	1.95%	10

Expanded Food & Nutrition Education Program Technology Use Survey (Program Participants)

Text messaging	29.49%	151
Phone calls	16.99%	87
Group support, such as online group chats or message boards	12.89%	66
Online interactive group classes, such as lessons that include video chats	12.30%	63
Mobile application ("app") on phone	25.98%	133
Total Respondents: 512		

Q27 If you were to receive nutrition education via email, social media posts, or text messages, how many messages per week would you like to receive?

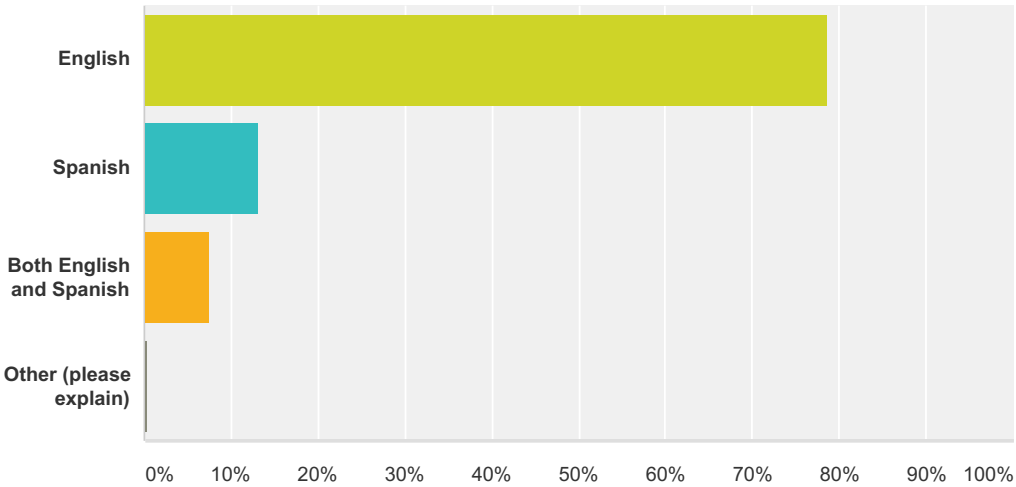
Answered: 493 Skipped: 96



Answer Choices	Responses	
1-2 messages	65.11%	321
2-4 messages	20.69%	102
More than 4 messages	14.20%	70
Total		493

Q28 What is your preferred language?

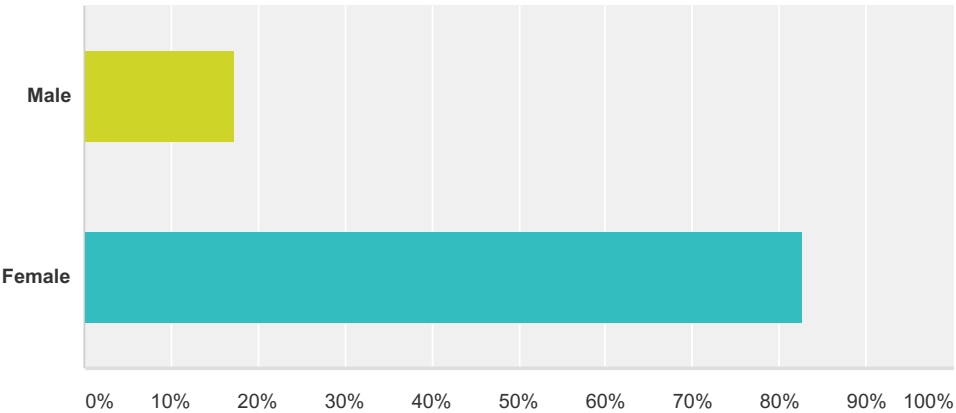
Answered: 552 Skipped: 37



Answer Choices	Responses	
English	78.80%	435
Spanish	13.22%	73
Both English and Spanish	7.61%	42
Other (please explain)	0.36%	2
Total		552

Q29 What is your gender?

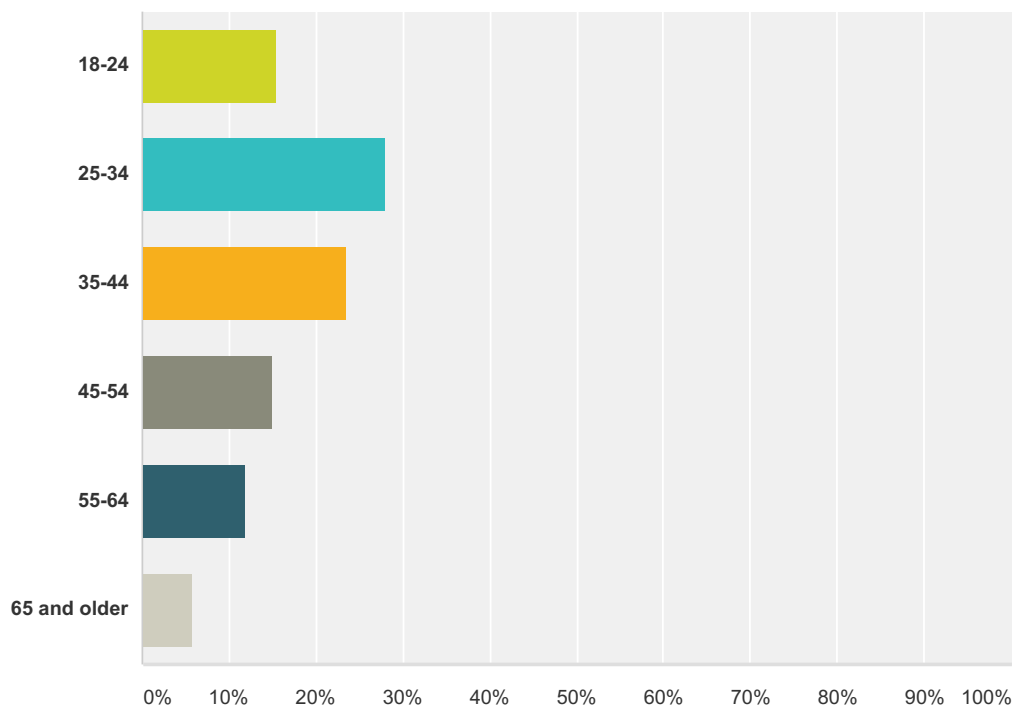
Answered: 551 Skipped: 38



Answer Choices	Responses	
Male	17.24%	95
Female	82.76%	456
Total		551

Q30 What is your age range?

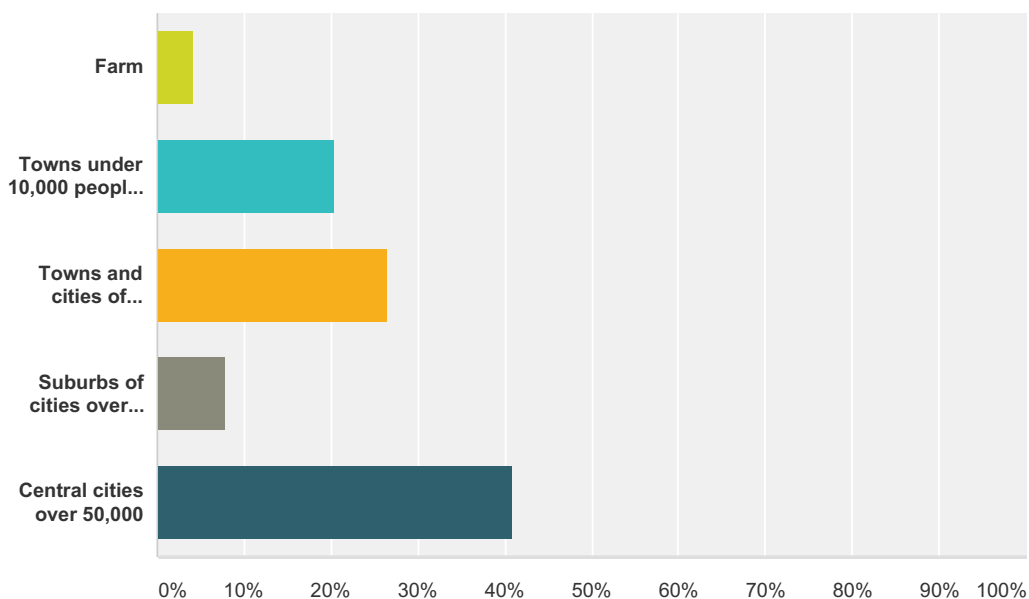
Answered: 549 Skipped: 40



Answer Choices	Responses
18-24	15.48% 85
25-34	28.05% 154
35-44	23.68% 130
45-54	15.12% 83
55-64	11.84% 65
65 and older	5.83% 32
Total	549

Q31 How would you describe the area that you live?

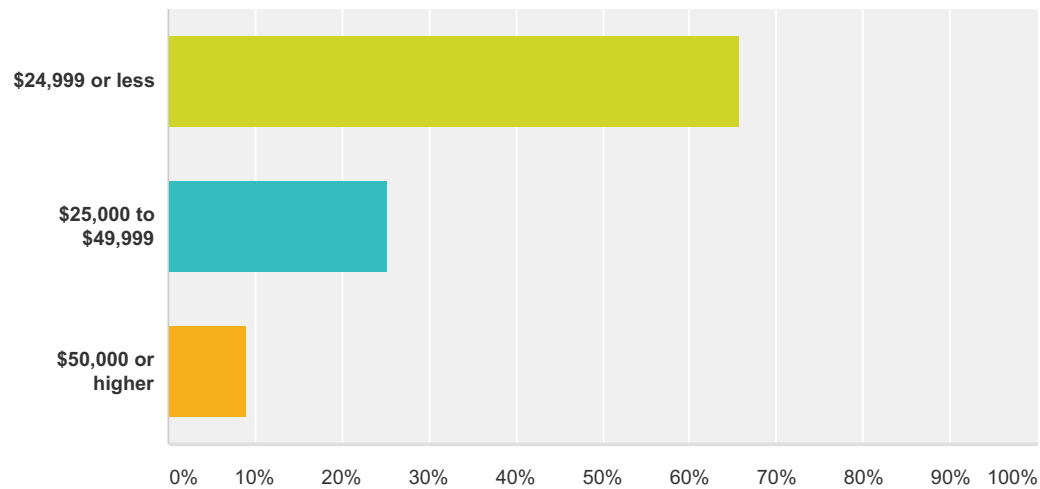
Answered: 524 Skipped: 65



Answer Choices	Responses	
Farm	4.20%	22
Towns under 10,000 people and rural non-farms	20.42%	107
Towns and cities of 10,000 to 50,000 people and their suburbs	26.53%	139
Suburbs of cities over 50,000 people	8.02%	42
Central cities over 50,000	40.84%	214
Total		524

Q32 What income range does your combined household receive per year?

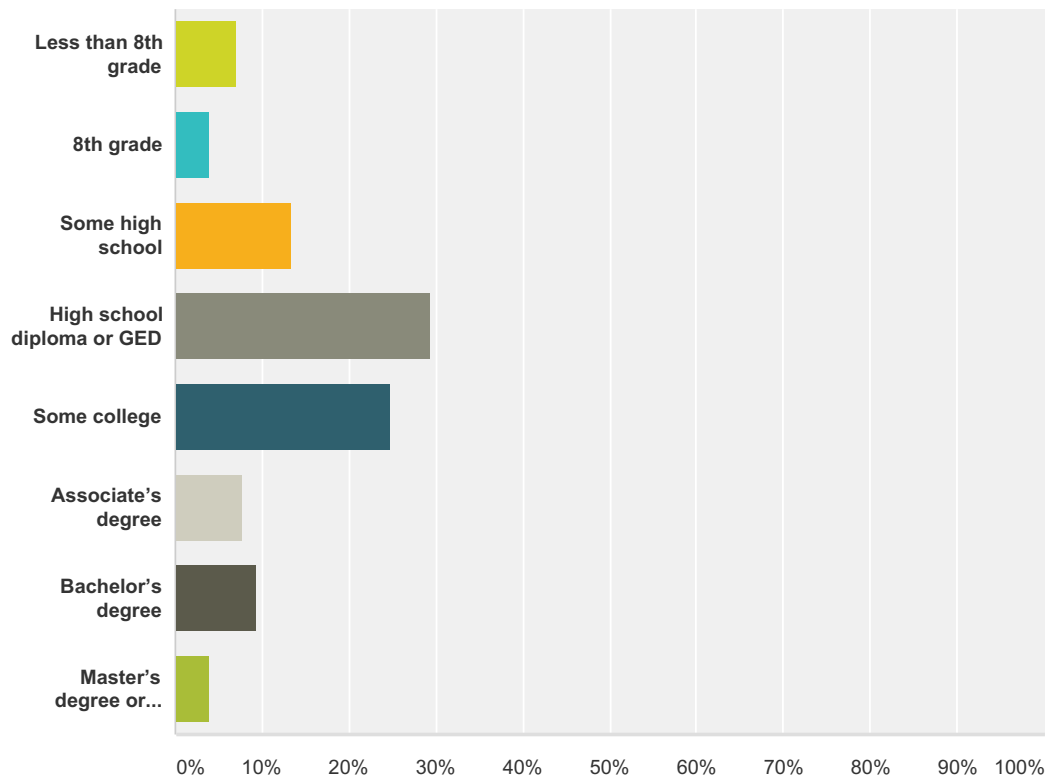
Answered: 507 Skipped: 82



Answer Choices	Responses	
\$24,999 or less	65.68%	333
\$25,000 to \$49,999	25.25%	128
\$50,000 or higher	9.07%	46
Total		507

Q33 What is your highest level of education?

Answered: 543 Skipped: 46



Answer Choices	Responses
Less than 8th grade	7.18% 39
8th grade	4.05% 22
Some high school	13.44% 73
High school diploma or GED	29.47% 160
Some college	24.86% 135
Associate's degree	7.73% 42
Bachelor's degree	9.39% 51
Master's degree or higher	3.87% 21
Total	543